# AUSTRALIA
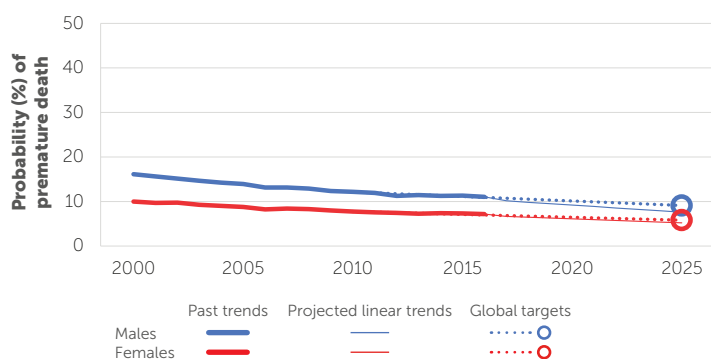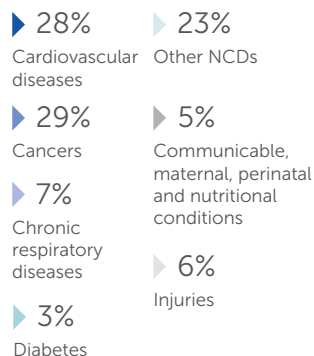
**2016 TOTAL POPULATION:** 24 126 000
**2016 TOTAL DEATHS:** 160 000

## RISK OF PREMATURE DEATH DUE TO NCDS (%)



Probability (%) of premature death

Past trends · Projected linear trends · Global targets
Males
Females

## PROPORTIONAL MORTALITY

- **28%** Cardiovascular diseases
- **23%** Other NCDs
- **29%** Cancers
- **5%** Communicable, maternal, perinatal and nutritional conditions
- **7%** Chronic respiratory diseases
- **6%** Injuries
- **3%** Diabetes



NCDs are estimated to account for **89%** of all deaths.

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**29 300 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"**

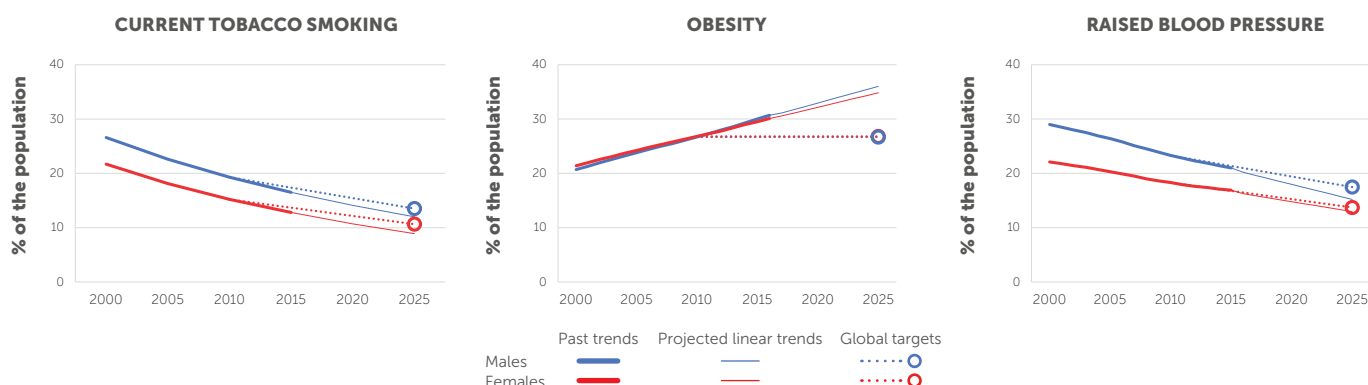| | NATIONAL TARGET SET | | DATA YEAR | MALES | FEMALES | TOTAL |
|---|---|---|---|---|---|---|
| **MORTALITY** | | | | | | |
| **Premature mortality from NCDs** | X | Total NCD deaths | 2016 | 72 200 | 70 500 | 142 700 |
| | | Risk of premature death between 30-70 years (%) | 2016 | 11 | 7 | 9 |
| **Suicide mortality** | - | Suicide mortality rate (per 100 000 population) | 2016 | - | - | 13 |
| **RISK FACTORS** | | | | | | |
| **Harmful use of alcohol** | X | Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) | 2016 | 17 | 5 | 11 |
| **Physical inactivity** | X | Physical inactivity, adults aged 18+ (%) | 2016 | 28 | 35 | 32 |
| **Salt/Sodium intake** | X | Mean population salt intake, adults aged 20+ (g/day) | 2010 | 9 | 8 | 9 |
| **Tobacco use** | ✓ | Current tobacco smoking, adults aged 15+ (%) | 2016 | 16 | 12 | 14 |
| **Raised blood pressure** | X | Raised blood pressure, adults aged 18+ (%) | 2015 | 21 | 17 | 19 |
| **Diabetes** | ✓ | Raised blood glucose, adults aged 18+ (%) | 2014 | 8 | 7 | 7 |
| **Obesity** | ✓ | Obesity, adults aged 18+ (%) | 2016 | 31 | 30 | 30 |
| | | Obesity, adolescents aged 10-19 (%) | 2016 | 12 | 10 | 11 |
| **Ambient air pollution** | - | Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)° | 2016 | - | - | - |
| **Household air pollution** | - | Population with primary reliance on polluting fuels and technologies (%) | 2016 | - | - | <5 |

## SELECTED ADULT RISK FACTOR TRENDS

### CURRENT TOBACCO SMOKING



% of the population

### OBESITY



% of the population

### RAISED BLOOD PRESSURE



% of the population

Past trends · Projected linear trends · Global targets
Males
Females

## NATIONAL SYSTEMS RESPONSE

| | | | | |
|---|---|---|---|---|
| **Drug therapy to prevent heart attacks and strokes** | X | Proportion of population at high risk for CVD or with existing CVD (%) | - | ... |
| | | Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) | - | ... |
| | | Proportion of primary health care centres reported as offering CVD risk stratification | 2017 | Don't know |
| | | Reported having CVD guidelines that are utilized in at least 50% of health facilities | 2017 | Don't know |
| **Essential NCD medicines and basic technologies to treat major NCDs** | X | Number of essential NCD medicines reported as "generally available" | 2017 | 10 out of 10 |
| | | Number of essential NCD technologies reported as "generally available" | 2017 | 6 out of 6 |

... = no data available
° not exceeding