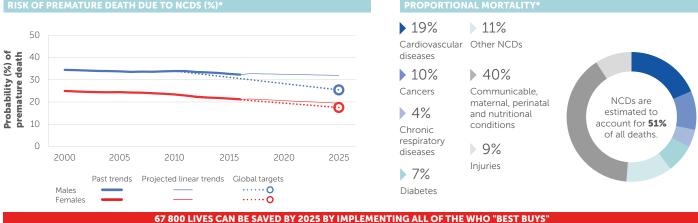
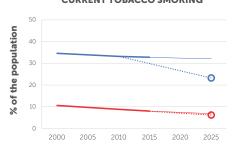
## **SOUTH AFRICA**

**2016 TOTAL POPULATION:** 56 015 000 **2016 TOTAL DEATHS: 526 000** 

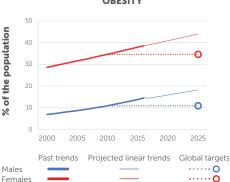


| 67 800 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS" |                         |                     |  |           |         |         |         |
|--|-------------------------|---------------------|--|-----------|---------|---------|---------|
|  |                         | NATIONAL TARGET SET |  | DATA YEAR | MALES   | FEMALES | TOTAL   |
| MORTALITY*   |                         |                     |  |           |         |         |         |
|  | Premature mortality     | <b>/</b>            | Total NCD deaths   | 2016      | 137 100 | 132 400 | 269 500 |
|  | from NCDs               | V                   | Risk of premature death between 30-70 years (%)                                      | 2016      | 32      | 21      | 26      |
| P.   | Suicide mortality       | -                   | Suicide mortality rate (per 100 000 population)                                      | 2016      | -       | -       | 12      |
| RISK FACTORS   |                         |                     |  |           |         |         |         |
|  | Harmful use of alcohol  | ✓                   | Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)       | 2016      | 16      | 3       | 9       |
| K  | Physical inactivity     | <b>✓</b>            | Physical inactivity, adults aged 18+ (%)   | 2016      | 26      | 48      | 37      |
|  | Salt/Sodium intake      | ✓                   | Mean population salt intake, adults aged 20+ (g/day)                                 | 2010      | 7       | 6       | 6       |
| $\odot$  | Tobacco use             | ✓                   | Current tobacco smoking, adults aged 15+ (%)   | 2016      | 33      | 8       | 20      |
|  | Raised blood pressure   | ✓                   | Raised blood pressure, adults aged 18+ (%)   | 2015      | 24      | 24      | 24      |
| À  | Diabetes                | X                   | Raised blood glucose, adults aged 18+ (%)  | 2014      | 8       | 12      | 10      |
|  | Obesity                 | /                   | Obesity, adults aged 18+ (%)   | 2016      | 15      | 39      | 27      |
|  |                         |                     | Obesity, adolescents aged 10-19 (%)  | 2016      | 9       | 13      | 11      |
| <b>%</b>   | Ambient air pollution   | -                   | Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of) | 2016      | -       | -       | 2       |
| 4  | Household air pollution | -                   | Population with primary reliance on polluting fuels and technologies $(\!\%\!)$      | 2016      | -       | -       | 15      |

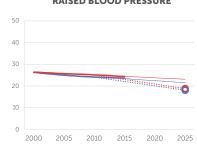
## SELECTED ADULT RISK FACTOR TRENDS **CURRENT TOBACCO SMOKING**







## **RAISED BLOOD PRESSURE**





Drug therapy to prevent heart attacks and strokes

existing CVD (%) Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) Proportion of primary health care centres reported as offering CVD risk stratification Reported having CVD guidelines that are utilized in at least 50% of health facilities

Number of essential NCD medicines reported as

Number of essential NCD technologies reported as

"generally available"

Proportion of population at high risk for CVD or with

% of the population

2017 Don't know 2017 No 2017 10 out of 10

5 out of 6

**Essential NCD medicines** and basic technologies to treat major NCDs

2017