

MID-AUTUMN FESTIVAL

The Mid-Autumn Festival, also called the Moon Festival, is observed on the 15th day of the 8th month of the lunar calendar, typically in September or October. It celebrates the harvest season and the full moon. Families gather to admire the moon, light lanterns, and share mooncakes, a traditional pastry filled with sweet bean paste or lotus seed paste. The festival is also associated with folklore and stories about the moon.

