

Hello October!

This October awaits us with the traditional Full Moon Festival. Sunrise Kidz is organizing a very exciting event named "Mid-Autumn: Memoir to the past" with various activities: making to-he, decorating the masks, making star-shaped lanterns, making moon cakes... Our children will be also celebrating the full moon with a lion dance and traditional specialties.

October is also a special occasion for our Sunrise Kidz to show their love to their moms, grandmas, and teachers. That's why October is called "Month of Love" at our school. Let's keep our children's precious moment in October!

MONTESSORI * Practical life: + How to make passion fruit juice + Reviewing old lessons + How to carry a table + Learning according to children's **Care of Environment:** ability +How to clean floor - using a long **Grace and Courtesy:** handle broomstick + How to say goodbye to family when - Food Preparation: entering school + How to display vegetable to a plate + How to talk politely + Picking vegetable + How to enter an active room Sensorial + How to politely ask to join a group + Reviewing old lessons play +Learning according to children's ability + How to receive stuff from others Visual sense Care of self: + Knobless Cylinders - Extension 5 + Bow frame- Review + Geometric Cabinet - Presentation

- + How to use a comb
- + How to roll pant sleeves to avoid getting wet
- + How to put a shirt with button
- + What to do with wet clothes

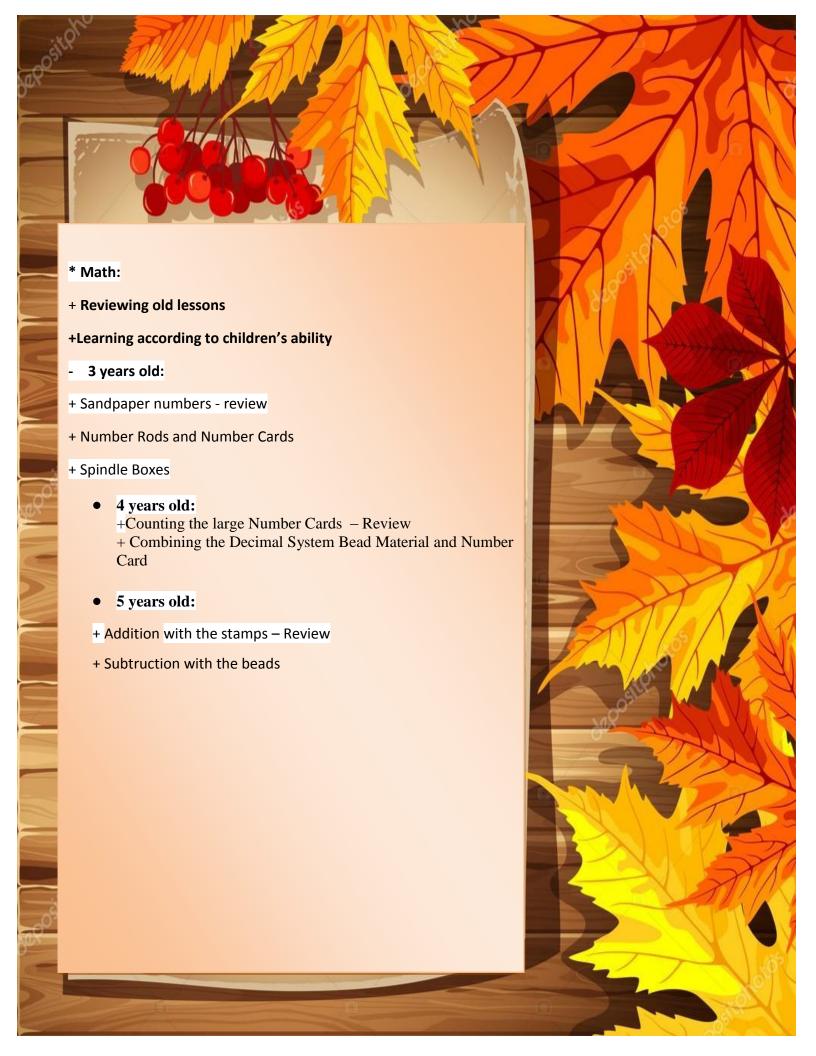
Fundamental Skills:

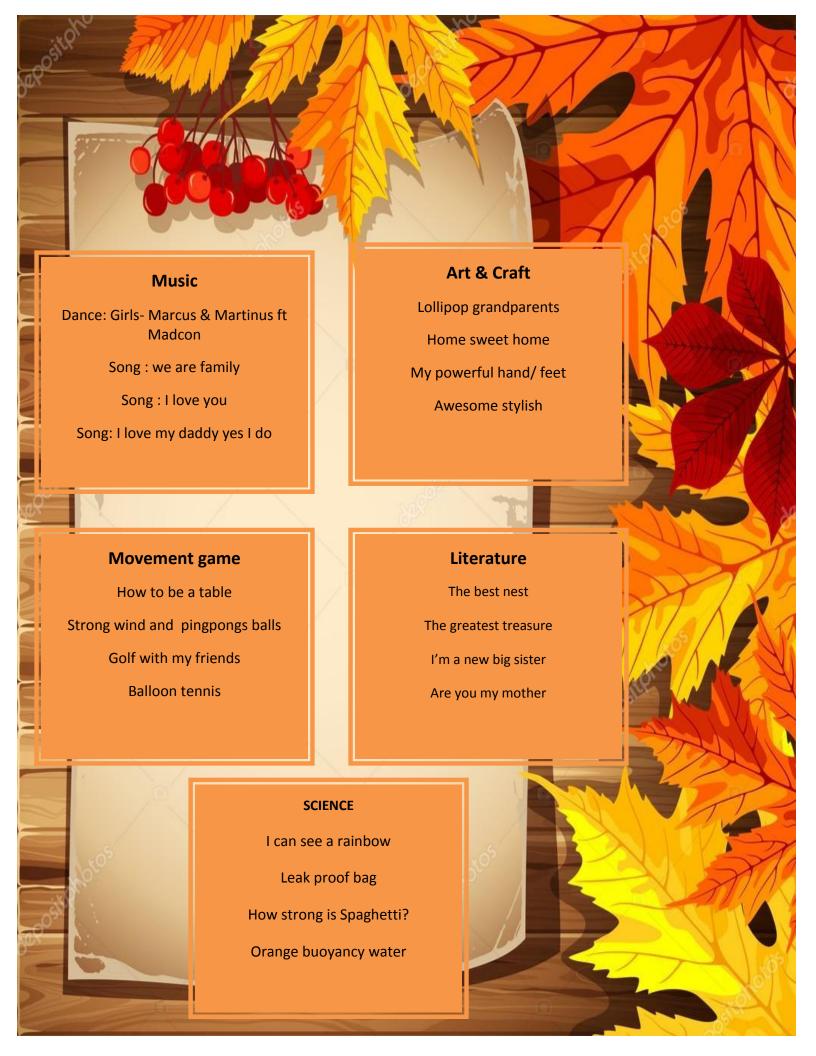
- + How to use a grater
- + How to walk a on straight line

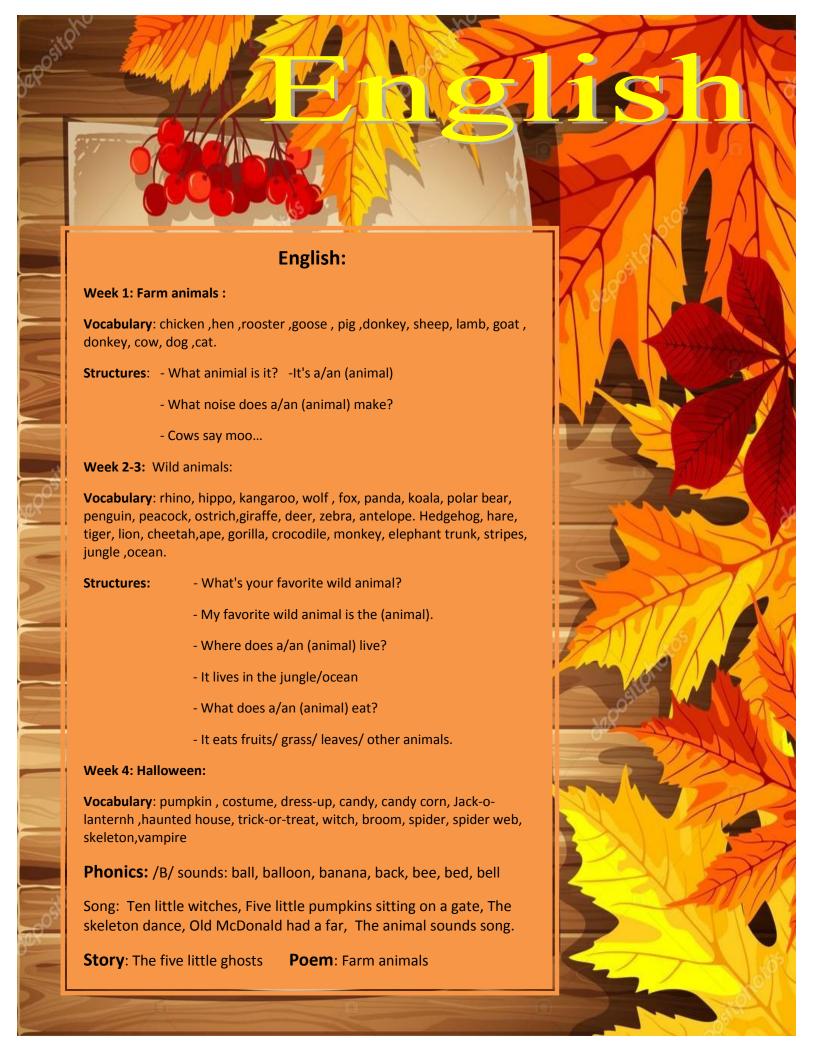
- + Constructive Triangle box 2
- + The Color Tablets box 3 Creative Extension

Auditory sense:

- + Sound Cylinders Extention 1
- -Sense of touch
- +Touch tablets extension







Menu-October

Week	Date	Day	Breakfast	Lunch Chili con carne	Milk	Snack Pigeon and lotus seed
	2	2/10/2017	Sea-Crab and asparagus soup Swan rice vermicelli	Ground pork and cabbage Beef, spinach congee Rice Yoghurt	TH true milk	congee Coconut and black bean sweet soup
	3	3/10/2017	Chicken congee Ell vermicelli	Honey loaf ribs Meat and napa cabbage soup Eel soup onion Rice Pear Korea	yoghurt	Gatobas cake Ground pork and spinach soup TH true milk
1	4	4/10/2017	shrimp, Meat soup with corncob Pork rice noodles Koko mixed with milk	Chicken ball with sweet and sour sauce Glosbe with beef Chicken congee Rice American Apple	TH true milk	Beef ribs with sweet and sour sauce minced meat with spinach Southern Vietnamese Ribs Noodles TH true milk
	5	5/10/2017	Clam onion congee Minced meat noodles Fresh milk	Steamed Snake-head with soy sauce Ribs and green squash soup Rib congee Rice Green grapefruit	TH true milk	Bread with hotdog Ribs Noodles with carrot Soymilk
	6	6/10/2017	Seafood pumpkin soup Snake-head noodles Fresh milk	Meat with orange sauce Tomato tofu soup Fish congee with dills Rice American black grapes	TH true milk	Stew Chicken with mushroom Bean sprout sour soup Rice Chicken rice noodles Fruit mixed with yoghurt

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6	5	4	3	2	
13/10/2017	12/10/2017	11/10/2017	10/10/2017	9/10/2017	
Shrimp and pork rice noodle Beef and spinach congee	Pork, vegetable soup Koko mixed milk	Ground pork and veggies congee Hue beef white vermicelli Boiled squail eggs	Barbecue pork pho Pork & corn soup	Pigeon and grean bean congee Chicken vermicelli	
Frozen fish balls willow five Ribs with carrot potatoes Beef carrot congee Rice Saigon tangerine	Fried Pork roll Pork and squash soup Pork with vegetable congee Rice Mango	Chicken with honey Crab soup with vegetable Chicken Mushroom conge Rice Australia Orange	Steamed shrimp with lemongrass Beef and squash soup Shrimp and carrot congee Rice American apple	Beef with pineapple sause Sweet leaf soup with meat Vegettable with meat soup Rice Caramen	
Yoghurt	TH true milk	TH true milk	yoghurt	TH true milk	
Gatobas cake Shrimp and potatos congee Th true milk	Pork ribs with Passion sauce Sweet leaf soup with meat Rice Shanghai beef rice noodle Watermelon juice	Fish rice noodles Passion juice	Fried eggs with pork sauce Pumpkin soup cooked pork Rice Swan and taro conged Corn milk	Pettit cake Pork rice noodle with veggetable Pineppable juice	

	2	16/10/2017	Ell with mushroom soup Thang noodles	Squail eggs and stewed pork with caramel Shrimp and mustard soup Ground pork and green beans congee Rice Japanese cantaloupe	TH true milk	Chicken fried with fish sauce Pork rib, potato and carrot soup Nui stew with vegettable Rice soymilk
	3	17/10/2017	Shrimp and napa cabbage congee Spaghetti	beef in black pepper sauce Southern Vietnamese fish sour soup Beef and mustard congee Rice American grapes	Yoghurt	Sandwich with pate Meat with veggetable congee TH true milk
3	4	18/10/2017	Creamy chicken mushroom soup Beef pho Fried sausage	Ground pork and spinach soup Ground pork and green bean congee Rice American apple	TH true milk	Pork cook with sauce Ribs cook with vegettable Rice Chicken pho TH true milk
	5	19/10/2017	Ground pork and napa cabbage vermicelli Pork heart and lotus seed congee	Salmon with lemon butter sauce Pork and cabbage soup Salmon with napa cabbage congee Rice Yoghurt	TH true milk	Fried wheat flour cake Beef carrot congee Pineapple juice
	6	20/10/2017	Sea-food with baby corn soup Rice noodles with pork ribs	Pork ribs mixed with BBQ sauce Bean sprout sour soup Pork rib and pumpkin congee Rice Korean Pear	Yoghurt	Bread with meat Rib rice noodles TH true milk
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	2	23/10/2017	Ground pork and green beans congee Fish with noodles	Steamd eggs Sweet leaf soup Shrimp and vegetables soup American watermelon	TH true milk	beef in black pepper sauce Tofu with bean soup Rice Bordelaise Pho Orange juice
	3	24/10/2017	Beef rice noodle Sea-food soup	Shrimp rolls Pork and spinach soup Shrimp and carrot congee Rice Mango	yoghurt	Cream puff Beef spinach congee TH true milk
4	4	25/10/2017	Chicken congee Crab vermicelli Koko mixed with milk	Pork ribs with Passion sauce Pork ribs with squash soup Beef and spinach congee Rice Green grapefruit	TH true milk	Pork rolls, mushroom with tomato sauce Pork with pumpkin Rice Pho xa xiu Th true milk
	5	26/10/2017	Rice noodles with pork meat Beef with pumpkin soup	Unboned chicken thigh Shrimp and green squash soup Shrimp with pumpkin congee Rice American red grapes	TH true milk	Bread wth hotdog Chicken rice noodles Passion juice
	6	27/10/2017	Fish congee with dill Swan vermicelli	Fried wheat flour cake beef in black pepper sauce Fried rice Boiled eggs Chicken balls stew sauce Ells soup Passion juice	TH true milk	Gatobas cake Shanghai beef rice noodle Watermelon juice
5	2	30/10/2017	Spagetti Salmon soup	Fish congee with sauce Pork with cabbage Pork with baby corn congee Rice Aus mandarin	TH true milk	Chicken , green beans congee Coconut and black bean sweet soup
	3	31/10/2017	Shirmp with cabbage congee Swan rice noodles	Beef Cari India Tofu with bean soup Beef and spinach congee Rice American watermelon	TH true milk	Ribs rice noodles Avocado smothies