BELIZE

2016 TOTAL POPULATION: 367 000
2016 TOTAL DEATHS: 2 000

RISK OF PREMATURE DEATH DUE TO NCDS (%)*

Probability (%) of premature death

Past trends | Projected linear trends | Global targets
Males
Females
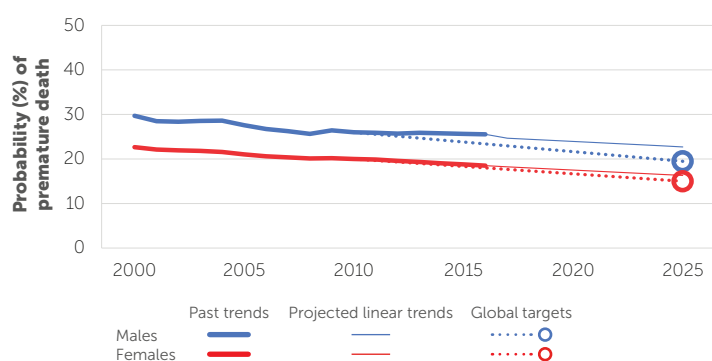
PROPORTIONAL MORTALITY*

- **26%** Cardiovascular diseases
- **17%** Other NCDs
- **14%** Cancers
- **19%** Communicable, maternal, perinatal and nutritional conditions
- **3%** Chronic respiratory diseases
- **13%** Injuries
- **8%** Diabetes

NCDs are estimated to account for **67%** of all deaths.
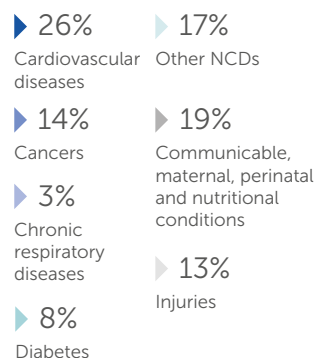
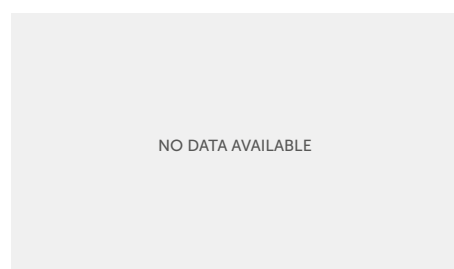### 200 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

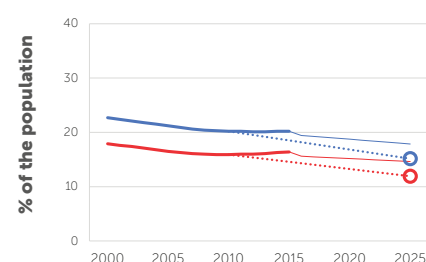|	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
MORTALITY*						
Premature mortality from NCDs	✓	Total NCD deaths	2016	760	600	1 400
		Risk of premature death between 30-70 years (%)	2016	26	19	22
Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	5
RISK FACTORS						
Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	11	2	7
Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	...	...	...
Salt/Sodium intake	X	Mean population salt intake, adults aged 20+ (g/day)	2010	7	6	7
Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	...	...	...
Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	20	16	18
Diabetes	✓	Raised blood glucose, adults aged 18+ (%)	2014	8	12	10
Obesity	✓	Obesity, adults aged 18+ (%)	2016	15	29	22
		Obesity, adolescents aged 10-19 (%)	2016	11	10	11
Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	2
Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	15

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

NO DATA AVAILABLE

OBESITY

% of the population

RAISED BLOOD PRESSURE

% of the population

Past trends | Projected linear trends | Global targets
Males
Females
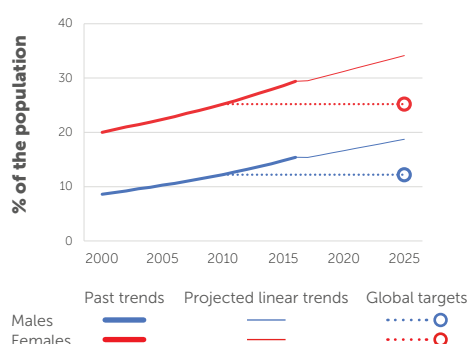
NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes	X	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
		Proportion of primary health care centres reported as offering CVD risk stratification	2017	Don't know
		Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	No
Essential NCD medicines and basic technologies to treat major NCDs	✓	Number of essential NCD medicines reported as "generally available"	2017	7 out of 10
		Number of essential NCD technologies reported as "generally available"	2017	5 out of 6

... = no data available
* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.