

TDEECalculator

+ TDEECalculator()

+ TDEECalculator(sex:string, age:int, height: double, weight: double, activity: string)

+ Sex{get;set;}: string

+ Age{get;set;}: int
+ Height{get;set;}: double
+ Weight{get;set;}: double

+ Activity{get;set;}: string + TEF{get;set;}: double

+ BMR{get;set;}: double

+ EEE{get;set;}: double

+ NEAT{get;set;}: double + myTDEE{get;set;}: double

+ Calculate(): void