## **Free Starter Profile**

Realised Strengths
Use wisely

Unrealised Strengths
Use more

Learned Behaviours
Use when needed

Weaknesses
Use less



## Competitive

You are highly motivated by competing against others



#### Growth

Whatever you are doing, you look for ways to develop yourself further



### **Explainer**

You take complex ideas and express them simply and clearly



#### Writer

You like writing, finding fulfilment in writing things for others to read



#### Innovation

You tend to want to invent things that are better than what has been done before



### Legacy

You care about future generations and want to leave a legacy through what you do



### **Work Ethic**

You have learned to work hard, putting a lot of effort and energy into your work



### **Time Optimiser**

You have learned that it is important not to waste time, finding ways to squeeze as much as you can into every minute



## Rapport Builder

You may find it difficult to start conversations with people easily, particularly for the first time

## **Cappfinity**

### Learn more about the 60 strengths featured in Strengths Profile



**Action** 



**Adaptable** 



Adherence



Adventure



Authenticity



Bounceback



Catalyst



Centred



**Change Agent** 



Compassion



Competitive



Connector



Counterpoint



Courage



Creativity



Curiosity



Detail



Drive



**Emotional Awareness** 



**Empathic** 



**Enabler** 



**Equality** 



**Esteem Builder** 



Explainer



Feedback



Gratitude



Growth



Humility



Humour



Improver



Incubator



Innovation



**Judgement** 



Legacy



Listener



Mission



Moral Compass



Narrator



**Optimism** 



Organiser



**Persistence** 



**Personal Responsibility** 



Personalisation



**Persuasion** 



**Planner** 



**Prevention** 



Pride



**Rapport Builder** 



**Relationship Deepener** 



Resilience



Resolver



**Self-awareness** 



**Self-belief** 



**Service** 



Spotlight



Strategic Awareness



Time Optimiser



Unconditionality



Work Ethic



Writer

# **Develop Your Strengths Further**

Upgrade Your Profile



#### **Introductory Profile**

Strengths quadrant revealing up to:

- 7 realised and 7 unrealised strengths, 4 learned behaviours and 3 weaknesses
- Descriptions and development advice for each of the above
- **Your Potential** action advice and tips to use and develop your unrealised strengths to release your potential
- Careers Guide revealing 8 job sectors that match your strengths so you can make conscious career choices and love your job

<u>Learn More</u>

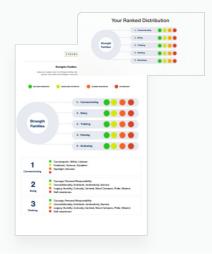


#### **Expert Profile**

A more detailed Profile including:-

- Your 60 strengths revealed within the 4 quadrant categories
- Your 60 strengths revealed within the 5 strengths families
- Your Potential action advice and tips to use and develop your unrealised strengths to release your potential
- Careers Guide revealing 8 job sectors that match your strengths so you can make conscious career choices and love your job

<u>Learn More</u>



#### **Leader Profile**

A more detailed Profile including:-

- Your 60 strengths revealed within the 4 quadrant categories
- Your 60 strengths revealed within the 5 strengths families
- Your Potential action advice and tips to use and develop your unrealised strengths to release your potential
- Careers Guide revealing 8 job sectors that match your strengths so you can make conscious career choices and love your job

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