Daniel Isaac Polidano

Web Developer & Student Athlete

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🖱 https://tinyurl.com/DanIsaac

🪪 Profile

I am an Advanced Diploma in Sport (Development, Coaching and Fitness) student at MCAST, Paola. I am incredibly passionate about fitness and nutrition, however they are not my only interests. I deeply enjoy working with computers and technology in general, I wish to better my skills in coding and expand my knowledge in this ever expanding industry.

💼 Professional Experience

Zebbug Tennis Club   2023 – present
Deputy Tennis Coach
As Deputy Coach at Zebbug Tennis Club, I supported the Head Coach in training players of all levels. I conducted group sessions, organized practice drills, and provided feedback on progress. I communicated with parents and assisted in coordinating tournaments. Contributed to the club's growth and fostered a love for tennis.

🎓 Education

Advanced Diploma in Sport (Development, Coaching and Fitness)   09/2022 – present
MCAST   Paola, Malta
This course focuses on the scientific principles and methodologies underlying sports performance and training. Students will gain a comprehensive understanding of human physiology, biomechanics, nutrition, and psychology as they relate to sports. Through practical training and theoretical coursework, participants will learn to apply scientific principles to enhance athletic performance, prevent injuries, and optimize training regimens. The course, offered by the Malta College of Arts, Science, and Technology (MCAST), prepares students for careers in sports coaching, performance analysis, sports medicine, and related fields.

The Complete 2023 Web Development Bootcamp   2023 – present
Udemy
The Complete Web Development Bootcamp on Udemy provides comprehensive training in web development, covering HTML, CSS, JavaScript, Node.js, Express.js, MongoDB, React, and deployment. Hands-on projects and practical exercises are included, showcasing proficiency in frontend and backend development, databases, and web application deployment.

St Nicholas College, Secondary School   2019 – 2022
                                                                                              Dingli, Malta

O-Level Results - Secondary School
English Language
English Literature

Environmental Studies
German
Maltese
Mathematics
Physical Education
Physics
Social Studies
Ethics

EQF - Level 3

</> Programming Languages

| HTML 5 | CSS 3 | Tailwind (CSS) | Bootstrap (CSS) | JavaScript | Lua |

🌐 Languages

English (Native) • **Maltese** (Native)

German (Listening - A2 Reading - A2 Speaking - A2 Writing - A2)

🧠 Soft Skills

Discipline
Dependability, Reliability &
Consistency

Communication
Teamwork & People Skills

Creativity
Brainstorming & Innovation