

- In 1990, approximately 350 million people globally were estimated to be affected by mental health disorders, according to data from the World Health Organization (WHO) and studies on the global burden of disease. This includes a range of conditions such as depression, anxiety, schizophrenia, and other mental health disorders.
- 2001 report by the World Health Organization (WHO), approximately 450 million people worldwide were suffering from mental or neurological disorders at that time.
- In 2010, approximately 450 million people worldwide were estimated to be affected by mental health disorders, according to data from the World Health Organization (WHO).
- In 2020, approximately 100 million people globally were estimated to be affected by mental health disorders, according to the World Health Organization (WHO). This includes a variety of conditions such as depression, anxiety, and other mental health disorders. The number reflects the global burden of mental health, which saw an increase in prevalence due to the impacts of the COVID-19 pandemic
- In 2024, an estimated 100 million people worldwide are affected by mental health disorders, similar to the numbers from 2020. The prevalence of mental health conditions continues to grow, with anxiety, depression, and other disorders being the most common. This number is expected to increase due to factors like the ongoing effects of the COVID-19 pandemic and rising awareness of mental health issues globally.