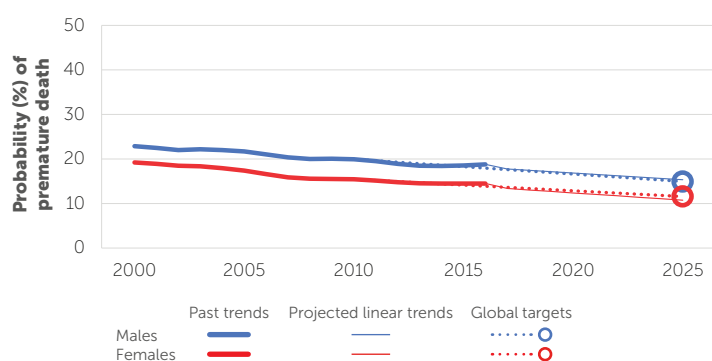


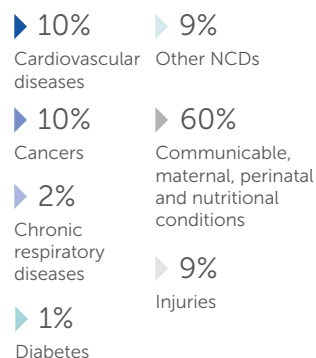
MALAWI

2016 TOTAL POPULATION: 18 092 000
2016 TOTAL DEATHS: 123 000

RISK OF PREMATURE DEATH DUE TO NCDs (%)*



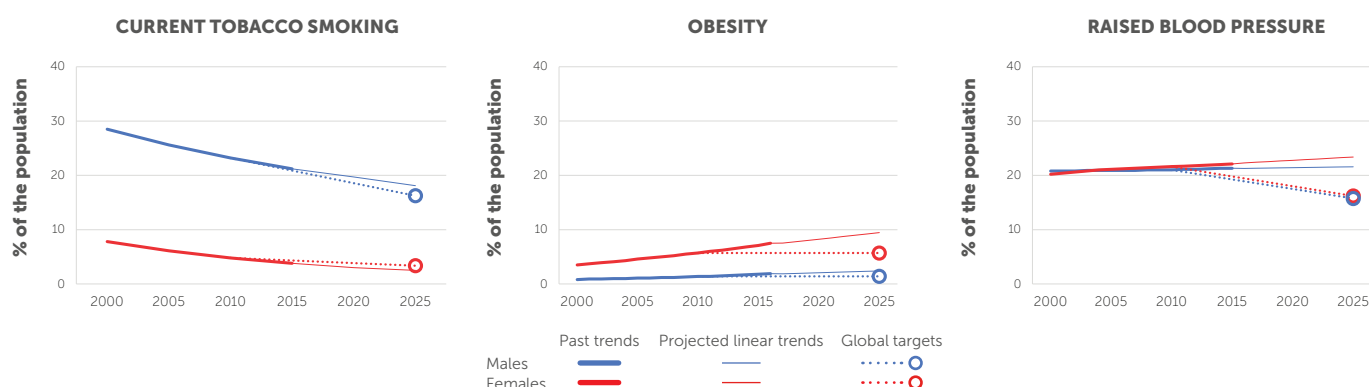
PROPORTIONAL MORTALITY*



9 000 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY*			NATIONAL TARGET SET†	DATA YEAR	MALES	FEMALES	TOTAL
	Premature mortality from NCDs	-	Total NCD deaths	2016	19 800	19 100	38 900
			Risk of premature death between 30-70 years (%)	2016	19	15	16
	Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	4
RISK FACTORS							
	Harmful use of alcohol	-	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	6	1	4
	Physical inactivity	-	Physical inactivity, adults aged 18+ (%)	2016	12	17	14
	Salt/Sodium intake	-	Mean population salt intake, adults aged 20+ (g/day)	2010	4	4	4
	Tobacco use	-	Current tobacco smoking, adults aged 15+ (%)	2016	21	4	12
	Raised blood pressure	-	Raised blood pressure, adults aged 18+ (%)	2015	21	22	22
	Diabetes	-	Raised blood glucose, adults aged 18+ (%)	2014	4	4	4
	Obesity	-	Obesity, adults aged 18+ (%)	2016	2	8	5
			Obesity, adolescents aged 10-19 (%)	2016	1	2	2
	Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	2
	Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	>95

SELECTED ADULT RISK FACTOR TRENDS



NATIONAL SYSTEMS RESPONSE

	Drug therapy to prevent heart attacks and strokes	-	Proportion of population at high risk for CVD or with existing CVD (%)	2017	9
			Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	2017	12
			Proportion of primary health care centres reported as offering CVD risk stratification	2017	None
			Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Yes
	Essential NCD medicines and basic technologies to treat major NCDs	-	Number of essential NCD medicines reported as "generally available"	2017	5 out of 10
			Number of essential NCD technologies reported as "generally available"	2017	2 out of 6

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)
† See Explanatory Notes