

Coping Mechanisms

PTSD effects

Characteristic	N = 327
PTSD_effect_1	
Agree	253 (77%)
Disagree	74 (23%)
PTSD_effect_2	
Agree	295 (90%)
Disagree	32 (9.8%)
PTSD_effect_3	
Agree	290 (89%)
Disagree	37 (11%)
PTSD_effect_4	
Agree	270 (83%)
Disagree	57 (17%)
PTSD_effect_5	
Agree	259 (79%)
Disagree	68 (21%)
PTSD_effect_6	
Agree	257 (79%)
Disagree	70 (21%)

PTSD effects Across Genders

Characteristic	Male, N = 131	Female, N = 196	p-value
PTSD_effect_1			0.5
Agree	99 (76%)	154 (79%)	
Disagree	32 (24%)	42 (21%)	
PTSD_effect_2			0.4

Characteristic	Male, N = 131	Female, N = 196	p-value
Agree	116 (89%)	179 (91%)	0.028
Disagree	15 (11%)	17 (8.7%)	
PTSD_effect_3			0.3
Agree	110 (84%)	180 (92%)	
Disagree	21 (16%)	16 (8.2%)	>0.9
PTSD_effect_4			
Agree	105 (80%)	165 (84%)	0.8
Disagree	26 (20%)	31 (16%)	
PTSD_effect_5			
Agree	104 (79%)	155 (79%)	
Disagree	27 (21%)	41 (21%)	
PTSD_effect_6			
Agree	104 (79%)	153 (78%)	
Disagree	27 (21%)	43 (22%)	

PTSD effects Across Age

Characteristic	18-25, N = 112	26-35, N = 118	36-45, N = 61	46-59, N = 36	p-value
PTSD_effect_1					0.053
Agree	95 (85%)	89 (75%)	46 (75%)	23 (64%)	0.9
Disagree	17 (15%)	29 (25%)	15 (25%)	13 (36%)	
PTSD_effect_2					0.6
Agree	103 (92%)	105 (89%)	54 (89%)	33 (92%)	
Disagree	9 (8.0%)	13 (11%)	7 (11%)	3 (8.3%)	0.3
PTSD_effect_3					
Agree	100 (89%)	101 (86%)	56 (92%)	33 (92%)	0.7
Disagree	12 (11%)	17 (14%)	5 (8.2%)	3 (8.3%)	
PTSD_effect_4					0.2
Agree	95 (85%)	97 (82%)	52 (85%)	26 (72%)	
Disagree	17 (15%)	21 (18%)	9 (15%)	10 (28%)	
PTSD_effect_5					
Agree	88 (79%)	93 (79%)	47 (77%)	31 (86%)	
Disagree	24 (21%)	25 (21%)	14 (23%)	5 (14%)	
PTSD_effect_6					
Agree	93 (83%)	90 (76%)	50 (82%)	24 (67%)	
Disagree	19 (17%)	28 (24%)	11 (18%)	12 (33%)	

PTSD effects Across marital status

Characteristic	single, N = 74	married, N = 233	widow or widower, N = 20	p-value
PTSD_effect_1				0.11
Agree	53 (72%)	187 (80%)	13 (65%)	
Disagree	21 (28%)	46 (20%)	7 (35%)	
PTSD_effect_2				0.9
Agree	66 (89%)	211 (91%)	18 (90%)	
Disagree	8 (11%)	22 (9.4%)	2 (10%)	
PTSD_effect_3				0.041
Agree	66 (89%)	210 (90%)	14 (70%)	
Disagree	8 (11%)	23 (9.9%)	6 (30%)	
PTSD_effect_4				>0.9
Agree	62 (84%)	191 (82%)	17 (85%)	
Disagree	12 (16%)	42 (18%)	3 (15%)	
PTSD_effect_5				0.075
Agree	62 (84%)	185 (79%)	12 (60%)	
Disagree	12 (16%)	48 (21%)	8 (40%)	
PTSD_effect_6				0.2
Agree	63 (85%)	177 (76%)	17 (85%)	
Disagree	11 (15%)	56 (24%)	3 (15%)	

PTSD effects Across education level

Characteristic	None, N = 102	Primary school, N = 154	secondary, N = 68	university, N = 3	p-value
PTSD_effect_1					0.7
Agree	82 (80%)	118 (77%)	51 (75%)	2 (67%)	
Disagree	20 (20%)	36 (23%)	17 (25%)	1 (33%)	
PTSD_effect_2					0.8
Agree	94 (92%)	138 (90%)	60 (88%)	3 (100%)	
Disagree	8 (7.8%)	16 (10%)	8 (12%)	0 (0%)	
PTSD_effect_3					0.9
Agree	90 (88%)	138 (90%)	59 (87%)	3 (100%)	
Disagree	12 (12%)	16 (10%)	9 (13%)	0 (0%)	
PTSD_effect_4					0.9
Agree	82 (80%)	127 (82%)	58 (85%)	3 (100%)	
Disagree	20 (20%)	27 (18%)	10 (15%)	0 (0%)	
PTSD_effect_5					0.4

Characteristic	None, N = 102	Primary school, N = 154	secondary, N = 68	university, N = 3	p-value
Agree	86 (84%)	117 (76%)	53 (78%)	3 (100%)	0.4
Disagree	16 (16%)	37 (24%)	15 (22%)	0 (0%)	
PTSD_effect_6					
Agree	79 (77%)	126 (82%)	49 (72%)	3 (100%)	
Disagree	23 (23%)	28 (18%)	19 (28%)	0 (0%)	

Coping Mechanisms

Characteristic	N = 327
PTSD_coping_1	
No	275 (84%)
Yes	52 (16%)
PTSD_coping_2	
No	283 (87%)
Yes	44 (13%)
PTSD_coping_3	
No	272 (83%)
Yes	55 (17%)
PTSD_coping_4	
children	13 (4.0%)
friends	38 (12%)
others	216 (67%)
Relatives	40 (12%)
Spouses	17 (5.2%)
PTSD_coping_5	
No	286 (88%)
YES if yes which one	39 (12%)
PTSD_coping_6	
family	51 (18%)
friend/fellow refugees	239 (82%)

Coping Mechanisms Across Genders

Characteristic	Male, N = 131	Female, N = 196	p-value
PTSD_coping_1			>0.9
No	110 (84%)	165 (84%)	

Characteristic	Male, N = 131	Female, N = 196	p-value
Yes	21 (16%)	31 (16%)	0.6
PTSD_coping_2			
No	112 (85%)	171 (87%)	0.8
Yes	19 (15%)	25 (13%)	
PTSD_coping_3			0.2
No	110 (84%)	162 (83%)	
Yes	21 (16%)	34 (17%)	0.5
PTSD_coping_4			
children	2 (1.5%)	11 (5.7%)	0.4
friends	20 (15%)	18 (9.3%)	
others	86 (66%)	130 (67%)	0.5
Relatives	17 (13%)	23 (12%)	
Spauses	6 (4.6%)	11 (5.7%)	0.4
PTSD_coping_5			
No	117 (89%)	169 (87%)	0.4
YES if yes which one	14 (11%)	25 (13%)	
PTSD_coping_6			0.4
family	23 (20%)	28 (16%)	
friend/fellow refugees	92 (80%)	147 (84%)	

Coping Mechanisms Across age groups

Characteristic	18-25, N = 112	26-35, N = 118	36-45, N = 61	46-59, N = 36	p-value
PTSD_coping_1					0.8
No	94 (84%)	101 (86%)	49 (80%)	31 (86%)	0.6
Yes	18 (16%)	17 (14%)	12 (20%)	5 (14%)	
PTSD_coping_2					0.8
No	98 (88%)	102 (86%)	50 (82%)	33 (92%)	
Yes	14 (12%)	16 (14%)	11 (18%)	3 (8.3%)	
PTSD_coping_3					0.8
No	92 (82%)	97 (82%)	51 (84%)	32 (89%)	
Yes	20 (18%)	21 (18%)	10 (16%)	4 (11%)	
PTSD_coping_4					
children	2 (1.8%)	7 (6.0%)	2 (3.3%)	2 (5.7%)	
friends	23 (21%)	9 (7.7%)	3 (5.0%)	3 (8.6%)	
others	67 (60%)	80 (68%)	43 (72%)	26 (74%)	
Relatives	13 (12%)	17 (15%)	8 (13%)	2 (5.7%)	
Spauses	7 (6.2%)	4 (3.4%)	4 (6.7%)	2 (5.7%)	

Characteristic	18-25, N = 112	26-35, N = 118	36-45, N = 61	46-59, N = 36	p-value
PTSD_coping_5					0.12
No	100 (90%)	107 (91%)	50 (82%)	29 (81%)	
YES if yes	11 (9.9%)	10 (8.5%)	11 (18%)	7 (19%)	
which one					
PTSD_coping_6					0.5
family	15 (16%)	22 (21%)	11 (20%)	3 (9.4%)	
friend/fellow	81 (84%)	84 (79%)	45 (80%)	29 (91%)	
refugees					

Coping Mechanisms Across marital status

Characteristic	single, N = 74	married, N = 233	widow or widower, N = 20	p-value
PTSD_coping_1				0.6
No	64 (86%)	193 (83%)	18 (90%)	
Yes	10 (14%)	40 (17%)	2 (10%)	
PTSD_coping_2				0.8
No	63 (85%)	202 (87%)	18 (90%)	
Yes	11 (15%)	31 (13%)	2 (10%)	
PTSD_coping_3				0.4
No	62 (84%)	191 (82%)	19 (95%)	
Yes	12 (16%)	42 (18%)	1 (5.0%)	
PTSD_coping_4				
children	1 (1.4%)	12 (5.2%)	0 (0%)	
friends	14 (19%)	23 (10%)	1 (5.0%)	
others	46 (62%)	153 (67%)	17 (85%)	
Relatives	11 (15%)	27 (12%)	2 (10%)	
Spauses	2 (2.7%)	15 (6.5%)	0 (0%)	
PTSD_coping_5				0.4
No	64 (86%)	206 (89%)	16 (80%)	
YES if yes which	10 (14%)	25 (11%)	4 (20%)	
one				
PTSD_coping_6				0.5
family	11 (17%)	39 (19%)	1 (5.9%)	
friend/fellow	55 (83%)	168 (81%)	16 (94%)	
refugees				

Coping Mechanisms Across education level

Characteristic	None, N = 102	Primary school, N = 154	secondary, N = 68	university, N = 3	p-value
PTSD_coping_1					0.3
No	82 (80%)	131 (85%)	60 (88%)	2 (67%)	
Yes	20 (20%)	23 (15%)	8 (12%)	1 (33%)	
PTSD_coping_2					0.5
No	88 (86%)	132 (86%)	61 (90%)	2 (67%)	
Yes	14 (14%)	22 (14%)	7 (10%)	1 (33%)	
PTSD_coping_3					0.7
No	85 (83%)	127 (82%)	58 (85%)	2 (67%)	
Yes	17 (17%)	27 (18%)	10 (15%)	1 (33%)	
PTSD_coping_4					
children	3 (3.0%)	5 (3.3%)	4 (6.0%)	1 (33%)	
friends	10 (9.9%)	18 (12%)	10 (15%)	0 (0%)	
others	70 (69%)	105 (69%)	40 (60%)	1 (33%)	
Relatives	12 (12%)	17 (11%)	10 (15%)	1 (33%)	
Spouses	6 (5.9%)	8 (5.2%)	3 (4.5%)	0 (0%)	
PTSD_coping_5					0.9
No	86 (86%)	137 (89%)	60 (88%)	3 (100%)	
YES if yes	14 (14%)	17 (11%)	8 (12%)	0 (0%)	
which one					
PTSD_coping_6					0.3
family	16 (18%)	21 (15%)	13 (22%)	1 (50%)	
friend/fellow	74 (82%)	118 (85%)	46 (78%)	1 (50%)	
refugees					