BHUTAN

2016 TOTAL POPULATION: 798 000
2016 TOTAL DEATHS: 4 700

RISK OF PREMATURE DEATH DUE TO NCDS (%)*

Probability (%) of premature death — Males, Females; Past trends, Projected linear trends, Global targets
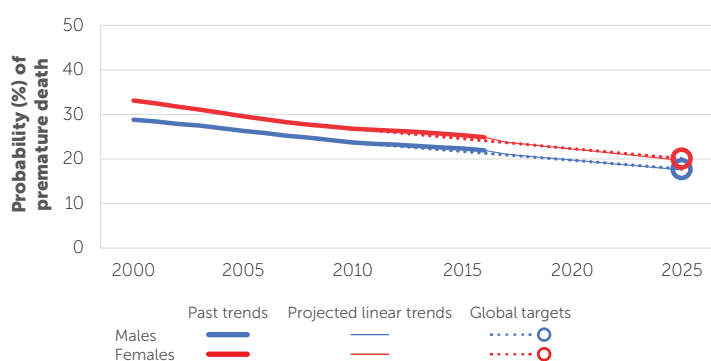
PROPORTIONAL MORTALITY*

- **28%** Cardiovascular diseases
- **17%** Other NCDs
- **10%** Cancers
- **21%** Communicable, maternal, perinatal and nutritional conditions
- **9%** Chronic respiratory diseases
- **11%** Injuries
- **4%** Diabetes

NCDs are estimated to account for **69%** of all deaths.
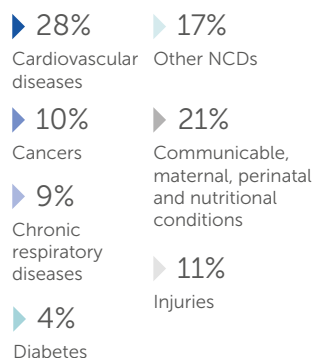
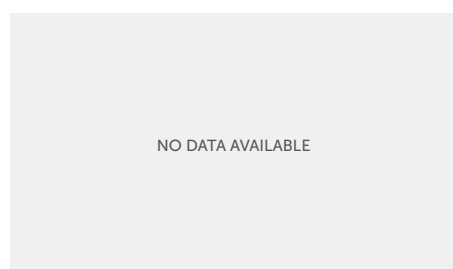## 600 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
MORTALITY*						
Premature mortality from NCDs	✓	Total NCD deaths	2016	1 700	1 500	3 200
		Risk of premature death between 30-70 years (%)	2016	22	25	23
Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	11
RISK FACTORS						
Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	1	0	1
Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	16	29	22
Salt/Sodium intake	✓	Mean population salt intake, adults aged 20+ (g/day)	2010	10	9	9
Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	...	...	...
Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	25	22	23
Diabetes	✓	Raised blood glucose, adults aged 18+ (%)	2014	10	9	9
Obesity	✓	Obesity, adults aged 18+ (%)	2016	5	7	6
		Obesity, adolescents aged 10-19 (%)	2016	3	2	3
Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	4
Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	48

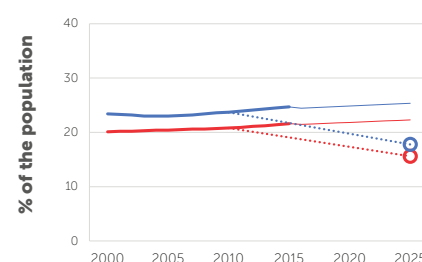## SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

NO DATA AVAILABLE

OBESITY

RAISED BLOOD PRESSURE

% of the population — Males, Females; Past trends, Projected linear trends, Global targets
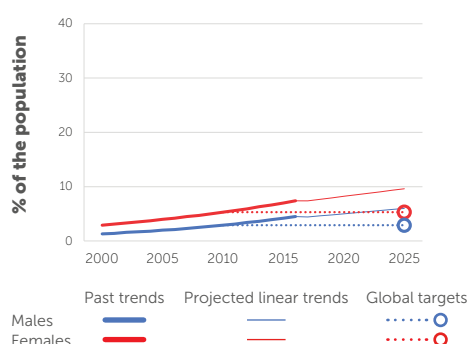
NATIONAL SYSTEMS RESPONSE

			DATA YEAR			
Drug therapy to prevent heart attacks and strokes	✓	Proportion of population at high risk for CVD or with existing CVD (%)	2014	2		
		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...		
		Proportion of primary health care centres reported as offering CVD risk stratification	2017	25% to 50%		
		Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Yes		
Essential NCD medicines and basic technologies to treat major NCDs	✓	Number of essential NCD medicines reported as "generally available"	2017	4 out of 10		
		Number of essential NCD technologies reported as "generally available"	2017	5 out of 6		

... = no data available
* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.