

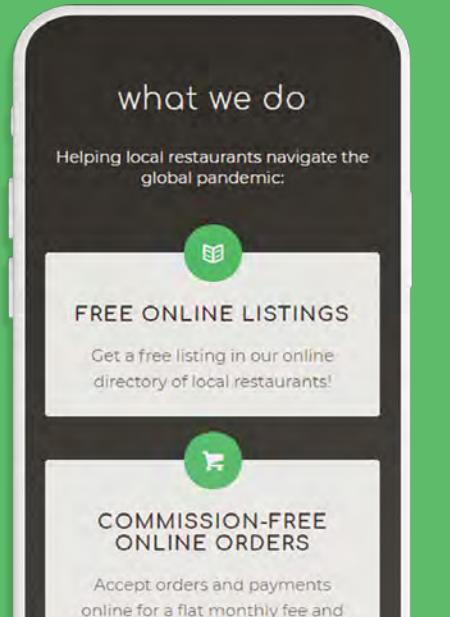
dknd

print production portfolio

brochures & literature

CREATED TO HELP RESTAURANT OWNERS

Helping local businesses navigate the challenges of a global pandemic.



GET YOUR FREE LISTING

Help new & existing customers better find your restaurant with a **free listing** on our online resource directory.



info@hometowneats.ca

705.812.1030

hometowneats.ca



OUR PROUD SPONSORS

element Ⓜ



A **#supportlocal** initiative to help connect restaurants & their communities

hometowneats.ca



WEB DESIGN & DIGITAL MARKETING

Build lasting relationships and a strong brand presence with a responsive website and social platform that makes your customers come back for more, every time.

websites

Accept orders and payments online for a flat monthly fee and zero commission.

social media

Build lasting customer relationships and a strong brand presence by committing to a solid social media and branding strategy.

online advertising

Get a free listing in our vast online directory of local restaurants!

PRINTING & DESIGN SERVICES

From menus and business cards to stickers/labels, invoices and a variety of signage options, we are your one-stop-print shop.

takeout menus - from \$169 / 500

For professionally designed and custom printed in-house and take-out menus, we've got you covered.

signage - from \$99 / 500

Direct your guests where to go to order, wait, sit and pay with custom signs, stickers, flags and posters.

business cards - from \$49 / 500

Gain great exposure and attract a wide audience with eye-catching banners, bench signs and A-frame sidewalk signs.



APPAREL & PROMOTIONAL ITEMS

Investing in promotional products and branded uniforms is a low-cost way to keep your restaurant top of mind, all day, every day.

uniforms & t-shirts - \$9.95/each

Showcase a fresh, stylish brand with unique uniforms, t-shirts, visors and much more.

ppe & masks - from \$3.50/each

Keep your staff and guests safe – with a wide selection of face masks (with or without your logo), hand sanitizers, wipes and more.

promo items - from \$0.50/each

Choose from thousands of popular, affordable branded items and swag. Anything you can imagine, we are here to make it happen.

EATS

MEET OUR

Commercial, Construction & Employment Law Team.

At Dooley Lucenti, we are here to assist you with your commercial, construction and employment law needs.

We provide comprehensive legal representation in all facets of business-related contract negotiations and disputes. Trust our experienced legal team to successfully manage your legal issues; big or small.

Our Dooley Lucenti legal team also provides employment law advice to employers and employees. We are here to help you understand and navigate legal nuances and complexities. For sound, results-driven legal services, connect with Scott Fairley, Eric Gonet, Andrew Wood and Jonathan De Biasi.



+705.792.7963 | dooleylucenti.ca

Located in Barrie & North Bay Ontario.

**At Dooley Lucenti
we represent:**

- Architects
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 - General contractors
 - Mortgage lenders
 - Sub-contractors
 - Trades professionals
- ... and more!



Scott Fairley, Partner



Eric Gonet, Partner



Andrew Wood, Partner



Jonathan De Biasi, Associate



CENTRE for MENTAL HEALTH CARE
CENTRE de SOINS de SANTÉ MENTALE

**This year has not been easy, Waypoint can help, you can too.
There is hope. Give. So no one gives up.**

70% of mental health issues have their onset during childhood or adolescence, since March 2020 the risk of youth in Ontario developing a mental health issue increased to 50%. (CMHA, 2021)

Waypoint is helping youth improve their mental wellbeing and build resiliency skills through a **free online Mindfulness Program**. If you make a **donation of \$88, you make it possible to give 1 more young-person access to this program** and the opportunity to develop effective coping and resiliency skills to last a lifetime.

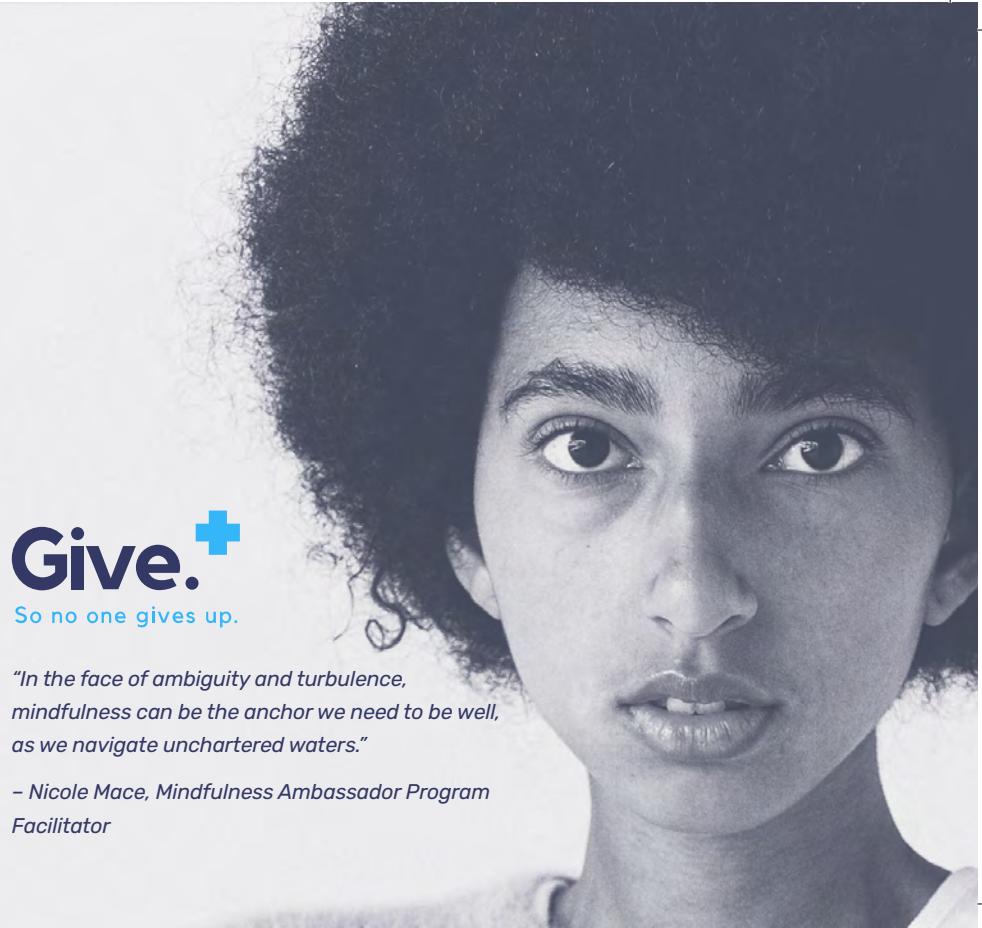
Please **donate today in support of youth mental health**. Donate online waypointcentre.ca, via email harcher@waypointcentre.ca or by mail, Fund Development Office, Waypoint, 500 Church Street, Penetanguishene, ON L9M 1G3.

Give. +

So no one gives up.

"In the face of ambiguity and turbulence, mindfulness can be the anchor we need to be well, as we navigate uncharted waters."

- Nicole Mace, Mindfulness Ambassador Program Facilitator





"So being young is **TOUGH** and it's tough for a long time! Are you feeling isolated at home? Hey covid! Or have more intense issues? That's ok, the North Simcoe Youth Wellness Hub has your back and will connect you to the right person - **FAST!** No need to go through a bunch of different people to finally get to the one person you need, the hub is a one stop shop for your health!"

- Melody

Come to the North Simcoe Youth Wellness Hub

The right services, at the right time, at the right place

The hub offers:

- Mental health counselling
- Substance use and addictions counselling
- Connection to primary care
- Peer support (English and French)
- Employment and education support
- Housing supports
- Workshops and cultural teachings

One call connects to all -

Hub Line: 705-427-5639 or nsywh@waypointcentre.ca

To support the Mindfulness Program or the North Simcoe Youth Wellness Hub, donate online at waypointcentre.ca, by email harcher@waypointcetre.ca or by mail, Fund Development Office Waypoint Centre for Mental Health Care, 500 Church Street, Penetanguishene, ON L9M 1G3.



Our History

Sandy Graham arrived 1999
Upper Canada 1994-1999
Indian Maiden arrived 1987
Quinte arrived 1976
RH Hoey arrived 1961
D.C. Mckay 1958

M I I G W E C H



Beausoleil First Nation

Invites you to the first Beausoleil First Nation
Ferry Blessing 2021



Everyone Is Welcome

Christian Island Dock, June 30th
from 12:00pm to 1:00pm

Agenda

- Master of Ceremony-Welcoming (Arnie Jamieson Jr-Transportation Coordinator)
- Opening remarks by our Chief Guy Monague
- Hand drum Honour Song
- Blessings with smudge
- Prayers by our Traditional Faith Keeper-Neil H. Monague
- Offering of tobacco to the water
- Blessings the Ferries with water and cedar bough

The Blessing Of The Ferries

Father Bert shall say:

Seeing in the course of our duty we are set in the midst of many and great dangers, and that we cannot be faithful to the high trust placed in us without the help of Almighty God/Creator, let us pray for his blessing upon these Ferries and all who [will] serve in her.

Rev. Hockley shall ask for God's blessing on this ferries, using this ancient call (from the Gaelic Blessing, 1589):

I call upon you to pray for God's blessing on these Ferries

Father Bert says-May God the Father bless her.

Together-Bless our Ferries.

Rev. Hockley says-May Jesus Christ bless her.

Together-Bless our Ferries.

Traditional Faith Keeper-Neil Monague says-May Creator bless her.

Together-Bless our Ferries.

Naval/Mariners' Hymn Recording

Eternal Father, strong to save,
Whose arm hath bound the restless wave,
Who bidd'st the mighty ocean deep
Its own appointed limits keep:
O hear us when we cry to thee
For those in peril on the Sea
O Christ, whose voice the waters heard,
And hushed their raging at Thy word,
And walkest on the foaming deep,
And calm amid the storm didst sleep;
O hear us when we cry to thee
For those in peril on the Sea
Hand drummer will sing while the Commemorative Pins.
are being given out to the Boat Captains and Crews



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photos by don campbell



OG BASSH

ONLY IN GILFORD A BIG ASS SHOW
IN A SMALL HALL.

PERFORMANCES BY

30 ODD 6 | DJ JESSE FEX

OCTOBER 19TH, 2024 | GILFORD HALL, INNISFIL ON
DOORS OPEN AT 7 - 11PM

MEMBERS-ONLY PARTY \$30 PER PERSON,
\$50 PER COUPLE

social posts

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WHERE YOU CAN BE
ANYTHING



MAY
THE 4TH
BE WITH YOU

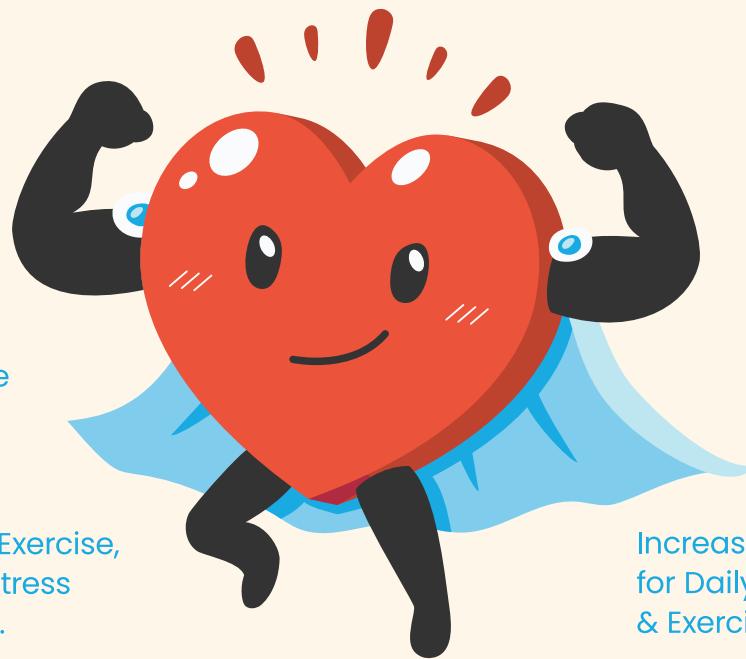


posters

Cardiac Wellness has never been easier!

Start your journey towards a healthier and happier heart with **MyVIEW Cardiac Wellness**, a 6-month **virtual program** that provides exercise, nutritional, and psychosocial support for people with cardiac-related concerns.

Benefits of Cardiac Wellness



Helps Manage Stress,
Improves Mental Health
& Overall Happiness

Improves Quality of Life

Helps Meet Goals for Exercise,
Smoking Cessation, Stress
Management & More.

Better Understanding
Cardiac Symptoms,
Medications & Common
Treatments.

Reduces Heart Disease
& Related Risks

Increased Energy & Strength
for Daily Activities, Adventures
& Exercise

Join the MyVIEW Cardiac Wellness Program today!

For more information, talk to your physician, visit us at www.my-view.ca
or email us at wellness@my-view.ca.

We want to hear from you.

At PACE Cardiology, we strive to offer a safe, welcoming, and professional experience for all our patients.



Your feedback is valuable to us!

Share your thoughts about your visit by emailing feedback@pace-cardiology.com or by speaking to one of our team leaders.





DECODING AFIB: YOUR TOP 10 QUESTIONS ANSWERED

Join Dr. Yaariv Khaykin, an electrophysiologist with PACE Cardiology, as he answers the 10 most common questions about atrial fibrillation.



Join us Wednesday, March 27, 2024
from 12:00-1:00pm Eastern Time.

To register for this webinar, scan our QR code or
visit www.my-view.ca.



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