CAMEROON

2016 TOTAL POPULATION: 23 439 000
2016 TOTAL DEATHS: 235 000

RISK OF PREMATURE DEATH DUE TO NCDS (%)*

Probability (%) of premature death — Males, Females — Past trends, Projected linear trends, Global targets
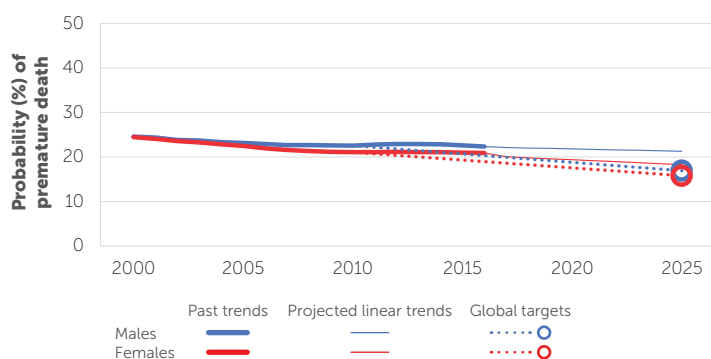
PROPORTIONAL MORTALITY*

- **12%** Cardiovascular diseases
- **14%** Other NCDs
- **5%** Cancers
- **54%** Communicable, maternal, perinatal and nutritional conditions
- **2%** Chronic respiratory diseases
- **11%** Injuries
- **2%** Diabetes

NCDs are estimated to account for **35%** of all deaths.

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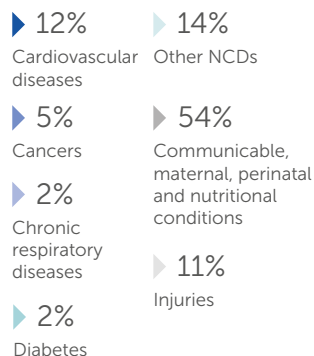
15 100 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

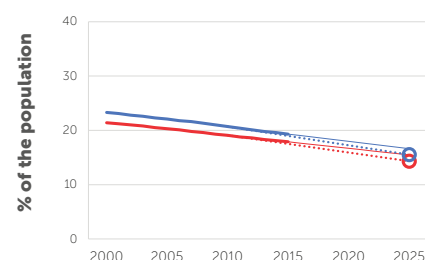|	NATIONAL TARGET SET		DATA YEAR	MALES	FEMALES	TOTAL
MORTALITY*						
Premature mortality from NCDs	✓	Total NCD deaths	2016	41 900	40 900	82 700
		Risk of premature death between 30-70 years (%)	2016	22	21	22
Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	12
RISK FACTORS						
Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	15	3	9
Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	20	34	27
Salt/Sodium intake	✓	Mean population salt intake, adults aged 20+ (g/day)	2010	6	5	5
Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	...	1	...
Raised blood pressure	✓	Raised blood pressure, adults aged 18+ (%)	2015	19	18	19
Diabetes	✓	Raised blood glucose, adults aged 18+ (%)	2014	5	5	5
Obesity	✓	Obesity, adults aged 18+ (%)	2016	5	14	10
		Obesity, adolescents aged 10-19 (%)	2016	1	3	2
Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)	2016	-	-	7
Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	77

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

NO DATA AVAILABLE

OBESITY

% of the population — Males, Females — Past trends, Projected linear trends, Global targets

RAISED BLOOD PRESSURE

% of the population
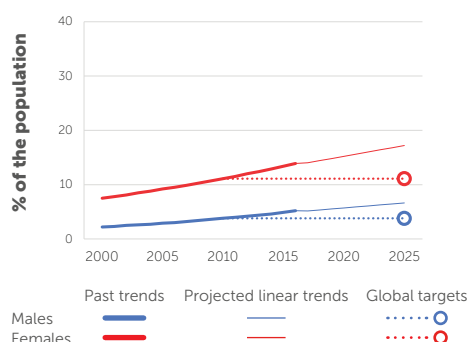
NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes	✓	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
		Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
		Proportion of primary health care centres reported as offering CVD risk stratification	2017	Less than 25%
		Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	No
Essential NCD medicines and basic technologies to treat major NCDs	✓	Number of essential NCD medicines reported as "generally available"	2017	3 out of 10
		Number of essential NCD technologies reported as "generally available"	2017	4 out of 6

... = no data available
* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.