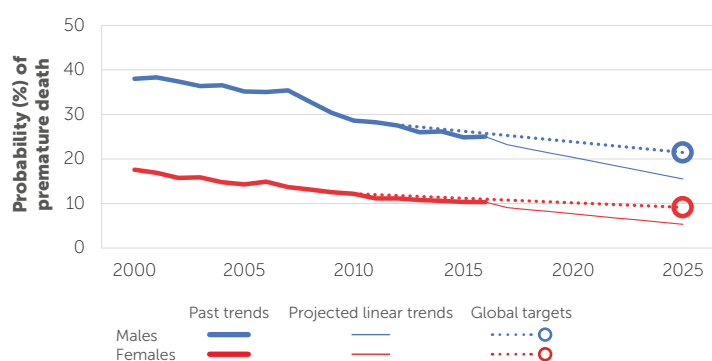


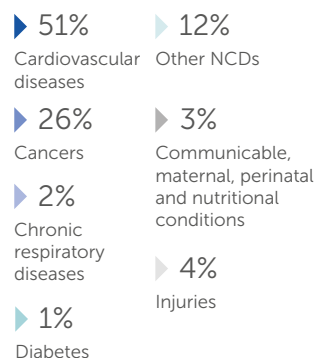
ESTONIA

2016 TOTAL POPULATION: 1 312 000
2016 TOTAL DEATHS: 15 000

RISK OF PREMATURE DEATH DUE TO NCDs (%)



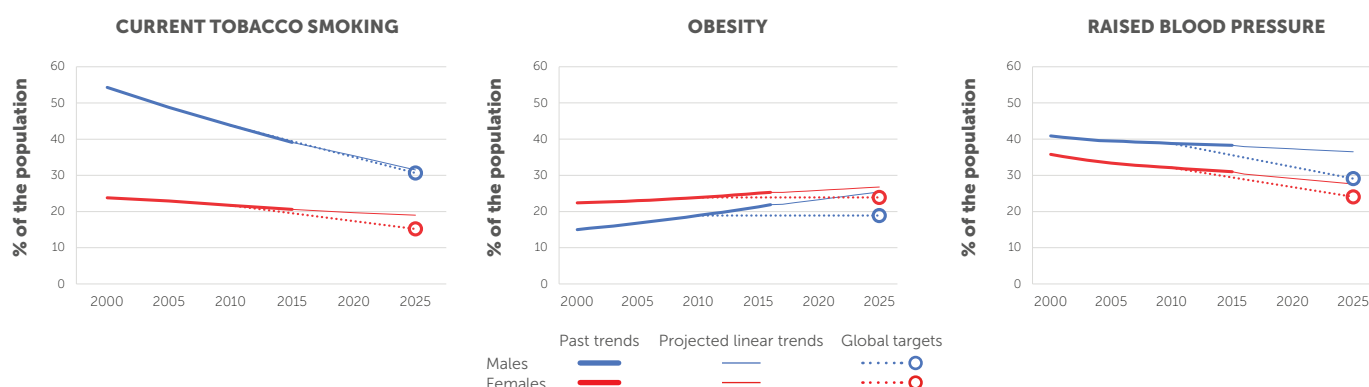
PROPORTIONAL MORTALITY



76 100 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY			NATIONAL TARGET SET	DATA YEAR	MALES	FEMALES	TOTAL
	Premature mortality from NCDs	✓	Total NCD deaths	2016	6 500	7 700	14 200
			Risk of premature death between 30-70 years (%)	2016	25	10	17
	Suicide mortality	-	Suicide mortality rate (per 100 000 population)	2016	-	-	18
RISK FACTORS							
	Harmful use of alcohol	✓	Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)	2016	19	5	12
	Physical inactivity	✓	Physical inactivity, adults aged 18+ (%)	2016	30	38	34
	Salt/Sodium intake	X	Mean population salt intake, adults aged 20+ (g/day)	2010	11	10	10
	Tobacco use	✓	Current tobacco smoking, adults aged 15+ (%)	2016	38	20	29
	Raised blood pressure	X	Raised blood pressure, adults aged 18+ (%)	2015	38	31	34
	Diabetes	X	Raised blood glucose, adults aged 18+ (%)	2014	9	10	9
	Obesity	✓	Obesity, adults aged 18+ (%)	2016	22	25	24
			Obesity, adolescents aged 10-19 (%)	2016	6	4	5
	Ambient air pollution	-	Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of) ^a	2016	-	-	-
	Household air pollution	-	Population with primary reliance on polluting fuels and technologies (%)	2016	-	-	7

SELECTED ADULT RISK FACTOR TRENDS



NATIONAL SYSTEMS RESPONSE

	Drug therapy to prevent heart attacks and strokes	X	Proportion of population at high risk for CVD or with existing CVD (%)	-	...
			Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)	-	...
			Proportion of primary health care centres reported as offering CVD risk stratification	2017	More than 50%
			Reported having CVD guidelines that are utilized in at least 50% of health facilities	2017	Yes
	Essential NCD medicines and basic technologies to treat major NCDs	X	Number of essential NCD medicines reported as "generally available"	2017	10 out of 10
			Number of essential NCD technologies reported as "generally available"	2017	6 out of 6

... = no data available
° not exceeding

World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.