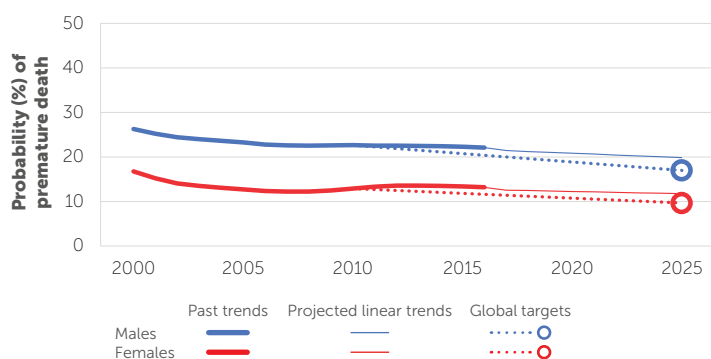


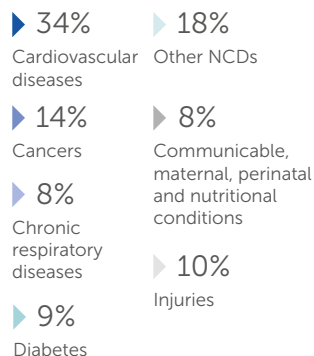
# SRI LANKA

2016 TOTAL POPULATION: 20 798 000  
2016 TOTAL DEATHS: 143 000

## RISK OF PREMATURE DEATH DUE TO NCDs (%)\*



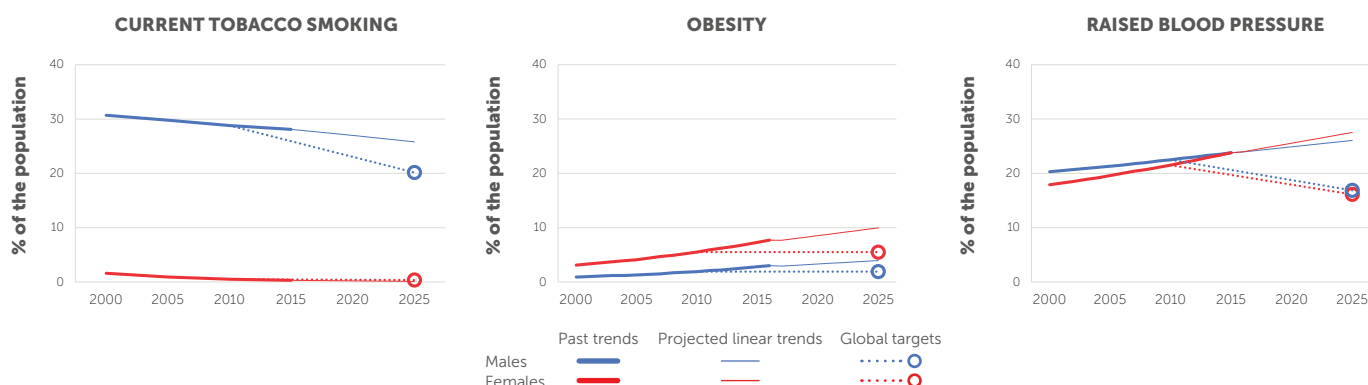
## PROPORTIONAL MORTALITY\*



17 500 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY*			NATIONAL TARGET SET	DATA YEAR	MALES	FEMALES	TOTAL
	Premature mortality from NCDs	✓	Total NCD deaths	2016	62 600	56 100	118 700
			Risk of premature death between 30-70 years (%)	2016	22	13	17
	Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	15
RISK FACTORS							
	Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	8	1	4
	Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	21	37	29
	Salt/Sodium intake	✓	Mean population salt intake, adults aged 20+ (g/day)	2010	10	9	10
	Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	28	0	13
	Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	24	24	24
	Diabetes	✓	Raised blood glucose, adults aged 18+ (%)	2014	7	8	8
	Obesity	✓	Obesity, adults aged 18+ (%)	2016	3	8	5
			Obesity, adolescents aged 10-19 (%)	2016	4	4	4
	Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	2
	Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	74

## SELECTED ADULT RISK FACTOR TRENDS



## NATIONAL SYSTEMS RESPONSE

	Drug therapy to prevent heart attacks and strokes	✓	Proportion of population at high risk for CVD or with existing CVD (%)	2015	9
			Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	2015	56
			Proportion of primary health care centres reported as offering CVD risk stratification	2017	More than 50%
			Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	No
	Essential NCD medicines and basic technologies to treat major NCDs	✓	Number of essential NCD medicines reported as "generally available"	2017	10 out of 10
			Number of essential NCD technologies reported as "generally available"	2017	6 out of 6

\* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)