

2019 Spring Class Schedule

Monday April 1st to Friday June 28th



Kids Gymnastics Programs

Class/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parent and Tot			10:00 to 11:00 am \$195			10:00 to 11:00 am \$180
Active Start Boys & Girls Gymnastics Ages 3 - 5			11:00 to 12:00 pm \$195		5:00 to 6:00 pm \$195	10:00 to 11:00 am or 11:00 to 12:00 pm \$180
Girls Pre-Competitive and Competitive Artistic Gymnastics* Age 6+ (<i>by coach assessment</i>)	5:00 to 8:00 pm	5:00 to 8:00 pm		5:00 to 8:00 pm	5:00 to 8:00 pm	
Women's Recreational and Advanced Artistic Gymnastics Age 6+	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	10:00 to 11:30 am or 11:30 to 1:00 pm or 1:00 to 2:30 pm or 2:30 to 4:00 pm \$260
Boys Pre-Competitive and Competitive Artistic Gymnastics* Age 6+ (<i>by coach assessment</i>)	5:00 to 8:00 pm	5:00 to 8:00 pm		5:00 to 8:00 pm	5:00 to 8:00 pm	2:00 to 5:00 pm

Prices DO NOT include the \$45.00 annual Manitoba Gymnastics Membership Fee (\$55.00 for athletes registered in the competitive programs) or the \$25 annual equipment maintenance fee payable once per family.

Program Class Descriptions are online at www.dakotagymnasticsacademy.ca

2019 Spring Class Schedule

Monday April 1st to Friday June 28th



Boys Recreational and Advanced Artistic Gymnastics Age 6+	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	4:30 to 6:00 pm or 6:00 to 7:30 pm or 7:30 to 9:00 pm \$275	10:00 to 11:30 am or 11:30 to 1:00 pm or 1:00 to 2:30 pm or 2:30 to 4:00 pm \$260
Acrobatic Gymnastics (Recreational and Pre-Competitive*) Age 6+		6:00 to 8:00pm \$275			6:00 to 8:00pm \$275	2:00 to 4:00pm \$260

**** All pre-competitive and competitive athletes must train a minimum of two times (6 hours) per week.***

Adult Gymnastics and Other Programs

Class/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Gymnastics		7:30 to 9:00pm \$170		7:30 to 9:00pm \$170		
Introduction to Parkour Ages 7 +	6:00 to 7:30 pm \$205			6:00 to 7:30 pm \$205		2:00 to 3:30 pm \$190
Strength and Conditioning Training Ages 8+						3:30 to 5:00pm \$190

Prices DO NOT include the \$45.00 annual Manitoba Gymnastics Membership Fee (\$55.00 for athletes registered in the competitive programs) or the \$25 annual equipment maintenance fee payable once per family.

Program Class Descriptions are online at www.dakotagymnasticsacademy.ca

2019 Spring Class Schedule

Monday April 1st to Friday June 28th



Please note that the Monday-Friday classes are 13 weeks and the Saturday classes are 12 weeks.

We are now offering discounts for enrolling in multiple classes and families:

- 10% discount for 3+ hours of classes
- 20% discount for 5+ hours of classes
- 30% discount for 7+ hours of classes

- Additional children in a family receive 10% off.

The maximum discount per child is 30%.

Prices DO NOT include the \$45.00 annual Manitoba Gymnastics Membership Fee (\$55.00 for athletes registered in the competitive programs) or the \$25 annual equipment maintenance fee payable once per family.

Program Class Descriptions are online at www.dakotagymnasticsacademy.ca