

# Travel Guide: Lyon

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Nestled along the banks of the Rhône and Saône rivers, Lyon is a captivating French city that seamlessly blends its storied past with a vibrant, contemporary spirit. As the gastronomic capital of France, Lyon tantalizes the senses with its world-renowned cuisine, from the traditional bouchons serving hearty Lyonnaise fare to Michelin-starred restaurants pushing the boundaries of culinary innovation. Wander through the city's well-preserved Renaissance-era Vieux (Old) Lyon, a UNESCO World Heritage site, and discover charming traboules - hidden passageways that once facilitated the silk trade. Climb to the top of the Basilica of Notre-Dame de Fourvière for panoramic views over the city's terracotta rooftops, or explore the Roman ruins and ancient amphitheaters that bear witness to Lyon's 2,000-year-old history. Beyond the city limits, the Rhône Valley beckons with its world-class wineries and the stunning natural beauty of the Auvergne region, making Lyon an ideal base for exploring the cultural riches of southeastern France.