

# BERTHA BURUWAA TAKYI

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## Professional Summary

I am an empathetic Care Worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents. Offers enhanced care with flexible learning approach for patients. Experience in hospital and in-home settings providing guidance and encouragement to patients through physical and emotional support.

## Skills

- Behavioral Management
- Patient Companionship
- Incident Reporting
- Documentation
- Care Plan Adherence
- Basic Housekeeping
- Flexible schedule and availability
- Medication Administration
- Complex Problem-Solving
- Verbal and written communication skills
- Emotional Support
- Strong Ethics

## Work History

**Caregiver**, 02/2021 to Current

**New Leaf Hospital** – Techiman, Ghana

- Enhanced patient comfort by providing compassionate and attentive care, addressing individual needs and preferences.
- Assisted clients with activities of daily living, promoting independence and quality of life.
- Maintained a safe and clean environment for patients, reducing risks and ensuring optimal health outcomes.
- Administered medications as prescribed, ensuring accurate dosage and timely administration for maximum efficacy.
- Monitored vital signs regularly, detecting any abnormalities or changes in condition to promptly inform medical professionals.
- Provided emotional support to patients and their families during challenging times, fostering trust and strong relationships.
- Facilitated smooth transitions between home care settings by coordinating services and communicating effectively with all parties involved.
- Managed patient appointments and transportation needs, ensuring punctual arrival at medical visits and other engagements.
- Prepared nutritious meals according to dietary restrictions, supporting clients' overall health through balanced nutrition.
- Performed light housekeeping duties to maintain cleanliness standards while respecting the patient's personal space.
- Documented detailed daily reports on each client's progress, informing adjustments in care plans when necessary.
- Developed engaging recreational activities tailored to individual interests and abilities, boosting mental stimulation for patients throughout their day-to-day lives.
- Contributed to a positive atmosphere for patients by using effective communication and active listening skills.
- Prioritized patient dignity, privacy, and autonomy during all aspects of care .

Valley View Adventist Hospital – Techiman Bono East Region

- Enhanced the quality of care for clients by providing personalized support and assistance with daily living activities.
- Improved client satisfaction by promptly addressing concerns and implementing feedback in a timely manner.
- Collaborated with interdisciplinary teams to develop and implement individualized care plans for each client.
- Maintained detailed records of client progress, interventions, and outcomes to ensure continuity of care across service providers.
- Promoted independence among clients through skill-building exercises and goal-setting initiatives.
- Established trusting relationships with clients and their families through empathetic communication and active listening.

**Care Certificate:** Elderly Care And Care For The Disabled, 05/2023

**Alison Care Academy**

**Certificate Nurse Assistant Preventive:** Nurse Assistant Preventive, 11/2017

**Nursing And Midwifery Training College Techiman Kr - Techiman Krobo**

**WASSCE:** General Arts, 05/2012

**Techiman Senior High School - Techiman Bono East Region**

## Certifications

1. I have a care certificate from Alison care on Elderly care and caring for the disabled.
2. Certificate for Basic Life Support at Florence Academy.
3. Certificate as a Nurse Assistant

## Languages

**English:**

### Advanced (C1)

**Tw:**

Bilingual or Proficient (C2)

**French:**

Beginner (A1)

## Reference

Available on request.