

DECATHLON

FOR **BUSINESS**
CATALOG
2022



DECATHLON
PHILIPPINES

#SportsForEveryJuan

YOUR PARTNER IN SPORTS



OUR PASSION? SPORTS.

At Decathlon, we dream of making sports accessible to every Juan. And we believe that this dream turns more and more into reality through corporations, schools, and fitness clubs. And our team of sport passionate account managers also come to work every day to serve our business partners in this journey. Their mission? To see more and more employees and students discover the pleasure and benefits of sports as to how we know and experience it. Give us a chance to write this story with you and together, we will equip your team like champions.

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EQUIP YOUR TEAM LIKE **CHAMPIONS**

SHOP WITH US IN 5 EASY STEPS



Email us the products and quantities that you would like to order

We will send you a quotation through your email.

Send us your purchase order and we will notify you once your order is complete.

You may send your payment to our BDO Bank Account via cash or check deposit or online transfer.

Orders may be obtained via store pick-up or delivery (charges may be applied).

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DECATHLON
Philippines



DECATHLON IN **KEY POINTS**

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DECATHLON
PHILIPPINES

#SportsForEveryJuan

1 WE WATCH YOU, WE LISTEN TO YOU!

SPORTS ENTHUSIASTS ARE OUR MAIN CONCERN.

It is by listening to them, observing them and asking them questions that everything starts. There's a reason why we're all sports enthusiasts!

Today each design team is focused on a sport because a runner does not have the same needs as a footballer. In start up mode, our product managers, engineers, designers are obsessed with the need of their sports enthusiasts.

THE QUECHUA 2-SECONDS TENT

It was born from discussions between our design teams and hikers, who dreamt of being able to quickly get their tent up after a long day walking.

1



3 CHECK-UP AND PRODUCT TESTING REQUIRED!

Testing our products enables us to validate their technical qualities, their durability but also their use in complete safety. For this we have test laboratories in which we torture our products ever which way, under the most extreme conditions of use! An essential step to guarantee our B'TWIN bikes for life or to guarantee our Quechua rucksacks for 10 years.

IN REAL CONDITIONS WITH OUR SPORTS ENTHUSIASTS

We regularly invite our sports enthusiasts to participate in "MISSION TESTS" to test our products and take part in their design.

3



2 LET THE IMAGINATION RUN WILD

?

From the very beginning of product design, we seek to achieve our ideas as quickly as possible in the form of a prototype, a "monster" as we like to call it.

This step allows us to validate the usage functions. With new technologies like 3D printing, our ideas are taking shape faster and faster!

And this is the starting point for design, colours, assembly of components ... to ensure the industrial feasibility of the product (price, technicity, quality).

The prototype allows us to establish a technical, complete and reliable design brief and to share it with our industrial partners.

EASYBREATH "MONSTERS"



4 MASS PRODUCTION

1000 INDUSTRIAL PARTNERS IN OVER 45 COUNTRIES TO DESIGN QUALITY PRODUCTS

Wherever our industrial partners are, we have local teams that monitor production, quality and ensure their integrity.

For some processes we even have **our own factories**, like the B-TWIN Village bike assembly site in Lille, or the manufacture of Simond climbing ropes near Mont Blanc...

4

We don't just test the technical qualities of the products. At the **DECATHLON SportsLab**, we also study the interaction of our products with the athlete's body.

5 AVAILABLE PRODUCTS

Before arriving in stores or to you, our products go through our logistics network.

66 WAREHOUSES

all over the world allow us to serve the countries where DECATHLON is present.

In France, 16 warehouses play a crucial role ! They deliver to the stores but also provide home delivery to our sports enthusiasts in less than 48 hours!

To meet these challenges, warehouses are constantly developing and modernizing.

5



7 MULTIPLE LIVES FOR A PRODUCT

THE PRODUCT'S LIFE DOESN'T END WHEN IT GETS BOUGHT!

With DECATHLON Second hand, the products have a new lease of life. After being checked or repaired, they find a second life in stores, online or at events such as Trocathlon, at even more affordable prices!

NOW THAT IS SUSTAINABLE SPORT



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7

6

6 SATISFIED OR SATISFIED, IT'S UP TO YOU ;-)



SATISFIED OR SATISFIED!

With 1,400 stores worldwide, including 315 in France and more than 50 online retail sites around the world, we strive to satisfy you. These are all points of contact to be in as direct contact as possible with our sports enthusiasts.

Reviews posted on our products, our services and experiences in stores are passed on to all the teams concerned: product managers, sports leaders, stores ... who are committed to answering 100% of the negative opinions. This feedback also allows us to continuously improve our products.

If one of our products has a score below 3/5, the item is removed from sale for improvement.



8

8 OUR GOOD TIPS, OUR SPORT ADVICE

Our pride and joy is also supporting you in your exercise.



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A photograph of three people sitting around a small campsite in a grassy, mountainous area. A white tent is pitched to the right, and the people are seated on chairs around a small table, possibly having a meal or a conversation. The background shows rolling hills and mountains under a clear sky.

CAMPING



CAMPING

UNDER THE STARS

Do you dream of spending a night under the stars? Find out everything you need to know to prepare your future weekends!

CHOOSING THE RIGHT EQUIPMENT

Whether you're setting off on a 2 day-long trek, or just escaping for the evening, it's important to prepare the right equipment to ensure you enjoy your experience!

The first essential item is obviously your sleeping bag! Select it according to the outside temperature in which you will be sleeping. This depends on the season but also the altitude and humidity of the place where you are going to sleep, inform yourself beforehand! Nights are cool in the mountains and especially given the altitude we recommend a sleeping bag with a comfort temperature of at least 0°C, it's better to be too hot than too cold!

Tip: in order to withstand moisture and dew think about equipping yourself with a sleeping bag with water-repellent fabric or else an outer bag. And to ensure your sleeping bag lasts as long as possible, and to stop it getting smelly, we advise you to opt for a sleeping bag sheet so that you can wash the inside of your bag.

SLEEPING UNDER THE STARS

Inseparable from the sleeping bag, a mattress will keep you well-insulated from the cold and moisture of the ground.

If you have to carry it, opt for a foam mattress or a self-inflating mattress. A foam mattress is very light, but not very compact. Conversely, the self-inflating mattress can be stored more easily in a bag but is often a little heavier.

If you don't have to carry it for very long and are travelling to your camp by car you can afford to bring an inflatable mattress, pump and pillow for maximum comfort. In winter, we advise you to use an additional insulating foam mat to insulate your mattress from the floor.

LIGHTS AND ACTION

Also think about taking a click-type lamp or head torch with you to light up your camp or if you get up during the night.

A large plastic bag or waterproof cover will protect your things from moisture during the night. They will also enable you to keep any food away from animals! Bread, biscuits and cakes, which marmots and other ungulates appreciate very much are not easily digested by them. The yeasts contained in these foods can cause serious complications in their digestive systems.

FINDING THE RIGHT PITCH

We recommend that you locate the place where you will sleep beforehand. Don't forget to take a map and survival blanket with you and consult the weather forecast carefully before setting off. Ideally, make a "plan B" in case of bad weather: a night in a shelter, a tent or at least a tarp.~Be ready to postpone your trip if the weather is inclement and you have no back-up plan.

The ideal site for bivouacking is characterised by a few very simple criteria: running water nearby is important. This limits the amount of drinking water you have to carry and to make the mountain water drinkable all you need is a few purifying tablets. However, don't set up camp too close to it to avoid the risk of rising damp, or being eaten by mosquitoes ; A flat and dry area, as sheltered from the wind as possible (below a peak or a pass, if possible, backed by a rocky ridge). Flatness is quite a relative concept, a very slight slope of 2 or 3% might be worth considering for your head to be slightly higher than your feet; and a lovely west or east facing aspect. This is a matter of personal choice: you either prefer the sunset to take advantage of this beautiful light during your evening meal or you prefer the rising sun for the obvious reasons of warmer temperatures in the early morning! If you choose the "rising sun" option, it is logical to have the tent entrance facing east.

Camping in the forest or a clearing is very pleasant (the air temperature in a forest environment is generally more than 1 to 3°C higher) but on the other hand, in a forest of conifers (fir, spruce, Arolla pine, Scots pine etc.) ants love the acidity of the soil! Check there are no anthills within 100 metres. On the other hand in the forest you can hang up your backpacks so they are not accessible to rodents and other small animals such as foxes or weasels who would feast on your trekking provisions!

TAKE THESE OFF:

- On a pass or immediately below it for the obvious reasons of the venturi effect (the wind speed increases due to the terrain) and because of the chance of lightning strikes. This is also the case under a large isolated tree;
- In a peat bog (an old glacial lake filled with sediment), because as well as trampling on fragile flora, these flat areas, which are certainly soft, are usually very humid. Your pressure on the ground would be proof of this in the morning!
- Close to an area where a flock of sheep or goats are sleeping. Your presence will disturb them, you may attract the attention of guard dogs and this increases the chances of ticks and possible droppings.
- Near a cultivated field (farm vehicles might be active at dawn, damage to the crops).

EXTEND THE EXPERIENCE

If you had planned to just escape for the evening, why not enjoy the view for a bit longer with breakfast and dinner at your pitch?~Take a look at our 7 special camping recipes, both easy and delicious.. And don't forget water if you don't have a stream nearby!

A small campfire is lovely both for the late-night atmosphere and to keep away small prowling animals (even once it's gone out, the smell of burning wood keeps them away for hours).~Before you leave, check you've carried out basic safety procedures to make sure you don't risk starting a fire.



MH100 CAMPING TENT 2 MAN

Our designers have developed this simple and easy to pitch 2 person tent. An accessible tent that passes all our durability and waterproofing tests. The self-standing dome structure lets you move it once it has been assembled, to find the best location.



CAMPING TENT MH100 - GREY - 3 PERSON

Our designers have developed this simple and easy to pitch 3 person tent, to protect you from the elements. An accessible tent that passes all our durability and waterproofing tests. The self-standing dome structure lets you move it once it has been assembled, to find the best location.



CAMPING TENT FOR 3 PEOPLE - WHITE

Our designers have developed this simple and easy-to-pitch three-person tent, to protect you from the elements. Enjoy additional comfort with our Fresh & Black concept for a good night's sleep in the cool and dark. The free-standing dome structure means you can move it around to find the perfect location.



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We thank you for understanding that the prices and availability of the products may change without prior notice. Rest assured that our team will assist you in these cases. Thank you for understanding!

CAMPING TENT WITH POLES - ARPENAZ 4.1 - 4 PERSON - 1 BEDROOM

Our team of campers has designed this Arpenaz 4.1 tent with poles, for up to four campers wanting a bedroom and a spacious living room. An easy-to-pitch tent with a stand-up living area. A good choice for camping trips as a couple, with family or with friends.



2 YEARS
WARRANTY*



CAMPING SLEEPING BAG

Our camping designers have developed this Arpenaz 15° sleeping bag for you to sleep comfortably in when camping in temperatures close to 15°. A sleeping bag with a full zip for easy opening. It can also be converted into a duvet. It comes with a five-year warranty.



AIR BASIC INFLATABLE CAMPING PILLOW

Fall asleep anywhere. The Air Basic pillow is easy to transport for comfort on the go. This inflatable pillow is light, compact and easy to maintain. Give yourself somewhere to rest your head when you're camping.



2 YEARS
WARRANTY*



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WOMEN'S TREKKING BACKPACK 45+10 L - MT500 AIR

Looking for a backpack that is both comfortable and versatile without being too heavy? The MT500 AIR has been designed for you by our team of enthusiasts. Developed from the TREK 500, the MT500 AIR range has a new taut mesh back as well as a new polyamide component combining light weight and strength. The perfect bag for all types of hike!



CAMPING



NATURE HIKING CAMPING TENT - ARPENAZ 4 - 4 PERSON - 1 BEDROOM

Our team of camping enthusiasts has designed this Arpenaz 4 pole tent for four campers with a living area to sit under shelter. Our motivation? To offer you a pole-supported tent that is easy to pitch with a living area you can sit in. Our best price for your camping adventures as a couple, family or with friends!



CAMPING TENT - ARPENAZ 4.1 F&V - 4 PERSON - 1 BEDROOM

Our team of experts has designed this Arpenaz 4.1 F&V frame tent for four campers wanting a pre-assembled bedroom and spacious living area. Our motivation? To design a tent with poles that is easy to pitch and features Fresh & Black technology. Less heat and light in your tent, so you can decide when to wake up!



BEST SELLER!

CAMPING LARGE SHELTER GARDEN GAZEBO - 10 PERSON

Our team of enthusiasts designed this Arpenaz Base Fresh living area for ten campers seeking to extend their sheltered area & protect against rain & insects. What motivates us? We want to offer you a large living area with a self-supporting structure that can shelter up to 10 people. The three doors and large mosquito screen will protect you.



MEN'S TREKKING 50+10 L BACKPACK MT500 AIR

Looking for a comfortable and multipurpose backpack without sacrificing on weight? The MT500 AIR has been designed for you by our team of enthusiasts. Developed from the TREK 500, the MT500 AIR range has a new taut mesh back as well as a new polyamide component combining light weight and strength. The perfect bag for all types of hike!





FOLDING CAMPING TABLE 4 TO 6 PEOPLE

Our team of campers has devised this folding table to accommodate up to 6 campers. Why? To design a stable and hardwearing camping table that can comfortably seat 4 people and accommodate up to 6 if necessary.



CAMPING TENT FOR 3 PEOPLE - WHITE

Our team of campers has created this folding table for up to 6 people to eat comfortably when camping. It comes with 4 folding stools. Our motivation? To offer you a complete and compact solution for 4 people. The 4 stools are integrated into the table to take up less space. Can accommodate up to 6 people.



MOUNTAIN HIKING CAMPING TRIPOD FOLDING CHAIR

Our designers have developed this simple and instant seat for your first outings. An accessible seat that meets all our durability tests. Light and compact, this tripod is a simple, easy to carry solution.



FOLDING CAMPING CHAIR - BASIC

Our team of users has created this compact, folding Basic chair so you can sit back and relax when camping. Our motivation? To offer you a compact chair suitable for our camping tables. Its 41 cm-high seat guarantees you optimal comfort.



BEST SELLER!

FOLDING CAMPING CHAIR - BASIC

Our team of campers designed this Basic folding chair for you to sit comfortably. We haven't forgotten the essential cup holder! Our motivation? Design a camping chair that is both comfortable and compact. An essential for those who love camping!

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LARGE FOLDING CAMPING CHAIR - BASIC XL

Our camping team designed the Basic XL as a compact and sturdy large folding chair to provide you with comfortable seating during camping trips. Our motivation? Design a large camping chair that is comfortable, durable and compact. An essential for those who love camping!



2 YEARS
WARRANTY*



ALSO AVAILABLE IN:



NATURE HIKING CAMPING SLEEPING BAG - ARPENAZ 20° -GREEN

Our camper-designers developed this Arpenaz 20° sleeping bag to ensure comfortable sleep while camping in temperatures close to 20°C. Our objective? To offer a sleeping bag with a full-length zip for easy opening. It can also be converted into a duvet. 5-year guarantee!



2 YEARS
WARRANTY*



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BEST SELLER!

ONE-PERSON HAMMOCK - BASIC 300 X 152 CM

Our camping-designers have developed this Basic hammock, both practical and versatile, for you to enjoy using when you're camping and in the countryside. Our motivation? Providing a multi-purpose hammock for sleeping comfortably almost anywhere! Very light and also very easy to assemble.

TWO-PERSON HAMMOCK - COMFORT 350 X 175 CM - 2 PERSON BROWN

Our camping designers developed this Comfort hammock for two people. Practical and versatile, it will serve you just as well on a camp site as out in the wild. Our motivation? Treat yourself to a versatile and ultra-comfortable hammock so you can sleep almost anywhere! Very light and practical, you won't waste time setting it up.



INFLATABLE CAMPING PILLOW - AIR BASIC

Fall asleep anywhere. The Air Basic pillow is easy to transport for comfort on the go. This inflatable pillow is light, compact and easy to maintain. Give yourself somewhere to rest your head when you're camping.



ALSO AVAILABLE IN:



CAMPING AND HIKING PILLOW - COMFORT - BLUE

Our camping range designers have developed this eco-responsible Comfort pillow for a great night's sleep when camping or bivouacking. Why? To design a comfortable pillow that's perfect for nights spent camping or bivouacking. Its versatility means you can adapt its firmness to your liking.

BEST SELLER!



NATURE HIKING CAMPING AIR BASIC MATTRESS 70CM

Our team designed this Air Basic mattress for campers looking for comfort and affordability in an air bed. Why? To design a 70cm wide camping mattress for one person that's both comfortable and affordable.

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CAMPING

CAMPING INFLATABLE AIR BASIC MATTRESS 2PERSONS

Our team of enthusiasts has developed this mattress for campers seeking the comfort of an inflatable mattress at the most affordable price. What motivates us? We want to offer you a 120 cm, 2-person camping mattress that is comfortable and as affordable as possible.



FOOT PUMP - RECOMMENDED FOR INFLATABLE MATTRESSES

Our camping team developed this foot pump to inflate your camping mattresses. Our objective? To make it easier to set up camp! For your comfort and to preserve the lifespan of your mattress, we advise you not to overinflate it.



DOUBLE ACTION HAND PUMP 4 L | RECOMMENDED FOR INFLATABLE MATTRESSES

Our team of practitioners has developed this hand pump to inflate your camping mattresses quickly and efficiently. Our motivation? Pitch your camp more easily with an efficient pump! For your comfort and to ensure the durability of your mattresses, we advise you to inflate them moderately.



HIKING WATER BOTTLE 100 TRITAN PLASTIC SCREW TOP 0.8 L

Looking for a simple and reliable bottle for your hikes? Our designers have developed this great value water bottle with a screw cap that's easy to open. A simple and lightweight bottle with a screw cap that opens in one turn. Transparent and robust, in Tritan plastic (0.8L).



CAMPING LAMP 100 LUMENS BL100 BLUE

Our team of campers designed this BL100 lamp to provide comfortable lighting for two people. Can be used outdoors, under tents, in campsites and bivouacs. Our motivation? To create a powerful (100 lumens), compact and versatile lamp with its 3 lighting modes. Its adjustable strap lets you hang it easily wherever you want.



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ISOTHERMAL STAINLESS STEEL HIKING FLASK 0.5 L WHITE

Need to keep your drinks hot or cold for several hours? Our designers have developed this light, hard-wearing, and insulating stainless flask. This insulated flask keeps liquids hot or cold. Significantly lighter than a standard isothermal flask, it has a locking top with a quick opening and an integrated filter. 0.5 liter.



2 YEARS
WARRANTY*



ALSO AVAILABLE IN:



MOUNTAIN HIKING INSULATED STAINLESS STEEL FLASK 0.8L - RED

Need to keep your drinks hot or cold for several hours? Our designers have developed this light, hard-wearing and insulating stainless flask. This insulated flask keeps liquids hot or cold. Significantly lighter than a standard isothermal flask. Locking top with quick opening and integrated filter. / 0.8 litre



2 YEARS
WARRANTY*

ISOTHERMAL STAINLESS STEEL HIKING FLASK 1L KHAKI

Need to keep your drinks hot or cold for several hours? Our designers have developed this light, hard-wearing and insulating stainless flask. This insulated flask keeps liquids hot or cold. Significantly lighter than a standard isothermal flask. Locking top with quick opening and integrated filter. / 1 litre



2 YEARS
WARRANTY*



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BEST SELLER!

BATTERY OPERATED HEAD LAMP - ONNIGHT 100 BLACK - 80 LUMENS

ALSO AVAILABLE IN:



Our team of mountain trekking enthusiasts developed this head torch for use on relatively easy trails, in bivouacs and shelters. The ONNIGHT 100 is a versatile head lamp, easy to use and comfortable. The flexible casing protects it from shocks and water. The FORCLAZ torch that is suitable for all situations.



ALSO AVAILABLE IN:

NATURE HIKING CAMPING LAMP - BL40 - 40 LUMENS - BLUE

Our camping team has created this BL40 lamp to comfortably illuminate one person. Useable outdoors or in tents, camping or bivouacking. Our motivation? To creating a small lamp that is easy to use and durable, even in the rain. It takes up little space in a backpack. It's perfect for children!



TREKKING RECHARGEABLE HEAD TORCH TREK 100 USB 120 LUMENS



Our passionate FORCLAZ trekking team designed this simple and solid head torch for your track walks, in camp or shelter. An evolution of the ONNIGHT 100, the TREK 100 USB is 50% more powerful and rechargeable by USB and remains simple, versatile and comfortable.

ALSO AVAILABLE IN:



CAMPING AND HIKING HOOP SHELTER - AR PENAZ COMPACT FRESH - 2 ADULTS

Our team of campers designed this Arpenaz Compact Fresh shelter. For two adults seeking shelter from the sun, light wind and ground. What motivates us? We want to offer you a spacious shelter with a door. Our Fresh technology lets you reduce interior heat. It packs easily into a backpack.



BEST SELLER!



NATURE HIKING CAMPING SHOWER CUBICLE - 2SECONDS

Our team of campers created this 2Seconds shower cubicle to hide you from indiscrete looks and the wind so you can have a shower or change while camping. Our motivation? We want to provide you with a product in which you can shower & change comfortably wherever you want. Very compact when packed away, it mounts instantly thanks to 2Seconds technology.



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EQUIP YOUR TEAM LIKE **CHAMPIONS**

SHOP WITH US IN 5 EASY STEPS

Email us the products and quantities that you would like to order

We will send you a quotation through your email.

Send us your purchase order and and we will notify you once your order is complete.

You may send your payment to our BDO Bank Account via cash or check deposit or online transfer.

Orders may be obtained via store pick-up or delivery (charges may be applied).

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HIKING



ALL ABOUT HIKING

Long ago, walkers and climbers went their separate ways and the first marked trails appeared. Today, hikers have access to a seemingly inexhaustible supply of hiking trails and a few rules to observe. A quiet stroll through silent woods is a wonderfully joyous experience. The rhythmic motion of walking soothes the body and calms the mind, freeing it from everyday concerns. And as you walk, you begin to focus on what matters, your imagination runs wild and you enjoy the combined effects of exercise and a sense of well-being.

Walkers versus climbers

Hiking emerged as a result of a division in the late 19th century. This split pitted walkers, called "excursionists" against climbers, called "mountaineers." The excursionists saw walking as an activity for the people with the sole aim of being able to enjoy the beauty of nature while keeping fit.

Mountaineers, on the other hand, wanted to climb the most challenging peaks which they believed were "reserved" exclusively for the upper classes.

Different types of hiking

Routes marked in yellow, with the words "Promenade et Randonnée" PR® (Walks and Hikes) can be covered in a day; they are less demanding and require little in the way of equipment. This type of walk is suitable for a wide range of people and is a great way of exploring local heritage.

Footpaths marked in red and white, bearing the words "Grande Randonnée" GR® (Long-distance trail) take several days, and sometimes several weeks, to walk. These particular trails criss-cross entire regions, traversing several departments. To undertake this type of hike, you need to be in good physical condition and equipped with the necessary supplies to be self-sufficient, away from the hustle bustle of normal, everyday life.

The walking craze

Today, hiking is one of France's most popular activities. There are approximately 16 million walkers in France, 5.5 million of whom go hiking on a regular basis.

Membership of the French Hiking Federation exceeded 240,000 in 2017 and since 2011 its numbers have increased by 3% every year.

There are 180,000 km of marked trails, 3,500 clubs and 20,000 volunteers including 7,000 maintenance volunteers. There is no shortage of facilities or resources.

Keep an eye on the weather, study your route, avoid hiking alone and check out the level of your fellow hikers before setting off to enjoy the delights of the countryside.

Once you hit the trails, there are a few general rules that you will need to observe:

- come on, be a sport!;
- think about other hikers, don't disturb the tranquillity of the area, accept that your voice doesn't always complement the sounds of nature ;
- learn to recognize and protect the local plant and wildlife - which doesn't mean you have to caress all the flowers you come across or proclaim your undying love to each tree;
- don't drop anything or leave any rubbish; and the good news is you can take your excrement with you too!
- find out about the rules in national parks and nature reserves.



The benefits

Clear thinking, observant and attentive to detail, a lack of ego (abandoned in the city!) and a sense of almost barefoot freedom... they may often have achy, weary legs, but hikers have many positive qualities. And that's not surprising.

Outdoor life is an opportunity for mental and physical rejuvenation. Using your feet is good for your head. Stress takes a back seat and the brain starts working at full capacity, apparently unlocking creativity.

The body isn't forgotten either: muscles become stronger, bones becomes sturdier while the immune system is rejuvenated. Worth noting: there are some great routes if you're looking for a challenge.

Is it for you?

In the early 20th century, hiking became an extremely popular activity with widespread appeal. Since then, the philosophy has remained the same. Anyone can do it, everyone can afford it. Whether it's a short, recreational walk or a long-distance mountain trek, hikers take to the trails to gently explore the countryside or challenge themselves on steeper, more demanding paths. It's all a matter of personal preference.

Equipped for the hike

For a 1 day hike a 20-30 Litre backpack will suffice. You can use it to store food, a drinking bottle (or water bladder), knife, ID, mobile phone, torch, first aid kit and survival blanket so you're prepared for the unexpected. Ah yes, an adventure is just that.

Make sure you take hiking shoes that you've tried out and broken in. Wear comfortable socks and lightweight trousers, with optional zip-off legs - very useful when the weather changes. Cover up with a breathable T-shirt, insulating fleece and jacket that offers protection from the wind and rain.

One last thing: don't forget your hiking map or GPS. This will help prevent the acute psychological distress you experience when you discover you're lost; not to mention the torrent of tears and cold fury directed at others in the party, who are inevitably to blame, before you finally announce "That's it, we're done for" - although you're just a short distance from a village that you've somehow failed to spot. It will stop you getting lost.

BEST SELLER!

TREK TUBE SCARF 100 - RED

Our team of trekking enthusiasts designed this multi-position tube scarf to join you on all your adventures! This tube scarf protects your head from the sun, covers your neck when it's cool, or absorbs perspiration from your forehead. An essential for your backpack.

**2 YEARS
WARRANTY***

ALSO AVAILABLE IN:



ALSO AVAILABLE IN:



TREKKING CAP - TRAVEL 100

Our enthusiastic trekking and hiking team designed this cap to include all basic functions for a minimal price! If you're looking for a simple, affordable cap to protect you from the sun, then this cap is made for you!



ISOTHERMAL STAINLESS STEEL HIKING FLASK 1L KHAKI

Our passionate mountain team designed this cap for mountain trekking. When climbing, in intense heat, the cap's vents allow air to circulate, lessening the impact of the heat.

**2 YEARS
WARRANTY***

ALSO AVAILABLE IN:



CONTACT US

(02) 8 424 2970

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MEN'S ANTI-UV HAT - KHAKI

Our team has designed a hat that provides maximum sun protection, but won't overheat you. This hat is designed to offer the best protection against the sun with its wide brim and anti-UV fabric.



ADULT HIKING AND TREKKING RAIN PONCHO - ARPENAZ 10L

This backup poncho enables you to hike whilst sheltered from a light shower. This waterproof rain poncho is an essential hiking accessory. Quick to put on, it completely protects you from the light sudden rain showers, with or without a bag (max capacity of 10 litres).



ECODESIGN

TRAVEL TREKKING 100 COMPACT 10L BACKPACK



Our design team developed this compact backup backpack to make your life easier when you are backpacking around the world. This small backup backpack will follow you everywhere on your travels. It will be easy to pack in your large backpack and you can get it out when you need a small 10 liters capacity bag.



ALSO AVAILABLE IN:



TRAVEL TREKKING 100 COMPACT 15L SHOULDER BAG - KHAKI

Our backpacker-designers created this compact shoulder bag to carry your essentials when you are on the go during one-day explorations! Ideal back-up shoulder bag to carry your belongings safely when not using your main and backpack on a trip. You can easily store it in the pocket of your backpack.



BEST SELLER!



TRAVEL TREKKING X-LARGE WALLET ORGANIZER - BROWN

Our backpack designers have created this accessory to help you during your travels and give you peace of mind. This strong and practical bum bag-style wallet is the ideal small bag to quickly access your belongings. It will come with you on all your travels and day-long outings.

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HIKING BACKPACK 20 L

Our team of hikers has designed this NH100 20-litre rucksack for use during your occasional walks in lowlands, forests and the coast in dry weather. Looking for a backpack for your adventures in the great outdoors? Our comfortable and accessorised NH100 30 L model is the ideal companion for slightly uneven walks, without compromising on style.

ALSO AVAILABLE IN:



TRAVEL TREKKING 100 BACKPACK 40L - BLACK



Our backpack designers created this backpack for complete peace of mind on your adventures, thanks to its zip that can be padlocked. The bag dimensions are within cabin baggage guidelines so there is no need to check it in to the hold. The integrated rain pocket will protect the bag contents from rain.



ALSO AVAILABLE IN:



TRAVEL TREKKING 100 COMPACT 2L BUM BAG



Our backpacker-designers created this compact waist bag to carry your essentials when you are on the go during one-day explorations. An ultra-lightweight, discreet and compact curved bum bag. Can be folded up and stored in a backpack pocket.



ALSO AVAILABLE IN:



MULTIPOCKET BAG | TRAVEL - BLACK

Our designers have created this accessory to help you during your travels and give you peace of mind. A belt pouch with several compartments. Can be carried around the waist on a belt, fitted to a backpack, or carried over the shoulder.



BEST SELLER!

NATURE HIKING BACKPACK 10L

Our backpack designers have created this accessory to help you during your travels and give you peace of mind. This strong and practical bum bag-style wallet is the ideal small bag to quickly access your belongings. It will come with you on all your travels and day-long outings.



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TRAVEL TREKKING 100 BACKPACK 60L - KHAKI

Our rucksack designers created this 60L rucksack for complete peace of mind on your adventures, thanks to its zip that can be padlocked. The suitcase-style opening lets you access contents and store your bag easily. The integrated rain pocket will protect the bag contents from rain.



2 YEARS
WARRANTY*



ALSO AVAILABLE IN:



MOUNTAIN TREKKING RUCKSACK | TREK 100 EASYFIT 50L

Our passionate trekking team has designed this easy-to-adjust 50L bag for men setting off to the mountains for a few days and looking for comfort and simplicity. Co-designed with users in the French Alps, this bag offers simplicity and comfort without giving up its technical features. An eco-designed bag with its mass-dyed polyester and recycled buckles.



2 YEARS
WARRANTY*

ONNIGHT 50 - 30 LUMENS HEAD LAMP

Our enthusiastic mountain trekking team developed this head torch for bivouacs, to help you move and see around you at night. The ONNIGHT 50 head lamp is very simple to use. The flexible casing enables easy access to the batteries and protects it from shocks and water. An essential head lamp that you can take anywhere!



2 YEARS
WARRANTY*



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BEST SELLER!

HIKING BACKPACK 16L ESCAPE NH100

Our hiker designers have eco-designed this NH Escape 100 16-litre backpack for casual hiking and travel. Our motivation? To offer you a comfortable, durable and affordable bag. These 2 compartments will let you organise your belongings for your daily life.



2 YEARS
WARRANTY*



HIKING BACKPACK 16L - NH ESCAPE 150 SQUARE

Our designers have designed this NH Escape 150 16-litre backpack for your occasional hikes on the plain, in the forest, on the coast & also for your daily life. Our motivation? To offer you a comfortable and accessorised bag to make the most of your hikes. Its 11 pockets will guarantee you a good organization of your things for your daily life



32L HIKING BACKPACK - NH ESCAPE 500

Our hiking designers have eco-designed this NH Escape 500 32-litre backpack to accompany you during your hikes, trips and in your daily life. Our motivation? To offer you a comfortable, compartmentalized and accessorized backpack. Your best everyday companion, thanks to its 3 compartments, 15 pockets and clever functions



2 YEARS
WARRANTY*



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WOMEN'S OFF-ROAD HIKING SHOES NH100

Our designers have developed these NH100 boots to wear on occasional hikes in the lowlands, forests or coast, in dry weather. Our motivation? To offer you comfortable and lightweight shoes that guarantee good traction on any off-road footpaths on relatively flat terrain. All at a very affordable price!



2 YEARS
WARRANTY*



ADULT WALKING SANDALS NH50

Our hiking designers have developed these sandals NH50 for your occasional off-road walks, in hot and dry weather. Our motivation? We want to offer you sandals that are comfortable, light and grip well in hot weather. They have been carefully made to reduce their impact on the environment.



2 YEARS
WARRANTY*

MEN'S NH100 COUNTRY WALKING BOOTS

Our designers have developed these NH100 boots to wear on occasional hikes in the lowlands, forests or coast, in dry weather. Our motivation? To offer you comfortable and lightweight shoes ensuring good grip on any country footpaths on relatively flat terrain. All at a very affordable price!



2 YEARS
WARRANTY*



MEN'S WALKING TROUSERS

Our hiking designers have developed these eco-friendly trousers for occasional hiking in the lowlands, forest or on the coast. Eco-designed trousers with a stretch, as well as a comfortable cut and fabric. You will be stylish on either your hike or walking about in town.



2 YEARS
WARRANTY*

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HIKING

MEN'S COUNTRY WALKING RAINCOAT - NH100 RAINCUT DEMI ZIP

Our hiking designers have developed this NH100 Half-zip rain jacket for occasional walks in the forest or on the coast. A back-up solution in case of rain! Our best price for a waterproof walking jacket! This light, compact, waterproof and breathable technical jacket provides excellent back-up protection and can be stored in your pocket.



MEN'S NATURE HIKING RAIN COAT - NH100 RAINCUT FULL ZIP

Our hiker-designers designed this NH100 Raincut Full Zip rain jacket for occasional walks in the forest or on the coast. A backup solution in case of rain! This hiking rain jacket is an additional waterproof protection that you can take anywhere: lightweight, compact and breathable and can be stored in its pocket!



MEN'S MOUNTAIN HIKING TROUSERS MH100 - GREY

team of enthusiasts developed these lightweight trousers for occasional hiking in the mountains, at the foot of Mont Blanc. Perfect companion for your first hikes. You will appreciate these low-cost trousers for their lightness and the stretch areas will provide greater comfort.



MEN'S MOUNTAIN HIKING WATERPROOF JACKET - MH100

At the foot of Mont Blanc, our team of enthusiasts has developed this jacket for occasional hiking in the mountains, to protect you in rainy weather! Treat yourself to affordable waterproof protection with under-arm ventilation holes.



MEN'S COUNTRY WALKING SHORTS - NH100 FRESH

Our team of campers Our hiking designers have created these NH100 Fresh shorts for your regular hikes in the forest or on the coast in dry weather. Our motivation? To offer you lightweight shorts, made from organic cotton, with a stretch cut and component encouraging freedom of movement. Country style in the city! designed this BL100 lamp to provide comfortable lighting for two people. Can be used outdoors, under tents, in campsites and bivouacs.



MEN'S NH500 OFF-ROAD HIKING T-SHIRT

Our hiker designers have eco-designed this NH500 t-shirt, for regular hiking in temperate weather on the plains, forest or coast. Our motivation? To offer you a more environmentally friendly, comfortable T-shirt to wear on your hikes with little difference in altitude. Well cut for your hikes and everyday life!



MEN'S MOUNTAIN HIKING WATERPROOF JACKET - MH150

At the foot of Mont Black, our team designed this waterproof jacket for occasional hikes, protecting you from storms in the mountains. Waterproofing and lightweight at an accessible price, this jacket enables you to hike while remaining dry. It comes with a light and breathable component.



MEN'S MOUNTAIN HIKING HELIUM SUN 500 PURE GREY

HIKING in the outdoor in Sunny weather. Protects you against the UVA/UVB from the sun . in the mean time lightweight and breathable .UPF50 + ,Lightweight (95g in size M) compact, award-winning hiking windbreaker. An ally against wind and sun for your trips to the outdoor.



MEN'S TRAVEL TREKKING CARGO TROUSERS - TRAVEL 100 GREY

Our hiking designers have developed these sandals NH50 for your occasional off-road walks, in hot and dry weather. Our motivation? We want to offer you sandals that are comfortable, light and grip well in hot weather. They have been carefully made to reduce their impact on the environment.



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MEN'S TRAVEL TREKKING ZIP-OFF CARGO TROUSERS - TRAVEL 100 ZIP-OFF

Our backpacker designers have designed these trousers so that you can travel the world with confidence, whatever the environment. Equipped with numerous pockets including 3 closing pockets these durable zip-off cargo pants which can be converted to shorts are perfect for taking on adventures & exploring world's different regions



MEN NATURE HIKING TROUSERS QUECHUA NH100

Our hiking designers created these NH100 trousers for your occasional hikes on lowlands, in the forest or on the coast. Our motivation? To offer a pair of trousers with a comfortable stretch fit and fabric. You will be stylish on your hike and in town!



WOMEN'S COUNTRY WALKING WATERPROOF OVER-TROUSERS RAINCUT

Our hiker designers designed these waterproof and eco-friendly Raincut over-trousers. In case of rain for your occasional walks. Slipped into the bottom of the bag, these hiking over-trousers offer full protection in case of rain and match the waterproof jacket! A waterproof, compact & breathable model.



WOMEN'S TREKKING TRAVEL TROUSERS - TRAVEL 100 GREY

Our backpacking engineers developed these trousers to give you total peace of mind during your travels. Traditional cotton-based cargo trousers. They will provide the durability you need for travelling and the comfort of the natural touch.



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WILD DISCOVERY SHORT SLEEVE T-SHIRT 100



Designed for all types of wild discovery. Ideal Camo T-shirt for fishing, can be worn on its own in warm weather or as a base layer under a sweater, fleece, softshell or jacket.



WILD DISCOVERY 100 BERMUDA SHORTS - GREEN

Designed for bird watchers and observing wildlife in hot weather. Hard-wearing Bermuda shorts, with a practical side pocket. The semi-elasticated waist adapts to all body types.



ALSO AVAILABLE IN:



WILD DISCOVERY BERMUDA 500 CAMOUFLAGE SHORTS - GREY



Resistant cargo shorts for observing wildlife and other outdoor activities in hot weather. Very resistant shorts, practical with 2 cargo pockets and 1 zip pocket. Semi-elasticated waist adapts to all body shapes and stays in place better.



WILD DISCOVERY STEPPE 300 TROUSERS - BLACK



nature discovery and observing wildlife in dry weather. Trousers offering durability thanks to the solid seams, and practicality with their elasticated waist for better comfort and five practical pockets (incl. one with a zip).



BEST SELLER!



WILD DISCOVERY I100 MEN'S SHORT WELLIES - BLACK

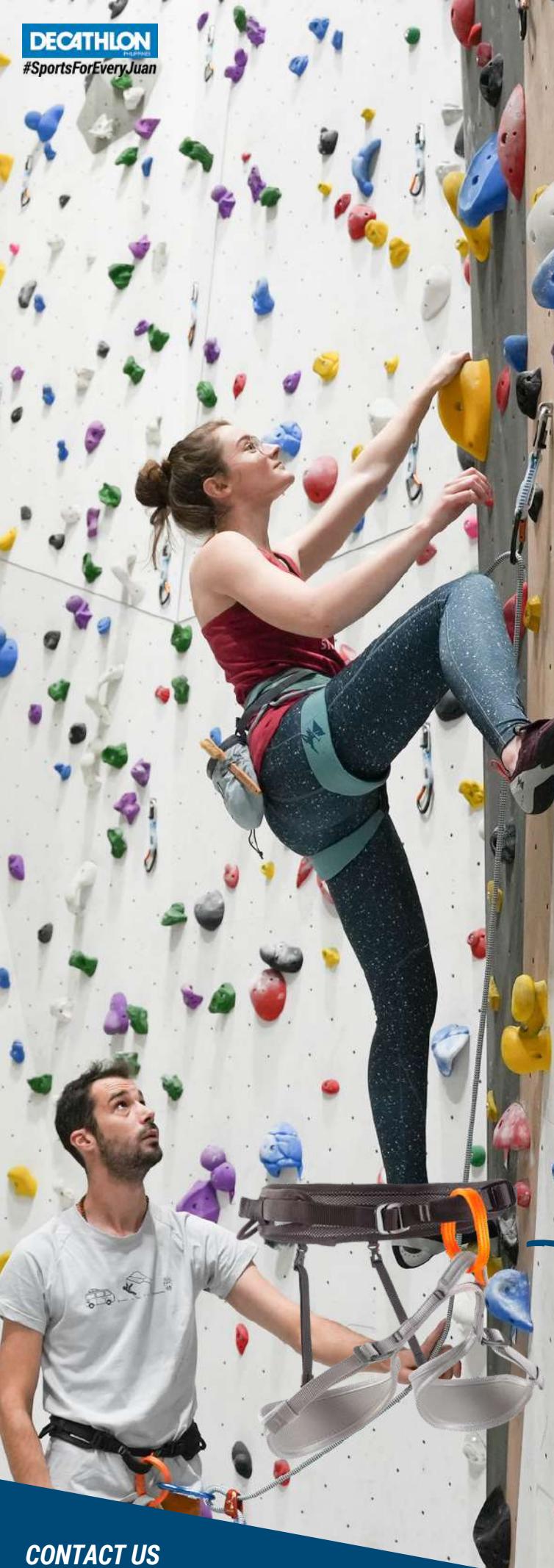
Ideal for any outdoor activities in wet weather. Lightweight wellies which are easy to put on and pull off. The non-slip sole with lugs provides good grip on muddy ground, and they can be washed inside and out. They dry quickly too.

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CLIMBING



CLIMBING HARNESS EASY 3 BLUE

Our instructors and climbers designed this easy-to-use harness to allow you to get started climbing with a group or club. Looking for an easy-to-use, beginner indoor harness? Intuitive design and visible single tie-in loop meet all your expectations.



CLIMBING AND MOUNTAINEERING HELMET - ROCK GREY

SCREWGATE CARABINER 3000 - POLISHED



Our team of climbers have designed this carabiner for connecting a belay system to a harness or ensuring climber safety during rope manoeuvres. Srewgate carabiner with Keylock® opening.



CLIMBING ROPE 9.5 MM X 70 M - CLIFF GREEN

INDOOR CLIMBING ROPE 10 MM X 35 M



Our team of climbers designed this carabiner for making a quickdraw or attaching an accessory to your harness. easier to handle



CLIMBING AND MOUNTAINEERING HARNESS - ROCK BLACK GREY

Our instructors and climbers designed this harness to give you the highest level of comfort and versatility, wherever you climb. Promise kept thanks to its EVA and 3D mesh "Comfort Frame" construction, 4 adjustment buckles and 4 gear loops!



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Orders may be obtained via store pick-up or delivery (charges may be applied).



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WATER SPORTS

A dynamic photograph of a swimmer performing the butterfly stroke in a pool. The swimmer is in mid-stroke, with arms extended forward and legs kicked powerfully. Water splashes around them, creating a sense of motion. The swimmer is wearing a red swim cap with white markings and blue swim trunks with a red and black pattern. The background shows the edge of the pool and other swimmers in the distance.

KIDS' SWIMMING GOGGLES XBASE 100 - BLUE YELLOW

Swimming goggles with anti-fog treatment for kids who are starting out in the pool for both indoor and outdoor sessions. Comfortable swimming goggles that adapt to all types of faces with its patented adjustable nose bridge and simple adjustment of the strap which guarantees excellent water-tightness.



ALSO AVAILABLE IN:



KIDS' SWIMMING GOGGLES SPIRIT CLEAR LENSES - GREEN / PINK

At the foot of Mont Black, our team designed this waterproof jacket for occasional hikes, protecting you from storms in the mountains. Waterproofing and lightweight at an accessible price, this jacket enables you to hike while remaining dry. It comes with a light and breathable component.



SWIM CAP MESH - BLACK

Mesh swim cap for beginners looking for essential swimming accessories. Comfortable, lightweight, and very easy to put on and take off. Does not pull on hair.



ALSO AVAILABLE IN:



ALSO AVAILABLE IN:



SWIM CAP SILI-MESH

Silicone-coated mesh swim cap for swimmers seeking a comfortable cap with good hold. Comfortable, flexible, and easy to put on and take off. Does not pull on hair.



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SWIMMING GOGGLES - XBASE L - CLEAR LENSES

Our design teams have developed these goggles for beginner swimmers wanting to get into or back into swimming. Tired of not being able to adjust your goggles? They fit all faces with their patented adjustable nose bridge and simple strap adjustment for a good watertight seal.



2 YEARS
WARRANTY*



SWIMMING GOGGLES - BFIT - SMOKED LENSES

Our design teams have developed these goggles for intermediate swimmers wanting to improve their technique and physique without worries. Fed up with swimming goggles that let water in? Compact, with their double strap and 3 nose bridges, the BFIT goggles offer a wide adjustment range for optimal support.



2 YEARS
WARRANTY*

SWIMMING GOGGLES B-FAST 900

Swimming goggles with anti-fog treatment for training and competitive races of expert swimmers. Developed in partnership with Olympic medalist Fabien Gilot. B-FAST goggles are designed for advanced swimmers. EXCLUSIVE INNOVATION: The micrometric nose bridge adjustment and the compact design provide perfect stability.



2 YEARS
WARRANTY*



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SOFT MICROFIBRE TOWEL LARGE - PETROL BLUE

An ultra-soft and very absorbent compact microfibre towel for all swimming-related activities! Suitable for all other sports. Size LARGE 80 x 130 cm



ALSO AVAILABLE IN:



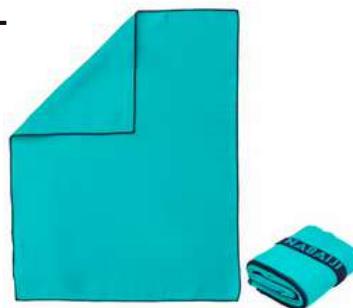
COMPACT MICROFIBRE TOWEL LARGE - BLACK

A very handy, ultra-compact and highly absorbent microfibre towel for all swimming-related activities. Suitable for all other sports. Size LARGE 80 x 130 cm



COMPACT MICROFIBRE TOWEL SMALL - TEAL

A very handy and ultra-compact microfibre pocket towel for all swimming-related activities. Suitable for all other sports. Size SMALL 42 x 55 cm



COMPACT MICROFIBRE TOWEL MEDIUM

A very handy, ultra-compact and highly absorbent microfibre towel for all swimming-related activities. Suitable for all other sports. Size MEDIUM 65 x 90 cm

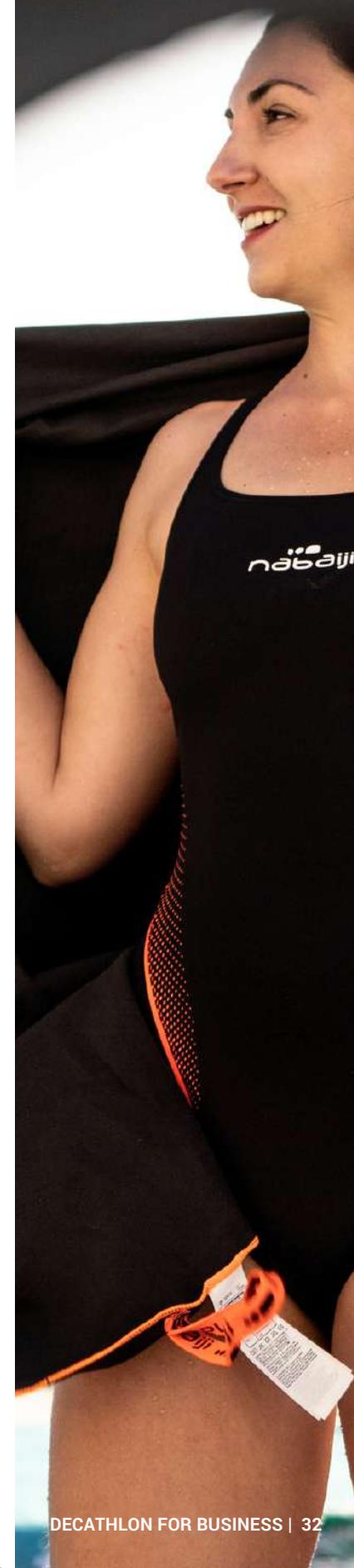


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MEN'S TRAVEL TREKKING ZIP-OFF CARGO TROUSERS - TRAVEL 100 ZIP-OFF

An ultra-soft and very absorbent compact microfibre towel for all swimming-related activities! Suitable for all other sports. Size EXTRA LARGE 110 x 175 cm



ALSO AVAILABLE IN:



WOMENS' SWIM SHORTS - BLACK

Women's swim shorts for swimmers who are starting out and want to cover their legs. Women's long swim shorts to be worn with a swimsuit.



MEN'S SWIM JAMMER 100 - BLACK

Basic jammers for beginners who are looking for coverage and comfort. Men's jammer swim shorts at an unbeatable price.



WOMEN'S CROPPED SWIM LEGGINGS - BLACK

Designed for beginner swimmers who are starting to swim and need ease and comfort. Swim leggings to wear with a two-piece or combined with a one-piece swimsuit.

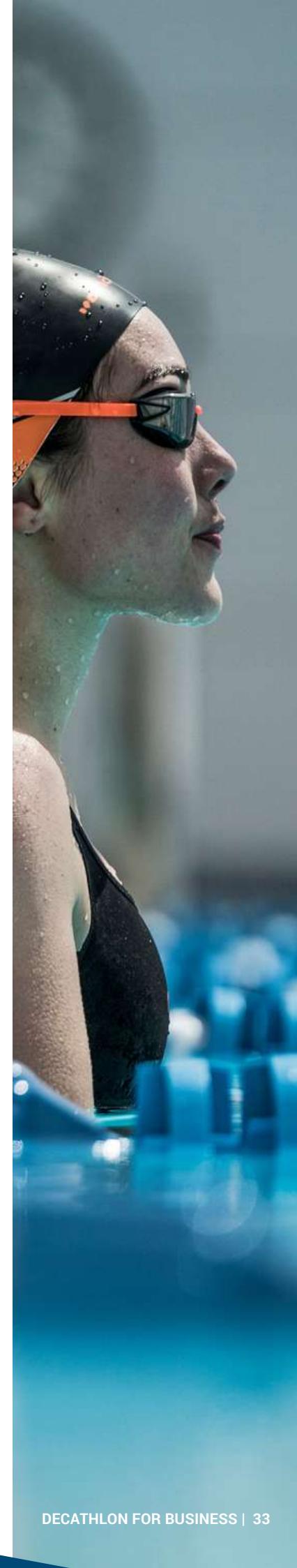


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SWIMMING PULL BUOY SIZE M - BLACK/YELLOW

Our design teams have developed this pullbuoy fin for intermediate swimmers who are improving and want more buoyancy in their legs. Want an upper body workout? The pullbuoy offers more buoyancy to your legs to help the swimmer have good positioning in the water and have a more intensive arm workout.



SWIMMING POOL KICKBOARD - NAVY BLUE

Our design teams have developed this board for swimmers who are starting out and are looking for buoyancy around their torso, to work on the lower body. Need support during your exercises? This foam kickboard provides great buoyancy for swimmers wanting to have a support while working on their legs or while learning.



SWIMMING PADDLES QUICK'IN 500 MEDIUM - BLACK YELLOW

These hand paddles are for intermediate swimmers wanting to work on their upper body while also improving their swimming technique. The hand paddles help increase propulsion in the water and work on the upper body by helping you make the correct arm movements. Sold in pairs.



KIDS' SWIM BELT BLUE GREEN

Foam belt for kids weighing 15 - 30KG to facilitate learning the horizontal position in swimming. Helps the kid to learn to swim at their pace, by adjusting to their buoyancy needs thanks to its removable central float.



TRAINING FINS 100 DARK GREY

Designed for beginner swimmers looking to build lower body strength. Short and flexible fins for starting to build lower body strength.



FOAM SWIMMING POOL NOODLE 118 CM - PINK

our design teams have created this foam swimming pool noodle for children just starting swimming as well as those taking part in AquafitnessMove about in the water, devise water constructions by combining several noodles or even use as part of your Aquafitness session. Our foam noodle is suitable for your aquatic activities!

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SWIMMING



ALSO AVAILABLE IN:



SWIMMING POOL KICKBOARD - NAVY BLUE

Our design teams have developed this board for swimmers who are starting out and are looking for buoyancy around their torso, to work on the lower body. Need support during your exercises? This foam kickboard provides great buoyancy for swimmers wanting to have a support while working on their legs or while learning.



KIDS' SWIM BELT BLUE GREEN

Foam belt for kids weighing 15 - 30KG to facilitate learning the horizontal position in swimming. Helps the kid to learn to swim at their pace, by adjusting to their buoyancy needs thanks to its removable central float.



FOAM SWIMMING POOL NOODLE 118 CM - PINK



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ALSO AVAILABLE IN:

BUOYANCY VEST 120 50N+

Buoyancy vest for beginner canoeists and kayakers. Hard-wearing buoyancy vest (50N), easy to put on thanks to its buckles. Recommended for canoe-kayak clubs or lenders. Crotch strap on all sizes.



BUOYANCY VEST 100 50N

Buoyancy vest for beginners using kayaks, stand-up-paddle boards (SUP), dinghies or catamarans. 50 Newton light buoyancy vest, with layer cut, easy to put on and adjust. Provides good freedom of movement, regardless of the selected water sport.



KAYAK PADDLE 100 2 - ORANGE

Our team of enthusiasts designed this adjustable paddle for beginner kayakers touring on calm rivers or close to the sea shore. Adjustable symmetrical split paddle. Can be carried in a kayaking bag.



KAYAK PADDLE 100 4

Kayak paddle for beginner kayakers touring on lakes, rivers or close to the sea shore. This four-piece paddle can be easily carried in a kayak bag.



INFLATABLE CRUISING KAYAK 2-SEATER

Inflatable touring kayak for solo or tandem beginner kayakers for half-day trips. An inflatable kayak with two raised adult seats for good paddling comfort. Stable and reassuring.





INFLATABLE CRUISING KAYAK 3-SEATER

An inflatable kayak with 3 raised adult seats for great paddling comfort. Stable and reassuring, perfect for a family outing.



LIFE JACKET 100N

Life jacket for a safe introduction to sailing. Easy to put on with its "T-shirt" shape, a single central buckle and crotch strap. Its modern design promotes freedom of movement. Lightweight and comfortable. Complies with standard ISO 12402.



KIDS' LIFE JACKET 100N

Life jacket for budding sailors to enjoy sailing up to 6 miles from shore. Easy to put on with its "T-shirt" shape, a single central buckle and crotch strap. Its modern design promotes freedom of movement. Lightweight and comfortable.



WATERPROOF DRY BAG 5L

This 5L dry bag is designed to protect your belongings from getting wet from splashes of water and brief immersion. Ideal for kayaking, stand-up paddling or light sailing.



ALSO AVAILABLE IN:



BEST SELLER!

WATERPROOF DRY BAG 10L

This 10L dry bag is designed to protect your belongings from getting wet from splashes of water and brief immersion. Ideal for kayaking, stand-up paddling or light sailing.



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INFLATABLE TOURING STAND-UP PADDLE BOARD 11'

A touring stand-up paddle board for half-day trips for beginners weighing more than 80 kg. Easy-to-handle, ultra-stable, generously sized inflatable Stand-Up Paddle (SUP) board for cruising or surfing small waves.



STAND-UP PADDLE PUMP - ORANGE

High-pressure pump to inflate your inflatable stand-up paddle board. Inflate up to 20 PSI.



STAND-UP PADDLE 100 - BLUE

Adjustable split paddle for beginner stand-up paddleboarders for cruising or surfing small waves. Paddle with removable handle to fit in a bag or car boot. Easy and practical SUP paddle.



PADDLE STAND UP PADDLE 500 COLLAPSIBLE ADJUSTABLE CARBON SHAFT 170-210 CM - L



Our team of enthusiasts has developed this adjustable paddle for intermediate stand-up paddleboarders for touring, racing and surfing available in two sizes. Can be disassembled and adjusted FROM 170 TO 210 CM (in ORANGE) or 150 to 190 cm (in WHITE) according to your size. Mixed glass fibre tube and carbon for an ideal mix of softness and effectiveness.



KIDS' DISCOVERY BODYBOARD



Bodyboard for children from 4 to 8 years old (15 to 25 kg) to get used to waves and enjoy their first wave-riding experience. With grips for your child to discover the joys of gliding in the foam at the water's edge. Top or shorty is obligatory. No fins. For depths to the navel.



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WATERPROOF DRY BAG 30L

We designed this 30L dry bag with carry straps to protect your belongings from getting wet when doing water sports

This 30L dry bag protects your belongings from splashes and brief immersion. Ideal for kayaking, stand-up paddling, and light sailing.



2 YEARS
WARRANTY*



WATERPROOF DRY BAG 30L

We designed this 30L dry bag with carry straps to protect your belongings from getting wet when doing water sports

This 30L dry bag protects your belongings from splashes and brief immersion. Ideal for kayaking, stand-up paddling, and light sailing.



BEGINNER TOURING INFLATABLE STAND-UP PADDLEBOARD 10 FOOT

Our team of fellow paddlers developed this touring stand-up paddle board for half-day trips for beginners weighing 60 to 80 kg. Easy-to-handle, ultra-stable, generously sized inflatable Stand-Up Paddle (SUP) board for users weighing 60 to 80 kg, for cruising or surfing small waves.



2 YEARS
WARRANTY*



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RIGHT-HANDED SOFT BOOMERANG BL

For throwing without wind. Training required for perfecting the movement. A safe-to-use foam boomerang that's perfect for beginners. Easy to catch thanks to its foam component. Important: you must learn the correct technique to be able to throw the boomerang.



2 YEARS

WARRANTY*



ALSO AVAILABLE IN:



KIDS 35" ENTRY-LEVEL 100 TECHNICAL BODYBOARD WITH LEASH FOR 6-12 Y/O

Designed for children aged 6 to 12 (25 to 40 kg) to discover bodyboarding in waves <50 cm. Wear a rash vest or wetsuit to avoid irritation. Kids' bodyboard to discover riding waves less than 50cm.



2 YEARS

WARRANTY*

FOAM SURFBOARD 100 - 7'

Foam surfboard for children learning to surf. Robust and lightweight with 2 wood stringers. For kids under 40kg.



2 YEARS

WARRANTY*



MEN'S RASH GUARD LS - BLUE

UV-protection shirt that is perfectly suited to surfing in warm water, for sessions lasting up to an hour. Long-sleeved UV-protection shirt to protect you from the effects of the sun, even in the water. It also reduces irritation from contact with the board.



2 YEARS

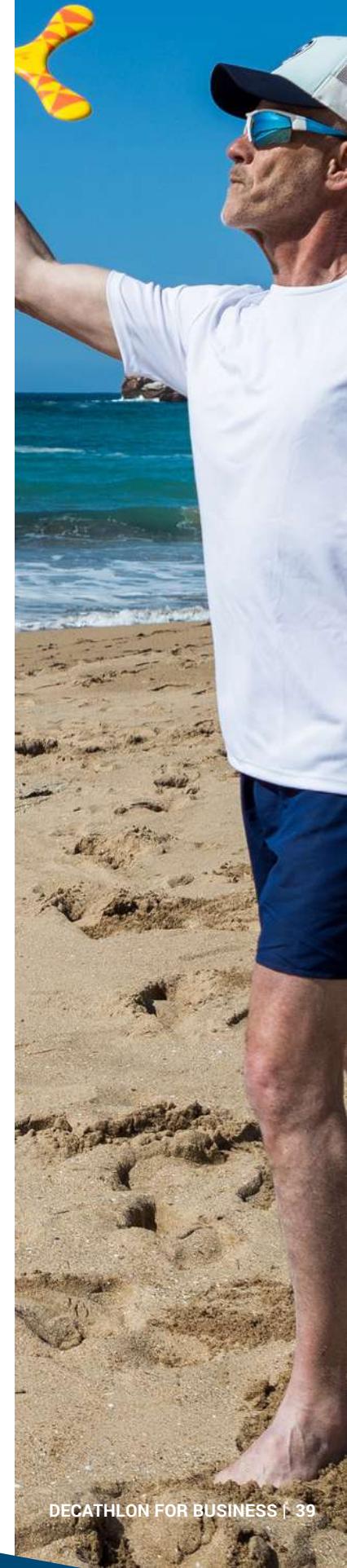
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WOMEN'S SURF LEGGINGS 100

UV leggings for beginner surfers surfing in the foam. Women's UV-resistant leggings for protection from the sun, even in the water, and to limit irritation when in contact with the board.



ALSO AVAILABLE IN:

MEN'S BOARDSHORT HENDAIA

Surfing in warm water, for sessions lasting up to an hour. Boardshorts that catch the waves with you! This new model has been redesigned and optimised for more comfort when surfing with a drawstring, water-repellent fabric, mesh lining and a pocket



WOMEN'S BOARDSHORT TANA

Boardshorts for beginner surfers surfing in broken waves. These women's short boardshorts with an elasticated waistband and decorative cord are designed to be worn over a swimsuit for all water sports activities.



WOMEN'S BOARDSHORTS WITH ELASTIC WAISTBAND AND DRAWSTRING

As female surfers of all levels, we have designed, this swimsuit for beginner surfers surfing in broken waves. These short women's boardshorts are designed to be worn over your swimsuit for all water-based activities. They have an elastic waistband and drawstring.



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KIDS' SURF PONCHO 100 - BLUE



Kids poncho for young surfers for drying off and getting changed before and after surfing. Basic poncho cut, without hood, to dry off and get changed after surfing sessions.



ADULT SURF PONCHO 100 - BLUE



Dry yourself off and get changed easily before or after your surfing sessions. Basic poncho cut, without hood, to dry off and get changed after surfing sessions.



KIDS' SURF PONCHO 500



Kids poncho for young surfers 110 to 135 cm tall, for drying off and getting changed before and after their sessions. Easy to use thanks to the press studs on the sides. Once opened and unfolded, can also be used as a beach towel!



ADULT SURF PONCHO 500



Our surf-loving designers created this poncho to dry yourself off and get changed easily before or after your surfing sessions. Stretchy underarm panels and side openings at the hips make it easier to get changed and protect your modesty!



ULTIMATE DISC 175 G 500



This disc is designed to meet the standards of the World Flying Disc Federation (WFDF) and meet the needs of Ultimate competitors.

This disc was created by our design team in partnership with passionate players and is perfect for playing Ultimate in competition. This disc is not suitable for dogs.



SURFING SHORT BOARDSHORTS 500



Our team of designers developed a pair of boardshorts that are perfectly suited to surfing, for sessions lasting up to 2H.

Short boardshorts with two-way stretch fabric to make it easier to move when surfing. Flat waistband for a secure fit and comfort on the board. Zipped side pocket

WOMEN'S SURFING HIGH-WAISTED SWIMSUIT BOTTOMS ROMI

As female surfers of all levels, we designed this swimsuit for intermediate surfers surfing waves under one meter. These high-waisted, low leg cut swimsuit bottoms stay in place over your stomach and rear.

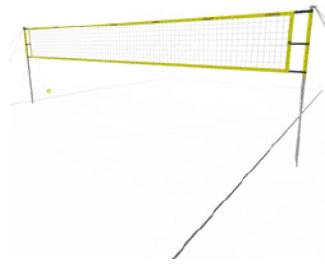


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BEACH VOLLEYBALL

BEACH VOLLEY BALL SET - OFFICIAL DIMENSIONS - BV900

Our design team created this set for intensive, official-style beach volleyball play all year round. Build your own beach volleyball court for some great matches on the sand!



BV100 BEACH VOLLEYBALL NET



Our team of passionate beach volleyball players designed this net so you can set it up anywhere you want and discover beach volleyball. An improvised game at the beach, in the garden, or at the pool? Our net attaches everywhere for maximum fun!



BEACH VOLLEYBALL MARKINGS BV900 - OFFICIAL DIMENSIONS (8MX16M)

These lines have been developed by our beach volleyball team for marking out a court. Take your lines anywhere and enjoy some great points with the official court dimensions (8m x 16m)!



BEACH VOLLEYBALL BVB900 FIVB

Kayak paddle for beginner kayakers touring on lakes, rivers or close to the sea shore. This four-piece paddle can be easily carried in a kayak bag.



BEACH VOLLEYBALL SET BV 500 (6M)

Our engineers and designers have created this set for recreational outdoor beach volleyball. Easy to install and take down, this set is perfect for discovering beach volleyball as a family or with friends!



BEACH VOLLEYBALL BVBS100

Developed by our teams, our soft, colourful ball is perfect for sharing moments of fun with family or friends! Want to learn to play beach volleyball? Learn to play with our soft, comfortable ball while having fun with friends and family.





SNORKELLING EASYBREATH MASK 500

We designed the Easybreath 500, the second generation of our full-face mask, to offer a better experience for seeing and breathing in and out of the water. Thanks to the panoramic field of vision and the ability to breathe through your nose and mouth, it's never been easier to discover the underwater world than with the Easybreath 500 snorkeling mask!



ADULT SNORKEL SNK 500 BLACK

Our design teams have created this snorkel for adults who want to observe underwater life. Light and rigid recycled plastic tube for all underwater sports.



KIDS' CLASSIC "J" SNORKEL 500



Kids snorkel for beginners who want to observe underwater life. Light and rigid plastic tube made with production scraps, for all underwater sports.



SNORKELLING MASK 520 TEMPERED GLASS



Our team of enthusiasts has developed this adjustable paddle for intermediate stand-up paddleboarders for touring, racing and surfing available in two sizes. Can be disassembled and adjusted FROM 170 TO 210 CM (in ORANGE) or 150 to 190 cm (in WHITE) according to your size. Mixed glass fibre tube and carbon for an ideal mix of softness and effectiveness.



SNORKEL SET 520



Snorkel set ideal for a more enjoyable snorkeling experience. This snorkel set includes 1 tempered glass mask for a great facial support, 1 semi-dry snorkel with a soft silicone mouthpiece for a more comfortable breathing, and a mesh bag.



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KIDS' MASK SUBEA SNK 520

Kids who like to spend time in the water to discover the flora and fauna while snorkelling. Lets kids go underwater for their first dives Comfortable and durable with a shatterproof polycarbonate lens. The moveable snorkel holder allows a perfect fit around the face for greater comfort.



2 YEARS
WARRANTY*



FLEXIBLE SNORKEL 500

Flexible snorkel for experienced freedivers. Its flexibility enables observing underwater life with more hydro-dynamism. Can bend when moving under the water to adapt to the current. Its silicone mouthpiece is very comfortable.



SNORKELLING FINS 900

Mid-length snorkelling fins for adults who perform short snorkelling dives during their exploration of the coastal seabed. Explore the deep ocean floor using comfortable fins! They are designed with an ergonomic foot pocket comfortable to wear, and have a large and strong blade for extra power.



2 YEARS
WARRANTY*

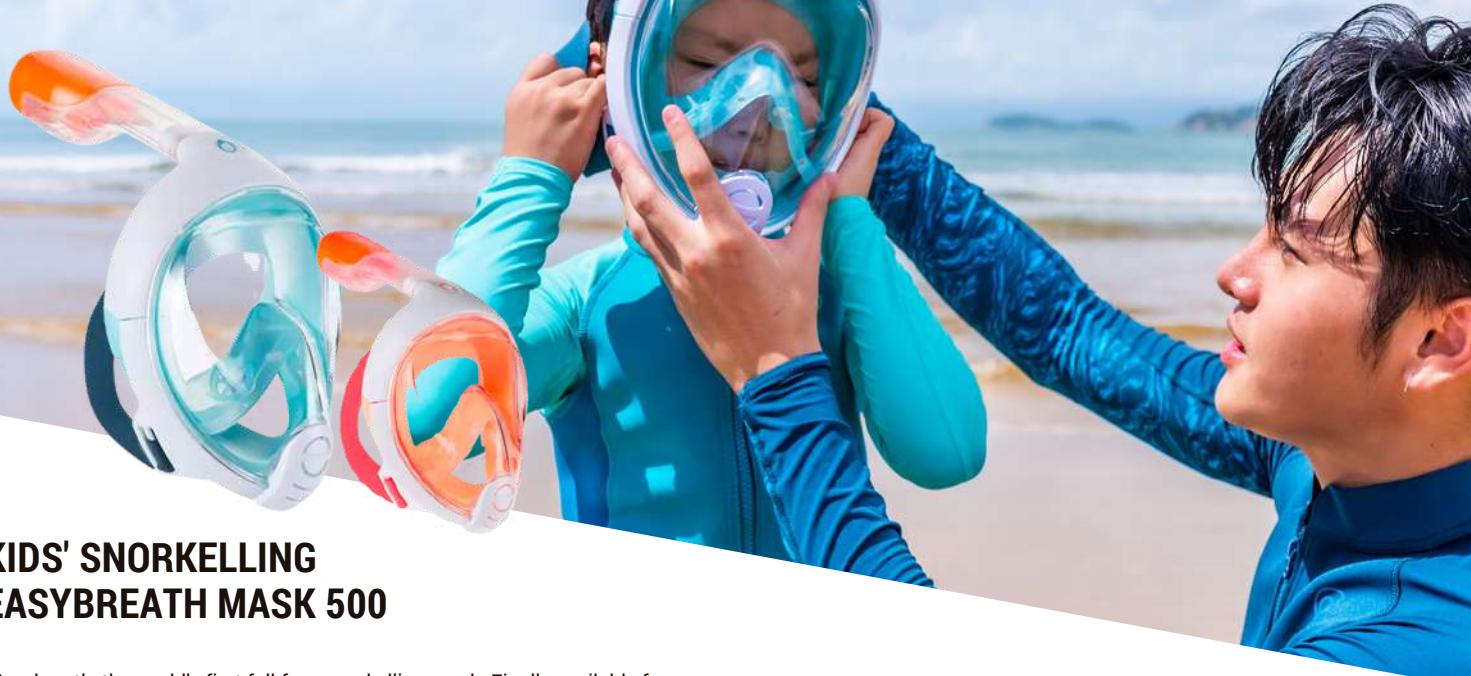


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KIDS' SNORKELLING EASYBREATH MASK 500

Easybreath, the world's first full-face snorkelling mask. Finally available for kids from the age of 6 to see and breathe underwater just like on dry land! Thanks to the panoramic field of vision and the possibility of breathing through your nose, it's never been easier to discover the underwater world than with the Easybreath snorkelling mask.

KIDS' SNORKELLING FINS 100 ADJUSTABLE



Snorkelling fins to help kids swim with less effort during their initial discoveries of the coastal seabed. This snorkelling fins are adjustable. One size covers four shoe sizes, so the snorkeller can use them for several years. Ideal to start discovering the coastal seabed.



AQUASHOES 100



Aquashoes designed to let adults walk comfortably across pebbles and rocks at the water's edge so that they can discover the coastal seabed. Protect your feet in the water with these aquashoes!



SNORKELLING OBSERVATION BUOY 120 OLU



Observation buoy for children and adults who want to explore the coastal seabed without putting their heads under water. The Olu 120 is DECATHLON's latest innovation for snorkelling. It allows everyone, without putting their head under the water, to observe, talk, and share while enjoying the underwater landscapes.



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RAINCOAT PONCHO 100

This raincoat poncho is designed to protect yourself in case of sudden showers. With its compact design that folds into its sleeve, you can take it anywhere.



2 YEARS
WARRANTY*



SALTWATER FISHING SET CAPERLAN UFISH SEA 240 ETU

We have designed this kit including a rod, reel and rigs "ready to fish" to discover sea fishing. This fishing gear kit is equipped with a connector to attach the rig easily without knots to the line of the reel. All you have to do is cast! The ideal length for teenagers



KIDS' FISHING DISCOVERY KIT

Children seeking to explore and learn about the living creatures in the sea and freshwater (small fish, crabs, shellfish, etc.). This kit allows children to easily catch small fish near the seashore and observe them with a transparent bucket.



2 YEARS
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RUNNING

A group of four runners, three men and one woman, are shown trail running on a rugged, volcanic landscape. They are wearing athletic gear, including blue jackets, black shorts, and running shoes. The terrain is rocky and uneven, with layers of brown and orange earth. In the background, there are large, craggy rock formations under a clear blue sky.

DECATHLON
PHILIPPINES

#SportsForEveryJuan

DECATHLON FOR BUSINESS | 48

RUNNING TO WORK

Thinking about running on your commute to or from work? With the right trail running backpack and a bit of planning, you can get started in no time. Running to work has obvious benefits like saving you time, money and reducing your carbon footprint. Whether you're a new runner or an experienced marathoner, learn how to make run commuting work for you.

BENEFITS OF RUNNING TO WORK

Good for your health

Obviously, exercising is good for your overall health. Many people also say they feel more focused, energized and relaxed on days they run to (or from) work. We're pretty sure no one feels that way after getting stuck in traffic!

Saves you time

Speaking of traffic—in Canada, the average daily commute takes 30 minutes each way. Run commuting lets you avoid rush hour while getting good exercise and leaving more free time for everything else.

Helps with motivation

Finding the motivation to exercise after a long day of work can be tricky. If you run home, you'll be free to relax, cook a nice meal, or spend time with your family as soon as you get in the door.

Good for the earth

Running or biking to work is a great way to reduce your carbon footprint. The fewer cars on the road, the better. It will also get you thinking about how pedestrian-friendly (or not) your city is and how it could be improved.

Saves you money

In a big city, public transportation costs around \$3 per trip—and driving can get even more expensive with parking fees. It may seem like a small amount, but it adds up over time.

TIPS FOR YOUR RUN COMMUTE

So, how do you get started? Use these tips for maximum efficiency, safety, and fun while running to work.

Start small

You don't have to run the whole way, and you don't have to run every day. Start with once a week and see how it goes—it's better to change your routine gradually.

Figure out your shower situation

No shower at work? Try commuting "normally" in the morning and running home at night.

Explore different routes

You probably already know the best route to get to work by car, bus, and train. But do you know the best way on foot? Keep exploring to locate pedestrian paths, water fountains, and exciting scenery.

Invest in a good running backpack

Trail backpacks are perfect for run commuters since they're designed to carry a significant amount of gear over long distances. Thanks to their multiple adjustable straps and ergonomic fit, these backpacks move with you instead of bouncing around.



UNISEX RUNNING WATCH ATW100

Running and walking in rainy or mild weatherA waterproof running watch for all your training sessions and everyday use



RUNNING STOPWATCH W200 M

Time your performances and programme your interval training sessions.Waterproof watch to help you develop your performance and your interval training.



RUNNING WATCH W500

Measuring your performances and programming your interval training.Simple yet classy and waterproof, perfect for intense runs and interval training sessions.



WOMEN'S RUNNING BREATHABLE SHORT-SLEEVED T-SHIRT DRY

We designed this T-shirt to offer you good perspiration management and freedom of movement when you are out running for your well-being.This comfortable, breathable and feminine T-shirt will quickly become an essential part of your summer running kit.



WOMEN'S RUNNING SHOES EKIDEN RUN 100

Women looking to run once or twice a week for up to 30 minutes.Light weight with EVA foam sole absorbs shock waves. Shoe that offer the comfort you need to start running.



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WOMEN'S JOGGING WINDPROOF JACKET RUN WIND

Running in windy weather, windproof jacket ideal for beginner runners! Lightweight jacket that's easy to store away in its zip pocket!



MULTI-PURPOSE RUNNING HEADBAND

Runners wanting to protect their head and/or neck in any weather. One product, several functions: a headband, a hat or a snood. Lightweight, breathable material.



ADJUSTABLE SMARTPHONE BELT ONE SIZE FITS ALL

Carry your valuables while you run! Don't worry about the size of your phone or keys! Run free and carry it with you on a belt. Elastic and repel water or body sweat during your run.



LARGE RUNNING SMARTPHONE ARMBAND



Runners who want to carry their smartphone when they run. The clear screen makes it easy to use your phone when running - to check the time or play music.



ARM COVER SUN PROTECTION



Cover your arms while you run and protect yourself from the sun. Thanks to the soft and breathable UV protective fabric, you will be protected from the sun while you run.



RUNNING WATER BOTTLE KIPRUN SOFT FLASK 250ML

Our design teams developed this flexible 250ml running soft flask for easier hydration while you run. Carry it in your hand or in a pocket? An elastic ring to hold it in your hand and a lockable teat to prevent it from leaking in your pocket while you run!

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SCALE 100 - GLASS

Measuring your weight accurately. Easy to use, switches on and off automatically. AAA's battery included



2 YEARS
WARRANTY*



KIDS' AT TS100

Our athletics designers have created this T-shirt especially for kids. They can run, jump and throw in warm weather at school or at their athletics club. Are you looking for a breathable, affordable T-shirt? This T-shirt is made from recycled thread and wicks perspiration effectively, making it your child's best friend for their athletics sessions.



2 YEARS
WARRANTY*



GIRLS 2-IN-1 ATHLETICS SHORTS AT50

Kids doing training or fitness outdoors. Running shorts for kids with tight shorts cover for unrestricted movements.



2 YEARS
WARRANTY*



KID'S ATHLETICS SHOES AT EASY

Kids starting athletics at school or in a club twice a week. Lightweight shoes with strap on for easy-wear.



2 YEARS
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MEN'S BREATHABLE T-SHIRT

Running in warm or hot weather, perfect for summer. A breathable T-shirt that's designed for runners by runners. Made with recycled polyester, it absorbs and wicks away sweat faster than cotton.



MEN'S BREATHABLE TANK RUN DRY

Running in hot weather, breathable tank top to keep runners dry. The technical recycled polyester absorbs and wicks away perspiration so runners feel drier.



MEN'S RUNNING SHORTS RUN DRY+

Running in warm or hot weather, perfect for summer. Made of fabric that absorbs and wicks away perspiration! It has built-in briefs to guarantee good comfort and support, plus an inside key pocket.



MEN'S RUNNING SHOES RUN 100

Men looking to run once or twice a week for up to 30 minutes. Light weight with first level comfort for beginners



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