Listen to music, podcast and audiobooks

I think that this is the way best for learn the language new, because we can learn more easy, having examples of real dialogues.

One way od apply is:

Frequency

• 3-4 times a week, for 20 minutes each session.

Resources

- Audiobooks on platforms like Audible or Librivox.
- Podcasts in the language you're learning.
- Music streaming with lyrics and translations (Genius or lyricfind)
- Make to karaoke.

Strategies

- Start with easy to understand content and gradually increase the difficulty.
- Repeat phrases or words that you like or find useful.
- Take notes on new vocabulary or interesting expressions.

Watch movies and series in the target language

Frequency

• 2-3 times a week for 30 minutes or 1 hour each session.

Resources

- Streaming platforms like Netflix, Amazon, Prime, or Disney+.
- Movies and Tv shows with subtitles in the language you're learning.

Strategies

- Start with content with subtitles in your native language and gradually switch to subtitles in the language you're learning.
- Repeat phrases or dialogues that your like or find useful.
- Take notes on new vocabulary or interesting expressions.