HandRehab-RPS

Make hand rehabilitation training easier







Meet Our Team



LIU Muzhou

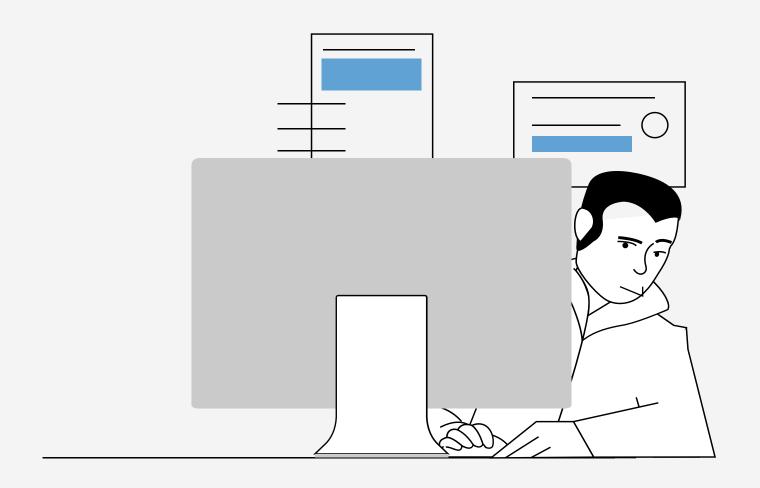
Software Engineer

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Game design



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Project Description

A gesture-based hand therapy game that turns repetitive rehab into fun, structured, and data-informed training—using just a webcam.

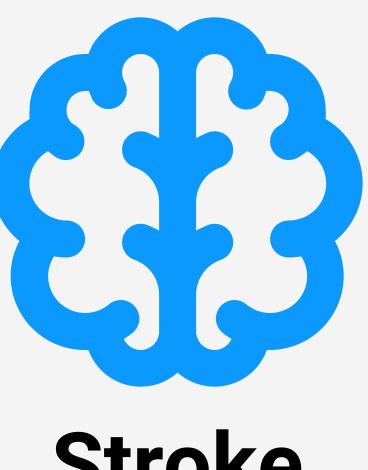
Background Research

Why Hand Rehab Matters



Sports

25%



Stroke

20-25%



Carpal tunnel syndrome

80%

Background Research

Traditional Rehab Challenges

Low Continuity

Low Adherence

Inequitable Access

User Research

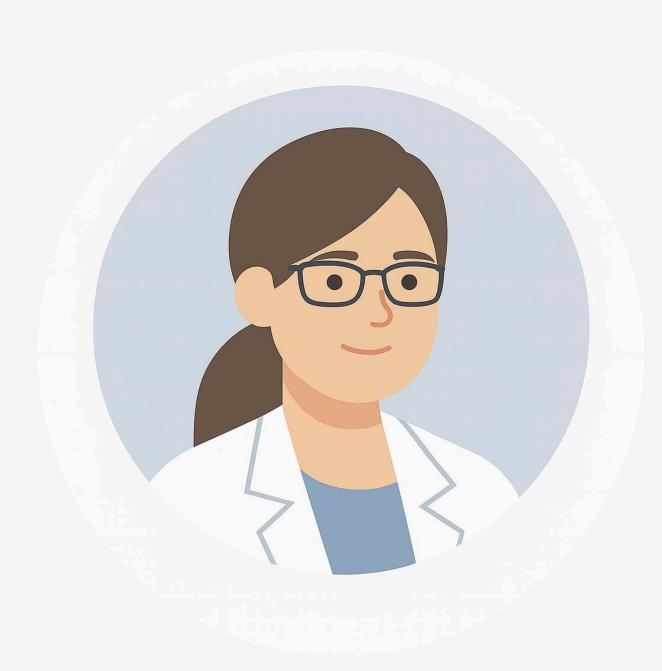
Target User & Pain points



- Exercises are repetitive and boring
- Difficult to maintain training regularly
- Users don't know if they're doing the gesture correctly
- Training feels meaningless when results are unclear
- Many rehab tools require hardware or complex setup
- High cost for therapists' guidance

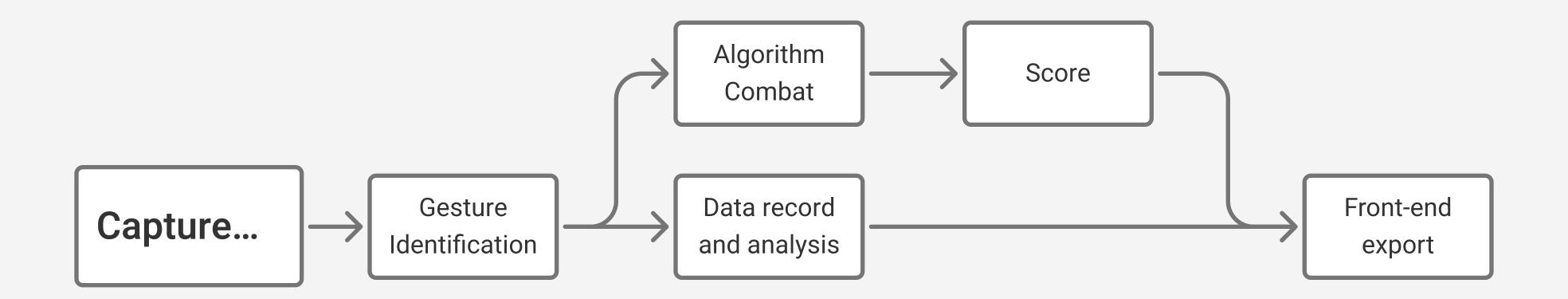
User Research

Target User: Clinicians/ therapists doctors



Cannot assess patient behavior outside the clinic Feedback and documentation are time-consuming Cannot adjust based on real performance data

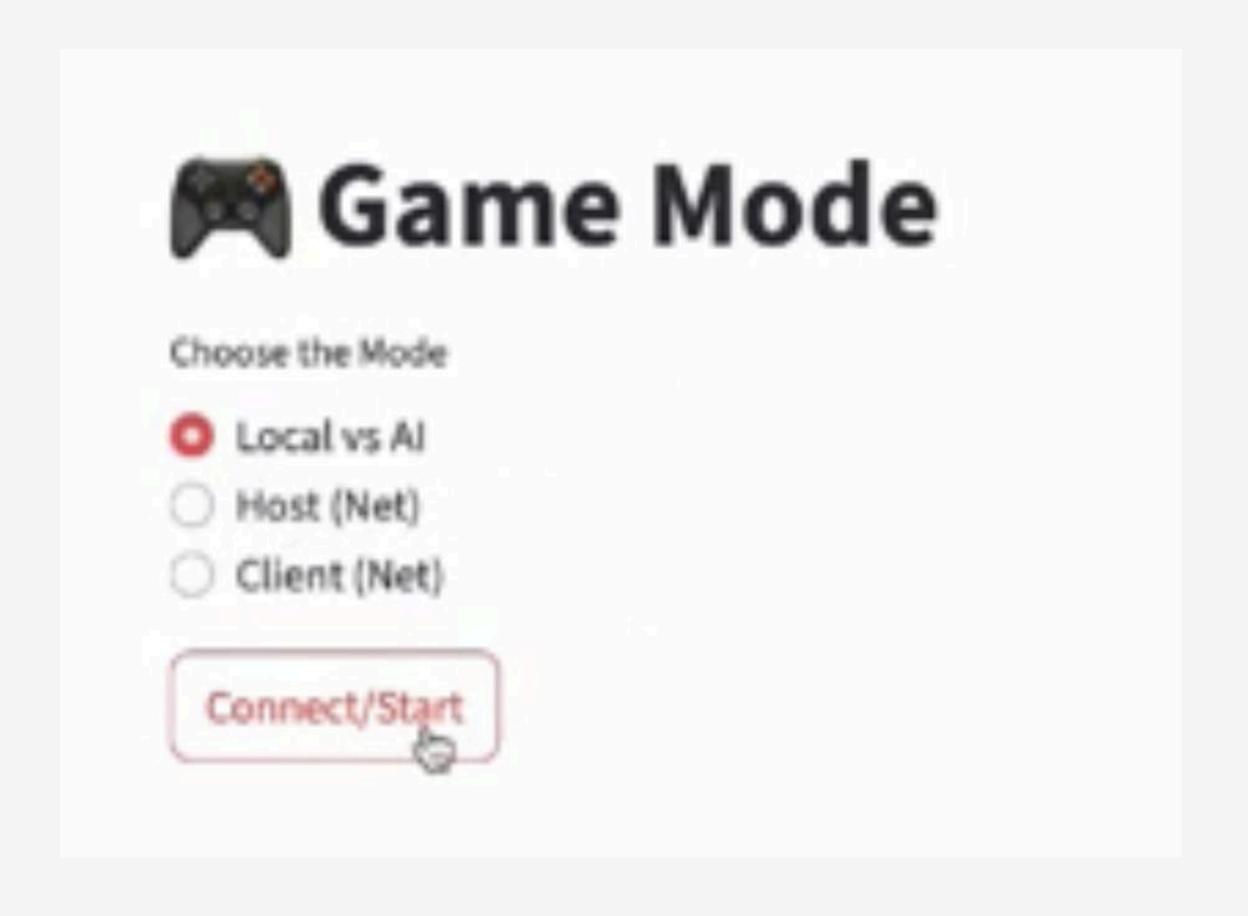
Project design



Real-time hand gesture recognition



Single player vs Computer/ Player VS Player

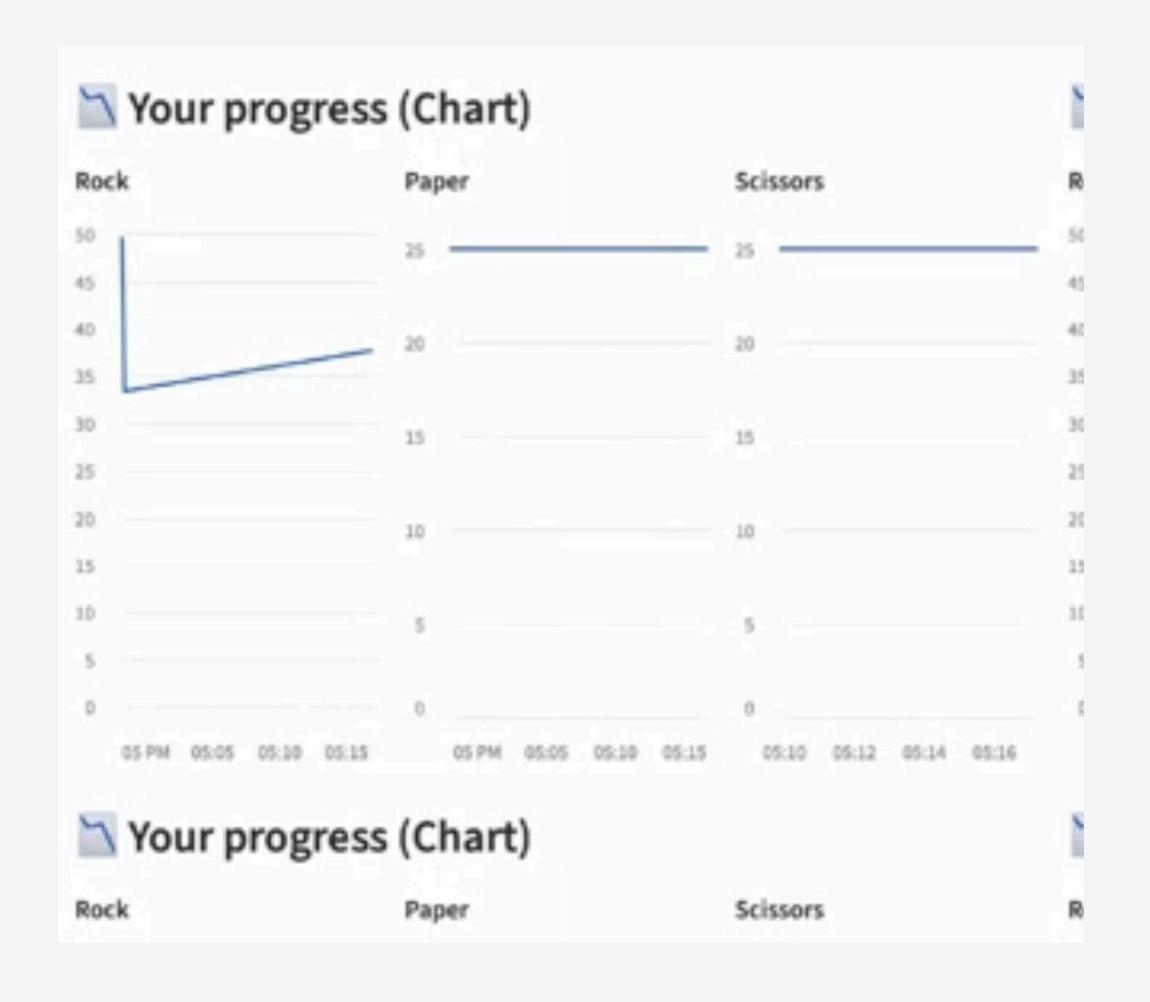


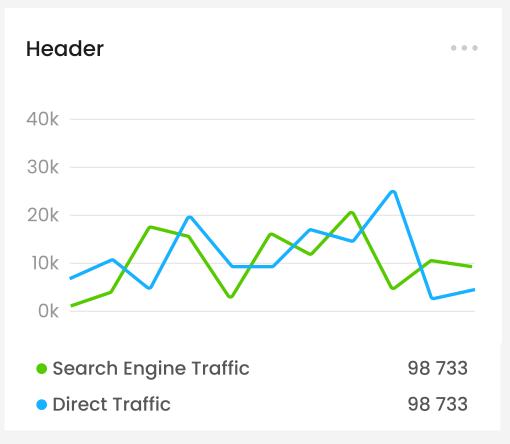
Training metrics tracking

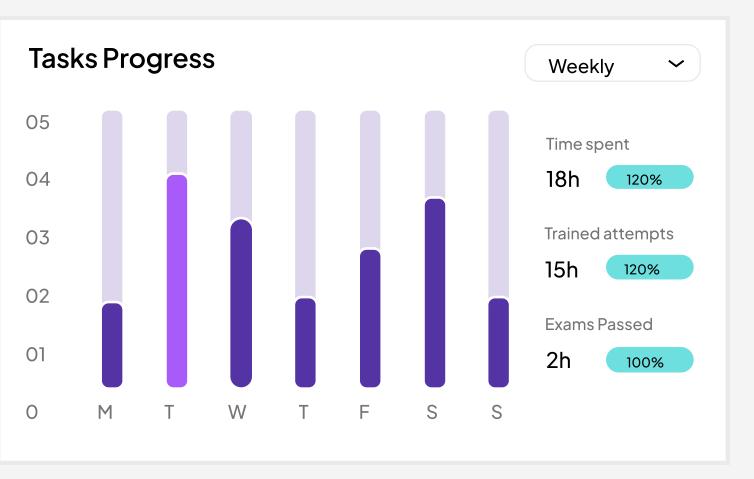
Capture and summarize hand gesture frames, Accuracy, Pain score, Reaction time, ROM(Range of motion)

Round 7
Score: 8
Last Result: Lose
Last Best Total: 25.0%
Press ENTER to start
Press ESC to quit

Historical data visualization







Game Mechanic

Turn-based game loop

Selective gamemode

Computer opponent & Strategic variants

Multimodal Feedback System

Motion Quality Scoring

Turn-based game loop

Round 7

Score: 8

Last Result: Lose

Last Best Total: 25.0%

Press ENTER to start

Press ESC to quit

Short feedback loops increase motivation through frequent, clear reinforcement.

Computer opponent & Strategic variants

Player competes against computer with dynamic difficulty

PVP mode using matching machoism to mach opponent at a comparable level

Selective gamemode

Time-based:

The training ends after playing for a fixed duration

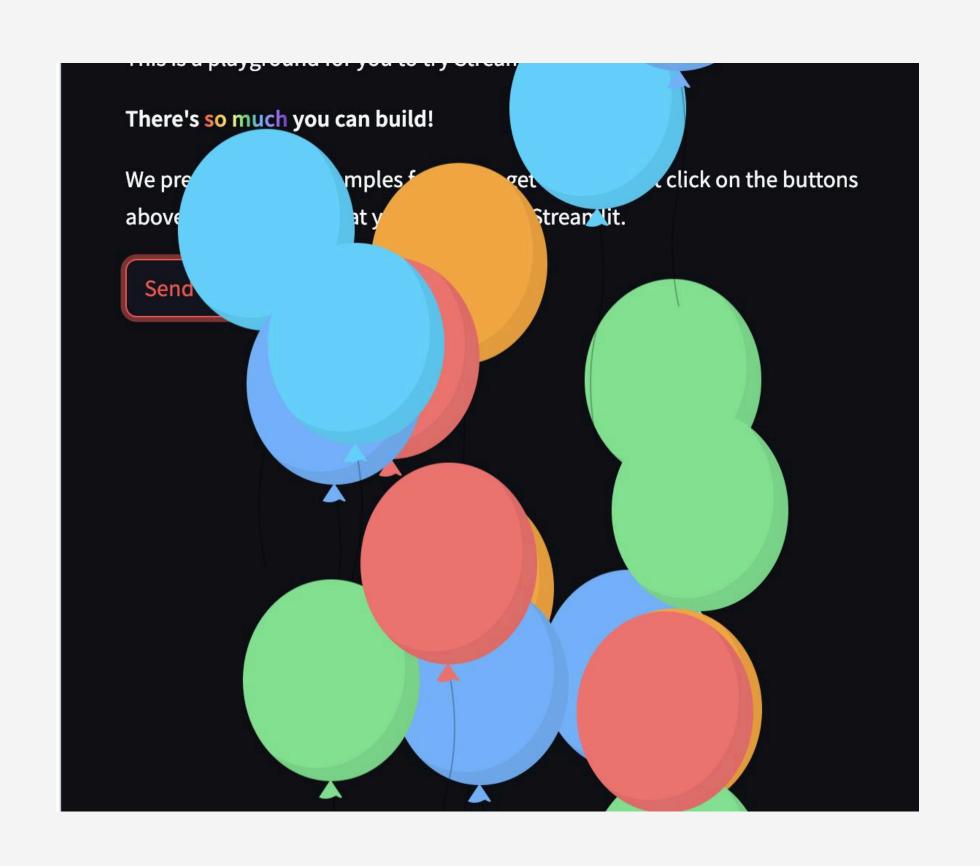
Game-based:

The training ends after winning a fixed number of games

The gesture accuracy have higher score weight in this mode

Choice-based modes give users autonomy, supporting intrinsic motivation and better adherence.

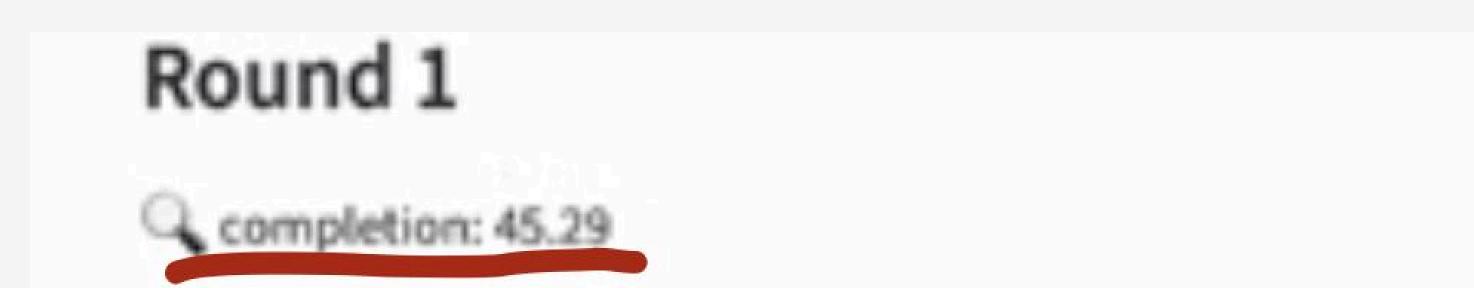
Multimodal Feedback System



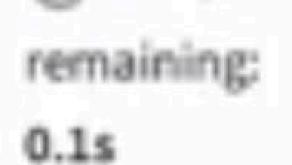
Combining audio + visual + textual feedback reduces cognitive load and improves clarity.

Visualization of progress is key for longterm engagement and motivation.

Motion Quality Scoring



Back To GameMode



Next Round



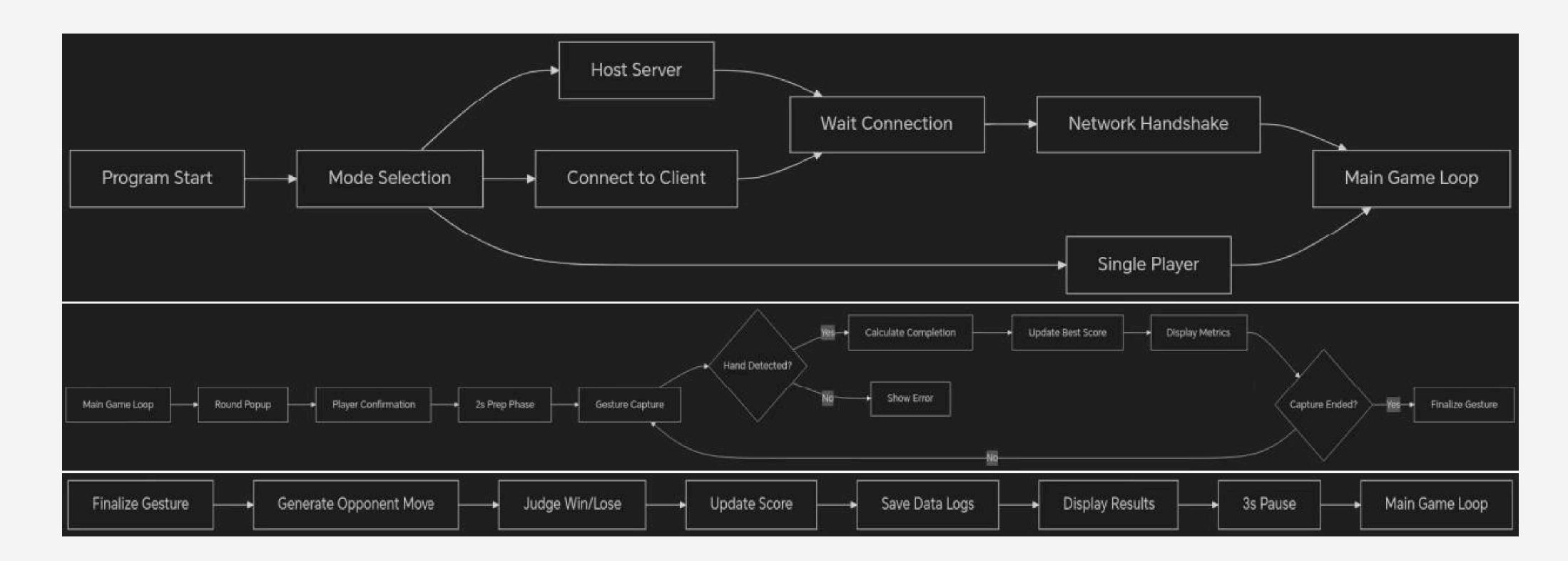
Technical implementation











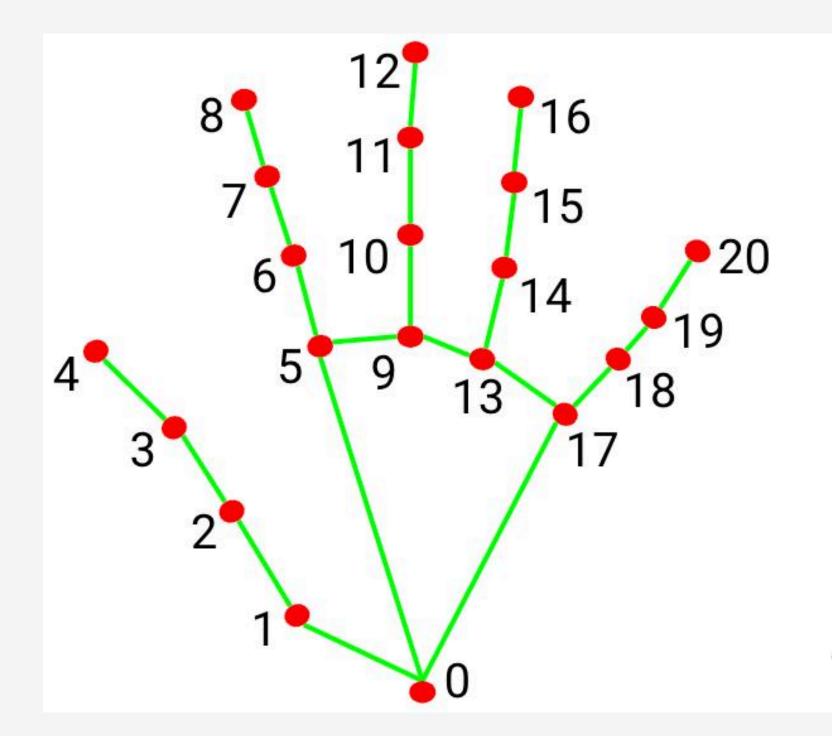
Technical implementation











- 0. WRIST
- 1. THUMB_CMC
- 2. THUMB_MCP
- 3. THUMB_IP
- 4. THUMB_TIP
- 5. INDEX_FINGER_MCP
- 6. INDEX_FINGER_PIP
- 7. INDEX_FINGER_DIP
- 8. INDEX_FINGER_TIP
- 9. MIDDLE_FINGER_MCP
- 10. MIDDLE_FINGER_PIP

- 11. MIDDLE_FINGER_DIP
- 12. MIDDLE_FINGER_TIP
- 13. RING_FINGER_MCP
- 14. RING_FINGER_PIP
- 15. RING_FINGER_DIP
- 16. RING_FINGER_TIP
- 17. PINKY_MCP
- 18. PINKY_PIP
- 19. PINKY_DIP
- 20. PINKY_TIP

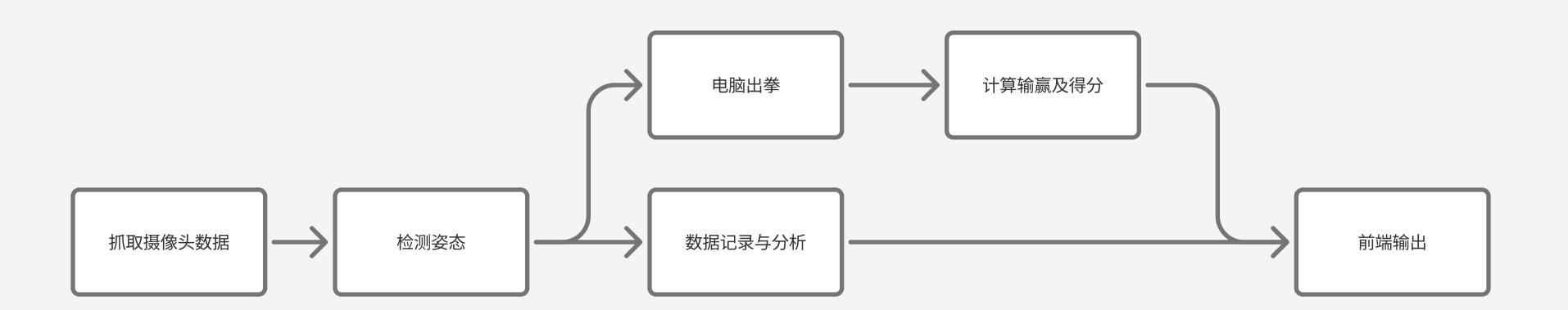
Technical implementation





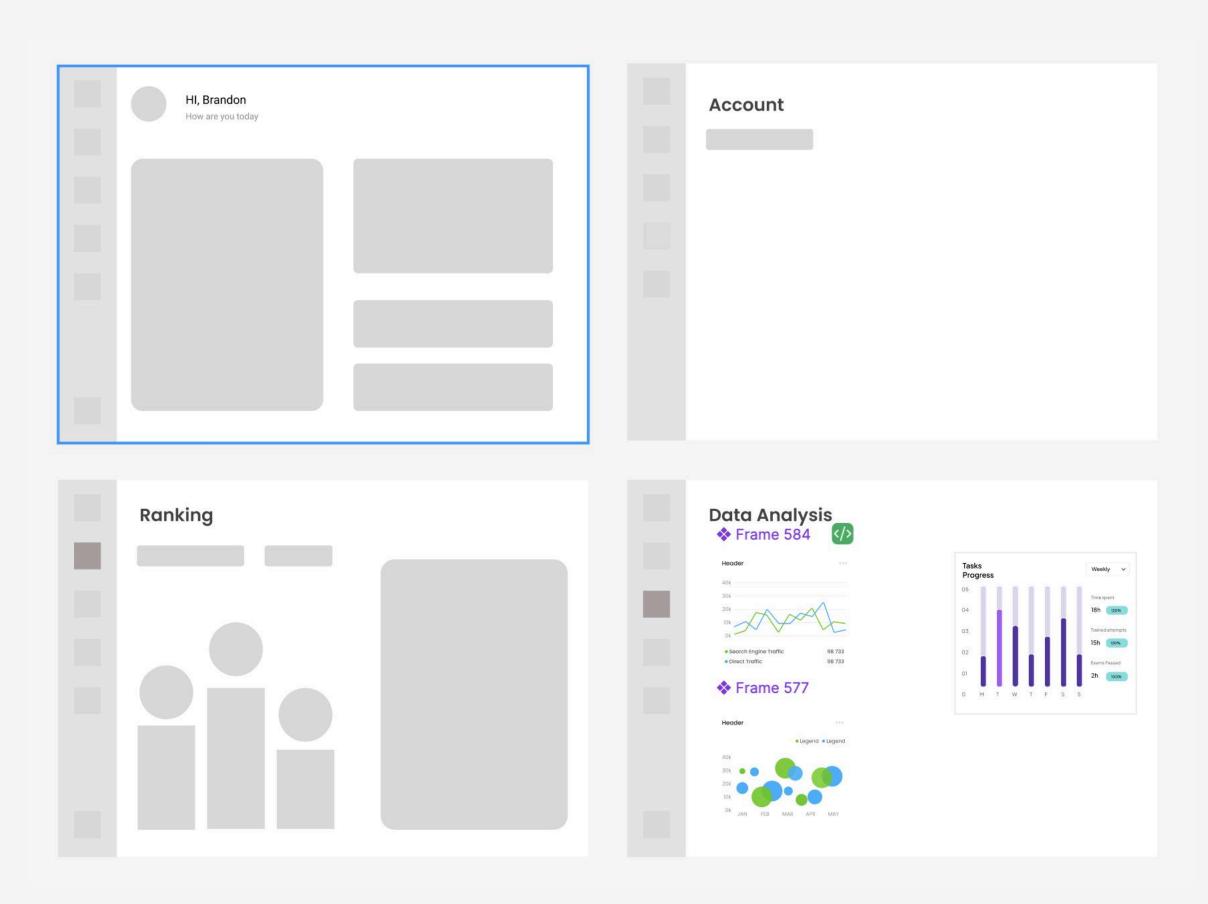




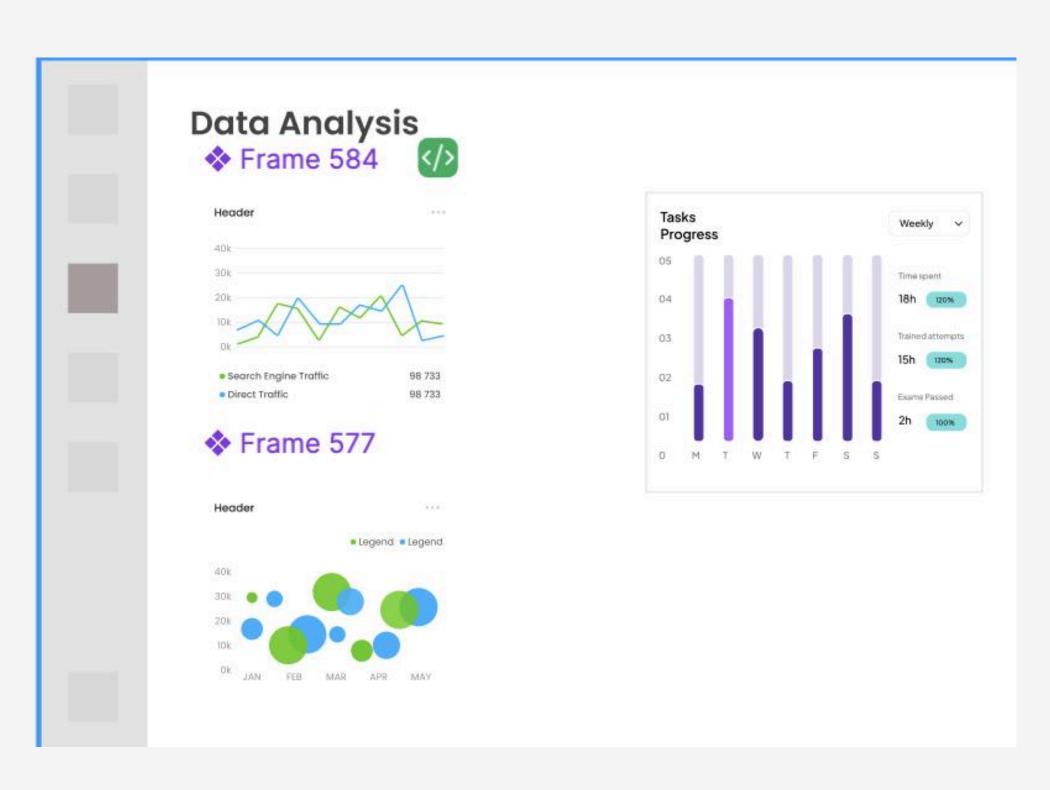


Future development

Front end modify



Data analysis and dash board



Usability

Thank you for listening

Q&A