

2020 Winter Class Schedule

Monday January 6th to Saturday March 28th



Kids Gymnastics Programs

Class/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parent and Tot			10:00 to 11:00 am \$180 + GST			10:00 to 11:00 am \$180 + GST
Active Start Boys & Girls Gymnastics Ages 3 – 5			11:00 to 12:00 pm <u>or</u> 6:00 to 7:00 pm \$180 + GST		5:00 to 6:00 pm \$180 + GST	10:00 to 11:00 am <u>or</u> 11:00 to 12:00 pm \$180 + GST
Girls Pre-Competitive and Competitive Artistic Gymnastics* Age 6+ (<i>by coach assessment</i>)	5:00 to 8:00 pm	5:00 to 8:00 pm		5:00 to 8:00 pm	5:00 to 8:00 pm	
Women's Recreational and Advanced Artistic Gymnastics Age 6+	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	10:00 to 11:30 am <u>or</u> 11:30 to 1:00 pm <u>or</u> 1:00 to 2:30 pm <u>or</u> 2:30 to 4:00 pm \$255 + GST
Boys Pre-Competitive and Competitive Artistic Gymnastics* Age 6+ (<i>by coach assessment</i>)	5:00 to 8:00 pm	5:00 to 8:00 pm		5:00 to 8:00 pm	5:00 to 8:00 pm	2:00 to 5:00 pm

Prices DO NOT include the \$45.00 annual Manitoba Gymnastics Membership Fee
or the \$25 annual equipment maintenance fee payable once per family.

Program Class Descriptions are online at www.dakotagymnasticsacademy.ca

2020 Winter Class Schedule

Monday January 6th to Saturday March 28th



Kids Gymnastics Programs

Class/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Boys Recreational and Advanced Artistic Gymnastics Age 6+	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	4:30 to 6:00 pm <u>or</u> 6:00 to 7:30 pm <u>or</u> 7:30 to 9:00 pm \$255 + GST	10:00 to 11:30 am <u>or</u> 11:30 to 1:00 pm <u>or</u> 1:00 to 2:30 pm <u>or</u> 2:30 to 4:00 pm \$255 + GST
Acrobatic Gymnastics (Recreational and Pre-Competitive*) Age 6+		5:00 to 7:00pm \$340 + GST			5:00 to 7:00pm \$340 + GST	2:00 to 4:00pm \$340 + GST
NEW FOR FALL 2019 Acro and Tumbling for Dance and Cheer Age 6+	6:00 to 7:30 pm \$255 + GST					

**** All pre-competitive and competitive athletes must train a minimum of two times (6 hours) per week.***

Prices DO NOT include the \$45.00 annual Manitoba Gymnastics Membership Fee
or the \$25 annual equipment maintenance fee payable once per family.

Program Class Descriptions are online at www.dakotagymnasticsacademy.ca

2020 Winter Class Schedule

Monday January 6th to Saturday March 28th



Adult Gymnastics and Other Programs

Class/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Gymnastics	8:00 to 9:00pm \$200 + GST				8:00 to 9:00pm \$200 + GST	
NEW FOR FALL 2019 Wushu Martial Arts		8:00 to 9:00pm \$200 + GST		8:00 to 9:00pm \$200 + GST		
NEW FOR FALL 2019 Rehabilitation and Healing		10:30 to 11:30am <i>Adults \$200 + GST</i> <i>Seniors \$170 + GST</i>				
Introduction to Parkour Ages 7 +	6:00 to 7:30 pm \$255 + GST			6:00 to 7:30 pm \$255 + GST		2:00 to 3:30 pm \$255 + GST
Strength and Flexibility Training Ages 8+						2:00 to 3:30 pm \$255 + GST
Homeschool Gymnastics			12:00 to 1:30 pm \$240 + GST			
Birthday Party \$175 for up to 10 kids \$5 per additional child, maximum 15 kids Includes: <ul style="list-style-type: none"> 1 hour of gymnastics 1 hour in the party room. Parents supply plates, cups, etc and clean up the party room after. <i>\$50 non-refundable deposit is required</i>						11:00 to 1:00pm Or 1:00 to 3:00pm

Prices DO NOT include the \$45.00 annual Manitoba Gymnastics Membership Fee
or the \$25 annual equipment maintenance fee payable once per family.

Program Class Descriptions are online at www.dakotagymnasticsacademy.ca

2020 Winter Class Schedule

Monday January 6th to Saturday March 28th



The 2020 winter session is 12 weeks. There are no classes on the following dates:

- February 17 – Louis Riel Day

We are now offering discounts for families and for enrolling in multiple classes:

- 10% discount for 3+ hours of classes
- 20% discount for 5+ hours of classes
- 30% discount for 7+ hours of classes

- Additional children in a family receive 10% off.

The maximum discount per child is 30%.

Prices DO NOT include the \$45.00 annual Manitoba Gymnastics Membership Fee
or the \$25 annual equipment maintenance fee payable once per family.

Program Class Descriptions are online at www.dakotagymnasticsacademy.ca