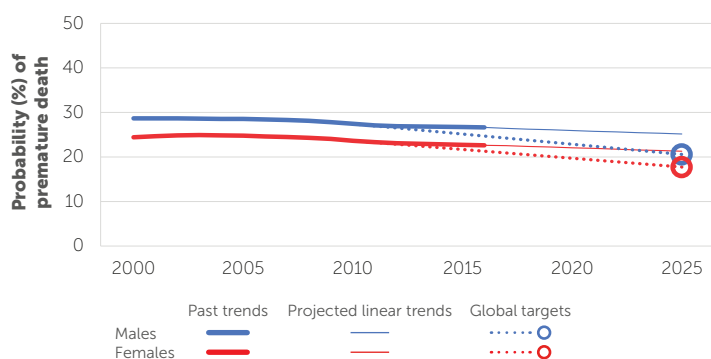


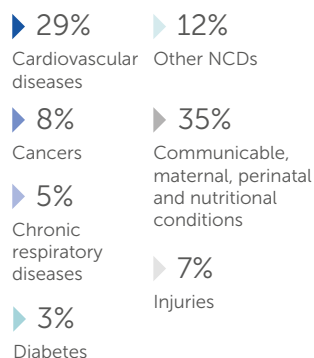
PAKISTAN

2016 TOTAL POPULATION: 193 200 000
2016 TOTAL DEATHS: 1 403 000

RISK OF PREMATURE DEATH DUE TO NCDs (%)*



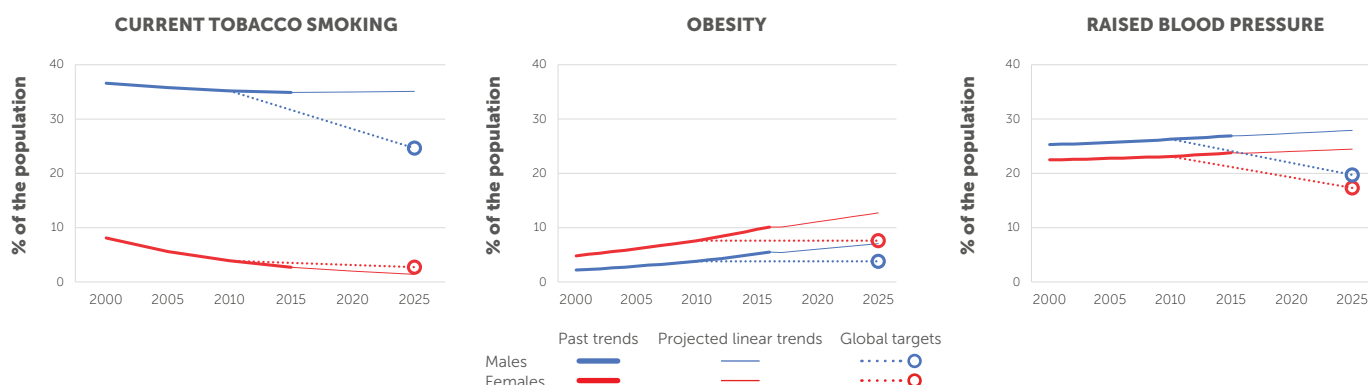
PROPORTIONAL MORTALITY*



169 400 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY*			NATIONAL TARGET SET	DATA YEAR	MALES	FEMALES	TOTAL
	Premature mortality from NCDs	X	Total NCD deaths	2016	441 300	370 000	811 300
			Risk of premature death between 30-70 years (%)	2016	27	23	25
	Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	3
RISK FACTORS							
	Harmful use of alcohol	X	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	1	0	0
	Physical inactivity	X	Physical inactivity, adults aged 18+ (%)	2016	23	42	32
	Salt/Sodium intake	X	Mean population salt intake, adults aged 20+ (g/day)	2010	10	10	10
	Tobacco use	X	Current tobacco smoking, adults aged 15+ (%)	2016	35	3	19
	Raised blood pressure	X	Raised blood pressure, adults aged 18+ (%)	2015	27	24	25
	Diabetes	X	Raised blood glucose, adults aged 18+ (%)	2014	10	10	10
	Obesity	X	Obesity, adults aged 18+ (%)	2016	6	10	8
			Obesity, adolescents aged 10-19 (%)	2016	3	2	3
	Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	6
	Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	57

SELECTED ADULT RISK FACTOR TRENDS



NATIONAL SYSTEMS RESPONSE

	Drug therapy to prevent heart attacks and strokes	X	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
			Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
			Proportion of primary health care centres reported as offering CVD risk stratification	2017	None
			Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Yes
	Essential NCD medicines and basic technologies to treat major NCDs	X	Number of essential NCD medicines reported as "generally available"	2017	4 out of 10
			Number of essential NCD technologies reported as "generally available"	2017	4 out of 6

... = no data available

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.