**Rachel Allen**

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**Profile**

Rachel Helen Allen is an Irish celebrity chef, known for her work on television and as a writer. She has often appeared on Raidió Teilifís Éireann.

**Education**

**1988 – 1992 Dublin City University (DCU)**

BSC (Hons) in Culinary Arts 3rd

**1980 – 1988 Malahide Secondary School**

Leaving Certificate 230 points

**Work Experience**

**2014 Head Chef, Rachels Restaurant**

Head chef at Rachels Restaurant. Responsible for checking quality of food amongst amateur chefs. This role utilised my skills as a leader and as a mentor for aspiring young chefs. I was also in charge of deciding what food to put on the menu.

**Skills**

* Teamwork
* Cook
* Cuisine
* Culinary Management
* Quality
* Food Service