



# DANUKSHI DANASTRAN

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## PROFILE SUMMARY

Passionate and dedicated Health Promotion professional with expertise in community engagement, data collection, and evaluation of public health initiatives. A recognized Child Protection Ambassador, committed to advocating for child rights and safeguarding vulnerable populations. Experienced in developing and implementing health promotion programs, monitoring community-based interventions, and assessing their effectiveness. Skilled in research, report writing, and peer assessment, with a strong ability to counteract commercial influences and address social determinants of health. Seeking an opportunity to apply expertise in health promotion, community development, and program evaluation in a dynamic role.

## EDUCATION

- General Certificate Examination Advanced Level -Biology : C | Chemistry : C | Physics : S | General English : B | GIT : B
- General Certificate Examination - Ordinary Level - Mathematics : A | Tamil : A | Science : A | Commerce : A | Health : A | Tamil literature : A | History : A | Religion : A | English : B | Sinhala : B
- BSc in Health Promotion – Rajarata University of Sri Lanka
- Diploma in Child and Educational Psychology
- Diploma in Counselling Psychology - Transmind Institute of Training and Development (Pvt) Ltd
- Diploma in Human Resource Management - CASED institute
- Completed John Keels foundation programme English Language[Merit]
- Completed general English course with distinction with merit at Jesuit English Academy & computer training Centre.

## PROFESSIONAL WORK EXPERIENCE

- Intern, Hatton National Bank (2018)**
  - Assisted with daily banking operations, including customer service and account management.
  - Handled data entry, documentation, and report preparation for financial transactions.
  - Gained hands-on experience in banking procedures, financial services, and customer interactions.
- National Child Protection Authority (NCPA) University Ambassador (2024-2025)**
  - Completed child protection training at the NCPA office.
  - Led child protection awareness campaigns by organizing educational sessions in schools and communities.
- Member, Health Promotion Society, Rajarata University (2021-2025)**
  - Member of journal club
  - Coordinated a Diabetes Awareness Campaign in collaboration with Anuradhapura Teaching Hospital.
  - Developed digital content and social media campaigns for public health awareness.
  - Planned charity shop events and fundraising activities for health promotion initiatives.
  - Conducted health and hygiene education sessions for primary school children.

## FIELD WORK EXPERIENCE

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- **Worked on a health promotion initiative in Mahakanadarawa Yaya 2 village, Sri Lanka, as part of university fieldwork.**
- **Community Engagement:** Interacted with villagers, including mothers, students, teachers, and women's groups, to identify health issues.
- **Key Issues Addressed:**
  - Reduced risks of non-communicable diseases (NCDs) like obesity.
  - Improved academic performance of school students.
  - Promoted better early childhood care and development (ECCD) practices.
  - Reduced alcohol and tobacco consumption
- **Rajarata University (2 years) – Collaborated with a student group to promote university students' well being, focusing on variety of interest.**

## SKILLS

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- Community Engagement & Outreach
- Health Promotion Program Development & Implementation
- Data Collection & Analysis
- Public Health Campaigns & Advocacy
- Event Planning & Coordination
- Digital Content Creation & Social Media Campaigns
- Public Speaking & Workshop Facilitation
- Program Evaluation & Impact Assessment
- Research & Report Writing
- Health Education & Awareness Sessions
- Stakeholder Collaboration & Networking
- Financial & Banking Operations (Customer Service & Account Management)
- Human Resource Management
- Project Management
- Problem Solving & Critical Thinking

## LANGUAGES

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- Tamil – Fluent
- English – Proficient
- Sinhala – Proficient

## REFERENCES

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### **DR. MANOJ FERNANDO**

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