**CSE 310—Applied Programming**

W02 Prove – Soft Skills – Continuous Improvement (Kaizen)

Name: Fiifi Cudjoe Debrah

Date:17/07/2025

After watching the video “The Kaizen Way: One Small Step Can Change Your Life”, think about how this can be used to improve your personal soft skills.  Use the following prompts to help you think about the content.

**Prompt** 1 – Related to learning new programming languages and software technologies, what kind of Smaller Questions can you ask yourself about what you are learning, and what kinds of Smaller Rewards can you give yourself when you learn something?

**Prompt 2** – Read Alma 37:6-7.  How does this scripture apply to both personal improvement and to your study and learning of new programming languages and software technologies?

## Task:

Demonstrates your understanding and application of the principle/skill.  Answer each prompt with a well thought out statement. This likely cannot be done in fewer than two or three sentences per response. Certainly, using only a few words is too short. After completing your answers, copy and paste your answers to the corresponding Microsoft Teams Channel as a new Post.

1. Description of principle/skill.
   * RESPONSE: I will set aside 30 minutes every day, preferably in the morning, to read on the fundamentals of the new language to learn. This does not include time spent working on project
2. How the principle/skill can be used to enhance your software development skills.
   * RESPONSE: This will serve as a form of flash card helping me understand the basis of the language
3. How the principle/skill can improve working with team members.
   * RESPONSE: It will be better at expressing myself and helping others in using the language
4. How you can use the principle/skill in other areas of your life.
   * RESPONSE: If interest is gained while learning this new language, it can serve as a field to earn a career out of
5. A quick assessment of where you think you are with this principle/skill.
   * RESPONSE: I am assessing myself to see how best to approach this new course of action
6. An action plan to help you improve.
   * RESPONSE: I will sent a daily reminder in the morning to keep my with it

**I posted a copy of my responses in MS Teams (Yes/No) \_\_Yes\_\_\_**

## Deliverables:

There are two deliverables.

1. Copy your response from above and paste it into a new message in the appropriate MS Teams Channel for this soft skill.
2. Upload this document to [Canvas](https://byui.instructure.com/calendar#view_name=agenda).