JAPAN

2016 TOTAL POPULATION: 127 700 000
2016 TOTAL DEATHS: 1 311 000

RISK OF PREMATURE DEATH DUE TO NCDS (%)
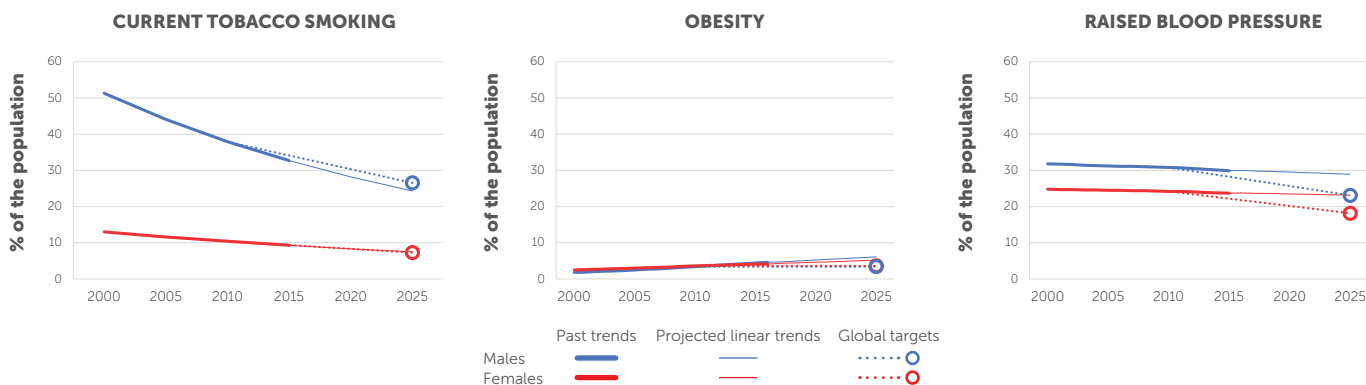

Past trends | Projected linear trends | Global targets
Males
Females
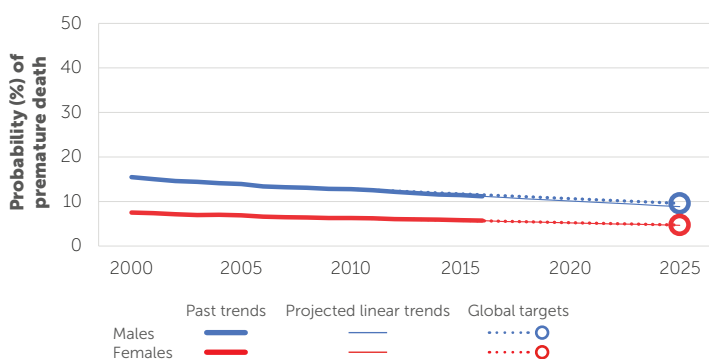
PROPORTIONAL MORTALITY

- **27%** Cardiovascular diseases
- **15%** Other NCDs
- **30%** Cancers
- **13%** Communicable, maternal, perinatal and nutritional conditions
- **9%** Chronic respiratory diseases
- **5%** Injuries
- **1%** Diabetes

NCDs are estimated to account for **82%** of all deaths.
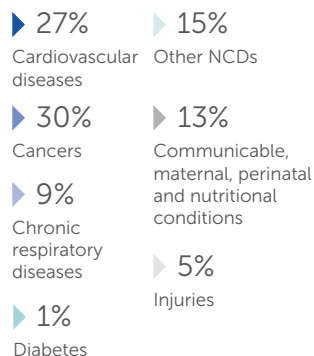
162 600 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY

	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
Premature mortality from NCDs	✓	Total NCD deaths	2016	549 000	531 300	1 080 000
		Risk of premature death between 30-70 years (%)	2016	11	6	8
Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	19

RISK FACTORS

	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	14	3	8
Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	36	40	38
Salt/Sodium intake	✓	Mean population salt intake, adults aged 20+ (g/day)	2010	13	12	12
Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	32	9	20
Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	30	24	27
Diabetes	X	Raised blood glucose, adults aged 18+ (%)	2014	12	9	10
Obesity	✓	Obesity, adults aged 18+ (%)	2016	5	4	4
		Obesity, adolescents aged 10-19 (%)	2016	4	1	3
Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	1
Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	<5

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBESITY

RAISED BLOOD PRESSURE

Past trends | Projected linear trends | Global targets
Males
Females

NATIONAL SYSTEMS RESPONSE

	NATIONAL TARGET SET		DATA YEAR	TOTAL
Drug therapy to prevent heart attacks and strokes	X	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
		Proportion of primary health care centres reported as offering CVD risk stratification	2017	Don't know
		Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Don't know
Essential NCD medicines and basic technologies to treat major NCDs	X	Number of essential NCD medicines reported as "generally available"	2017	10 out of 10
		Number of essential NCD technologies reported as "generally available"	2017	6 out of 6

... = no data available

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.