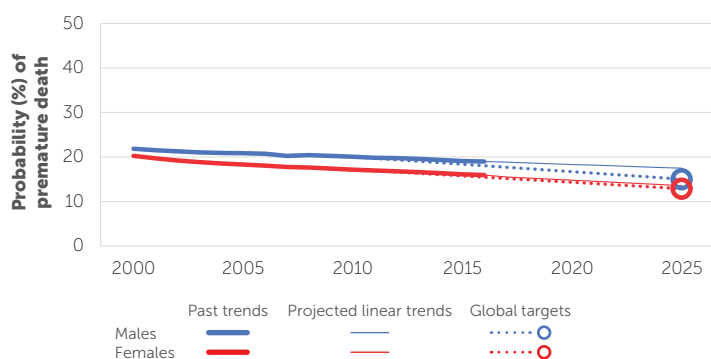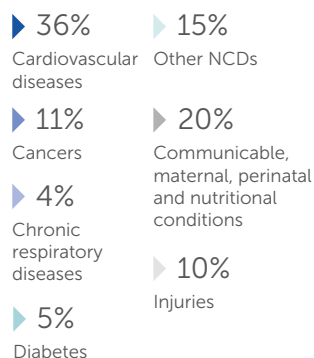# CABO VERDE

2016 TOTAL POPULATION: 540 000
2016 TOTAL DEATHS: 2 900

RISK OF PREMATURE DEATH DUE TO NCDS (%)*

Males — Past trends, Projected linear trends, Global targets
Females — Past trends, Projected linear trends, Global targets

PROPORTIONAL MORTALITY*

- **36%** Cardiovascular diseases
- **15%** Other NCDs
- **11%** Cancers
- **20%** Communicable, maternal, perinatal and nutritional conditions
- **4%** Chronic respiratory diseases
- **10%** Injuries
- **5%** Diabetes

NCDs are estimated to account for **70%** of all deaths.

---

3 500 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

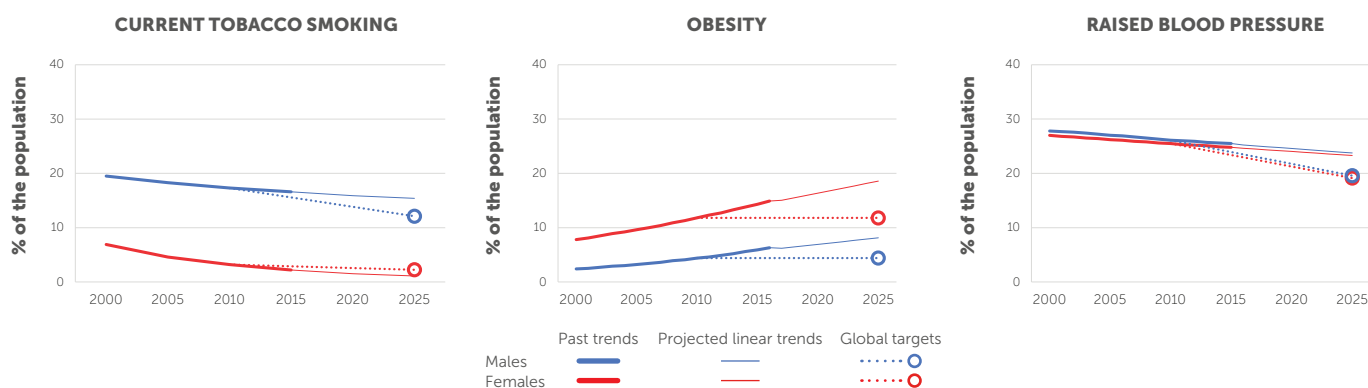|	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
MORTALITY*						
Premature mortality from NCDs	X	Total NCD deaths	2016	930	1 100	2 100
		Risk of premature death between 30-70 years (%)	2016	19	16	17
Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	11
RISK FACTORS						
Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	10	2	6
Physical inactivity	X	Physical inactivity, adults aged 18+ (%)	2016	12	24	19
Salt/Sodium intake	X	Mean population salt intake, adults aged 20+ (g/day)	2010	9	8	8
Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	16	2	9
Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	26	25	25
Diabetes	✓	Raised blood glucose, adults aged 18+ (%)	2014	7	7	7
Obesity	✓	Obesity, adults aged 18+ (%)	2016	6	15	11
		Obesity, adolescents aged 10-19 (%)	2016	2	3	3
Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	3
Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	29

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBESITY

RAISED BLOOD PRESSURE

Males — Past trends, Projected linear trends, Global targets
Females — Past trends, Projected linear trends, Global targets

NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes	✓	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
		Proportion of primary health care centres reported as offering CVD risk stratification	2017	More than 50%
		Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	No
Essential NCD medicines and basic technologies to treat major NCDs	X	Number of essential NCD medicines reported as "generally available"	2017	10 out of 10
		Number of essential NCD technologies reported as "generally available"	2017	6 out of 6

... = no data available
* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)