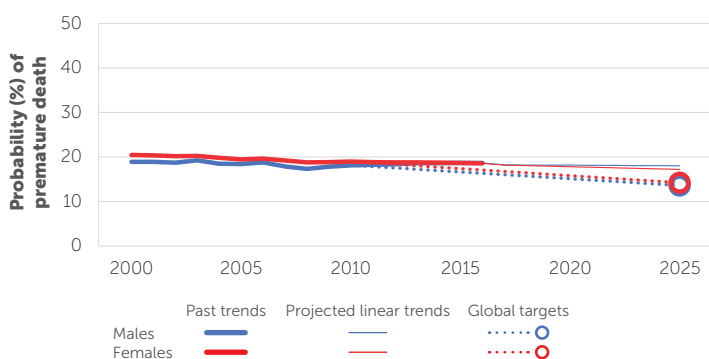


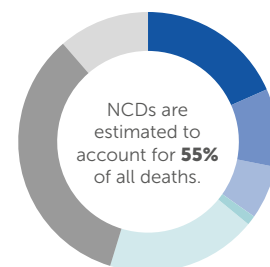
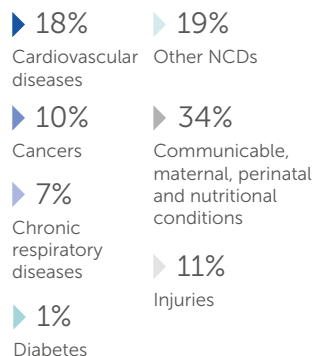
# SAO TOME AND PRINCIPE

2016 TOTAL POPULATION: 200 000  
2016 TOTAL DEATHS: 1 100












## RISK OF PREMATURE DEATH DUE TO NCDs (%)\*



## PROPORTIONAL MORTALITY\*

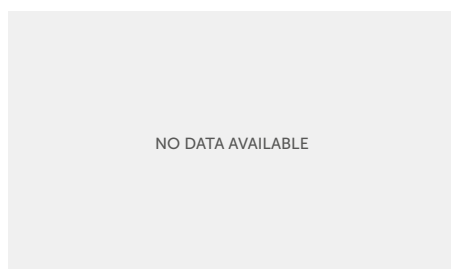


## 200 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

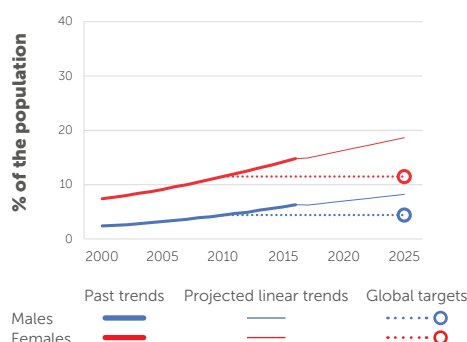
NATIONAL TARGET SET			DATA YEAR	MALES	FEMALES	TOTAL	
MORTALITY*							
	Premature mortality from NCDs	X	Total NCD deaths	2016	290	330	620
			Risk of premature death between 30-70 years (%)	2016	19	19	19
	Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	2
RISK FACTORS							
	Harmful use of alcohol	X	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	12	2	7
	Physical inactivity	X	Physical inactivity, adults aged 18+ (%)	2016	9	20	15
	Salt/Sodium intake	X	Mean population salt intake, adults aged 20+ (g/day)	2010	6	6	6
	Tobacco use	X	Current tobacco smoking, adults aged 15+ (%)	2016	...	...	...
	Raised blood pressure	X	Raised blood pressure, adults aged 18+ (%)	2015	21	18	20
	Diabetes	X	Raised blood glucose, adults aged 18+ (%)	2014	6	6	6
	Obesity	X	Obesity, adults aged 18+ (%)	2016	6	15	11
			Obesity, adolescents aged 10-19 (%)	2016	2	3	3
	Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	3
	Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	83

## SELECTED ADULT RISK FACTOR TRENDS

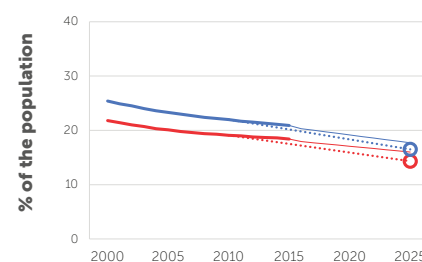
### CURRENT TOBACCO SMOKING





### OBESITY



### RAISED BLOOD PRESSURE



## NATIONAL SYSTEMS RESPONSE

	Drug therapy to prevent heart attacks and strokes	X	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
			Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
			Proportion of primary health care centres reported as offering CVD risk stratification	2017	None
			Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	No
	Essential NCD medicines and basic technologies to treat major NCDs	X	Number of essential NCD medicines reported as "generally available"	2017	9 out of 10
			Number of essential NCD technologies reported as "generally available"	2017	4 out of 6

... = no data available

\* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.