HADIA TASSADAQ

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Education

PMAS ARID AGRICULTURE UNIVERSITY

Rawalpindi, Pakistan

Master of Philosophy Environmental Sciences (3.14)

2022 - 2024

PMAS ARID AGRICULTURE UNIVERSITY

Rawalpindi, Pakistan

Master of Sciences Biochemistry (3.59)

2019 - 2021

Professional Experience

AMAL ACADEMY

Islamabad, Pakistan

Education startup funded by Stanford University that teaches professional skills to students and corporations

Career-Prep Fellow

August 2025 – Present

- Selected from over 45,00 applicants through competitive written application and interview process for a 3 - month intensive fellowship
- Completed 150 hours of training in core business competencies including communication, leadership, problem solving and teamwork

SUNBEAMS SCHOOL SYSTEM

Islamabad, Pakistan

Provides affordable, high-quality education to students in remote rural and peri-urban areas

STI (Student Teacher Intern)

February 2022 – June 2022

 Taught core subjects to Classes 4–8 by adapting lesson plans to diverse learning needs and using interactive teaching methods, resulting in a 35% average improvement in student participation and assessment scores across all grades

Academic Experience

ADSORPTION POTENTIAL OF *C. fistula* AC FOR THE TREATMENT OF LWW

Rawalpindi, Pakistan

Research Scientist

August 2023 – October 2024

 Independently authored a 68-page thesis on Cassia fistula based activated carbon for wastewater treatment; conducted extensive lab analysis and reviewed 25+ research papers, achieving 99% heavy metal removal from laundry effluent

Lead Researcher

May 2020- December 2021

 Conducted research on hemorrhoidal disease focusing on clinical presentation, risk factors, and treatment approaches

Extracurricular & Volunteer Experience

RAMZAN VOLUNTEER WORK

Islamabad, Pakistan

Volunteer

2024 - 2025

 Collected and organized community donations for white sheets and prayer mats for the local mosque for 200+ Taraveeh attendees

Honors and Awards

ACADEMIC SCHOLARSHIPS

Received half merit-based kinship scholarship - Arid Agriculture University

2022 - 2024

AWARDS

Received merit-based Laptop Award - Prime Minister of Pakistan

2014 - 2015

Certifications

CERTIFICATION

Certification of Participation - NCPC in collaboration with AHF, AITAA, and Pak-EPA

2023

Certification of Appreciation - Career Coaching Centre

2013

Additional

- Technical Skills: Google Workspace, LMS, Microsoft Office, Zoom
- Soft Skills: Researcher, Leadership, Problem Solving, Critical Analysis,
- Interests: Writing, Education Equality, Climate Action, Academic Writings, Literature Review
- Language: Urdu, English, Arabic, Punjabi, Hindko, Pothwari