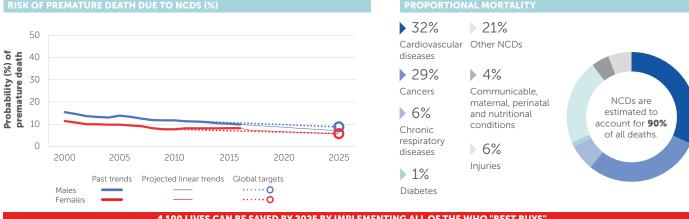
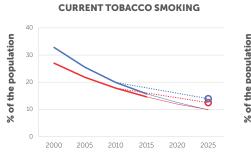
## **ICELAND**

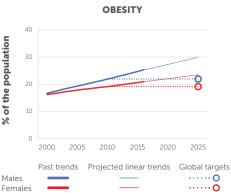


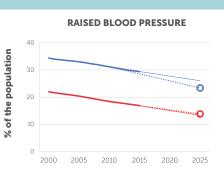
4 100 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"										
		NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL			
MORTALITY										
	Premature mortality	X	Total NCD deaths	2016	1 000	1 000	2 000			
	from NCDs	A	Risk of premature death between 30-70 years (%)	2016	10	8	9			
<u>F</u>	Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	14			
RISK FACTORS										
	Harmful use of alcohol	X	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	15	4	9			
K	Physical inactivity	X	Physical inactivity, adults aged 18+ (%)	2016						
	Salt/Sodium intake	X	Mean population salt intake, adults aged 20+ (g/day)	2010	10	9	9			
$\odot$	Tobacco use	X	Current tobacco smoking, adults aged 15+ (%)	2016	15	14	14			
	Raised blood pressure	X	Raised blood pressure, adults aged 18+ (%)	2015	29	17	23			
À	Diabetes	X	Raised blood glucose, adults aged 18+ (%)	2014	9	5	7			
i i	Obesity	X	Obesity, adults aged 18+ (%)	2016	25	21	23			
			Obesity, adolescents aged 10-19 (%)	2016	11	6	9			
<b>%</b>	Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)°	2016	-	-	-			
4	Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	<5			



SELECTED ADULT RISK FACTOR TRENDS

NATIONAL SYSTEMS RESPONSE





		X	Proportion of population at high risk for CVD or with existing CVD (%)	-	
	Drug therapy to prevent heart attacks and strokes		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	
			Proportion of primary health care centres reported as offering CVD risk stratification	2017	Don't know
			Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Yes
	Essential NCD medicines	x	Number of essential NCD medicines reported as "generally available"	2017	10 out of 10
	and basic technologies to treat major NCDs		Number of essential NCD technologies reported as "generally available"	2017	6 out of 6