

# Worksheet: Word Formation

Topic: Word Formation: Sports | Year: Year 5 | Date: 16.02.2026



## Complete the sentences using the correct form of the word in brackets

1. Regular exercise is \_\_\_\_\_ (advantage) for your heart.
2. She is a very \_\_\_\_\_ (compete) tennis player.
3. The \_\_\_\_\_ (equip) for skiing can be expensive.
4. Winning the marathon was an \_\_\_\_\_ (amaze) achievement.
5. You need a lot of \_\_\_\_\_ (strengthen) for weightlifting.
6. Football is a very \_\_\_\_\_ (popularity) team sport.
7. The coach gave us some \_\_\_\_\_ (use) advice.
8. He showed great \_\_\_\_\_ (determine) during the race.
9. Safety \_\_\_\_\_ (regulate) must be followed at the gym.
10. Teamwork is \_\_\_\_\_ (crucial) in basketball.
11. He is a \_\_\_\_\_ (profession) athlete.
12. The \_\_\_\_\_ (excite) of the crowd was incredible.
13. You should always do a \_\_\_\_\_ (warm) before playing.
14. Cycling is an \_\_\_\_\_ (enjoy) way to travel.
15. She made a \_\_\_\_\_ (remark) recovery after her injury.
16. The \_\_\_\_\_ (participate) in the tournament was high.
17. He is very \_\_\_\_\_ (flexibility) due to his yoga practice.
18. The \_\_\_\_\_ (score) of the match was 2-2.
19. Winning isn't everything; \_\_\_\_\_ (friend) matters too.
20. The \_\_\_\_\_ (train) session lasted for two hours.

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## Solutions

1. Regular exercise is [ADVANTAGEOUS] (advantage) for your heart.
2. She is a very [COMPETITIVE] (compete) tennis player.
3. The [EQUIPMENT] (equip) for skiing can be expensive.
4. Winning the marathon was an [AMAZING] (amaze) achievement.
5. You need a lot of [STRENGTH] (strengthen) for weightlifting.
6. Football is a very [POPULAR] (popularity) team sport.
7. The coach gave us some [USEFUL] (use) advice.
8. He showed great [DETERMINATION] (determine) during the race.
9. Safety [REGULATIONS] (regulate) must be followed at the gym.
10. Teamwork is [CRUCIAL] (crucial) in basketball.
11. He is a [PROFESSIONAL] (profession) athlete.
12. The [EXCITEMENT] (excite) of the crowd was incredible.
13. You should always do a [WARM-UP] (warm) before playing.
14. Cycling is an [ENJOYABLE] (enjoy) way to travel.
15. She made a [REMARKABLE] (remark) recovery after her injury.
16. The [PARTICIPATION] (participate) in the tournament was high.
17. He is very [FLEXIBLE] (flexibility) due to his yoga practice.
18. The [SCORE] (score) of the match was 2-2.
19. Winning isn't everything; [FRIENDSHIP] (friend) matters too.
20. The [TRAINING] (train) session lasted for two hours.