Mid-Autumn Festival

What is it?

Mid-Autumn Festival is a celebration in Vietnam where families gather, give thanks, and pray, similar to celebrations in the United States on Thanksgiving.

People from Vietnam and China celebrate this holiday, but according to Vietnamese legend, it originated in Vietnam, not China.



Out on the Streets

Unlike Thanksgiving, however, people also leave their houses to celebrate on the streets with lanterns, as seen in the picture (left).

Food

People celebrating often will eat mooncakes (below), which contain lotus beans inside.



Lanterns

Traditionally, lanterns of various shapes are used in the celebration. In Vietnam, they are traditionally star shaped, but in China and other parts of Asia they are spherical. The image on the left shows a lantern shop in China, which sells different lanterns from what you might see in Vietnam (above).

