



# **BAYMAX**

## **your emotional support friend**

Advanced Online psych  
clinic





# Why **BAYMAX** ?

Here's what you'll find in our website aside with our friend:

1. A friend whom you can talk to anytime, anywhere and about anything that bothers you or simply looking for someone to share it with !
2. A full doctors team ready to get your questions and support you all at your comfort home.
3. **Articles** In all kinds of mental health matter even you can publish with us !
4. Who is it suitable for? Simply everyone !
  5. The website is suitable for children as Baymax is designed to deal with them
  6. Teenagers needing a friend or seeking advice can find that too
  7. Adults needing consultation from a real doctor
  8. Psychology geeks seeking new articles about the field





# Find

1.

## Safe place

This clinic runs with no judges over your mental case

2.

## Discussions

You can talk to BAYMAX or simply a qualified doctor

3.

## Diagnosis

By certified doctors

4.

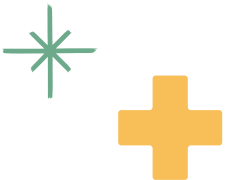
## Treatment

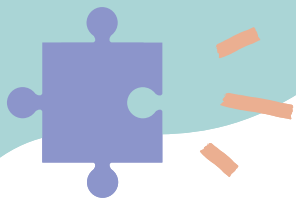
Our treatment is based on several methods not just one

5.

## Patient Monitoring

We take you all along your journey



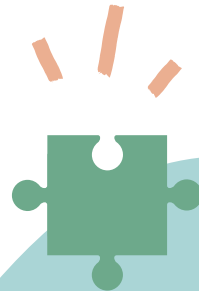


# Safe place

Nothing is more genuine for one to find more than a safezone

# Diversity

We know everyone has his unique mind and emotions and therefore we made sure that BAYMAX nourish them all and give each one the help that he needs and the true friend he's looking for all with confidentiality to your secrets



# Suitable for



## Teenagers

Teenagers with unger issues or identity or even struggling with their relationships



## kids

Kids that are learning to understand their emotions and learn about limits



## Adults

Adults with midlife crisis, not knowing how to deal with kids or maybe seeking a friend or diagnosis



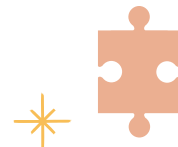
# Patient medical supervision



**Jenna Doe**

<b>Age</b>	25
<b>Gender</b>	Female
<b>problem</b>	Anger issues
<b>From</b>	Madrid, Spain

- 2001**  
The problem started as a child
- 2012**  
She wasn't diagnosed properly
- 2020**  
Now she's aware of her mental health



# Review of our website

Our website consists of three parts each one play an important role in making the patient understand himself more



## Doctors

Our certified doctors are from different places , have wide experience and waiting to cosult as much patients as would be



## BAYMAX

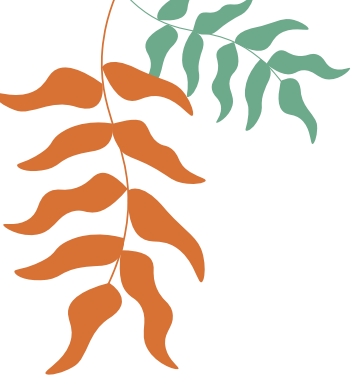
A virtual friend that wont judge or critisize, only support and suggest solutions



## Articles

By reading articles the patient can get to understand what he is going through and what than other people have been there too





# One billion

After covid-19 pandemic nearly 1 billion people suffer from mental illness



# 70 per cent

Of those suffering don't get any help



# 800,000

This is the suicidal rate among the globe everyday someone ends his life shortly because he didn't get the proper help



# Change starts when



## Knowledge

Is absorbed correctly when reading more about our conditions

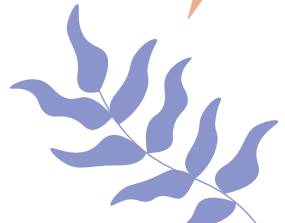
## Feelings

When our feelings rest and reach the calm area is when we heal  
And we need a loyal friend to help us with this



## Diagnosis

Being diagnosed correctly is the first step in healing



# Our Medical team among the world **100+**



**Dr. Jenna Doe**

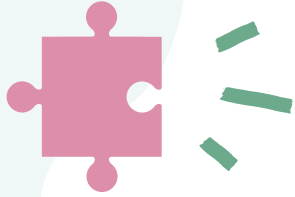
"healing our inner child  
is the first step in  
healing our adultselves"



**Dr. John James**

"the body's health  
affects the mental  
health more than you  
can imagine "

# Similar websites

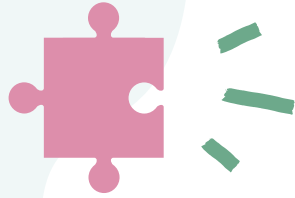


Our website is a mix of tech where we made an AI that supports everyone going through anything of mental health manner and a clinic where patients can find doctors and reach out for help also we provide articles from doctors and writers even patients as we believe that healing is a choice and it starts when one understands himself and see others who outcome his condition or situation

Here are variety of websites we think have linkage to ours





# 1. Woebot



Woebot was created in 2017 to assist patients and clinicians in monitoring the moods of its users. The bot allows patients to express their thoughts when they engage in therapeutic conversations. Initially built for young adults and graduate school students, Woebot utilizes Cognitive Behavioral Therapy (CBT).

CBT is a widely used practice that teaches patients to identify and then change destructive thought patterns. The UK National Health Service believes CBT is one of the surest paths to health for those suffering from common psychological conditions

**Woebot**  

Woebot is an AI-powered chatbot that guides users through the management of distressing thoughts and feelings using principles of Cognitive Behavioral Therapy (CBT).


**Cost:** Free


**Target Audience:** Adults


**Target Condition:** Mood Disorders, Stress & Anxiety


**Notes:**

- Users are encouraged to toggle "Help Woebot Learn" by completing daily check-ins for two weeks
- Users also have the option to toggle "SOS" mode, wherein Woebot will offer emergency resources. Woebot is not designed to be used in an emergency, or to manage psychiatric crises.

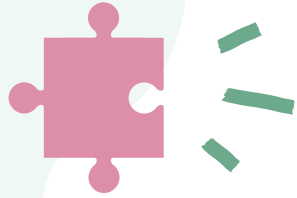
**Credibility** (out of 5)  3.57

**User Experience** (out of 5)  3.17

**Data Transparency**  ACCEPTABLE

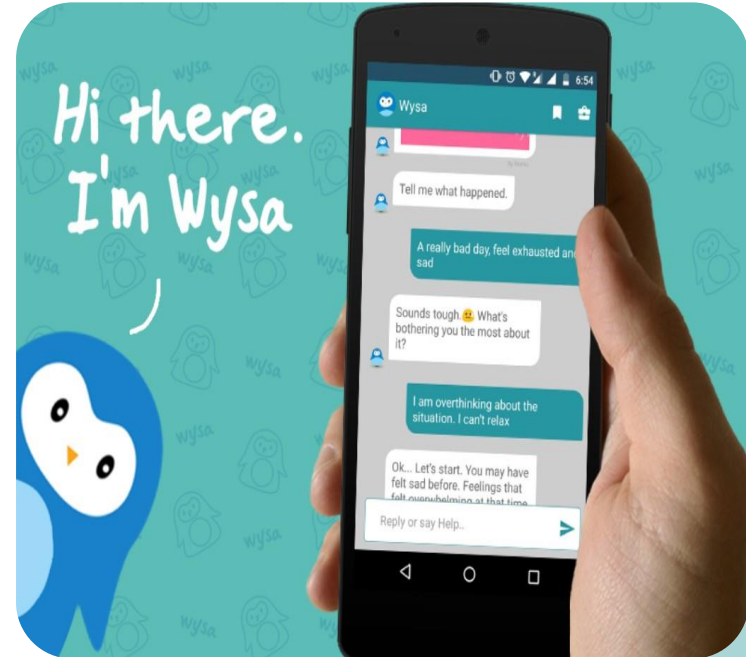
**Data Transparency**  ACCEPTABLE

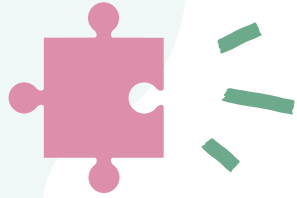
## 2. Wysa



An AI-based, emotionally intelligent chatbot, Wysa helps manage thoughts and emotions via a combination of tools and techniques like Dialectical Behavior Therapy (DBT), evidence-based CBT, and guided meditation.

It was developed by Touchkin, is compatible with Android and iOS devices, and utilizes the Facebook Messenger platform as its interface. Wysa is available in 30 countries, with India, the UK, and the US being its top adopters.





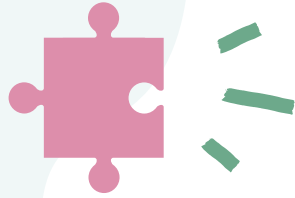
### 3. Replika

Replika is your personal chatbot companion powered by artificial intelligence!

Replika is the AI for anyone who wants a friend with no judgment, drama, or social anxiety involved. You can form an actual emotional connection, share a laugh, or chat about anything you would like! Each Replika is unique, just like each person who downloads it. Reacting to your AI's messages will help them learn the best way to hold a conversation with you & what about!



# 4. esaal



Esaal provides you with credible answers to all your health and wellness questions from the convenience of your location and excellent value for money. For those who seek to transform their lives into one that is health centric, or even those who wish to maintain a more healthy lifestyle, Esaal is the perfect choice for you.

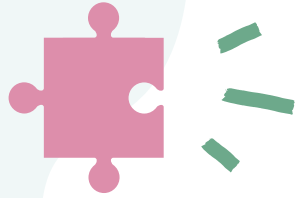
Our users get to choose their preferred method of communication with their chosen expert, whether through written chatting or video sessions.

The screenshot displays the Esaal website interface. At the top, there's a navigation bar with the Esaal logo, language options (EN - English, اللغة العربية - AR), and a login/signup link. Below the navigation bar, a dropdown menu shows "Our experts in: Mental Health and Relationships". A section titled "Our experts are available now:" features five expert profiles, each with a photo, name, title, and an "Available Now" button. Below this, a "Sort by" dropdown and a "Search Expert" input field are visible. The main content area shows two expert profiles with detailed information:

- Dr. Ahmed El Gohary**: Psychiatrist, 4.9 rating, 10 years experience. Next available session: Sunday 08:00 PM - 09:00 PM (13 Nov). Price: 1200 EGP / 60 MINUTES. Buttons: "Book this session", "View all schedule".
- Dr. Mohamed Murad**: Psychiatrist, 5 rating, 9 years experience. Next available session: Today 08:30 PM - 09:00 PM (27 Oct). Price: 200 EGP / 30 MINUTES, 300 EGP / 60 MINUTES. Buttons: "Book this session", "View all schedule".

On the left side, there's a "Filter" section with options for Session date (Today, Tomorrow, Anytime), Session duration (30 mins, 60 mins, All), Gender (Female, Male, All), State (Online, Offline, All), and Session Fees (written chat, video chat, All).





# 5. shezlong

## How Shezlong Works?

1

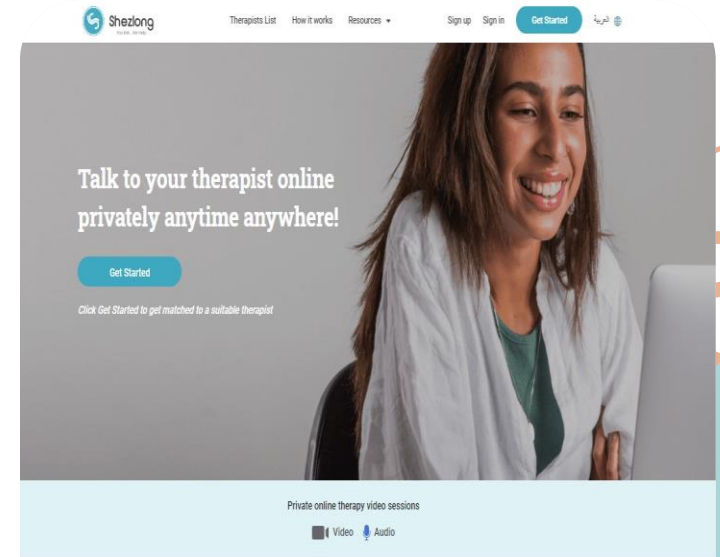
Get matched to the right therapist  
Answer a few questions to get matched with  
the right therapist. You can also select the  
therapist yourself

2

Book your session  
Choose date and time that suits you and  
pay using different payment methods

3

Start your treatment journey  
You can communicate with your therapist in  
different ways during the session



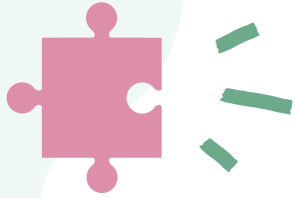
## We connect you with licensed therapists

Our team of therapists and mental health professionals will help you with whatever you're going through. We provide most of the psychotherapy forms, CBT, DBT...etc

✔ Child disorders ✔ Adolescence disorders ✔ Mood disorders (depression) ✔ Anxiety disorders and obsessions  
✔ Marriage Counselling/Relationship Disorders ✔ Psychotic disorders [And more...](#)



What are you looking for?



## 6. Woebot Health



Powered by AI and backed by decades of CBT research, our software is reliable, and always available. We're there at odd hours of the night, inviting conversation about the topics that matter most to adults experiencing anxiety and depression. Our engaging AI quickly develops a deep bond with people, so they can trust the process and focus on their feelings.

Woebot Health

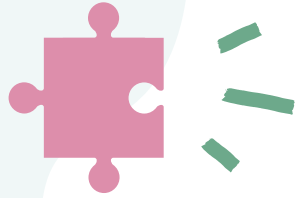
Our Products Who We Serve What Powers Woebot About Us Try Woebot Get a Demo

January 2022

The best listener in the business

Woebot gets to know you through quick conversations and check-ins, and suggests clinically-tested tools and tactics to try, if and when you're ready.

Try Woebot



## 7. nafsi



Based on Prof. Dr. Ahmed El-Messiri's long experience in Britain and Europe, the center relied on the application of the British service system in terms of assessment and treatment with the "comprehensive care program" and "case management" approach, which provides a service based on international standards focused on the patient and his caregivers. It is the first center in Egypt and the Middle East to offer comprehensive, updated and codified treatment programs according to the Arab environment.

تحدث مع طبيبك النفسي ، بكل خصوصية في أي وقت ومن كل مكان

### نفسي اونلاين بتقديمك ايه ؟

كشف نفسية و عصبية	متابعة نفسية وعصبية	استشارة رأي ثاني
كشف دولي اونلاين	جلسة نفسية دولية اونلاين	جلسة علاج فردي
جلسة علاج جماعي	جلسة تخاطب	جلسة تنمية مهارات
جلسة تعديل سلوك	جلسة إرشاد	جلسة علاج أسري
جلسة تنمية بشرية	استشارة طب شرعي نفسي	مقياس نفسي اونلاين



# nafsi (cont)



In providing diagnostic, therapeutic and rehabilitative services, we rely on clinics. Each clinic consists of an integrated team of highly qualified and experienced people, who exert great and distinguished effort and attention to work on developing the latest specialized treatment and rehabilitation programs, as well as developing already existing treatment and rehabilitation programs directed at people with mental and behavioral disorders and people with mental disabilities, as well as counseling and family counseling by developing strategies And precise controls and specifications for those programs and providing them with the latest treatment and rehabilitation strategies that keep pace with what is applied in advanced societies in this field, bearing in mind the ethical, professional, cultural and value dimension of our society.

## التقييم الموحد



يتم عمل تقييم شامل للحالات قبل ان يتم عرضها علي الاستشاريين لتحديد الخدمة المطلوبة

## العيادات المتخصصة



تقوم العيادات المتخصصة بالبدء في العلاج وتحديد مسار الخدمة والبرامج العلاجية والدوائية النفسية

## البرامج المتخصصة



يتم بدء البرامج العلاجية والنفسية عن طريق منهاج إدارة الحالة

# Thank you

