

THE ESSENTIAL ELEMENTS IN SOCIAL WORK PRACTICE

- Client
- Worker
- Problem
- Process

Planned Change

- Change originating from a decision to make a deliberate effort to improve the system and to obtain the help of an outside agent in making this improvements

Client System

- Specific system that is being helped. Outside agent in planned change is called “Professional change agent” who works with particular client system.

PHASES OF PLANNED CHANGE

PHASE 1: client system discovers the need for help

PHASE 2: helping relationship is established and define

PHASE 3: problem is identified and clarified

PHASE 4: change goals/ intention is established

PHASE 5: change effort is attempted

PHASE 6: change is generalized ad stabilized

PHASE 7: H-R ends

DYNAMICS OF PLANNED CHANGE

Change Force- aspect of the situation which increases the willingness of the c-s to make a propose change

Resistance Force- aspect of the situation which reduces the willingness of the client system to change