

■ AI VIRAL VIDEO PROMPTS

50 FREE Professional AI Video Prompts

Create Viral-Quality Content in Minutes

Welcome to Your Free Prompt Collection!

Inside this guide, you'll discover 50 professionally crafted AI video prompts spanning 9 diverse categories. These are the same types of prompts used by top creators to generate millions of views and engage audiences worldwide.

Each prompt has been carefully designed to work with any AI video generation platform including Runway, Luma, Google Veo, Kling, Pika, and more. Simply copy, paste, and watch professional-quality videos come to life.

What You'll Find Inside:

- Mental Health & Self-Care prompts for emotional storytelling
- Business & Innovation prompts for entrepreneurial content
- Future Technology prompts for cutting-edge concepts
- Travel & Nature prompts for breathtaking visuals
- And 5 more powerful categories!

Ready to transform your content creation? Let's dive in!

Want All 46,000+ Professional Prompts?

Visit aiviralvideoprompts.com to explore our complete collections featuring 124+ specialized categories for every content niche imaginable.

■ Your 50 Professional AI Video Prompts

■ Mental Health & Self Care

- Prompt #1** For a college student battling perfectionism: Create a cinematic video that explores "The Day My Body Said 'Enough'," featuring a phone screen filled with drafts never sent. Don't resolve too quickly—honor the stuckness.
- Prompt #2** For a college student battling perfectionism: Create a cinematic video that explores "Smiling While Drowning," featuring a checklist with every box ticked—and no relief. Focus on quiet realism, not dramatization.
- Prompt #3** For a college student battling perfectionism: Create a cinematic video that explores "Inside the Spiral I Couldn't Explain," featuring a mirror fogged by breath and panic. Let the smallest details carry the weight.
- Prompt #4** For a college student battling perfectionism: Create a cinematic video that explores "The Thoughts I Couldn't Shut Off," featuring a calm smile hiding trembling fingers. Use physical spaces to reflect inner chaos.
- Prompt #5** For a college student battling perfectionism: Create a cinematic video that explores "The Mask I Wore Every Day," featuring a half-drunk coffee beside untouched notes. Focus on quiet realism, not dramatization.

■ Entrepreneurship & Startup Mind

- Prompt #6** For an aspiring entrepreneur feeling the first spark of a bold idea
- Prompt #7** Create a cinematic video set in a dimly lit attic at midnight, where they scribble furiously in a worn notebook, pages overflowing with sketches. Their hands tremble with excitement, eyes wide with possibility, as they pin a single sentence, "This idea will change everything," to a corkboard littered with coffee-stained notes. The camera zooms in on their determined gaze, soft moonlight casting shadows across their face. Text overlays fade in with glowing, handwritten-style words: "The spark begins here." The mood is electric and suspenseful, with a low, pulsing synth track building anticipation.
- Prompt #8** For an aspiring entrepreneur feeling the first spark of a bold idea
- Prompt #9** Create a cinematic video in a bustling city park at dawn, where they sit on a bench, sketching a business plan on a tablet. Their fingers move swiftly, pausing only to sip coffee, their breath visible in the crisp air. They tape "My vision starts now" to a vision board beside a blooming flower. The scene transitions with a smooth dissolve to their inspired smile. The mood is hopeful and vibrant, with uplifting acoustic guitar strumming softly in the background.

**Prompt
#10**

For an aspiring entrepreneur feeling the first spark of a bold idea

■ AI & Future Technology Concepts

**Prompt
#11**

Prompt #1: Create a cinematic video in a high-tech lab, where they design an AI for healthcare, screens glowing with patient data. Their fingers type with precision, eyes bright with purpose. They tape "AI heals lives" to a board beside a monitor. A smooth zoom on their focused face overlays text: "Innovation saves lives." The mood is intense and hopeful, with a futuristic synth track.

**Prompt
#12**

Prompt #2: Create a cinematic video in a quiet hospital room at dawn, where they test an AI diagnostic tool. Their hands adjust a tablet, eyes reflecting compassion and tech. They pin "AI empowers care" to a board beside a patient chart. A gentle pan to the sunrise overlays text: "Tech fuels healing." The mood is serene and impactful, with a minimalist orchestral score.

**Prompt
#13**

Prompt #3: Create a cinematic video in a bustling co-working space, where they pitch an AI healthcare solution, voice confident. Their gestures are animated, teammates nodding with excitement. They pin "AI transforms health" to a board beside a whiteboard. A dynamic zoom on their united team overlays text: "Innovation drives care." The mood is vibrant and collaborative, with an upbeat electronic track.

**Prompt
#14**

Prompt #4: Create a cinematic video in a sleek office, where they refine an AI algorithm for diagnostics, laptop glowing with code. Their fingers debug with focus, eyes sharp with determination. They tape "AI is our cure" to a board beside a coffee mug. A soft dissolve to their screen's glow overlays text: "Tech sparks hope." The mood is intense and futuristic, with a gentle piano melody.

**Prompt
#15**

Prompt #5: Create a cinematic video on a city rooftop at dusk, where they sketch an AI healthcare system, city lights twinkling. Their hands draw futuristic interfaces, their smile radiant with vision. They pin "AI saves tomorrow" to a board beside a lantern. A sweeping aerial shot overlays text: "Innovation heals futures." The mood is epic and visionary, with a soaring synth score.

■ Travel & Nature Escapes

**Prompt
#16**

Prompt #1: Create a cinematic short story scene in a glowing dune sea at midnight, where a wanderer, leading a radiant camel caravan, navigates by starlight, their heart racing with tales of ancient oases. Sands shimmer with secrets. Overlays show stars guiding paths, with text popups: "My stars light my trail." The mood is adventurous and mystical, with a golden cinematic sheen; sound includes camel steps and a pulsing violin.

**Prompt
#17**

Prompt #2: Create a cinematic short story scene by a glowing oasis campfire at dusk, where the wanderer, sharing radiant tales with nomads, feels the desert's pull, their journey fueled by stories. Flames dance with lore. Transitions show tales sparking dreams, with text popups: "My fire tells my road." The tone is communal and evocative, with an orange cinematic intensity; sound includes crackling fire and a soft harp.

**Prompt
#18**

Prompt #3: Create a cinematic short story scene in a quiet sandstorm at midday, where the wanderer, shielding eyes with a glowing scarf, pushes through dunes, their resolve defying the storm's chaos. Overlays show sands parting, with text popups: "My will carves my path." The mood is gritty and determined, with a beige cinematic palette; sound includes howling winds and a gentle piano.

**Prompt
#19**

Prompt #4: Create a cinematic short story scene on a stormy mesa at night, where the wanderer, guiding a glowing caravan, finds a hidden cave of artifacts, lightning revealing ancient maps. Transitions show maps glowing routes, with text popups: "My storm shows my quest." The tone is epic and revealing, with a dark cinematic intensity; sound includes thunder and a soaring cello.

**Prompt
#20**

Prompt #5: Create a cinematic short story scene in a blooming desert valley at twilight, where the wanderer, resting by glowing cacti, journals their journey, their words blooming with desert's beauty. Overlays show pages filling with light, with text popups: "My pen grows my tale." The mood is reflective and poetic, with a green cinematic glow; sound includes rustling pages and an ethereal flute.

■ Motivational Stories & Speeches

**Prompt
#21**

For a former addict starting over: Create a cinematic video that explores "The Day I Stopped Hiding," featuring a worn photo tucked in a wallet. Focus on dignity reclaimed through persistence.

**Prompt
#22**

For a former addict starting over: Create a cinematic video that explores "The Second Time Was Different," featuring a broken trophy glued back together. Reveal how belief returned slowly.

**Prompt
#23**

For a former addict starting over: Create a cinematic video that explores "The Night I Made a Promise to Myself," featuring a voicemail played on loop. Let regret fuel reflection, not self-pity.

**Prompt
#24**

For a former addict starting over: Create a cinematic video that explores "Why I Got Back Up," featuring a sunrise seen through a bus window. Make the turning point subtle, not dramatic.

**Prompt
#25**

For a former addict starting over: Create a cinematic video that explores "The Start of My Comeback," featuring a gym lit only by emergency lights. Show the climb, not just the comeback.

■ Sci-Fi Concepts & Futuristic Ci

**Prompt
#26**

For an artist illustrating a sci-fi technology's blueprint

**Prompt
#27**

Prompt #1: Create a cinematic video in a neon-lit studio, where they illustrate a sci-fi technology's blueprint, canvas glowing with holographic circuits. Their voice hums with excitement, hands sketching quantum arrays. They pin "Quantum Blueprint" to a board beside an easel. A smooth zoom on their inspired face overlays text: "Blueprints shape technology." The mood is vibrant and futuristic, with a pulsing electronic track.

**Prompt
#28**

For an artist illustrating a sci-fi technology's blueprint

Prompt #29 Prompt #2: Create a cinematic video in a sleek loft, where they illustrate a sci-fi technology's blueprint, canvas glowing with interstellar schematics. Their smile radiates passion, fingers tracing warp drives. They tape "Stellar Design" to a board beside a paint palette. A dynamic zoom on a schematic overlay overlays text: "Blueprints spark innovation." The mood is intimate and visionary, with a gentle synth melody.

Prompt #30 For an artist illustrating a sci-fi technology's blueprint

■ Fashion & Street Style Scenes

Prompt #31 For Urban Street Style in Global Cities in New York (SoHo Streets)

Prompt #32 Prompt #1: Create a cinematic short story scene on glowing SoHo streets at dawn, where a fashion seeker, styling a radiant leather jacket and sneakers, struts with New York's urban energy. Overlays show fabrics weaving confidence, with text popups: "My style shapes my story." The mood is bold and electric, with a neon cinematic glow; sound includes footsteps and distant sirens.

Prompt #33 For Urban Street Style in Global Cities in New York (SoHo Streets)

Prompt #34 Prompt #2: Create a cinematic short story scene by glowing SoHo streets at twilight, where a fashion seeker, sipping radiant coffee, reflects on New York's vibrant pulse, their senses wrapped in urban charm. Transitions show thoughts sparking creativity, with text popups: "My pause fuels my flair." The tone is relaxed and inspired, with a golden cinematic haze; sound includes coffee shop chatter and taxi horns.

Prompt #35 For Urban Street Style in Global Cities in New York (SoHo Streets)

■ Financial Freedom & Investing C

Prompt #36 Prompt #1: Create a cinematic video in a cozy home office, where they create a savings plan, laptop glowing with budget spreadsheets. Their eyes focus with determination, hands typing steadily. They tape "Save for Freedom" to a board beside a calculator. A smooth zoom on their focused face overlays text: "Discipline builds wealth." The mood is focused and inspiring, with a gentle piano track.

Prompt #37 Prompt #2: Create a cinematic video in a vibrant café, where they draft a savings plan, notebook open with numbers. Their smile radiates resolve, pen moving purposefully. They pin "Plan Your Wealth" to a board beside a coffee mug. A dynamic zoom on their notebook overlays text: "Discipline fuels freedom." The mood is energetic and determined, with an upbeat acoustic track.

Prompt #38 Prompt #3: Create a cinematic video in a quiet park, where they sketch a savings plan, journal glowing in sunlight. Their hands write steadily, eyes bright with hope. They tape "Secure Your Future" to a board beside a tree. A soft pan to the sky overlays text: "Discipline drives wealth." The mood is serene and inspiring, with a soft lo-fi beat.

**Prompt
#39**

Prompt #4: Create a cinematic video on a city balcony at dusk, where they build a savings plan, tablet glowing with charts. Their fingers swipe confidently, eyes gleaming with purpose. They pin "Grow Your Savings" to a board beside a lantern. A sweeping city shot overlays text: "Discipline builds freedom." The mood is epic and determined, with a soaring orchestral score.

**Prompt
#40**

Prompt #5: Create a cinematic video in a small apartment, where they refine a savings plan, laptop glowing with budgets. Their hands adjust figures, expression alive with clarity. They tape "Discipline Wins" to a board beside a lamp. A soft dissolve to their screen's glow overlays text: "Discipline sparks wealth." The mood is intense and focused, with a gentle synth melody.

■ Leadership & Team Building Stor

**Prompt
#41**

Prompt #1: Create a cinematic video in a bustling startup office, where they inspire a team to innovate, screens glowing with prototypes. Their hands point to bold designs, eyes alight with vision. They tape "Dream Big, Build Bigger" to a board beside a whiteboard. A smooth zoom on their passionate speech overlays text: "Leadership fuels innovation." The mood is electric and visionary, with a pulsing electronic track.

**Prompt
#42**

Prompt #2: Create a cinematic video in a vibrant co-working space, where they rally a startup team, voice bold and clear. Their gestures highlight innovative ideas, teammates buzzing with excitement. They pin "Innovate or Fade" to a board beside a laptop. A dynamic zoom on their united team overlays text: "Leadership sparks progress." The mood is energetic and collaborative, with an upbeat pop track.

**Prompt
#43**

Prompt #3: Create a cinematic video in a cozy café, where they sketch startup ideas, sipping coffee with focus. Their hands draw bold concepts, their smile sharp with ambition. They tape "Lead the Future" to a board beside a steaming mug. A smooth zoom on the steam overlays text: "Leadership drives innovation." The mood is intimate and inspiring, with a soft lo-fi beat.

**Prompt
#44**

Prompt #4: Create a cinematic video on a city rooftop at dusk, where they inspire a startup team, city lights twinkling below. Their hands gesture toward the horizon, eyes gleaming with vision. They pin "Build Tomorrow Today" to a board beside a lantern. A sweeping aerial shot overlays text: "Leadership fuels progress." The mood is epic and visionary, with a soaring orchestral score.

**Prompt
#45**

Prompt #5: Create a cinematic video in a small office, where they refine a startup's vision, laptop glowing with plans. Their fingers point to bold strategies, their expression alive with clarity. They tape "Vision Drives Us" to a board beside a lamp. A soft dissolve to their screen's glow overlays text: "Leadership sparks innovation." The mood is intense and inspiring, with a gentle synth melody.

■ Mental Health & Self Care

**Prompt
#46**

For a young professional struggling with imposter syndrome: Create a cinematic video that explores "The Loop That Almost Broke Me," featuring a hoodie pulled tight during a breakdown. Reveal the hidden cost of keeping it together.

**Prompt
#47**

For a young professional struggling with imposter syndrome: Create a cinematic video that explores "The Day My Body Said 'Enough'," featuring a hoodie pulled tight during a breakdown. Don't resolve too quickly—honor the stuckness.

**Prompt
#48**

For a young professional struggling with imposter syndrome: Create a cinematic video that explores "The Thoughts I Couldn't Shut Off," featuring a hoodie pulled tight during a breakdown. Contrast calm visuals with stormy minds.

**Prompt
#49**

For a young professional struggling with imposter syndrome: Create a cinematic video that explores "The Loop That Almost Broke Me," featuring a hand gripping a steering wheel in silence. Let viewers feel both control and collapse.

**Prompt
#50**

For a young professional struggling with imposter syndrome: Create a cinematic video that explores "The Thoughts I Couldn't Shut Off," featuring a checklist with every box ticked—and no relief. Contrast calm visuals with stormy minds.

■ Thank You!

We hope these 50 prompts inspire incredible content and help you create viral-quality videos that engage and captivate your audience.

Ready to Take Your Content to the Next Level?

These 50 prompts are just the beginning. Our complete collection features 46,000+ professional prompts across 124+ specialized categories including:

- Mental Health & Wellness
- Business & Entrepreneurship
- Technology & Innovation
- Lifestyle & Travel
- Creative Arts & Design
- And so much more!

Each collection is professionally organized, ready to copy-paste, and works with every major AI video platform.

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