

FINAL THESIS EXAMINATION REPORT

TOPIC: Burnout Syndrome and Anxiety Disorder among Nurses Post Covid-19 Pandemic at Mbagathi Hospital, Nairobi Kenya.

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EXAMINER: Dr. Josephine Muchiri

Date of defense: 29.6.2023

OVERVIEW

An appropriate area of research that warrants attention given the critical role that nurses play in society, with little focus being given to their mental well-being. The student has done well to educate the reader on the phenomenon under study in chapter one and two with objectives being clear and precise and the theories as well as existing literature being well explicated. There is however need to invest more time to understand the research part of the study involving the connection between the study variables, the research design, interpretation and discussion of the findings.

PRELIMINARIES

A problem with numbering of the table of contents and tables

ABSTRACT

1. Clarify the statement “Pearson's correlation and multiple linear regression were used to establish the link between anxiety and burnout syndrome. The correlation coefficient and regression beta estimate, which are in line with the probability values, pointed to a weak and inconsequential link between anxiety and burnout syndrome. The nurses experienced burnout as a result of elevated anxiety levels.

CHAPTER ONE

2. The DSM-5 talks of anxiety disorders which are a group of about 6 or 7 types of anxiety disorders. When you insist on using anxiety disorder it is confusing. If you are not investigating anxiety disorders, just stick to anxiety. That is acceptable. We talked about this in your proposal defense and it seems you didn't correct it.
3. **STATEMENT OF THE PROBLEM**-Too long, take some of the information to the background of the study
4. **Assumptions, Scope, Limitations**-Change to past tense
5. **Generally chapter one is well done.**

CHAPTER TWO

6. Avoid assigning pronouns to the authors because you don't know if that is how they prefer to refer themselves to. "Maslach submitted a theory naming it after herself," page 39
7. Capitalize each word in your sub headings
8. Work on your in-citation styles. At end of sentence its (Corey,2015), in-between the sentence or at the beginning of a sentence its Corey(2015). No full stop before the citation at the end of a sentence.
9. What's EVD page 42?
10. I suggest you combine the section on prevalence of anxiety with the one on the relationship...so that it is: "A review of anxiety and burnout among health care workers during pandemics". This will help you to bring out a gap – that the relationship between anxiety and burnout is not clear cut despite the many studies that have been done and hence this is a gap that your study seeks to investigate.
Also because the relationship is not coming out clearly from your literature review. It's a bit mixed up.
11. Literature review of the coping strategies is not clear cut on what previous studies say regarding the strategies used by nurses during pandemics to cope with the burnout and anxiety. Do they use positive or negative coping mechanisms? Which are the positive and which are the negative? What influences their choice of the coping mechanisms?
12. The conceptual framework is not in line with the study's objectives. The situations around COVID-19 (lockdown,overwork,fear of infection,death of patients) ought to be your independent variable while the dependent variable will be the prevalence of anxiety and burnout syndrome. The confounders can be other comorbid mental disorders or medical conditions or other form of counselling received that may influence the burnout or anxiety in a positive or negative way. Moderating variables can be age or gender which may affect prevalence estimates.
Generally well done with lots of research reviewed that is in line with the objectives of the study.

CHAPTER THREE

13. The research design not clearly explained-if its correlational then its quantitative.
14. Sample size calculation not clear. Use the "insert equation" tab on your word document
15. Change the chapter to past tense.

CHAPTER FOUR

16. Title should be DATA ANALYSIS,PRESENTATION AND ANALYSIS
17. Avoid starting a sentence with; and, because, while, but or numbers.
18. Percentages below 50% cannot be majority.
19. Consider splitting the over long tables so that they can fit in one page.
20. Interpret findings based on p-values (table 4.6,4.7)
21. The means for low anxiety are not given just prevalence (table 4.5)

22. The analysis of socio demographics in relation to dependents is done yet there is no objective on this.
23. Interpret all findings
24. Give figures in the summary of findings

CHAPTER FIVE

25. Correct the title
26. Discussion of findings in comparison to previous findings for each objective not adequately executed
27. Wrong information (Mathenge et al., 2019) study. Prevalence was not 25% and this was a study among children. You can't compare children to nurses.

APPENDICES

28. No plagiarism report