

# Daniel Shawl

Front-End Web Developer

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## Experience

### Personal Trainer @ Cornerstone Health and Fitness

December 2019 - Present // Doylestown, PA

Plan, prescribe, and implement goal-oriented, progressive exercise programs for general and special population clients with regular documentation and updates.

### Front-End Web Developer @ Point B Fitness

December 2019 - July 2020 // Blue Bell, PA

Designed, developed, and deployed a personal training website with WordPress and the Elementor page builder for a group of local personal trainers.

Integrated stripe payments and a full payment portal page for secure transactions.

Utilized built-in forms and provided multi-page orientation to the online personal training programs.

### Information Technology Specialist @ Indiana University of Pennsylvania

January 2018 - July 2019 // Indiana, PA

Set up client software and provide technical expertise and support for students and faculty.

Maintain and troubleshoot schools telecommunications systems.

## Projects

### lazyLifter

A web application built for my personal training clients to use when I'm not working with them. LazyLifter creates new workouts for them on the spot based on their selections.

### Deja Brew

A cafe website I created for freelance developing. I placed a strong focus on minimizing the clicks needed to navigate the site.

### Point B Fitness

An online personal training website (my first ever website) designed, developed, and deployed through WordPress, utilizing the Elementor design platform.

## Skills

### Languages

Javascript (ES6+), HTML5, CSS3, Sass/SCSS

### Tools and Platforms

Git, GitHub, Netlify, WordPress, Elementor, VS Code

### Frameworks

React, Bootstrap

## Education

### Master of Science

Indiana University of Pennsylvania // 2019

Master of Science in exercise physiology with a clinical concentration on prescription for chronic diseases.

### Bachelor of Science

Indiana University of Pennsylvania // 2018

Bachelor of Science in exercise physiology with a concentration on sports medicine and exercise prescription.

