

## Home

<https://liguedesdroits.ca/>

Because human rights are for everyone!

Against the multiple risks and setbacks that human rights face, we must speak out, act and denounce, which the Ligue des droits et libertés does tirelessly.

You can count on the LDL to work to defend the rights of all. As part of the 2024-2025 fundraising campaign, support the LDL's mission!

The Interdependence of Rights at the Heart of Human Rights Struggles

Right to Health

Economic, Social and Cultural Rights

Rights of Migrants

Rights of Indigenous Peoples

Prison Issues and Rights of Persons in Detention

Environment and Human Rights

Freedom of Expression, Right to Protest and Political Profiling

Police and Mechanisms for Monitoring Police Practices

Racism, Social Exclusion and State Secularism

Population Surveillance, Artificial Intelligence and Human Rights

## Footer

League for Rights and Liberties

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[Site Map](#)

[Mission & History](#)

Founded in 1963, the Ligue des droits et libertés (LDL) is a non-profit, independent and non-partisan organization that aims to raise awareness of, defend and promote the universality, indivisibility and interdependence of the rights recognized in the International Bill of Human Rights.

## Publications & Quotes

The primary objective of the publications produced by the LDL is to stimulate discussion on various human rights issues. Thus, the total or partial reproduction of a publication is not only permitted, but encouraged, provided that the source is mentioned.

[Protection of Personal Information](#)

If you have any questions or concerns, if you wish to exercise your rights or if you wish to file a complaint regarding the protection of personal information, please contact the person responsible for the protection of personal information:

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Coordinator  
Ligue des droits et libertés  
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info@liguedesdroits.ca

## List of news

<https://liguedesdroits.ca/luttes-en-cours/>

### Luttes en cours

The LDL is a non-profit, independent and non-partisan organization, originating from Quebec civil society and affiliated with the International Federation for Human Rights (FIDH). For over 60 years, it has campaigned for the defense and promotion of all human rights (civil, political, economic, social and cultural rights) recognized by the International Bill of Human Rights.

The LDL's working committees are as follows:

- Right to health
- Rights of Indigenous peoples
- Economic, social and cultural rights (ESCR) and the State's orientations in terms of social policies and programs, particularly with regard to social protection
- Prison issues and the rights of persons in detention
- Environment and human rights
- Freedom of expression, right to demonstrate and political profiling
- Migration and the rights of refugees, persons without status or with precarious status
- Police and mechanisms for monitoring police practices
- Racism, social exclusion and the secularism of the State
- Surveillance of populations, protection of privacy and anti-terrorism measures

The files for which there is no committee are:

- Quebec regime for the protection and promotion of human rights and the Commission des droits de la personne et des droits de la jeunesse du Québec

## Page of a new

<https://liguedesdroits.ca/lexique/droit-a-la-sante/>

### Right to health

The right to health requires the State to do everything possible to ensure its realization. It also requires democratic participation of populations and social movements in decisions concerning them in matters of health and social services.

The right to health refers to the best possible state of physical, mental and social health that is attainable for any person. The right to health is not limited to health care; it encompasses the elements – the social determinants – that influence a human being's environment throughout their life. Thus, it includes socioeconomic factors (income, housing, work, race, gender, etc.) that have an impact on the health of individuals and communities.

The Quebec and Canadian governments have recognized this broad definition of the right to health, notably by ratifying the International Covenant on Economic, Social and Cultural Rights. This implies that they have a responsibility to respect, protect and fulfil the right to health and to ensure that this right is exercised without discrimination of any kind, including on the grounds of race, social origin and wealth. The Covenant also requires that our governments act to the maximum of available resources to implement public policies that prevent and redress social and economic inequalities that impact the right to health.

When it comes to determining the set of social and health goods and services required, the State must put in place a decision-making process that guarantees that choices will be made in a fair, inclusive and equitable manner.

Related articles:

The Minister remains responsible for respecting the right to health

Definition of the right to health

Interviews on the rights of migrants

The importance of respecting human rights in home support and the employment service voucher

Fighting for the right to effective equality

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List of services offered

<https://liguedesdroits.ca/ateliers-formations/>

## **Workshops & training**

Are you interested in a workshop on rights issues? The LDL offers workshops for community organizations, associations, secondary and post-secondary institutions, and citizens' groups. Contact us!

Workshops on current issues!

Human rights, a societal project  
Surveillance capitalism  
Systemic racism... let's talk about it!

Workshop Human rights, a societal project

What are human rights?

How did we acquire these rights?

What role do social movements and civil society play in defending and extending them?

Based on the panels of the travelling exhibition *Droits en mouvements*, this new training from the Ligue des droits et libertés traces some of the major struggles for human rights that have marked the history of contemporary Quebec. It highlights the activism of social movements and minority, marginalized or discriminated groups who, although too often excluded from historical narratives, have been at the forefront of many struggles that have helped shape contemporary Quebec society.

By providing historical depth to several current debates, this exhibition aims to open a space for critical reflection on both the achievements and the systemic obstacles that hinder the full realization of human rights.

#### Workshop duration

The duration can vary between 60 and 90 minutes.

#### Suggested space

Given that the workshop relies on exhibition material (13 freestanding panels (2' X 7')), we suggest that the room be at least 300 sq. ft. for a small group of 15 participants. If the group is composed of a larger number of people, the room will need to be larger to accommodate everyone.

#### Number of participants required

To organize this workshop, we ask that there be at least 15 people participating. The maximum number of participants is approximately 35 in order to encourage exchanges.

#### Request a workshopOrganize a workshop

##### Request a workshop

Workshops are offered to any organization interested in human rights issues. Depending on the availability of trainers, workshops can be held in your environment, online or it is possible to organize a workshop in our offices in Montreal.

Contact us to discuss your needs.

Email: [info@liguedesdroits.ca](mailto:info@liguedesdroits.ca)

Phone: 514 849-7717, ext. 3221.

## Service page

<https://liguedesdroits.ca/cat/publications/outils-education-droits/>

#### Rights education tools

The right to a healthy environment: three democratic pillars to defend

Published on: May 15, 2024 Categories: Rights education tools

In the face of environmental crises, the three democratic pillars to defend and prioritize are access to information, public participation in decision-making, and access to justice.

#### The future of rights

Published on: January 12, 2024 Categories: Exhibition

Some excerpts from visitors' comments to the exhibition "Rights in Movement" presented at the Écomusée du fier monde in 2023.

#### Vignettes: Let's stop the machine!

Published on: April 13, 2023 Categories: Rights Education Tools

The Ligue des droits et libertés, the Coalition Solidarité Santé and the Coalition Riposte au Plan Santé, bringing together more than 35 organizations, are alerting the public to the setbacks in the right to health and the democratic setbacks that the Health Plan represents in several respects.

Police stops in Quebec, a practice that must be banned

Published on: February 13, 2023 Categories: Rights Education Tools

In 10 questions and answers, the Ligue des droits et libertés explains how the practice of police stops violates rights and freedoms and, therefore, must be banned.

Analytical framework | The right to health is eluding us!

Published on: November 3, 2022 Categories: Rights Education Tools

The Right to Health Analysis Framework Following the public seminar The Right to...

Facial Recognition, a Mass Surveillance Tool for mass surveillance

Published on: August 23, 2022 Categories: Facial recognition

This new human rights promotion tool aims to inform and raise awareness about the societal issues related to facial recognition, with a view to sparking a broad and informed public debate.

Systemic racism... Let's talk about it! – 2022 Edition

Published on: July 8, 2022 Download the attachment: pdf - 614 KB Categories: Racism, social exclusion and secularism of the State

In a question-and-answer mode, this brochure addresses the main issues related to systemic racism. Thanks to its historical overview, its glossary and its enlightening scientific data, this guide will help you demystify what systemic racism is. In addition, it offers avenues for action to overcome racism!

Glossary on sexual diversity and gender plurality – 2nd edition

Published on: January 27, 2022 Categories: Rights education tools

What do the terms agender, gender dysphoria, or two-spirit mean? What are the discriminations related to deadname or queer?

The right to health

Published on: May 19, 2021 Download the attachment: pdf - 7 MB Categories: Rights education tools

The LDL wishes to contribute to the public debate aimed at regaining control, from a collective and participatory point of view, of our health and social services network.

Critical perspectives on the first three years of the BEI

Published on: September 28, 2020 Categories: Reports and analyses

A publication essential to understand why an in-depth reform of the BEI is necessary.

The Right to Demonstrate in Quebec: Municipal Bylaws Under the Microscope

Published on: February 10, 2020 Download attachment: pdf - 8 MB Categories: Reports and Analysis

This guide aims to help groups and activists equip themselves with strategies to challenge the legality of these provisions and their legitimacy on the political and social levels.

Together, let's revalue the exercise of the right to collectively demonstrate in Quebec!

Secularism Booklet

Published on: October 17, 2019 Download attachment: pdf - 1 MB Categories: Rights Education Tools

This educational tool makes it possible to understand the foundations and aims of secularism as a way of governing the relationship between religions and the state.

Contact us

<https://portail.liguedesdroits.ca/fr/devenir-membre/>

The Grand Repechage is back with the annual membership campaign

A membership in the Ligue des droits et libertés (LDL) is an important gesture for the collective defense of human rights. The work that the LDL has been doing for over 60 years is possible thanks to the support of individuals and organizations who, like you, are concerned about issues of social justice and human rights.

The LDL is counting on you

Many recruits are sought to complete our roster, and above all, to collectively score points for human rights.

Independent financing

Although the financial support of members helps the LDL maintain its autonomy, all memberships, regardless of the amount of the contribution, are accepted.

All memberships are essential to score points for human rights!

A Rights in Movement membership

You can choose the \$80 membership that includes:

- individual membership until March 31, 2025;
- a copy of the collective work Rights in Movement. The Future of Freedoms. co-directed by Christian Nadeau and Philippe Néméh-Nombré on the occasion of the 60th anniversary of the LDL.

Questions?

If you would like to know more, consult the Frequently Asked Questions section below or write to us at [info@liguedesdroits.ca](mailto:info@liguedesdroits.ca).

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