

# Reflective Journal

by

Insert author name

Submitted for Assessment in

## Insert Title

at

Noroff University College

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# 1 Introduction

Course: «course code» «course name»

«course moodle path»

## 1.1 Key dates

Duration: 6 weeks  
Start:1900-01-01  
End:1900-01-01  
Formative assessment: TBD  
Assessment 1 - Submission date: TBD  
Assessment 2 - Submission date: TBD

## 1.2 Course Tutors

Course leader:Arthur Dent  
Course lecturer:Ford Prefect  
Course tutor:John Crichton  
course tutor:Aeryn Sun  
Support tutor:Ka D'Argo  
Support tutor:Chiana  
Support tutor:Rygel  
Support tutor:Pa'u Zotoh Zhaan

### 1.2.1 Study goals

- Working with database (SQLite)
  - Find Moya
  - Escape from Scorpius
  - Feed Rygel
  - Save the galaxy

## 2 Lesson 1:Introduction

Original URL: « link to the original blog post on the Moodle blog»

### 2.1 Reflection on the days lecture and tutorial

«Add critical reflective thoughts about your learning experiences. Delete this text»

#### **Lesson/Topic goals/Study Plan:**

- Why...
- What...
- How...

### 2.2 Reflection Topics

«When there are guided topics add them as sub-headings and include your critical discussion of the topic(s)»

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language. Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language. Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

#### **2.2.1 Provided topic 1**

«topic 1 example reflective discussion»

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### 2.2.2 Provided topic 2

«topic 2 example reflective discussion »

```
# This is a simple python code for testing.  
  
def mySquareFunc(myVal):  
    myRes = int(myVal) ** 2  
    return myRes  
  
mySquareFunc(input("Type in a number to square"))
```

Listing 1: This is a Python code

## 2.3 Key Take-Away

This subsection outlines key information from the day's lesson in bullet points.

1. Main Item 1.
  - (a) sub item 1 1
  - (b) sub item 1 2
  - (c) sub item 1 3
  - (d) sub item 1 4
  - (e) sub item 1 5
  - (f) sub item 1 6
2. Main Item 2
  - (a) sub item 2 1
  - (b) sub item 2 2
  - (c) sub item 2 3
  - (d) sub item 2 4
3. ...
4. ..
5. .

## 2.4 Lessons Learned

*Below text are example only!!!*

This subsection summarizes the day's lesson topic.

### Databases

Databases is an element of modern information infrastructure.

Organized data/information by following examples.

- Catagorization
- Quantify
- Itemization
- Relation etc.

Redundant data are problematic:

- Storage, takes space
- Overhead, when updating
- Integrity, data consistency

### Glossary:

Word/expression	Elaboration / Comment
3rd Normal Form	A database schema design see "Other source material" table in section 3.6. Ensures update and insert integrity to the database.

## 2.5 Action Points - Further Reading/Enquiry

Action Point	To-do description	Assigend to	Target date	Comment/Status
1	Create home-lavb environment for the course	Self	ASAP	Assigned

## 2.6 Other source materials

Resource Type	Source description, Book title, URL, etc.
Wikipedia	<a href="https://en.wikipedia.org/wiki/Third_normal_form">https://en.wikipedia.org/wiki/Third_normal_form</a>
Row 2	Cell 2

[www.bing.com](http://www.bing.com)

[www.wikipedia.com](http://www.wikipedia.com)

[www.wolframalpha.com](http://www.wolframalpha.com)



2.7 Issues Noted and Area of Improvements

Issue number	Issue description / Area of Improvement
1	AOI description. Lorem ipsum
2	Issue description. Lorem ipsum

### 3 Lesson «number»:«topic»

Original URL: « link to the original blog post on the Moodle blog»

#### 3.1 Reflection on the days lecture and tutorial

«Add critical reflective thoughts about your learning experiences. Delete this text»

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

#### 3.2 Reflection Topics

«When there are guided topics add them as sub-headings and include your critical discussion of the topic(s)»

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

##### 3.2.1 Provided topic 1

«topic 1 example reflective discussion»

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language. Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

##### 3.2.2 Provided topic 2

«topic 2 example reflective discussion »

```
# This is a simple python code for testing.  
  
def mySquareFunc(myVal):  
    myRes = int(myVal) ** 2  
    return myRes  
  
mySquareFunc(input("Type in a number to square"))
```

Listing 2: This is a Python code

### 3.3 Key Take-Away

This subsection will outline key information from the day's lesson in bullet points.

1. Take-away item 1
2. Take-away item 2

### 3.4 Lessons Learned

This subsection will outline key information from the day's lesson as summary.

### 3.5 Action Points - Further Reading/Enquiry

Action Point	To-do description	Assign to	Target date	Comment/Status
1	To-do 1	N/A	ASAP	Assigned
2	To-do 2	N/A	ASAP	Assigned

### 3.6 Other source materials

Resource Type	Source description, Book title, URL, etc.
Row 1	<a href="https://www.bing.com">https://www.bing.com</a>
Row 2	<a href="https://en.wikipedia.org">https://en.wikipedia.org</a>

### 3.7 Issues Noted and Area of Improvements

Issue number	Issue description / Area of Improvement
1	N/A

## 4 This is body\_section3 heading

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language. Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

## 5 This is body\_section4 heading

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language. Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

## 6 Conclusion

### Conclusion

```
print('Hello World')
```

Listing 3: This is "Hello World" in Python

This is the conclusion page with a code listing.

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like "Huardest gefburn"? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language. Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like "Huardest gefburn"? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

## A Appendix

This is the appendix

## B Bibliography

Bibliography