

Present Progressive - Introduction

Year 1 | Einführung ins Present Progressive

Was lernst du heute?

Du lernst, wie man über Dinge spricht, die **JETZT GERADE** passieren!

Beispiel:

- I play football. (Ich spiele Football - allgemein)
- I **am playing** football. (Ich spiele **gerade jetzt** Football)

Die Regel:

am / is / are + Verb + -ing

Person	am/is/are	Beispiel
I	am	I am reading
you / we / they	are	You are watching
he / she / it	is	She is sleeping

Exercise 1: Choose am, is or are

Fill in: **am, is or are**

1. I _____ playing football now.

2. She _____ reading a book.

3. They _____ watching TV.

4. We _____ eating pizza.

5. He _____ sleeping.

6. You _____ doing your homework.

7. The cat _____ drinking milk.

8. My parents _____ cooking dinner.

9. Tom _____ listening to music.

10. I _____ writing a letter.

Exercise 2: Make the -ing form

Write the **-ing** form of these verbs.

Example: play → playing

1. read → _____

2. watch → _____

3. sleep → _____

4. eat → _____

5. run → _____

6. write → _____

7. swim → _____

8. make → _____

9. sit → _____

10. come → _____

Exercise 3: Complete the sentences

Use the Present Progressive (am/is/are + verb-ing).

Example: She / read / a book → She **is reading** a book.

1. I / watch / TV _____

2. They / play / football _____

3. My mother / cook / dinner _____

4. We / listen / to music _____

5. Tom / do / his homework _____

6. The dog / sleep / on the sofa _____

7. You / eat / an apple _____

8. Anna / write / a letter _____

9. The children / run / in the park _____

10. I / read / a book _____

Exercise 4: What are they doing?

Look at the pictures and complete the sentences. Use the words in the box.

Word Box: play | read | watch | eat | sleep | write | listen | drink | run | cook

1. Sarah _____ a book right now.

2. The boys _____ football at the moment.

3. My dad _____ dinner in the kitchen.

4. Look! The cat _____ milk.

5. Listen! Tom _____ to music.

Answer Key

Exercise 1: Choose am, is or are

1. am
2. is
3. are
4. are
5. is
6. are
7. is
8. are
9. is
10. am

Exercise 2: Make the -ing form

1. reading
2. watching
3. sleeping
4. eating
5. running (Konsonant verdoppeln!)
6. writing (-e weglassen!)
7. swimming (Konsonant verdoppeln!)
8. making (-e weglassen!)
9. sitting (Konsonant verdoppeln!)
10. coming (-e weglassen!)

Exercise 3: Complete the sentences

1. I am watching TV.
2. They are playing football.
3. My mother is cooking dinner.
4. We are listening to music.
5. Tom is doing his homework.
6. The dog is sleeping on the sofa.
7. You are eating an apple.
8. Anna is writing a letter.
9. The children are running in the park.
10. I am reading a book.

Exercise 4: What are they doing?

1. Sarah is reading a book right now.
2. The boys are playing football at the moment.
3. My dad is cooking dinner in the kitchen.
4. Look! The cat is drinking milk.
5. Listen! Tom is listening to music.