

## **Pre-Treatment Safety Checklist**

Complete this checklist before initiating peptide therapy to ensure patient safety.

### **Patient Assessment**

- Complete medical history reviewed
- Current medications documented
- Allergies verified (especially to peptides/proteins)
- Contraindications screened
- Pregnancy/nursing status confirmed (if applicable)

### **Laboratory Work**

- Baseline labs ordered/reviewed:
  - Complete metabolic panel
  - Lipid panel
  - Hormone panel (as indicated)
  - HbA1c (for GLP-1 agonists)
  - Other: \_\_\_\_\_

### **Patient Education**

- Treatment goals discussed
- Expected benefits explained
- Potential risks/side effects reviewed
- Injection technique demonstrated
- Storage instructions provided
- Follow-up schedule established

### **Documentation**

- Informed consent signed
- Treatment plan documented
- Prescription written
- Patient received supplies

### **Provider Verification**

## Peptide Education Hub

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Provider Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_