

Table S1 | Descriptive characteristics of the sample

Variable	<i>n</i>	%
Sex (Questionnaire provided to us did not ask about Gender)		
Male	1143	45.7
Female	1357	54.3
Age		
18 - 29	482	19.3
30 - 44	677	27.1
45 - 59	689	27.6
60 and over	652	26.1
Member of a visible minority/racialized community		
Yes	403	83.9
No	2097	16.1
Residence in an Urban vs Rural vs Suburban place		
Urban	1132	45.3
Rural	433	17.3
Suburban	935	37.4
Feelings about music		
Love it	1405	56.2
Like it	891	35.6
Indifferent about it	186	7.4
Dislike it	11	0.4
Hate it	7	0.3
Province		
Alberta	325	13.0
British Columbia	440	17.6
Manitoba	116	4.6
New Brunswick	63	2.5
Newfoundland and Labrador	41	1.6
Northwest Territories	0	0
Nova Scotia	102	4.1
Nunavut	0	0
Ontario	795	31.8
Prince Edward Island	12	0.5
Quebec	511	20.4

Saskatchewan	95	3.8
Yukon	0	0
Income		
Less than \$35,000	522	20.9
\$35,001 to \$50,000	356	14.2
\$50,001 to \$75,000	491	19.6
\$75,001 to \$100,000	408	16.3
\$100,001 to \$150,000	362	14.5
Over \$150,000	154	6.2
Rather not say	207	8.3
Education level		
No High School	56	2.2
High School	594	23.8
College or some university	895	35.8
Bachelor's Degree	668	26.7
Post-Graduate Work or Higher	287	11.5

Table S2 | Values (PVC) and Descriptions (Schwartz, 2012)

Value	Description
Power	Social status, prestige, dominance over people and resources
Achievement	Personal success through demonstrated competence
Hedonism	Pleasure or gratification for self.
Stimulation	Excitement, novelty, and challenge
Self-direction	Independence in thought and action, exploration
Universalism	Understanding, appreciation, and protection for the welfare of all
Benevolence	Enhancing welfare of those with whom one is closely affiliated (friends, family)
Conformity	Obedience, restraint of actions and impulses that could violate social norms or harm others
Security	Safety, stability of society, relationships and self.
Tradition	Respect, commitment, and acceptance of customs of one's culture or religion
Higher order value	Description
Self-Enhancement	(Comprises power and achievement) These values focus on self-interest, success and dominance over others
Openness to Change	(Comprises self-direction, stimulation) These values focus on autonomy in thought, action, feelings and readiness for change
Transcendence	(Comprises universalism, benevolence) These values focus on the welfare and interests of others

Value	Description
Conservation	(Comprises security, conformity, tradition) These values focus on order, self-restraint, preservation of past and resistance to change

Table S3 | Contextual Variables Responses

Variable	<i>n</i>	%
Children under 18 at home		
Yes	1939	77.6
No	561	22.4
Level of worry		
Not worried at all	135	5.4
A little worried	631	25.2
Somewhat worried	738	29.5
Worried a lot	596	23.8
Extremely worried	400	16
Changes in income		
Decreased a lot	332	13.3
Decreased somewhat	772	30.9
Been unaffected	946	37.8
Increased somewhat	309	12.4
Increased a lot	141	5.6
You or someone close to you getting COVID-19		
No, neither	2129	85.2
Yes, me	23	0.9
Yes, someone I know	354	14.2
Living in a region of high incidence of COVID-19		
High incidence		
Quebec: Island of Montreal and Laval	202	8.1
Quebec: Region around Montreal	125	5.0
Ontario: Eastern [postal code starts with K]	127	5.1
Ontario: Toronto [postal code starts with M]	222	8.9
Ontario: GTA [postal code starts with L]	256	10.2
Lower incidence		
Quebec: National Capital Region (Quebec)	56	2.2

Quebec: Other regions of Quebec	128	5.1
Alberta: Calgary	110	4.4
Alberta: Central	28	1.1
Alberta: Edmonton	121	4.8
Alberta: Northeast	10	0.4
Alberta: Northwest	26	1.0
Alberta: South	30	1.2
Ontario: North [postal code starts with P]	37	1.5
Ontario: Southwestern [postal code starts with N]	153	6.1
British Columbia: Interior	59	2.4
British Columbia: Metro Vancouver/Lower Mainland	276	11.0
British Columbia: Northern BC	20	0.8
British Columbia: Vancouver Island	85	3.4
Do you have high-speed internet access		
Yes	1939	77.6
No	121	4.8
No response	440	17.6
Type of internet plan		
Home internet connection (Wired or Wi-Fi)	2060	82.4
Wireless Plan	422	16.9
No internet access	18	0.7

Table S4 | Dependent Variables Responses

Listening to music for stress relief		
Strongly agree	615	24.6
Agree	1356	54.2
Disagree	406	16.2
Strongly Disagree	123	4.9
Change in listening to music during the COVID-19 pandemic		
Much more than usual	409	16.4
More than usual	473	18.9

About the same as usual	1365	54.6
Less than usual	180	7.2
Much less than usual	73	2.9
Music Watching: Watching music videos		
Much more than usual	309	12.4
More than usual	452	18.1
About the same as usual	1381	55.2
Less than usual	177	7.1
Much less than usual	181	7.2
Music Watching: Watching recorded live concerts		
Much more than usual	225	9.0
More than usual	382	15.3
About the same as usual	1342	53.7
Less than usual	224	9.0
Much less than usual	327	13.1
Music Watching: Watching online video content from musicians		
Much more than usual	315	12.6
More than usual	509	20.4
About the same as usual	1251	50.0
Less than usual	193	7.7
Much less than usual	232	9.3
Music Discovery: Discovering new musicians and artists		
Strongly agree	226	9.0
Agree	862	34.5
Disagree	1027	41.1
Strongly disagree	385	15.4
Music Discovery: Finding new content about music and musicians I love		
Strongly agree	254	10.2
Agree	1155	46.2
Disagree	818	32.7
Strongly disagree	273	10.9

Table S5. Significant DSCF pairwise comparisons among PVC values for music for stress relief.

			W	p
Self direction	A little like me	Not at all like me	10.86	< .001
	A little like me	Not like me	4.10	0.04
	A little like me	Somewhat like me	-4.41	0.02
	Like me	Not at all like me	6.31	< .001
	Not at all like me	Not like me	-8.15	< .001
	Not at all like me	Somewhat like me	-12.46	< .001
	Not like me	Somewhat like me	-7.67	< .001
Benevolence	A little like me	Not at all like me	12.43	< .001
	A little like me	Not like me	5.39	0.002
	Like me	Not at all like me	5.34	0.002
	Not at all like me	Not like me	-9.35	< .001
	Not at all like me	Somewhat like me	-9.81	< .001
	Not at all like me	Very much like me	-4.53	0.02
	Not like me	Somewhat like me	-4.65	0.01
Universalism	A little like me	Not at all like me	8.34	< .001
	Like me	Not at all like me	4.20	0.04
	Not at all like me	Not like me	-7.96	< .001
	Not at all like me	Somewhat like me	-9.03	< .001
	Not like me	Somewhat like me	-4.52	0.02
Hedonism	A little like me	Not at all like me	11.79	< .001
	A little like me	Not like me	5.64	< .001
	Like me	Not at all like me	8.51	< .001
	Not at all like me	Not like me	-8.13	< .001
	Not at all like me	Somewhat like me	-12.10	< .001
	Not like me	Somewhat like me	-7.22	< .001
Security	A little like me	Not at all like me	10.01	< .001
	Like me	Not at all like me	6.16	< .001
	Not at all like me	Not like me	-8.97	< .001
	Not at all like me	Somewhat like me	-7.90	< .001
Achievement	A little like me	Not at all like me	8.02	< .001
	A little like me	Not like me	5.40	0.002
	Like me	Not at all like me	8.97	< .001
	Like me	Not like me	7.29	< .001
	Not at all like me	Not like me	-4.18	0.04
	Not at all like me	Somewhat like me	-8.71	< .001
	Not at all like me	Very much like me	-7.04	< .001
	Not like me	Somewhat like me	-6.90	< .001

	Not like me	Very much like me	-5.46	0.002
Conformity	A little like me	Not at all like me	6.79	< .001
	Not at all like me	Not like me	-4.26	0.03
	Not at all like me	Somewhat like me	-5.12	0.004
Stimulation	A little like me	Not at all like me	12.06	< .001
	A little like me	Not like me	7.96	< .001
	Like me	Not at all like me	10.66	< .001
	Like me	Not like me	7.41	< .001
	Not at all like me	Not like me	-6.38	< .001
	Not at all like me	Somewhat like me	-11.15	< .001
	Not at all like me	Very much like me	-8.39	< .001
	Not like me	Somewhat like me	-6.75	< .001
	Not like me	Very much like me	-5.98	< .001
Tradition	A little like me	Not at all like me	9.93	< .001
	Like me	Not at all like me	4.20	0.04
	Not at all like me	Not like me	-9.18	< .001
	Not at all like me	Somewhat like me	-8.54	< .001
	Not at all like me	Very much like me	-4.88	0.01
Power	A little like me	Somewhat like me	-4.53	0.02
	Like me	Not at all like me	5.17	0.004
	Not at all like me	Somewhat like me	-6.29	< .001
	Not like me	Somewhat like me	-4.27	0.03

Table S6. Significant DSCF pairwise comparisons among PVC values for music discovery.

			W	p
Self direction	A little like me	Not at all like me	9.62	< .001
	Not at all like me	Not like me	-7.46	< .001
	Not at all like me	Somewhat like me	-9.87	< .001
	Not like me	Somewhat like me	-5.40	0.002
Benevolence	A little like me	Like me	4.282	0.03
	A little like me	Not at all like me	6.969	< .001
	Not at all like me	Not like me	-5.769	< .001
	Not at all like me	Somewhat like me	-4.443	0.02
Universalism	A little like me	Not at all like me	6.13	< .001
	Not at all like me	Not like me	-5.42	0.002
Hedonism	A little like me	Not at all like me	8.54	< .001
	Like me	Not at all like me	5.01	0.005
	Not at all like me	Not like me	-6.76	< .001
	Not at all like me	Somewhat like me	-7.35	< .001
Security	A little like me	Not at all like me	4.11	0.04
Achievement	A little like me	Not at all like me	7.55	< .001
	A little like me	Not like me	4.23	0.03
	A little like me	Very much like me	-7.12	< .001
	Like me	Not at all like me	8.77	< .001
	Like me	Not like me	6.76	< .001
	Not at all like me	Not like me	-4.57	0.02
	Not at all like me	Somewhat like me	-8.93	< .001
	Not at all like me	Very much like me	-9.99	< .001
	Not like me	Somewhat like me	-6.68	< .001
	Not like me	Very much like me	-8.86	< .001
Stimulation	Somewhat like me	Very much like me	-5.34	0.002
	A little like me	Not at all like me	11.43	< .001
	A little like me	Not like me	7.57	< .001
	A little like me	Very much like me	-7.62	< .001
	Like me	Not at all like me	10.61	< .001
	Like me	Not like me	7.89	< .001
	Like me	Very much like me	-4.92	0.007
	Not at all like me	Not like me	-6.48	< .001
	Not at all like me	Somewhat like me	-10.69	< .001
	Not at all like me	Very much like me	-11.32	< .001
	Not like me	Somewhat like me	-6.97	< .001
	Not like me	Very much like me	-10.28	< .001

	Somewhat like me	Very much like me	-7.15	< .001
Tradition	A little like me	Not at all like me	4.27	0.03
Power	A little like me	Not at all like me	4.08	0.045
	A little like me	Very much like me	-5.08	0.004
	Like me	Not at all like me	5.52	0.001
	Not at all like me	Somewhat like me	-5.77	< .001
	Not at all like me	Very much like me	-6.67	< .001
	Not like me	Very much like me	-4.97	0.006