

GAGAH DAN SETIA

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READY TO SERVE

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TABAH DAN PERKASA

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# *PALAPES UT<sub>e</sub>M* *SYSTEM* *FITNESS*

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**BITI S1G2**

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**YEAR 2 SEM 1**

# INTRO

## INTRODUCTION

- System Name: PALAPES UTeM Fitness System.
- Purpose: Manage fitness records for cadets, coaches, and administrators.
- Key Features:
  - a. Role-based access control.
  - b. Modular programming for clear and adaptable functionalities.
  - c. Integration with MySQL for efficient data storage and retrieval.
  - d. Emphasis on structured coding practices (arrays, selection mechanisms, error handling).



# PROBLEM STATEMENT

## Problem Statement

- Challenges:
  - a. Inefficient manual data tracking prone to errors.
  - b. Role-based access limitations.
  - c. Lack of centralized data storage.
- Issues:
  - d. Dependency on live database connections (MySQL).
  - e. Insufficient error-handling mechanisms affecting system robustness.

*PROBLEM STATEMENT*



# *OBJECTIVE*

1. Develop a role-based system for cadets, coaches, and admin data management.
2. Automate fitness information recording, storage, and retrieval to reduce errors.
3. Design a scalable, user-friendly interface for interaction and data visualization.
4. Ensure system reliability with robust error-handling and dynamic data management.



# SCOPE

## 4.1 Modules to Be Developed

1. Login Module: Secure user authentication and role-based permissions.
2. Registration Module: Create accounts with role-specific rules and input validation.
3. User Management Module: Manage user details based on role permissions.
4. Fitness Management Module:
  - a. Admin: Full access to fitness records.
  - b. Coach: Manage squad-specific fitness records.
  - c. Cadet: View official and update unofficial fitness records.
5. Report Module: Generate reports for individuals, squads, and overall performance.



# SCOPE

## 4.2 Target Users

- Administrator: Oversees system functionality, manages users, fitness records, and generates reports.
- Coach: Manages fitness data for their squad and provides feedback.
- Cadet: Tracks personal fitness data and views progress reports.

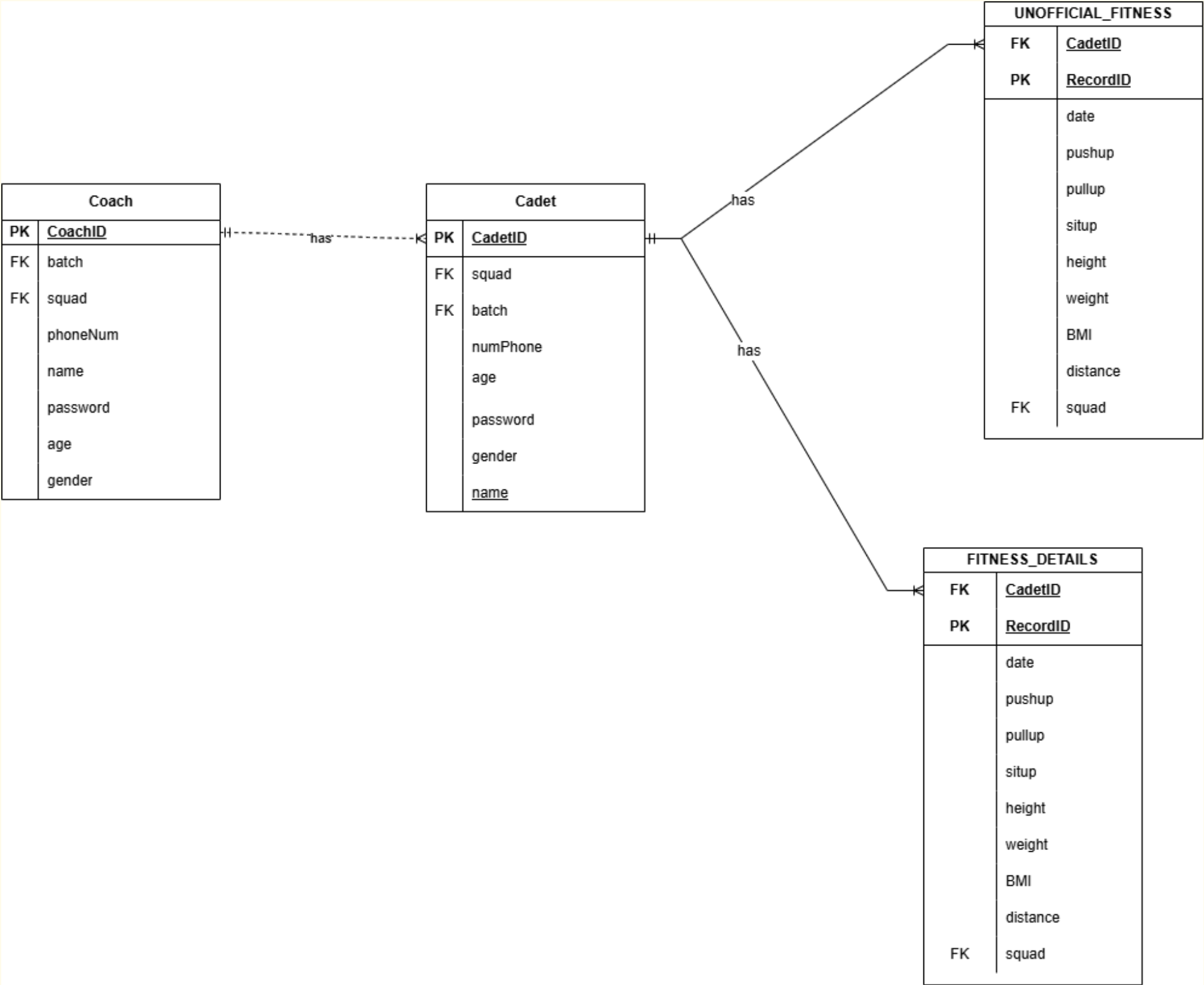


## *5. Project Significance*

1. **Efficiency:** Digitizes fitness data management, reducing errors and paperwork.
2. **Data Security:** Role-based access ensures data integrity and prevents unauthorized access.
3. **Analytics for Decision-Making:** Reporting module identifies trends for better training programs.
4. **Personalized Experience:**
  - Cadets: Track progress through reports.
  - Coaches: Focus on squad-specific data for better mentorship.
5. **Scalability:** Structured design supports growth and wider adoption.
6. **Technological Advancement:** Demonstrates digital transformation and modern practices.

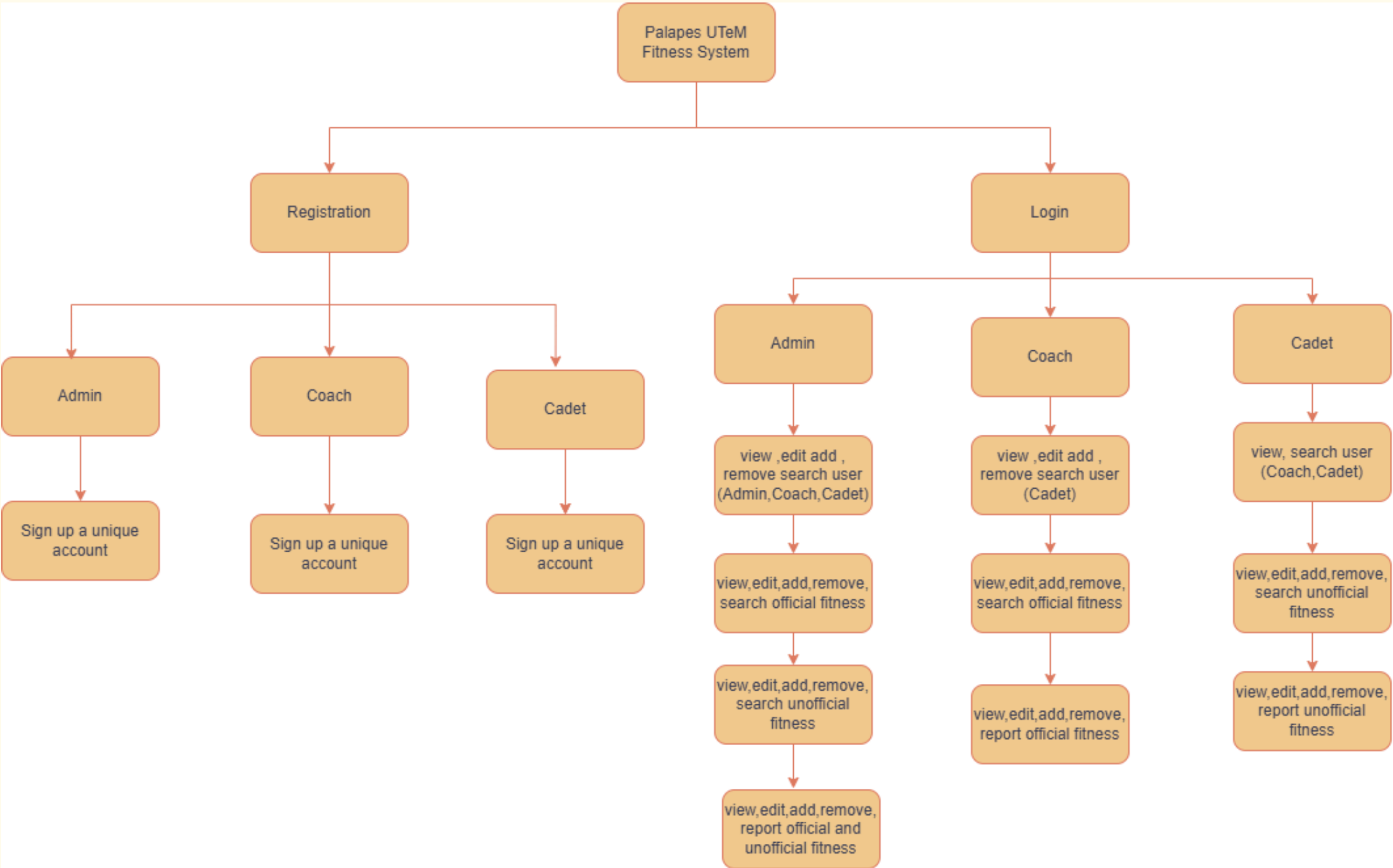


# ERD





# STRUCTURE CHART



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# *CONSTRAINTS*

## 1. **Scalability and Dependency Issues:**

- Static data structures like fixed-size arrays limit the system's ability to grow.
- Heavy reliance on live MySQL database makes the system vulnerable to network disruptions.

## 2. **User Accessibility and Role Flexibility:**

- Console-based interface reduces user engagement, especially for non-technical users.
- Rigid role management restricts adaptability to complex organizational structures.

## 3. **System Resilience and Usability:**

- Lack of advanced error handling (exception management) lowers robustness.
- No offline functionality limits usability in areas with unstable internet connectivity.



# ***FUTURE IMPROVEMENTS***

## **1. Enhancing Scalability and Performance:**

- Adopt dynamic data structures like `std::vector` or `std::map`.
- Optimize database queries to improve responsiveness.

## **2. Improving User Experience and Accessibility:**

- **Transition to a graphical user interface (GUI) for better usability.**
- **Introduce mobile app integration to expand accessibility.**

## **3. Boosting Reliability and Adaptability:**

- Implement offline functionality with local data caching and synchronization.
- Introduce advanced error handling through exception management and logging.



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# *CONCLUSION*

## **1. Centralized Fitness Management:**

- The PALAPES UTeM Fitness System successfully centralizes and automates fitness record management, significantly improving efficiency and reducing manual errors.

## **2. Role-Based Access Control:**

- The system effectively enforces role-based access, ensuring secure and structured data management for administrators, coaches, and cadets.

## **3. Potential for Modernization:**

- The system has foundational strengths, addressing current limitations provides an opportunity for future enhancements, ensuring adaptability and scalability to meet evolving needs.



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