

FUTURE MENU

STARTER

Fatoush

Fatoush: Iceberg lettuce, red oak leaf lettuce, beetroot, pita chips, garlic, mint, flat leaf parsley, cherry tomatoes, cucumber, snow peas, pomegranate, radishes

* Served with a glass of regenerative delight

MAIN COURSE

Fried Rice

Fried rice, carrot, peas, sprouts, stuffed Chinese cabbage with seitan/lentils, pickled vegetables (kimchi style), 4 gluten free : with lentils

* Served with a glass of regenerative delight

DESSERT

Belgian strawberry dream

Belgian strawberries with with mint and hazelnuts, whipped cream

* Served with coffee made from organic Fairtrade beans, carefully roasted to perfection.
Alternative; Tea

FUTURE MENU

STARTER

Toast deluxe

A slice of soft white bread served with a generous ammount of buttery margarine, perfect as a simple and classic side.

* Served with a energizing drink

MAIN COURSE

Macaroni & (meat)balls

Macaroni with veggie- or not-so-veggie meatballs, garlic bread and side salad.

* Served with a glass of coca cola

DESSERT

Ice cream bomb

Ice cream, topped with chocolate sauce and whipped cream.

* Served with a cop of instant coffee

FUTURE MENU

STARTER

Nutrient shot

A powerful and nutrient-rich protein shot that provides an energy boost, nourishment and vitality.

MAIN COURSE

Macaroni in broth

A delicate and nutritious serving of whole wheat and white bean macaroni, served in a mild and flavorful broth.

* Served with a glass of purified water

DESSERT

Nut-Paste

Sweetened hazelnut paste

* Served with a vitamin-infused sparkling drink.

FUTURE MENU

STARTER

Nutrient shot

A powerful and nutrient-rich protein shot that provides an energy boost, nourishment and vitality.

 + **Fresh vegetables**

MAIN COURSE

Macaroni in broth

A delicate and nutritious serving of whole wheat and white bean macaroni, served in a mild and flavorful broth.

 + **Sourdough bread**

* Served with a glass of purified water

DESSERT

Nut-Paste

Sweetened hazelnut paste

 + **Nut-mix and an apple**

* Served with a vitamin-infused drink.