



A large, solid yellow circle occupies the entire frame. Centered within this circle is a block of text in a dark gray, sans-serif font. The text is arranged in five lines, reading from top to bottom: "They don't find a", "safe space to share", "and learn about", "women's", and "experiences".

They don't find a
safe space to share
and learn about
women's
experiences

A large, solid blue circle is centered on a white background. Inside the circle, the text "Ashamed to talk about sexuality" is written in a dark gray, sans-serif font. The text is arranged in two lines, with "Ashamed to talk" on the top line and "about sexuality" on the bottom line, both centered horizontally.

Ashamed to talk
about sexuality



A large, solid pink circle is centered on a white background. Inside the circle, the text "Not knowing where to look for true information" is written in a dark gray, sans-serif font. The text is arranged in four lines, centered horizontally.

Not knowing where
to look for true
information

A large teal circle is centered on a white background. Inside the circle, the text "There is no intimacy when talking to their parents" is written in a bold, black, sans-serif font. The text is arranged in four lines, centered horizontally.

**There is no intimacy
when talking to their
parents**

We listened to girls aged 12-16 with different backgrounds. Their struggles were all related

We listened to girls aged 12-16 with different backgrounds. Their struggles were all related



Not knowing where
to look for true
information

There is no intimacy
when talking to their
parents

Ashamed to talk
about sexuality

They don't find a
safe space to share
and learn about
women's
experiences

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Feeling alone and uncomfortable with their bodies

