# Advanced optimization methods Gradient descent and beyond. Part 1

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# Plan for today

- Gradient descent
- ► Heavy-ball method
- Nesterov accelerated GD
- ▶ Why accelerated?

### Problem statement

$$\min_{x \in \mathbb{R}^n} f(x)$$

- f is smooth and convex
- ▶ If  $\mu \le f''(x) \le L$ ,  $\mu \ge 0$ , L > 0, then f' is Lipschitz with constant L
- If  $\mu > 0$ , then f is  $\mu$ -strongly convex, and

$$f(y) \ge f(x) + \langle f'(x), y - x \rangle + \frac{\mu}{2} ||y - x||_2^2$$

• Condition number  $\kappa = \frac{L}{\mu}$ 

### Gradient descent

$$x_{k+1} = x_k - \alpha_k f'(x_k)$$

Explicit scheme for discretization of ODE

$$\frac{dx}{dt} = -f'(x), \quad x(0) = x_0$$

lacktriangle Minimization of upper bound at  $x_k$ 

$$\min_{x} f(x_k) + \langle f'(x_k), x - x_k \rangle + \frac{1}{2\alpha_k} ||x - x_k||_2^2,$$

▶ The best local descent direction

$$f(x_k + h_k) \approx f(x_k) + \langle f'(x_k), h_k \rangle < f(x_k)$$

### Step size selection

- ▶ Constant  $\alpha_k \equiv \mathrm{const} < \frac{2}{L}$
- $\blacktriangleright$  Decreasing sequence such that  $\sum\limits_{k=1}^{\infty}\alpha_k=\infty$  , i.e.  $\frac{1}{k},\frac{1}{\sqrt{k}}$  , etc
- ▶ Backtracking search: Armijo, Goldstein, Wolfe rules and others
- Steepest descent: find the best possible  $\alpha_k$

### Main point

The best parameter you select gives you small gain in convergence!

# Convergence: any L-smooth function

$$f(x_{k+1}) \le f(x_k) + \langle f'(x_k), x_{k+1} - x_k \rangle + \frac{L}{2} ||x_{k+1} - x_k||_2^2 =$$

$$f(x_k) - \alpha_k ||f'(x_k)||_2^2 + \frac{L\alpha_k^2}{2} ||f'(x_k)||_2^2 =$$

$$f(x_k) - \left(\alpha_k - \frac{L\alpha_k^2}{2}\right) ||f'(x_k)||_2^2$$

- ▶ Descent condition:  $\alpha_k \frac{L\alpha_k^2}{2} > 0 \Rightarrow \alpha_k < \frac{2}{L}$
- ▶ The best  $\alpha_k^* = \argmax_{\alpha_k} \left(\alpha_k \frac{L\alpha_k^2}{2}\right) = \frac{1}{L}$
- $f(x_k) f(x_{k+1}) \ge \frac{1}{2L} ||f'(x_k)||_2^2$
- ▶ f is bounded below,  $||f'(x_k)||_2 \to 0, k \to \infty$

## Convergence: L-smooth convex case

#### **Theorem**

Let f be L-smooth convex function and  $\alpha = \frac{1}{L}$ , then GD converges as

$$f(x_{k+1}) - f^* \le \frac{2L||x - x_0||_2^2}{k+4} = \mathcal{O}(1/k)$$

## Convergence: $\mu$ -strongly convex case

•  $\mu$ -strong convexity implication

$$f(z) \ge f(x_k) + \langle f'(x_k), z - x_k \rangle + \frac{\mu}{2} ||z - x_k||_2^2$$

ightharpoonup Minimize both side on z

$$f(x^*) \ge f(x_k) - \frac{1}{2\mu} \|f'(x_k)\|_2^2, \quad \|f'(x_k)\|_2^2 \ge 2\mu (f(x_k) - f^*)$$

▶ Recall that for  $\alpha_k \equiv \frac{1}{L}$ 

$$f(x_{k+1}) \le f(x_k) - \frac{1}{2L} ||f'(x_k)||_2^2$$

Finally get linear rate

$$f(x_{k+1}) - f^* \le \left(1 - \frac{1}{\kappa}\right) (f(x_k) - f^*)$$

### More precise estimate

#### **Theorem**

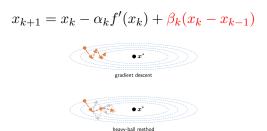
Let f be L-smooth and  $\mu\text{-strongly}$  convex and  $\alpha_k=\frac{2}{\mu+L}\text{,}$  then GD converges as

$$f(x_k) - f^* \le \frac{L}{2} \left(\frac{L-\mu}{L+\mu}\right)^{2k} ||x_0 - x^*||_2^2$$

### Gradient descent highlights

- ► Easy to implement
- It converges at least to stationary point
- Recent paper<sup>1</sup> shows that GD converges to a local minimizer almost sure with random initialization
- ▶ Linear convergence in strongly convex case
- ▶ It strongly depends on the condition number of f''(x), random initial guess vector can help

## Heavy-ball method (Polyak, 1964)



Plot is from here<sup>2</sup>

- ► Two-step non-monotone method
- ▶ Discretization of the ODE with friction term

$$\ddot{x} + b\dot{x} + af'(x) = 0$$

- ► Connection between ODE and optimization methods
- ► CG is special case of this form

<sup>2</sup>http://www.princeton.edu/~yc5/ele538\_optimization/lectures/ accelerated\_gradient.pdf

## Convergence: $\mu$ -strongly convex

Rewrite method as

$$\begin{bmatrix} x_{k+1} \\ x_k \end{bmatrix} = \begin{bmatrix} (1+\beta_k)I & -\beta_k I \\ I & 0 \end{bmatrix} \begin{bmatrix} x_k \\ x_{k-1} \end{bmatrix} + \begin{bmatrix} -\alpha_k f'(x_k) \\ 0 \end{bmatrix}$$

Use theorem from calculus

$$\begin{bmatrix} x_{k+1} - x^* \\ x_k - x^* \end{bmatrix} = \underbrace{\begin{bmatrix} (1+\beta_k)I - \alpha_k \int_0^1 f''(x(\tau))d\tau & -\beta_k I \\ I & 0 \end{bmatrix}}_{=A_t} \begin{bmatrix} x_k - x^* \\ x_{k-1} - x^* \end{bmatrix},$$

where 
$$x(\tau) = x_k + \tau(x^* - x_k)$$

- lacktriangle Convergence depends on the spectrum of the iteration matrix  $A_t$
- ▶ Select  $\alpha_k$  and  $\beta_k$  to make spectral radius the smallest

### Parameter selection

#### **Theorem**

Let f be L-smooth and  $\mu$ -strongly convex. Then  $\alpha_k=\frac{4}{(\sqrt{L}+\sqrt{\mu})^2}$  and  $\beta_k=\max(|1-\sqrt{\alpha_k L}|,|1-\sqrt{\alpha_k \mu}|)^2$  gives

$$\left\| \begin{bmatrix} x_{k+1} - x^* \\ x_k - x^* \end{bmatrix} \right\|_2 \le \left( \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1} \right)^k \left\| \begin{bmatrix} x_1 - x^* \\ x_0 - x^* \end{bmatrix} \right\|_2$$

- lacktriangle Parameters depend on L and  $\mu$
- Faster than GD
- ▶ Similar to CG for  $\mu$ -strongly convex quadratic
- ▶ Can such estimate be extend to *L*-smooth convex function?

## Heavy-ball method highlights

- ► Simple two-step method
- ▶ Converges much faster than GD with appropriate  $\alpha_k$ ,  $\beta_k$
- CG is particular case
- ▶ Proof only for  $\mu$ -strongly convex functions

## Nesterov accelerated GD (Nesterov, 1983)

One of possible notation variant

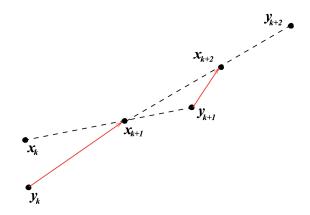
$$y_0 = x_0$$

$$x_{k+1} = y_k - \alpha_k f'(y_k)$$

$$y_{k+1} = x_{k+1} + \frac{k}{k+3} (x_{k+1} - x_k)$$

- Heavy-ball comparison
- ODE interpretation again
- Non-monotone, too
- More details and options see in Part 2

### Nesterov method visualization



## Convergence: L-smooth convex

#### **Theorem**

Let f be convex and L-smooth. Assume  $\alpha_k=\frac{1}{L}.$  Then Nesterov method converges as

$$f(x_k) - f^* \le \frac{2L||x_0 - x^*||_2^2}{(k+1)^2} = \mathcal{O}(1/k^2)$$

- Compare with GD convergence
- ▶ Iteration cost is almost the same

## Convergence: $\mu$ -strongly convex

#### **Theorem**

Nesterov method for  $\mu$ -strongly convex function f (with some additional assumptions) converges as

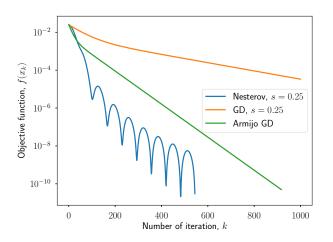
$$f(x_k) - f^* \le L \|x_k - x_0\|_2^2 \left(1 - \frac{1}{\sqrt{\kappa}}\right)^k$$

- Faster than GD
- Similar to heavy-ball method

### Practical issues

Rippling behaviour and restarts

$$f(x_1, x_2) = 2 \cdot 10^{-2} x_1^2 + 5 \cdot 10^{-3} x_2^2 \rightarrow \min, \ x_0 = (1, 1)$$



• Estimate of  $\mu$  and L is separate problem

## Why acceleration?

- ▶ It is faster than GD
- ▶ Is there even faster FOM for considered problems?

### Lower bound concept

If we have access only to (sub)gradient in any point:

Convex functions	Lower bound
Nonsmooth	$f(x_k) - f^* \ge \frac{G  x^* - x_0  _2^2}{2(1 + \sqrt{k+1})}$
$\it L$ -smooth convex	$f(x_k) - f^* \ge \frac{3\hat{L}\ x_0 - x^*\ _2^2}{32(k+1)^2}$
$\mu$ -strongly convex	$f(x_k) - f^* \ge \frac{\mu}{2} \left(\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}\right)^{2k}   x_0 - x^*  _2^2$

# To be discussed in part 2

- Proximal methods
- ► Mirror descent

### Next class announce

Some proofs from this class.

Stochastic modifications of the considered methods today

- SAG
- SAGA
- SVRG
- SEGA
- **.**..

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