Before

Hello

Header	Header
Body	Body
Footer	Footer

After

Before

Header	Header
Body	Body
Footer	Footer

Hello

After

Before

Hello

Hello

Hello

Header	Header
Body	Body
Footer	Footer

After

Before

Header	Header
Body	Body
Footer	Footer

Hello

Hello

Hello

After

Before

Hi Mark!

Header	Header
Body	Body
Footer	Footer

After

Before

Header	Header
Body	Body
Footer	Footer

Hi Mark!

After