

FocusBot: “DevFocus”

A productivity-boosting application designed for remote developers.

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ABSTRACT

In today’s world, where remote work has become the norm, attaining and consistently maintaining high productivity presents an exceptional challenge. This challenge is even more pronounced in the field of software development, where project requirements continually evolve, and new tasks frequently emerge. This report introduces a solution designed to empower remote teams of developers with a comprehensive suite of productivity-aids, all aimed at enabling them to efficiently handle their workload and stay on track. By addressing the unique obstacles posed by remote work, our software strives to boost productivity and ultimately enhance the overall performance of remote development teams.

INTRODUCTION

Over the past few years, modern work has undergone a profound transformation, with the increasing prevalence of remote work. While this shift offers numerous advantages in terms of flexibility and accessibility, it also introduces a set of unique challenges. Among these challenges, one of the most prominent ones is the need to maintain productivity and ensure that individuals on a team remain focused, organized, and engaged in their tasks.

1. Problem

Remote work presents various distractions (e.g., household distractions, digital diversions...) and often fosters feelings

of isolation and detachment (i.e., with the absence of physical proximity to colleagues), which makes it more

challenging to maintain a sense of purpose and accountability with work [1]. These challenges are especially pronounced in software development teams, given their constant juggling of tasks and ever-evolving project requirements, making it difficult to manage tasks efficiently and thus maintain focus. So, designing an effective solution to optimize the productivity of remote developers is imperative.

2. Solution

Our solution serves as a comprehensive tool for remote developers, allowing them to manage their tasks more efficiently, fostering collaboration with their teams, and enhancing their productivity.

As an application, developers can use the latter to meticulously plan their weekly tasks, incorporating a wealth of information about each task – such as task type, deliverables, priority level, deadline and estimated duration/difficulty. Once entered, the application can intelligently rearrange these tasks for optimal productivity, upon request. This may involve organizing easier tasks first or interspersing them among more challenging ones for motivational purposes.

When developers are ready to commence work, they can initiate a working session within the application, seamlessly logging their current task. As time progresses, the

application actively engages with them, soliciting updates on their progress. If productivity seems to be lagging, the application intervenes with practical suggestions through custom or recommended break activities geared towards enhancing productivity. These activities may involve moments of meditation, stepping outdoors to connect with nature, engaging in sports, and various other options. Beyond offering a mental breather, these activities can also contribute to elevating an individual's cognitive functions by boosting their energy levels [2].

Following the conclusion of every working session, the application generates a comprehensive analysis to assess the developer's productivity. This process not only gauges immediate accomplishments (i.e., number of tasks completed from those that were scheduled), it also serves to understand overall working trends over time (i.e., exploring aspects like break frequency and break duration). As more data from working sessions is gathered, these trends gradually evolve into more precise reflections of the developer's work habits. Consequently, the application becomes increasingly attuned to the developer's productivity patterns – understanding the aids that are most effective for the developer and when those aids are needed during work sessions.

RELATED WORK

RescueTime, a time management tool, shares a lot of similarities with our FocusBot system as it aims to improve productivity for users – particularly for remote working environments. It automatically tracks time spent on various activities across devices, providing detailed reports and analytics identifying areas of time expenditure, while also giving potential productivity improvements. The key features include goal setting and tracking, as well as a FocusTime feature to block distractions and give alerts and notifications regarding time spent on activities. RescueTime does not have the same feature of tracking team activities but has all the features that an individual needs when working on their own. This correlates with our FocusBot system with tools that contribute to heightened productivity among remote developers (i.e., RescueTime through detailed analytics and awareness of the user and FocusBot through interactive task management and active engagement during work sessions) [3].

MOTIVATING EXAMPLE

Our FocusBot system addresses many challenges related to productivity across different experience levels, offering practical solutions tailored to each individual. In various scenarios, FocusBot can prove its effectiveness, making it particularly relevant to software engineers seeking

personalized tools for enhanced productivity in remote work settings.

1. Scenarios

The following scenarios highlight how developers, ranging from new graduates navigating their first remote job to experienced software engineers seeking continuous improvement, can leverage the capabilities of our system to fit their needs.

1.1. First Scenario

Bob, a recent graduate in a new remote software engineering job, uses FocusBot to establish good remote work habits. Recognizing the importance of quickly mastering the tools and systems utilized by his company, Bob utilizes FocusBot to efficiently navigate this learning curve. He employs the system to block distractions (e.g., social media notifications), initiate working sessions for progress tracking, and receive timely reminders for breaks during intense work periods.

1.2. Second Scenario

Sarah, an experienced software engineer, is always looking to find new ways to improve her skills, as it relates to her job. She uses FocusBot for its role in providing comprehensive insights into her working trends. This involves recognizing the tasks that were accomplished effortlessly and those that posed more challenges. It also includes understanding patterns in her break frequencies and identifying activities that boost her productivity when returning to tasks.

2. Relevance

FocusBot is extremely relevant within the collaborative environment of remote software engineering teams. Its ability to boost individual productivity contributes to overall team efficiency. By ensuring each team member completes tasks promptly, it fosters seamless coordination, preventing delays for other team members [4]. The system also instills a sense of ownership and accountability among developers, aiding in task management and progress tracking in order to offer detailed analytics on work habits. This collaborative and personalized approach makes FocusBot a valuable asset for remote development teams, promoting team efficiency and individual growth.

IMPLEMENTATION

The development of our FocusBot system involves a thoughtful consideration of design choices and software processes in order to craft a robust and efficient solution. In addition, our approach adheres to a well-rounded software lifecycle, with thorough testing phases to guarantee the

reliability and functionality of the system. These efforts aim to create a solution that's tailored to the demands of contemporary remote development scenarios, similar to the one discussed in the previous section.

1. High-Level Design

In the context of our FocusBot system's objective, an Event-Based Architecture stands out as the most suitable approach for the design. The main reason behind this choice is the flexibility and responsiveness this architecture pattern provides as it perfectly aligns with our system's core features. Our system is inherently event-driven, involving a sequence of user interactions: planning tasks, initiating work sessions, and receiving productivity recommendations based on work patterns. When users input task details, the system captures these as events. Then, when users initiate work sessions, another event is dispatched to facilitate real-time monitoring in order to detect productivity bottlenecks and provide timely aid recommendations if necessary by analyzing the user's productivity patterns. So, an event-driven design allows us to instantly capture and process core user interactions, while offering real-time insights and recommendations to enhance user productivity and task management.

2. Low-Level Design

To complement the chosen Event-Based Architecture, the most fitting design pattern family for our system is the Behavioral Family. In particular, the Observer pattern within this family stands out as the most suited for our system's needs. It facilitates the subscription and receipt of updates by objects (i.e., the observers) from a subject when its state changes, while preserving a good level of decoupling between different classes. In the context of our project, the system itself acts as the subject, and the planned tasks as the observers. When users plan their tasks, the FocusBot system does not need to know the specifics of each individual task; its responsibility is to alert the observers when specific events occur, such as the start of a working session or the need for productivity-aids. Hence, as users start working, the system solely monitors and analyzes the time they're dedicating to each task and the progress they're making. Then, when necessary, it steps in with productivity boosting suggestions to enhance the work session. An informal representation of our system would involve:

- A Task class maintaining individual task states and responding to notifications with tailored updates.
- A FocusBot class managing and notifying Task observers about state changes.
- And a UserInterface class providing users the ability to interact with the system through various

operations (e.g., adding/removing tasks, initiating work sessions...).

3. Software Engineering Processes

Through our software engineering course, we relied heavily on many tools and processes to shape the architecture and functionality of our FocusBot system. Agile Methodologies, in particular, set the tone for our collaborative workflow, while the integration of use cases, the design of mock user interfaces, and the selection of a system architecture allowed us to fully design our system. Use cases provided a comprehensive understanding of the system's functionalities from an end-user perspective, allowing us to identify and define specific requirements. The design of mock user interfaces provided a visual depiction of user engagement with our system to better understand user experience; and the choice of a design pattern, such as the Event-Based Architecture coupled with the Observer pattern, guided our system's structure to ensure scalability and maintainability. This comprehensive approach allowed our team to design a well-structured and user-centric system that effectively addresses the productivity-related challenges faced by remote developers.

4. Testing

In the development of our FocusBot system, we wanted to adopt a testing strategy that aligns with the principles outlined in our software engineering course. Embracing the Test-Driven Development approach, we decided to utilize Unit testing to focus on individual components and rigorously verify their functionalities to ensure a seamless information flow. Following unit testing, we decided to also rely on Integration testing for sub-systems to allow for the entire system to work together. This will uncover any errors that are found in the system. Lastly, we also decided to incorporate Black Box testing to emulate user interactions with the application to validate the user interface and user experience, ensuring it is intuitive and efficient for remote developers. The incorporation of these testing approaches allows us to craft a robust and user-friendly system. By utilizing Test-Driven Development principles, our testing process should unfold iteratively, identifying and addressing issues in the early stages of development. This not only elevates the reliability and functionality of the system but also guarantees that the final product effortlessly aligns with the unique needs and expectations of remote developers.

DEPLOYMENT

Following the completion of the actual development phase of our FocusBot system, the next critical step should be the efficient deployment of our software. Beyond mere availability, this step necessitates ensuring a seamless

experience for customers as they integrate our software into their development environments. So, it demands a strategic approach to introducing FocusBot to users and carefully monitoring its performance while promptly addressing any issues that may arise during the process.

1. Approach

The deployment strategy for our system encompasses a phased implementation to ensure a smooth transition for remote development teams. Initially, we will conduct a Pilot Deployment Phase involving a small group of developers within a compact team in an organization. Gathering feedback from this team will enable us to identify potential issues and refine the system based on real-world usage and actual organizational needs – and not just based on our assumptions of their needs.

Upon the success of the Pilot Deployment Phase, we will proceed with a Rolling Deployment Phase across numerous remote development teams. This deployment process will feature training sessions to familiarize developers with FocusBot's features and functionalities. Furthermore, to provide targeted support, the deployment will be executed on a single platform, streamlining software maintenance in a smaller team and eliminating the need to manage numerous versions. Additionally, the idea of Cloud-based hosting may be explored to ensure scalability and facilitate seamless updates without disruptions.

2. Maintenance

Ensuring the long-term effectiveness of our FocusBot system hinges on critical maintenance practices. Regular updates and patches should be systematically released to address bugs, enhance features, and align the system with the evolving needs of users. In addition, continuous feedback from users should be actively sought through various platforms such as user forums or channels to facilitate discussions and suggestions for improvement on the system.

A dedicated maintenance team should be established to monitor system performance and address technical issues promptly. For instance, routine security audits should be conducted to safeguard user data. As part of our maintenance strategy, periodic training sessions should also be offered to users to introduce new features and optimize their utilization of FocusBot. This proactive approach aims to keep developers engaged and make them aware of the ongoing improvements on the system.

CONCLUSION

In summary, our FocusBot system – tailored for remote developers within a team to enhance productivity – seeks to tackle the challenges posed by remote work. Through features like task planning, productivity aid suggestions, and analytics reports on work habits, our system is designed to optimize the remote work experience of developers. In this paper, we explored other related works like RescueTime, highlighting the complementary features while emphasizing the distinctive aspects of our system. Furthermore, we presented real-world scenarios illustrating the relevance of our system in remote development teams. Additionally, we provided a detailed description of our proposed implementation process, offering justifications for the design choices made, as well as the utilization of processes and tools from our software engineering course in order to define system requirements, design and testing. Wrapping up, we explored the deployment process essential for the system.

As we conclude this paper, our final section will delve into the identified limitations of our system and future work needed moving forward.

1. Limitations

As we bring FocusBot into the hands of users, it's crucial to recognize certain limitations that accompany its design and deployment. Firstly, the efficacy of FocusBot hinges significantly on the accuracy and timeliness of user input. Inaccurate information of task details, progress updates, or feedback may impact the precision of our system's productivity analytics and recommendations. Additionally, the productivity-boosting activities suggested by FocusBot might not universally resonate with all developers. Individual preferences and responses to different strategies vary, necessitating a level of customization to accommodate diverse user needs. Furthermore, despite comprehensive onboarding and support mechanisms, some users may encounter an initial learning curve when adapting to the FocusBot system. This adjustment period could impact immediate productivity for certain users and thus pose a significant limitation. Lastly, a key limitation of our system involves striking a balance between providing insightful analytics and safeguarding user privacy, given that the system collects data on individual work habits. To address potential concerns, transparent communication and robust privacy measures are essential.

2. Future Work

Looking ahead, our vision for our FocusBot system goes beyond just implementing (i.e., coding) it – it involves expanding upon its capabilities and possibly refining its existing features. This will notably include the addition of

more significant features like AI-driven productivity optimizations. Recognizing the indispensability of AI tools like ChatGPT, we hope to leverage similar capabilities to enhance our system's functionality by preemptively offering specific productivity boosting suggestions that are tailored to individual preferences without waiting for a response from the developer to signal a productivity lag. Additionally, incorporating AI tools in the system will allow developers to depend on the bot for resources while coding, eliminating the need to waste time scouring the web for information. Moreover, knowing that new and impactful tools will emerge in the future, we hope to make our system more adaptable to seamless integration of those new advancements. In essence, the integration of AI tools – and other helpful tools that arise in the future – aims to provide developers with a personalized and streamlined coding experience. By embracing these tools within our system, we envision creating a platform that will ensure a productive and efficient coding journey for developers in a remote team environment.

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