

****PRESS ADVISORY****

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**Dallas Joins National “Week Without Driving”
Campaign to Rethink Transportation for All
September 29 – October 5, 2025**

Dallas, TX – This fall, Dallas will once again join cities across the country for **Week Without Driving**, a growing national movement that challenges individuals - including community leaders, elected officials, and residents - to navigate daily life without relying on a personal vehicle.

Led nationally by **America Walks**, and powered locally by a coalition of advocacy groups - including **Dallas Bicycle Coalition, Dallas Urbanists Strong Towns Local Conversation, Better Block, Dallas Area Transit Alliance, Dallas Neighbors for Housing, Dallas Housing Coalition, Environment Texas, Friends of Northaven Trail, Friends of Bachman Lake** and others - the campaign aims to highlight the gaps and inequities in our current transportation systems.

Why is this important for Dallas? Because in a city built around cars, it can be nearly impossible - or even dangerous - to travel without one. For the one-third of people in the U.S. who can't drive due to age, income, ability, or other circumstances, every trip is a challenge. Week Without Driving offers a powerful opportunity for residents and policymakers to experience these challenges firsthand and reflect on what a truly inclusive, multi-modal transportation system could look like in North Texas.

When we step back and consider the broader context, only a small fraction of people have both ability and preference for driving. According to multiple surveys, 33% of the U.S. population can't drive, 66% experience “driving anxiety” on the road, and 62% have a post-traumatic driving experience.

Yet for the past 75 years, our city has been systematically redesigned to favor driving over all other modes of transportation. As a result, vast areas remain inaccessible to non-drivers, reinforcing a feedback loop among business and civic leaders that limits how we identify and address transportation needs.

Week Without Driving is your chance to walk outside the feedback loop.

To take part in Week Without Driving, participants are encouraged to register at www.dallasweekwithoutdriving.org. Throughout the week, individuals will attempt to replace as many car trips as possible with walking, biking, or using public transportation. The focus is not on perfection, but rather on developing a deeper understanding of the barriers nondrivers face every day.

Community members are also urged to invite others to join them - especially colleagues, local leaders, and City Council members - in order to broaden the impact and visibility of the campaign. Participants are encouraged to document their experiences using the official reflection questions and to share insights and challenges on social media using **#WeekWithoutDriving** and **#WeekWithoutDrivingDallas**.

The week will culminate in a community happy hour event, offering participants an opportunity to connect with local advocates, discuss takeaways, and continue the conversation around building a safer, more inclusive transportation system in Dallas.



About the National Campaign

Coordinated by [America Walks](http://AmericaWalks.org), Week Without Driving is supported by a diverse advisory board of organizations working to build communities where everyone - regardless of how they move - can thrive. Visit weekwithoutdriving.org to learn more.

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