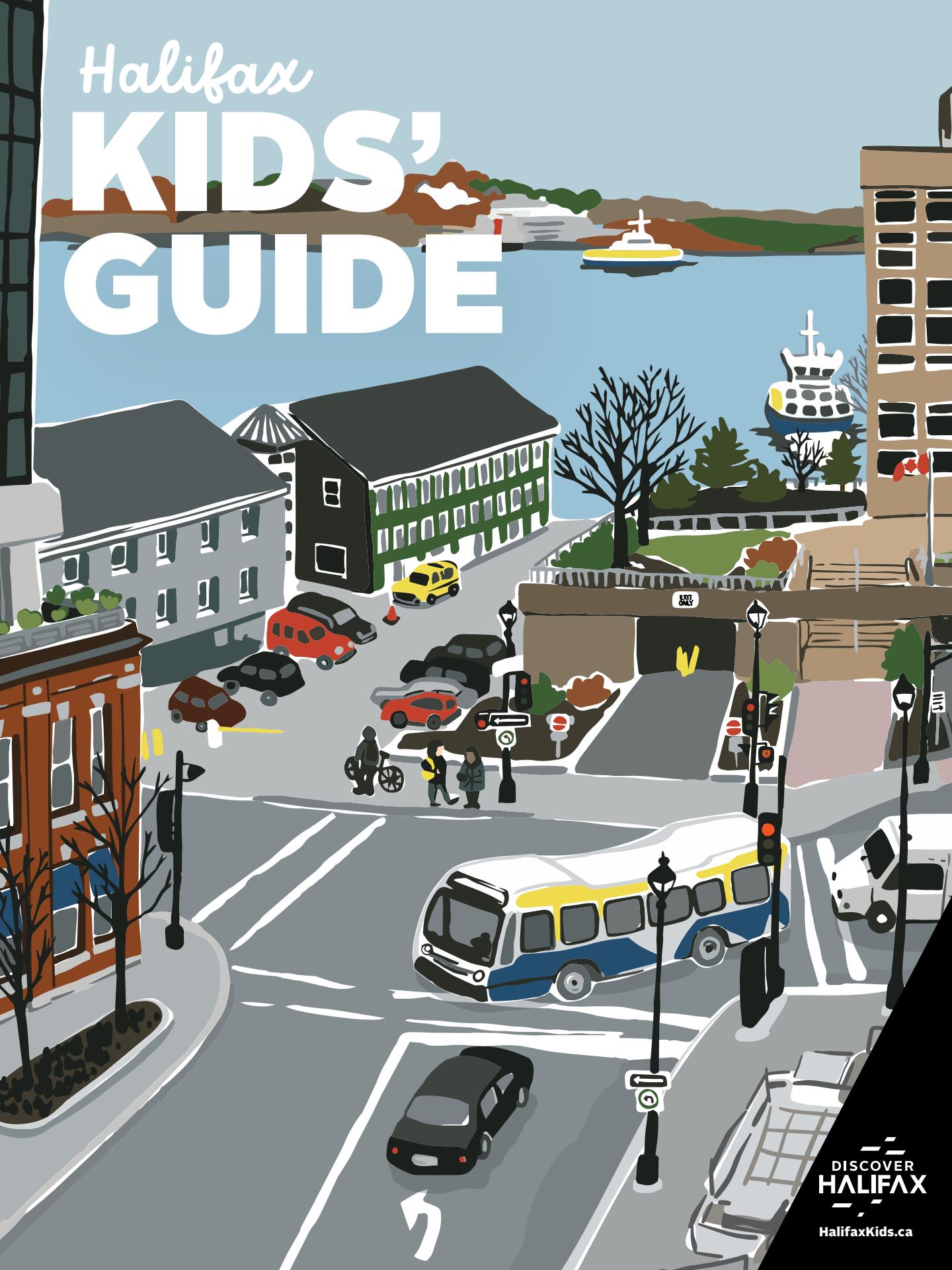


Halifax **KIDS'** **GUIDE**



DISCOVER
HALIFAX

HalifaxKids.ca

THIS GUIDE BELONGS TO:

Stay safe and healthy in Halifax



Safety first! Your grown-ups will probably want to have a look at this page.
Fill in the information before heading out to explore.

HOSPITALS

Halifax is home to a wonderful children's hospital called the **IWK Health Centre** located on University Avenue. They have an emergency department and a wide range of other departments to help your sick or injured child.

POLICE STATION

The Halifax Regional Police Headquarters is located on Gottingen Street between Downtown Halifax and the North End. If you have any issues or require in-person assistance, visit this location. In an emergency, call 911.

PHARMACIES

If you require a prescription or medication, there are many pharmacies across the region, including **Lawtons Drugs, Shoppers Drug Mart, Sobeys Pharmacy**, and more.

WALK-INS

If you need a walk-in doctor immediately, visit this website: ns.skipthewaitingroom.com/city/halifax

IMPORTANT NUMBERS:

Emergency Phone: 911

Kids Help Phone: 1 800-668-6868

Halifax Police (non-emergency): 902-490-5020

Health Information (non-emergency): 811

Halifax Transit: 311

FILL THIS OUT IN CASE YOU GET LOST

Guardian's name:

Guardian's phone number:

Location your group/family is staying:

About THIS GUIDE

This guide was created by locals! The information found in this guide was sourced from a wide collection of local and provincial partners, including NSITEN; Mi'kmaq Resource Centre at Unama'ki College, Cape Breton University; Family Fun Halifax; Halifax Trails; Halifax Regional Municipality; The Coast; Mi'kmaq Online, and more.

GREEN FACT

All the ink used to create this guide is vegetable-based **AND** the paper is recyclable! We love our planet and hope that you will either hang onto this guide forever or recycle it when you are finished with it.



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Cover Image: Kat Frick Miller

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HALIFAX JOURNAL

50



Whether we realize it or not, everyone in the land we know as Nova Scotia travels over and through ancestral Mi'kmaq places, and we do it every day.

Welcome to HALIFAX P'jilitaq wla KJIPUKTUK

Sound-it-out

P'jilitaq wla Kjipuktuk =
ep-chi-lee-dawq / wu-la / ek-g-book-dook

Halifax is the capital city of Nova Scotia. It is located on the East Coast of Canada on the Atlantic Ocean. The region is known formally as the Halifax Regional Municipality (or HRM), but to keep things simple, we just call it Halifax.

Kjipuktuk is the Mi'kmaq way of saying **Great Harbour**.

DID YOU KNOW: Traditionally, the Mi'kmaq people do not see land as something to own; it is seen as a responsibility bestowed upon them by the Creator.

Special thanks to NSITEN for their support in the creation of this content.



NOVA SCOTIA INDIGENOUS
TOURISM ENTERPRISE NETWORK

Land ACKNOWLEDGMENT

Halifax is in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq people. The people of the Mi'kmaq Nation have lived on this territory for millennia, and we acknowledge them as the past, present, and future caretakers of this land.

What is a land acknowledgment?

Historically, a land acknowledgment is a traditional practice shared amongst Indigenous groups to recognize the Indigenous land and territory they are visiting. Today a land acknowledgment remains a way to express one's gratitude to the Indigenous people for being stewards of the land where we live and work, and to remind us that we are all treaty people.

MI'KMAQ EIGHT-POINT STAR



The eight-point star is a cultural symbol of the Mi'kmaq people. Many Mi'kmaq artists use the star to decorate drums, blankets, moccasins, and baskets. The four colours represent harmony and unity between all people. They also represent the four directions:

WHITE (WAPEK) = **NORTH (OQWATN)**
🔊 wah-behg = ohk-wa-den

RED (MEKWEK) = **EAST (UKJIPN)**
🔊 meh-kwehg = uk-chi-ben

BLACK (MAQTEWEK) = **SOUTH (KP'TE'SN)**
🔊 mahq-tew-ehg = ek-pe-dee-sen

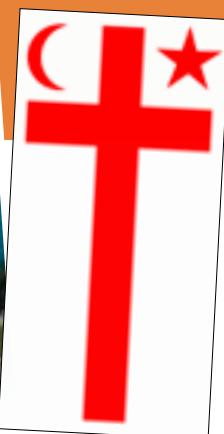
YELLOW (WATAPTEK) = **WEST (TK'SN)**
🔊 wah-tahp-tehg = et-ke-sen



Willow Street

@lizbee9

Mural: 'Respect the Sun'
by Lorne Julien



Grand Council Flag of
the Mi'kmaq Nation

Let's learn about **MI'KMA'KI**

The people of the Mi'kmaw Nation have lived in the area now known as Nova Scotia, Prince Edward Island, Newfoundland, most of New Brunswick and parts of the Gaspé Peninsula since time immemorial. This area is known as **MI'KMA'KI**. Traditional homeland and archaeological findings have shown evidence of Mi'kmaw presence in and around the area for thousands of years.

DISCOVER THE MI'KMAQ PETROGLYPHS AT THE BEDFORD BARRENS

WHAT IS A PETROGLYPH? Petroglyphs are rock carvings made by chipping directly onto the rock surface.

There are two Mi'kmaq petroglyphs located at the Bedford Barrens, an easily accessible gravel trail at the end of Emmerson Street in Bedford. One of the petroglyphs is the Eight Pointed Mi'kmaq Star, and the other is an abstract human figure. These petroglyphs are located right next to each other and can be spotted by the many colourful offerings tied to the trees above and the interpretive signage nearby.

TIP: When the petroglyphs are completely dry, they can be difficult to see, so try pouring some water over them and you'll see the grooves of the design begin to appear more clearly!

Mi'kmaq WORD GUIDE

Hello = kwe

ⓘ gway

Welcome = pjila'si

ⓘ (ip)-gee-la-see

(translation: you are welcome)

See you again = n'multes

ⓘ nem-ool-tes

Did you know that the Mi'kmaq language doesn't have a word for goodbye? It is always, I'll see you.

Thank you = we'la'lin

ⓘ weh-lah-lin

(translation: you do something good for me)

I love you = kesalul

ⓘ ge-sa-lul

Family = ni'kma'q

ⓘ nee-gim- ah'q

Mom = kiju'

ⓘ gi-juu

Dad = ta'ta

ⓘ dah-dah

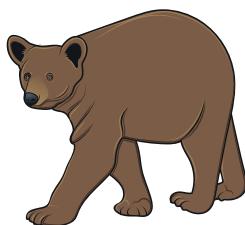
My name is _____ = n'in teluisi _____

ⓘ neen deh-loo-wisi



ANIMALS OF MI'KMA'KI • WAISISK MI'KMA'KIKEWAQ

These animals are indigenous to Mi'kma'ki, and are featured throughout Mi'kmaq teachings and stories. Can you find all the animals in the forest?



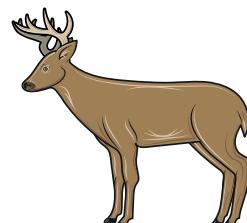
Bear
Muin



Beaver
Kopit



Coyote
U'lukwej



Deer
Lentuk



Illustration: Aaron Googoo



For help with the proper pronunciation of these animals in the Mi'kmaq language, try the L'nui'suti: Mi'kmaq Words and Phrases app by Mi'kmaw Kina'matnewey at kinu.ca/app/lnuisuti. Always ask a parent or guardian for approval before downloading a new app.



Eagle
Kitpu



Porcupine
Matues

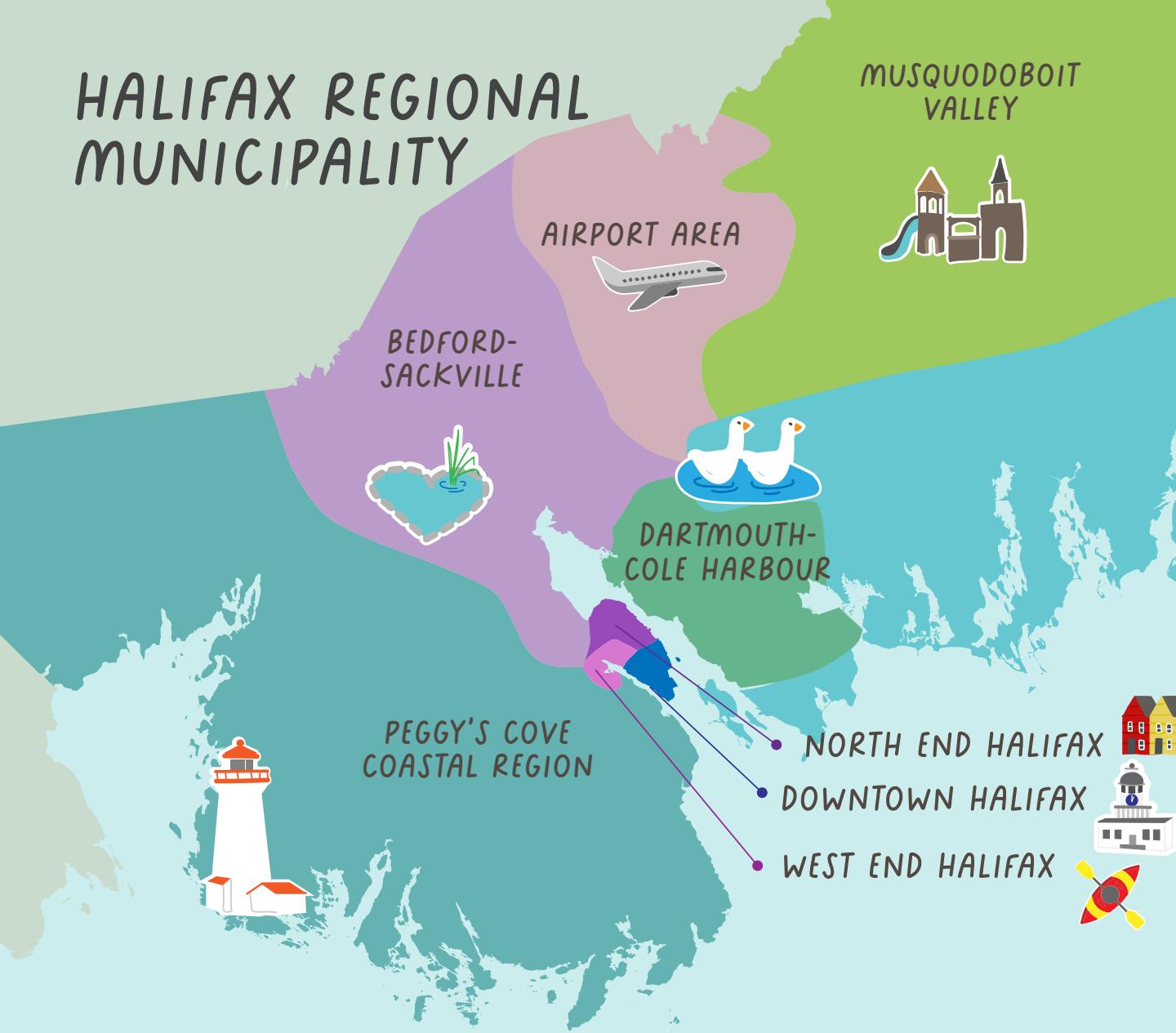


Raven
Wjika'qaku



Turtle
Mikjikj

HALIFAX REGIONAL MUNICIPALITY



MAP OF NOVA SCOTIA



Did you know that Upper Musquodoboit is home to Nova Scotia's oldest wooden playground?

EASTERN SHORE



Halifax Regional Municipality (HRM) is the capital and largest municipality of Nova Scotia, and the largest municipality in Atlantic Canada. It is made up of more than 200 unique communities in 9 regions ranging from Hubbards in the Peggy's Cove Coastal Region, all the way up to Ecum Secum on the Eastern Shore.

Hali-facts

More than 480,000 people live in the Halifax Regional Municipality.

Hali-facts

The Halifax Regional Municipality occupies 5,490 square kilometres, which is about the same size as Prince Edward Island!

can you find things to do IN EACH REGION?

Draw a line to connect each activity with its region!



Airport Area



Bedford-Sackville



Dartmouth-Cole Harbour



Downtown Halifax



Eastern Shore



Musquodoboit Valley

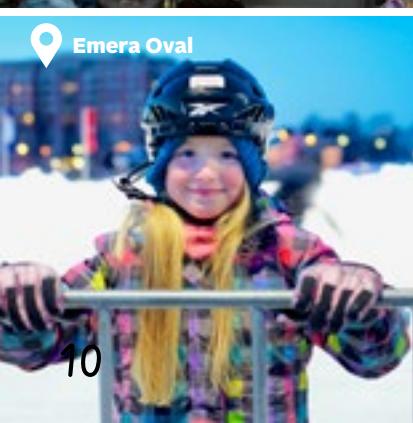


North End Halifax



Peggy's Cove Coastal Region

West End Halifax



Things to do IN CENTRAL HALIFAX

- 1** Browse the books at **Woozles Children's Bookstore**, Canada's oldest children's bookstore.
- 2** Meet **Gus** the 100-year-old Gopher Tortoise at the **Museum of Natural History**. If the weather is nice, you can find Gus out for a stroll in the museum's backyard, and on cold or rainy days, he likes to explore the museum galleries. Gus' favourite foods are organic romaine lettuce, clover, dandelions, and bananas, and he enjoys a nice treat of juicy berries.
- 3** Try a donair, the official food of Halifax, at **Tony's Famous Donair**.
- 4** Cool off with a cone at **Dee Dee's Ice Cream**.
- 5** Skate year-round on the **Emera Oval**

EMERA OVAL FREE

The **Emera Oval** is an outdoor skating surface that is open year-round on the Halifax Common. Skaters can borrow inline and roller skates, bikes, and scooters during the summer months, and ice skates throughout the winter. Helmets are mandatory when using the Emera Oval and can be brought from home or borrowed for free. To borrow equipment, you must present a government issued photo ID.

Note: The Emera Oval includes an accessible washroom, accessible parking, and wheelchair access on concrete/ice in outside lane only.





kid-friendly places in CENTRAL HALIFAX

LEGEND

- WASHROOM
- PARKING
- HOSPITAL
- FREE WIFI
- KITE FESTIVAL LOCATION
- POLICE STATION

Discover the HALIFAX WATERFRONT

The Halifax waterfront is one of the best places to visit in the region. Walk the boardwalk from end to end to discover delicious treats, cool murals, and boats of every shape and size!

PARKING

Are your grown-ups looking for a place to park? Look out for the **P** symbol on Lower Water Street!



LANDMARKS



ART MURAL
WALL



SUBMARINE
PLAYGROUND



'DRUNKEN'
LAMPPOSTS'



WATERFRONT
HAMMOCKS



HALIFAX FERRY
TERMINAL



VISITOR
INFORMATION
CENTRE



SALT YARD
SHOPS



THE WAVE

ATTRACTI0NS



CANADIAN MUSEUM OF
IMMIGRATION AT PIER 21



HALIFAX SEAPORT
FARMERS' MARKET



CSS ACADIA



HALIFAX BREWERY
FARMERS' MARKET



DISCOVERY CENTRE



HMCS
SACKVILLE



GEORGES ISLAND
NATIONAL HISTORIC SITE



MARITIME MUSEUM OF
THE ATLANTIC



TREATS

- BEAVERTAILS
- BLACK BEAR ICE CREAM
- COWS ICE CREAM
- PEACE BY CHOCOLATE
- SUGAH CONFECTIONERY & ICE CREAM EMPORIUM
- THE CAKE LADY

TOURS & RENTALS

- AMBASSATOURS EXPERIENCES
- CITY HARBOUR CRUISES
- HALIFAX HARBOUR TOURS
- HARBOUR HOPPER TOURS
- HARBOUR WATERCRAFT TOURS & ADVENTURES
- I HEART BIKES
- J FARWELL SAILING CO.
- SEGWAY NOVA SCOTIA

LEGEND

- WASHROOM
- PARKING
- SHOPPING DISTRICTS
- HALIFAX HARBOUR WALK
- FREE WIFI

kid-friendly places in DOWNTOWN DARTMOUTH





Punamu'kwati'jk is the Mi'kmaq name for the area we know as Dartmouth. It means, 'at the tomcod place'. (a tomcod is a type of fish!)

LEGEND

	WASHROOM
	PARKING
	TRAIN TRACKS
	FREE WIFI
	HARBOURWALK TRAIL



family-friendly ❤

PLACES TO STAY

Halifax has plenty of fantastic accommodations, no matter what you're looking for. From pools and waterslides to pet-friendly accommodations, find your perfect Halifax home base.

Downtown Halifax

THE BARRINGTON HOTEL

Downtown Halifax  

ON-SITE RESTAURANT: Tempo Food + Drink

CLOSE TO: Halifax waterfront, Scotiabank Centre

CAMBRIDGE SUITES HOTEL HALIFAX

Downtown Halifax  

ON-SITE RESTAURANT: Canvas Resto Lounge

CLOSE TO: Scotiabank Centre, Citadel Hill

FOUR POINTS BY SHERATON HALIFAX

Downtown Halifax  

CLOSE TO: Halifax waterfront, Harbour Hopper

HALIFAX MARRIOTT HARBOURFRONT HOTEL

Downtown Halifax  

ON-SITE RESTAURANT: Harbourstone Pour House

CLOSE TO: Halifax waterfront, Halifax Ferry Terminal

HAMPTON INN BY HILTON HALIFAX

Downtown Halifax   

CLOSE TO: Scotiabank Centre, Citadel Hill

HOTEL HALIFAX

Downtown Halifax  

ON-SITE RESTAURANT: Harbour City Bar & Grill

CLOSE TO: Scotiabank Centre, Halifax waterfront

THE LORD NELSON HOTEL & SUITES

Downtown Halifax 

ON-SITE RESTAURANT: The Arms Public House

CLOSE TO: Halifax Public Gardens

THE PRINCE GEORGE HOTEL HALIFAX

Downtown Halifax  

ON-SITE RESTAURANT: Gio Restaurant, LevelBar

CLOSE TO: Scotiabank Centre, Halifax waterfront, Citadel Hill

THE WESTIN NOVA SCOTIAN

Downtown Halifax  

ON-SITE RESTAURANT: Seaport Social

CLOSE TO: Halifax waterfront, Halifax Seaport Farmers' Market, The Discovery Centre

LEGEND

-  Pet Friendly
-  Pool
-  Waterslide
-  Breakfast Included
-  Parking Included

Beyond The Downtown Core

BEST WESTERN PLUS CHOCOLATE LAKE HOTEL

West End Halifax    

ON-SITE RESTAURANT: Lakeside Bar & Grill

CLOSE TO: Chocolate Lake, Chain of Lakes Trail

COASTAL INN HALIFAX

Bedford-Sackville    

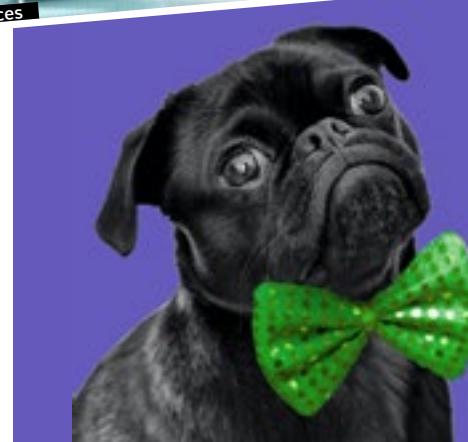
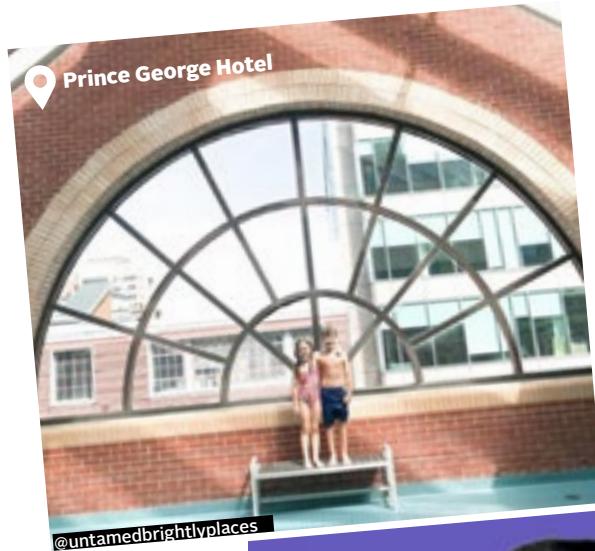
CLOSE TO: Bayers Lake Shopping Centre, Long Lake Provincial Park

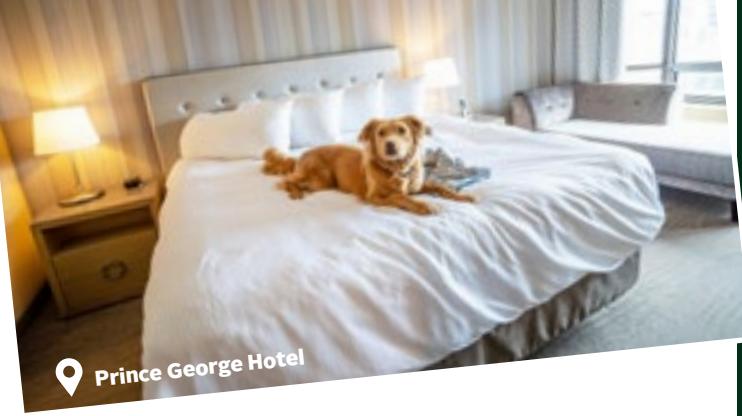
HOLIDAY INN EXPRESS & SUITES

HALIFAX – BEDFORD

Bedford-Sackville    

CLOSE TO: Hemlock Ravine Park, Bayers Lake Shopping Centre





Prince George Hotel

BEST WESTERN PLUS DARTMOUTH HOTEL & SUITES

Dartmouth-Cole Harbour

ON-SITE RESTAURANT: Trendz Gastropub

CLOSE TO: Spectacle Lake Park, Dartmouth Crossing

COURTYARD BY MARRIOTT HALIFAX DARTMOUTH

Dartmouth-Cole Harbour

ON-SITE RESTAURANT: The Bistro

CLOSE TO: Dartmouth Crossing, Cineplex Dartmouth Crossing

DELTA HOTELS DARTMOUTH

Dartmouth-Cole Harbour

ON-SITE RESTAURANT: Pitch & Pivot Social Room

CLOSE TO: Dartmouth Crossing, Shubie Park

DOUBLETREE BY HILTON HALIFAX DARTMOUTH

Dartmouth-Cole Harbour

ON-SITE RESTAURANT: The Narrows Bistro

CLOSE TO: Downtown Dartmouth, Zatzman Sportsplex, Shirley's Splash Pad

HAMPTON INN BY HILTON DARTMOUTH

Dartmouth-Cole Harbour

CLOSE TO: Dartmouth Crossing, Shubie Park

HOLIDAY INN EXPRESS & SUITES HALIFAX – DARTMOUTH

Dartmouth-Cole Harbour

CLOSE TO: Spectacle Lake Park, Dartmouth Crossing

More

PET-FRIENDLY HOTELS

Alt Hotel Halifax Airport

Airport Area

Atlantica Hotel Halifax

West End Halifax

Chateau Bedford Hotel & Suites

Bedford-Sackville

Camping Around the HALIFAX REGION

Dollar Lake Provincial Park

Musquodoboit Valley

E&F Webber Lakeside Park

Eastern Shore

Halifax West KOA

Bedford-Sackville

Hubbards Beach Campground & Cottages

Peggy's Cove Coastal Region

King Neptune Campground

Peggy's Cove Coastal Region

Laurie Provincial Park

Airport Area

Murphy's Camping On The Ocean

Eastern Shore

Norse Cove Seaside Camping

Eastern Shore

Porters Lake Provincial Park

Eastern Shore

Shubie Campground

Dartmouth-Cole Harbour



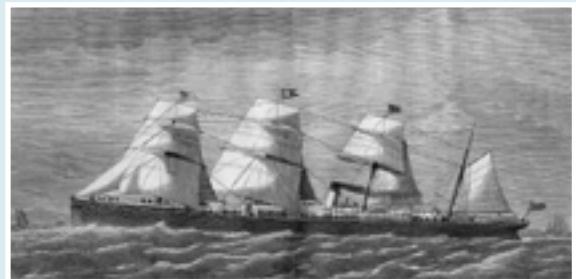


Historic Halifax SHIPWRECKS

Being surrounded by this much ocean means that Halifax and Nova Scotia have a long history of shipwrecks. In fact, there are so many shipwrecks around here that we have a museum with an entire database of them! **The Maritime Museum of the Atlantic** in Halifax - which you should totally visit because there's lots of cool stuff there - has an online database of 5,000 shipwrecks, with 250 photos of shipwrecks to explore. But since you probably don't have time to read about thousands of sunken boats, we've made a list of a few of the most interesting stories of historic shipwrecks around the Halifax region.

The SS Atlantic

Wrecked: 1873
Cause of wreck: Rocks
Cargo: China dishes, mail, goods
Vessel type: Barque, steam
Length: 128 m (420 ft)
Weight: 3,390 tons
(6,780,000 pounds)



Some say that the sinking of the **SS Atlantic** isn't as famous as it should be. It was the worst single-vessel shipwreck of all time to happen in Canadian waters until the sinking of the *Titanic* in 1912. The **SS Atlantic** was one of the nicest passenger vessels of its time, a transatlantic ocean liner, like the *Titanic*, that used both sail and steam for power.



In the wee hours of the morning on April 1, 1873, during the ship's 19th voyage, the **SS Atlantic** hit rocks at Mars Head near Lower Prospect on its way into the Halifax Harbour. While some 562 passengers and crew were sadly lost in this disaster, thanks to the efforts of fishermen from Lower Prospect, Upper Prospect and Terence Bay, more than 400 passengers were saved.

You can learn more about this historic shipwreck right near the place where it happened, at the **SS Atlantic Interpretation Centre and Heritage Park** in Terence Bay, on the road out to Peggy's Cove.

SS Atlantic Interpretation Centre

178 Sandy Cove Rd, Terence Bay

Interpretation Centre is open from the last weekend in May to the end of October. Heritage Park is open year-round.

Hali-facts

2023 marks the 150th anniversary of the sinking of the **SS Atlantic**.



Where did the tradition of calling ships 'she' come from?
Although it may sound strange, this tradition comes from the idea of a female figure like a mother or goddess guiding and protecting a ship and her crew.



What is a schooner?
A schooner is a type of sailing ship with at least two masts and sails, ideal for sailing on windy coastal waters.



Joke

Where does a ship go when she's feeling sick?
To see the dock-tor!



Joke

What room in a house does a ghost avoid?
The Living Room

The mysterious Copper-Clad Schooner

Wrecked: 1917?

Cause of wreck: Halifax Explosion?

Vessel type: Schooner

Length: 12-16 m / 39-52 ft

The Salerno

Wrecked: 1905

Cause of wreck: Fog

Cargo: Salt

Vessel type: Schooner, steam

Length: 92 m / 301 ft

Weight: 1,683 tons
(3,366,000 pounds)

There's a shipwreck right at the bottom of the Halifax Harbour that has baffled researchers for years. When it was discovered in 2002, no one could say where the ship came from, or even its name!

The ship is a schooner covered in copper and brass, which means it would have been very expensive to build, but there are absolutely no records of it sinking. Because this vessel is so valuable, researchers wondered if it may have been owned by a rich family, or perhaps by the British Royal Navy. Some think the ship may have sunk during the Halifax Explosion, a huge explosion that flattened most of the city in 1917 after two ships collided in the Harbour. When researchers went back and examined the clues again in 2017, they narrowed it down to two ships it might have been; the **St. Bernard** and the **Lola R**, both lost in the Halifax Explosion. Still, no one could agree that there was enough evidence to say for sure and it has remained a mystery ever since.

In the Litchfield Shoals off Herring Cove here in Halifax, the British steamer **Salerno** was wrecked on July 1, 1905. The ship was carrying salt from Cadiz, Spain, on its way to Halifax. What makes this shipwreck so interesting is that it's one of a few around Nova Scotia that you can still explore! Anyone with a scuba diving certificate can book a guided tour to see the **Salerno** where she still lies on the ocean floor. Pretty cool!

The minimum age for kids to learn to scuba dive in Nova Scotia is 10 years old.





Pirates of NOVA SCOTIA

Did you know that Nova Scotia was once a part of an era known as the “Golden Age of Piracy”? There was a time, more than 300 years ago, when pirates were a common menace on Nova Scotia’s Atlantic waters, pillaging and plundering to their hearts’ content. This was around 1690 until 1730. Some even say that the pirates who terrorized ships around Halifax left buried treasure in the area. (Sadly, we don’t have a map for that!)

As you can probably guess, pirates weren’t exactly welcomed around these parts. They would take over ships by force, stealing their valuables and making the rightful captain and crew “walk the plank”, never to be heard from again.

Piracy was illegal, and when pirates were caught their punishment was death! Pretty harsh. Because this was the law at the time, many of the sites around Halifax associated with pirate history are places where pirates were caught or punished. So be warned, these stories are a little spooky.

Georges Island

Georges Island is the largest island entirely within the limits of Halifax Harbour, and its history is pretty cool. It was first outfitted with cannons in 1750 to help protect Halifax from sea attacks, and was even used as a prison for a while!

Two pirates were caught and hanged on Georges Island in 1784, and legend has it that these pirates continue to haunt the island to this day.

Georges Island later became home to a proper military fort (Fort Charlotte) and these days, the island is a National Historic Site that you can visit and tour. There are cool underground tunnels and trails to explore. You can get to Georges Island by ferry from the Halifax waterfront, or by private boat, canoe, or kayak!

Point Pleasant Park

A man named Edward Jordan was put on trial for piracy in Halifax in 1809. He was accused and found guilty of stealing a ship called the Three Sisters. He was hanged at Point Pleasant Park, near Black Rock Beach.

Today, Point Pleasant Park is a big, beautiful park located right on the ocean with plenty of trees and places to picnic. You can visit (and swim at!) Black Rock Beach. The park has many other historic sites and buildings, including the oldest Martello tower in North America. Martello towers are small defensive forts that were built by the British in the 1800s.

Why do pirates have such a hard time remembering the alphabet?

They get lost at ‘C’!

Bedford Basin

Legend has it that Navy Island in the Bedford Basin is home to an entire crew of pirate ghosts who stand guard over a legendary long-lost treasure! This treasure has never been found...

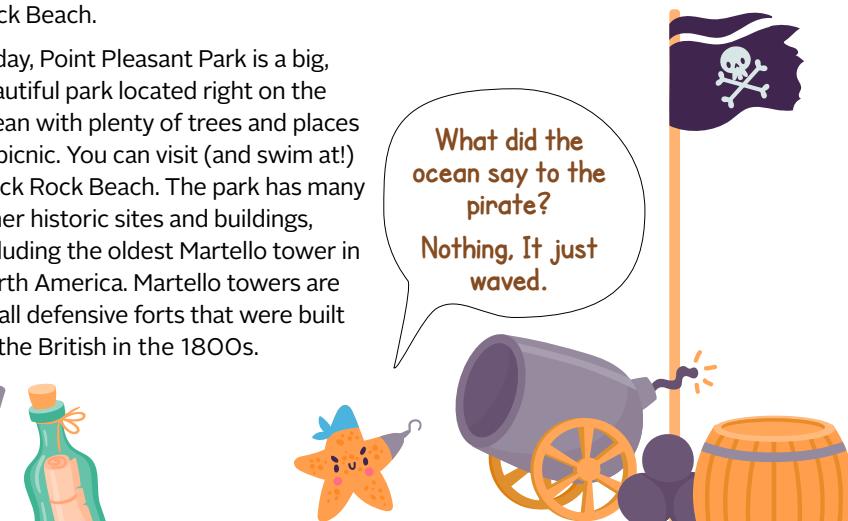
Eastern Shore

Nova Scotia’s last major piracy trial happened in 1844 – less than 200 years ago! Six pirates were brought to Halifax to stand trial after they were shipwrecked on the Eastern Shore. Their ship, the finely decorated *Saladin*, was carrying a cargo of silver bars and coins, and the crew had formed a mutiny. They were fighting over the treasure when they crashed into the Eastern Shore.

You can find plenty of facts about the Golden Age of Pirates here in Nova Scotia at the **Maritime Museum of the Atlantic** on the Halifax waterfront. And who knows? Maybe you’ll find some clues to start your search for some of that hidden pirate treasure!

What did the ocean say to the pirate?

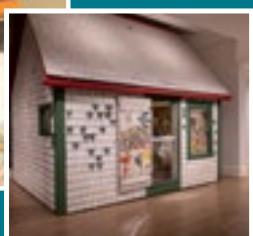
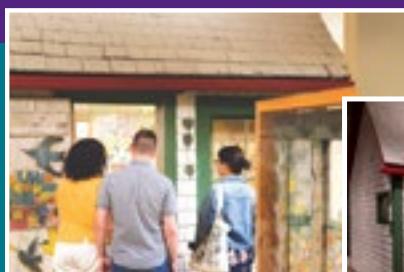
Nothing. It just waved.





Maud Lewis, White Cat. Private Collection.

© Art Gallery of Nova Scotia.



The Art Gallery of Nova Scotia, Atlantic Canada's largest art museum, is the perfect place for fun. Kids will love seeing Maud Lewis' famous painted house and her whimsical works of art.

902-424-5280 | artgalleryofnovascotia.ca

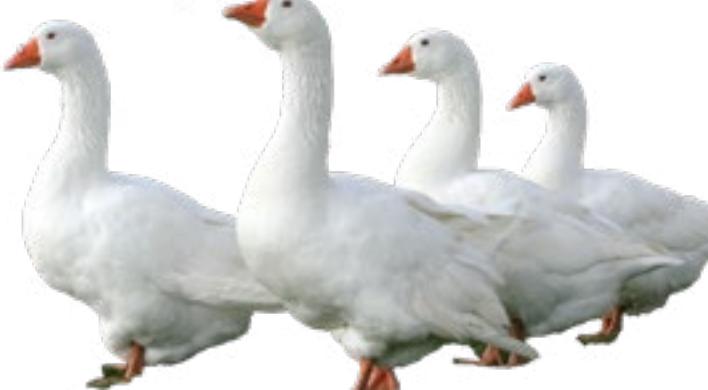
Colour the Sullivan's Pond Geese



Sullivan's Pond

Dartmouth-Cole Harbour

This little park is well known for its famous geese that live here during the warmer months. With a playground nearby and lots to explore, it's a great way to spend an afternoon.



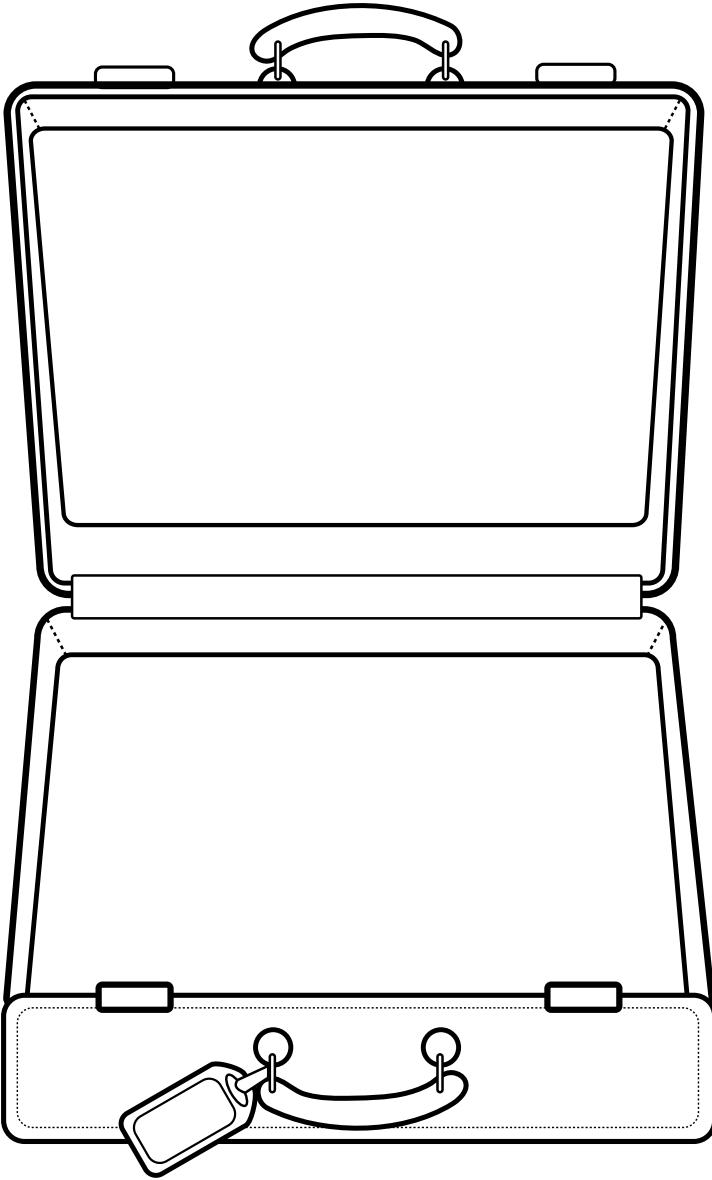


What would it be like to immigrate?

Immigrants are people who come to live permanently in a new country. What would you pack in your heart and in your suitcase if you had to leave your home for another country? **Circle** the things you would take. You can **draw other things** in the suitcase that you might want to take that represent your home, culture or traditions.

Comment ça serait, immigrer?

Les immigrants sont des personnes qui viennent vivre de manière permanente dans un nouveau pays. Que mettriez-vous dans votre cœur et dans votre valise si vous deviez quitter votre demeure pour un autre pays? **Encerclez** les choses que vous emporteriez. Vous pouvez **dessiner d'autres objets** dans la valise que vous voudriez emporter et qui représentent votre maison, votre culture ou vos traditions.



There's always something new to learn and explore at the Museum. Enjoy many interactive activities like these and more.

Il y a toujours plus à apprendre et à explorer au Musée. Profitez de nombreuses activités interactives comme celles-ci et d'autres encore.

Hali-facts

The Armview is a local landmark – it's been open since 1951!



Armview Restaurant & Lounge



Hali-facts

The Chickenburger is Canada's oldest drive-in restaurant – it opened in 1940, making it 83 years old in 2023!



The Chickenburger

Kid-Friendly RESTAURANTS

What makes a restaurant kid-friendly? A kids' menu! Big booths! Activity sheets! All this and more can be found at the following Halifax restaurants.

THE ARMVIEW RESTAURANT & LOUNGE

West End Halifax

COZY OLD-SCHOOL DINER

FOR KIDS: Kids' menu, milkshakes, booths, views of the boats in the Northwest Arm

FOR GROWN-UPS: Nostalgic old-school diner décor, spiked milkshakes.

BLUENOSE II RESTAURANT

Downtown Halifax

HOMESTYLE FAMILY DINER

FOR KIDS: Booths, ice cream sundaes

FOR GROWN-UPS: Local history (the restaurant opened in 1964!), convenient downtown location, space to park a stroller

MUST-TRY: Chocolate Turtle Brownie

CHEEKY NEIGHBOUR DINER

West End Halifax

NEIGHBOURHOOD DINER WITH A MODERN TWIST

FOR KIDS: All-day breakfast, diner décor

FOR GROWN-UPS: Local ingredients, vegan options, brunch Caesars, rotating local beers

MUST-TRY: Chef's French Toast Special. Past flavours include chocolate chip cookie monster, s'mores, and strawberry shortcake! Not into French toast? Try the Belgian waffle & whip!

THE CHICKENBURGER

Bedford-Sackville

RETRO FAMILY DINER

FOR KIDS: Kids' combos, milkshakes, retro diner décor, working jukebox, Chicken Little ice cream parlour around back

FOR GROWN-UPS: Delicious diner classics in a fun environment

CHKN CHOP

North End Halifax

CHARCOAL CHICKEN JOINT

FOR KIDS: Freshly baked cookies, mac n' cheese, local sodas

FOR GROWN-UPS: Family combos, local beer on tap

DARRELL'S RESTAURANT

Downtown Halifax

LOCAL FAVOURITE BURGER JOINT

FOR KIDS: Kids' menu, award-winning old fashioned milkshakes

FOR GROWN-UPS: Cozy setting, quality ingredients

MUST-TRY: The Peanut Butter Burger and a milkshake!

LEGEND

- | | | | |
|--|------------------|--|----------------------|
| | Breakfast/Brunch | | Kids' Menu Available |
| | Lunch | | Accessible Features |
| | Dinner | | |



EASY STREET DINER

Bedford-Sackville

RETRO-STYLE FAMILY DINER

FOR KIDS: Kids' menu, all-day breakfast, milkshakes, retro diner décor

FOR GROWN-UPS: Hard milkshakes, dietary restriction-friendly options, quality ingredients, environmentally conscious

FREEMAN'S LITTLE NEW YORK

4 LOCATIONS: **Bedford-Sackville (x2), Downtown Halifax**

NEW YORK STYLE PIZZERIA

FOR KIDS: Kids' menu, colouring & activities, booths

FOR GROWN-UPS: Drink specials, lunch specials, plenty of options for every taste/diet

GOOD DAY KITCHEN & CAFÉ

Airport Area

SMALL FAMILY-RUN CAFE

FOR KIDS: "Babycinos" (steamed milk with sprinkles in a cute little mug)

FOR GROWN-UPS: Delicious coffee, breakfasts, and baked goods

MIC MAC BAR & GRILL

Dartmouth-Cole Harbour

TAVERN-STYLE FAMILY RESTAURANT

FOR KIDS: Kids' menu (features a AAA bacon-wrapped kids' steak!), delicious desserts

FOR GROWN-UPS: Large portions, and a bustling, noisy atmosphere, which means there's no need to worry about fussy kids disrupting other diners!

MUST-TRY: The Mic Mac Bar & Grill is known for their delicious steaks!

MORRIS EAST

2 LOCATIONS + SLICE SHOP: **Bedford-Sackville, West End Halifax**

NEIGHBOURHOOD PIZZERIA

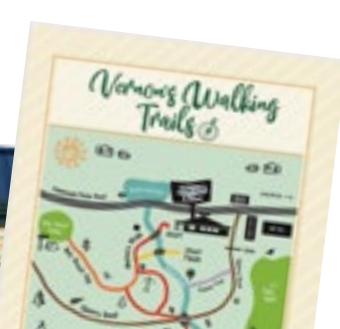
FOR KIDS: Kids-size pizzas, ice cream

FOR GROWN-UPS: Prosecco happy hour



Why don't sharks eat clowns?

Because they taste funny.

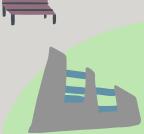


THE GREAT HALIFAX TREAT TRAIL



Halifax's neighbourhoods are more than charming places to see and explore. Each one is packed with fun stuff for kids to do, places to play, and great things to eat!

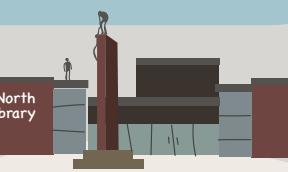
How many of these kid-approved itineraries will you check off your list?



Gottingen Go-getter

1. Run free at the George Dixon Centre Park, complete with trails and accessible playground.
2. Visit the Halifax North Memorial Library and the North is Freedom sculpture out front.
3. Try your best to choose just one handmade treat from the colourful Fortune Doughnut.

Halifax North Memorial Library



North End Escapades

1. Go a little wild at Fort Needham Memorial Park's huge natural playground.
2. Find a new bedtime story at the cute, two-level bookshop Agricola Street Books.
3. Pick up a familiar—or totally exotic—candy treat at Sour Me Sweet Confectionery.



Central City Celebration

1. Spy all the sights—pond, gazebo, and fountains—of the Halifax Public Gardens.
2. Take some steps into the past (and gift shop) at the Museum of Natural History.
3. Choose a handcrafted ice cream flavour at family-run Dee Dee's Ice Cream.

Museum of Natural History



Halifax Common Caper

1. Run, climb, skate, splash, and play at the 48-acre Halifax Common urban park.
2. Find the perfect book—and toy—at the charming Woozles Children's Bookstore.
3. Grab a house-made scone or other pastry from the popular Dilly Dally Café.





Waterfront Wandering

1. Stroll all 4km of the vibrant Halifax waterfront boardwalk—stopping frequently, obvs.
2. Fuel your exploring at Sugah Confectionery & Ice Cream Emporium.
3. Celebrate your curiosity at the Discovery Centre hands-on science centre.

Downtown Halifax Hike

1. Live life as an 18th century soldier at Halifax Citadel National Historic Site.
2. Spend some allowance at the wonderful Strange Adventures Comics and Curiosities.
3. Dive into the Freak Lunchbox experience—it's as much about the quirky shop as the candy!



Downtown Dartmouth Discovery

1. Hop on the Alderney Ferry (free for kids!) and enjoy a ride across the harbour to Dartmouth.
2. Float some boats and meet some geese at the peaceful Sullivan's Pond.
3. See if you're on team sweet or team savoury at Portland Street Creperie.

South End Stroll

1. Get lost on the waterfront and wooded trails of oceanside Point Pleasant Park.
2. Choose some candy—or other sweet treasure—at the eclectic Sweet Janes.
3. Explore all five floors of the architecturally stunning Halifax Central Library.



Halifax's Coolest ICE CREAM SHOPS

Scoop up a cone at one of these delicious local ice cream shops.

LEGEND

- Pup Friendly
- Hidden Gem
- Dairy Free/Vegan Options

Note: Many of these businesses operate seasonally, so make sure to check online before heading out to scoop up a cone!



DOWNTOWN HALIFAX

Black Bear Ice Cream

Downtown Halifax

Old Fashioned Homemade Ice Cream | Waterfront Location

COWS Halifax

Downtown Halifax

Scoops, Sundaes, Shakes | Waterfront Location | Large Cow Statue!

The Dairy Bar

Downtown Halifax 🐶

Soft Serve Ice Cream | Milkshakes

Get your dairy dog a pup cup – and don't forget to tag @dogsofdairybar on Instagram!

Flynn's Dairy Bar & Convenience

Downtown Halifax

Scoops, Sundaes, Shakes | Try the new Cotton Candy Machine!

Pane E Circo

Downtown Halifax

Housemade Gelato & Sorbet

Rousseau Chocolatier

Downtown Halifax 🍫

Homemade Soft Serve

Sugah Confectionery & Ice Cream Emporium

Downtown Halifax 🐕

Hand-Paddled Ice Cream | Local Ingredients | Waterfront Location

Taiyaki 52

Downtown Halifax 🏠

Soft Serve Ice Cream In A Waffle Cone

NORTH END HALIFAX

Dee Dee's Ice Cream

North End Halifax 🍎

Small Batch | Local Ingredients

Lemonade General Store

North End Halifax

Small Batch | Local Ingredients

BEYOND THE DOWNTOWN CORE

Better Vibe

Eastern Shore 💎

Small Batch | Local Ingredients

Booza Emessa

Bedford-Sackville 💎

Small Batch | Local Ingredients | Syrian Ice Cream

Chicken Little Café

Bedford-Sackville

Kids' Sizes | Ice Cream Hurricanes

The Little Ice Cream Shop

Peggy's Cove Coastal Region 🍎

Soft Serve, Sundaes, Shakes | Tons Of Toppings!

Portland Street Creperie

Dartmouth-Cole Harbour

Bubble Waffles & Ice Cream

Ask for a dog-sized crepe with peanut butter!

Hali-facts

Syrian ice cream is called “booza” in Arabic. Booza has a satisfying chewy texture thanks to the not-so-secret key ingredient, mastic, dried resin from the mastic tree. The mastic causes booza to melt slower than other ice creams, making it the perfect treat for long, hot summer days.

Hali-facts

Taiyaki (たい焼き) is a traditional Japanese dessert that looks like a fish-shaped waffle or cake. It comes in different flavours of batter, with different fillings and toppings, like delicious soft-serve ice cream and candy! TAIYAKI = tie-yaki





Parka stands guard!

Parka the beaver, Parks Canada's curious mascot, is visiting from Wood Buffalo National Park. She met a new friend from the 78th Highlanders at the Halifax Citadel! He is dressed in a red doublet and a tartan kilt. His uniform is based on a real regiment of soldiers from Scotland that was stationed at the Citadel during Victorian times.

Parka monte la garde!

La castor Parka, mascotte curieuse de Parcs Canada, nous arrive du parc national Wood Buffalo. Elle a tissé de nouvelles amitiés avec le 78th Highlanders à la citadelle d'Halifax! Son nouvel ami est vêtu d'une veste Highland rouge et d'un kilt en tartan. Son uniforme s'inspire de celui d'un vrai régiment de soldats écossais basés à la citadelle à l'époque victorienne.



Calling all kids! Become an official Halifax Citadel Xplorer, complete the activities, and receive a collectable souvenir!

902-426-5080
parks.canada.ca/halifaxcitadel

Invitation lancée à tous les enfants! Devenez un Xplorateur officiel de la citadelle d'Halifax, réalisez les activités suggérées, et obtenez un souvenir collectionnable!

902-426-5080
parcs.canada.ca/citadellehalifax

Hali facts

Kuowaqe'jk is the Mi'kmaq place name for **Citadel Hill**.

Faits intéressants sur Halifax

Le nom de lieu mi'kmaq désignant la **colline de la Citadelle** est Kuowaqe'jk.

things to do for every season

Georges Island

WINTER

Things to Do

 Go sledding on **Citadel Hill** or skate on the **Emera Oval!**

Get a hot chocolate from a local café. **Rousseau Chocolatier** in Downtown Halifax, **Cacao 70** on the Halifax waterfront, and **Café Lara** in the North End are all known for their delicious hot cocoas.

Take in a show at **Neptune Theatre**.

Events

 Wander the Halifax waterfront under the twinkling lights of the **Evergreen Festival!** (November-December)

Catch a **Halifax Mooseheads** hockey game (October-March) or a **Halifax Thunderbirds** box lacrosse game (December-April).

 Chill out at the **Downtown Dartmouth Ice Festival!** (January)



SPRING

Things To Do

 Find the ducks! **Sullivan's Pond** and **Shubie Park** in Dartmouth, and **Frog Pond Trail** in Armdale are all great places to see ducks and geese.

 Visit the **Halifax Public Gardens** to see the spring blooms.

 When the weather gets rainy, head to one of the **Halifax Public Libraries** branches and dive into a good book!

The **Alderney Gate Public Library** in Dartmouth and the **Keshen Goodman Public Library** in Clayton Park are two great libraries for kids, but every Halifax Public Libraries branch offers something special for visitors of every age!

DID YOU KNOW that the Halifax Central Library building was designed to look like a stack of books?

Events

Catch a **Halifax Wanderers FC** soccer game at the Wanderers Grounds. (April - October)





Clam Harbour Beach



Shubie Park

SUMMER



Things To Do

FREE Head to the beach! See [page 40](#) for great beaches for families.

FREE Visit **Fisherman's Cove**, a 200-year-old working fishing village with colourful shops along the boardwalk.

FREE Scoop up an ice cream. Go to [page 28](#) for a list of Halifax's coolest cones.

Events

Experience Nova Scotia's premier summer spectacle at the **Royal Nova Scotia International Tattoo**. ([June/July](#))

FREE Be part of one of Halifax's most beloved annual events, the **Halifax Pride Parade** during the **Halifax Pride Festival**. ([July](#))

Take in a live outdoor performance from **Shakespeare by the Sea** in Point Pleasant Park. ([July-September](#))

FREE Experience music, comedy, acrobatics, and more waterfront magic at the **Halifax Busker Festival**. ([July/August](#))

FREE Fly a kite on Citadel Hill at the **East Coast Kite Festival**. ([August](#))

FREE Cheer on Indigenous youth from across Turtle Island as they compete at the **North American Indigenous Games (NAIG)**! ([July 2023](#))

FALL

Things To Do

FREE See the changing leaves on a crisp fall hike. Some of the best places to see fall colour include: **Shubie Park** in Dartmouth, **Sir Sandford Fleming Park**, and the **Musquodoboit Valley**. See [page 36](#) for a list of 5 kid-friendly Halifax hikes.

Brave the **Halifax Citadel Ghost Tour**... if you dare!

Events

FREE Wander the city streets during **Nocturne**, Halifax's free, nighttime outdoor art festival. ([October](#))

Get geeky with friends. Sci-fi and fantasy lovers will love **Hal-Con**, the biggest sci-fi convention in Atlantic Canada! ([October](#))



Outdoor Activities & Attractions

THINGS TO DO OUTSIDE

Getting outside means fun for everyone!



ATLANTIC SPLASH ADVENTURE

Bedford-Sackville ☀️🏊‍♂️🏊‍♀️
With eight waterslides, a kiddie splash pool, a Ferris wheel, go-karts, and more, just 20 minutes from Downtown Halifax, this water park is a go-to for family-friendly summer fun.



COLE HARBOUR HERITAGE FARM

Dartmouth-Cole Harbour ☀️💎
Dedicated to preserving Cole Harbour's agricultural past, the museum is home to a wonderful selection of animals, a garden, and tearoom.

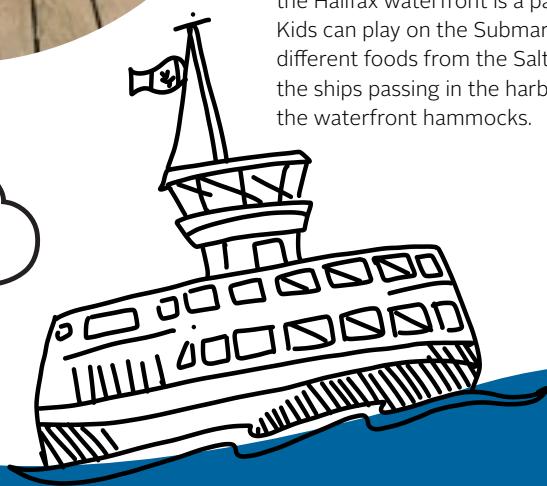
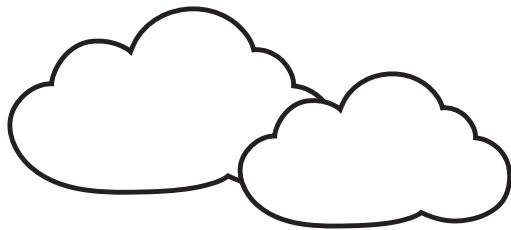
ADMISSION BY DONATION



HALIFAX WATERFRONT BOARDWALK

Downtown Halifax 🚗🐕♿

Packed with things to do for families of all ages, the Halifax waterfront is a paradise for families. Kids can play on the Submarine Playground, try different foods from the Salt Yard vendors, see all the ships passing in the harbour, and hang out on the waterfront hammocks.



LEGEND

- Accessible Features
- Free
- Seasonal
- Pet Friendly
- Hidden Gem
- Pool
- Waterslide



HATFIELD FARM

Bedford-Sackville

Hatfield Farm offers pony rides, a petting zoo, and a supervised rubber rodeo complete with bounce castles. Visitors can enjoy wagon rides during summer months and sleigh rides in the snow!



@hayleyfrail



FISHERMAN'S COVE

Eastern Shore



Only 20 minutes from downtown Halifax, this 200-year-old restored fishing village looks like it's straight out of an East Coast postcard. Stroll the boardwalk with an ice cream, visit nearby McCormacks Beach Provincial Park, or catch a ferry to McNabs Island for a day of exploration.

HALIFAX PUBLIC GARDENS

Downtown Halifax



This 16-acre urban oasis is a perfect place to spend an afternoon with the family. With trails to explore, fairy-tale bridges, stunning flower beds, and ducks paddling in ponds, there is something new to discover around every corner.

even more THINGS TO DO OUTSIDE



HALIFAX CITADEL NATIONAL HISTORIC SITE

Downtown Halifax 

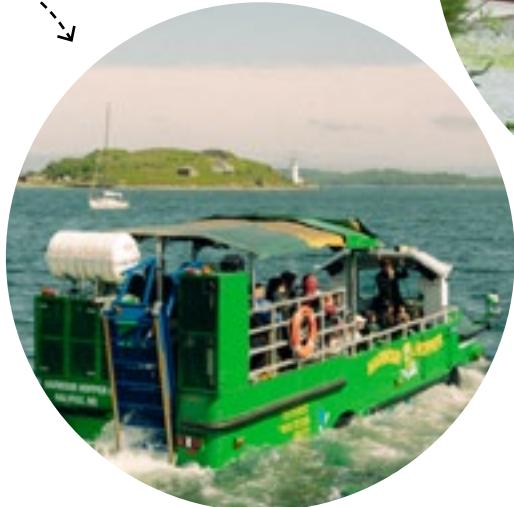
The Halifax Citadel gives visitors the chance to experience life as a soldier in the 18th and 19th centuries. There are plenty of fun family activities on offer, including solving a 100+ year old mystery using a comic book guide, and learning to send coded messages. The Citadel grounds are open and available to explore year-round.

FREE ADMISSION FOR YOUTH 17 AND UNDER

ATARAXY FARM

Eastern Shore 

This mental health therapy farm offers free tours and sells skin and hair care products made with goat's milk. Stop by for a farm tour, and who knows, you may even get a goat to climb on your back!



HARBOUR HOPPER TOURS

Downtown Halifax 

This top-rated tour travels through historic Halifax before making a splash as the amphibious Harbour Hopper dives into the Halifax Harbour! You'll learn fun Hali-facts and see the city's highlights on this iconic tour.

LEGEND

- Accessible Features
- Free
- Seasonal
- Pet Friendly
- Hidden Gem



PEGGY'S COVE

Peggy's Cove Coastal Region

Perched on an expanse of rocks overlooking the Atlantic Ocean, Peggy's Point Lighthouse is an iconic Canadian landmark you'll want to experience. Kids can enjoy climbing and scrambling over the vast rock formations and looking up at the enormous lighthouse.

Just make sure to stay off the black (aka wet) rocks.



MEMORY LANE HERITAGE VILLAGE

Eastern Shore

This living history museum portrays rural coastal life in Nova Scotia during the 1940s, complete with a working general store, schoolhouse, cookhouse, and workshop. With fewer crowds on the Eastern Shore, you can take your time exploring, playing, and handling all the fun memorabilia.

FREE ADMISSION FOR KIDS 5 & UNDER



GEORGES ISLAND NATIONAL HISTORIC SITE

Halifax Harbour | Downtown Halifax

Travel by ferry from the Halifax Waterfront to explore this historic harbour island. Explore the underground tunnels and find the massive cannons that were once used to protect the harbour.

Hali-facts

Every day at noon in Downtown Halifax you can hear the BOOM of a cannon firing at the Halifax Citadel National Historic Site. This daily ritual is known as the Noon Gun and has been happening since 1857!





5 Halifax Hikes UNDER 5KM

Because kids' legs are shorter than adults'!



DARTMOUTH HARBOURFRONT TRAIL

Dartmouth-Cole Harbour

TYPE: Out and back waterfront trail

LENGTH: 3 KM

TRAILHEAD: Alderney Ferry Terminal and Woodside Ferry Terminal

SURFACE: Pavement

FEATURES: Waterfront Views, Murals At Dartmouth Cove, Benches, Interpretive Panels

BEACH WALK OR SPRY BAY TRAIL AT TAYLOR HEAD PROVINCIAL PARK

Eastern Shore

TYPE: Scenic coastal trails

LENGTH: 2 KM (Beach Walk) / 4 KM (Spry Bay Trail)

TRAILHEAD: Trails begin at the Taylor Head Provincial Park parking lot.

SURFACE: Rugged Natural Trails

FEATURES: Interpretive Panels, Wildlife, Scenic Ocean Views, White Sand Beach, Picnic Tables, Change Rooms



Taylor Head Provincial Park

LEGEND

- Accessible Features
- Washrooms
- Pet Friendly
- Hidden Gem

SIR SANDFORD FLEMING PARK TRAILS

West End Halifax

TYPE: Seawall walkway, joins with looping wooded trails

LENGTH: 2.8 KM

TRAILHEAD: Access from Dingle Tower parking lot or lower boat launch parking lot. Loop section is accessible off Dingle Road.

SURFACE: Crusher Dust, Paved Sections

FEATURES: Seawall Walkway, Dingle Tower, Playground, Picnic Tables, Benches

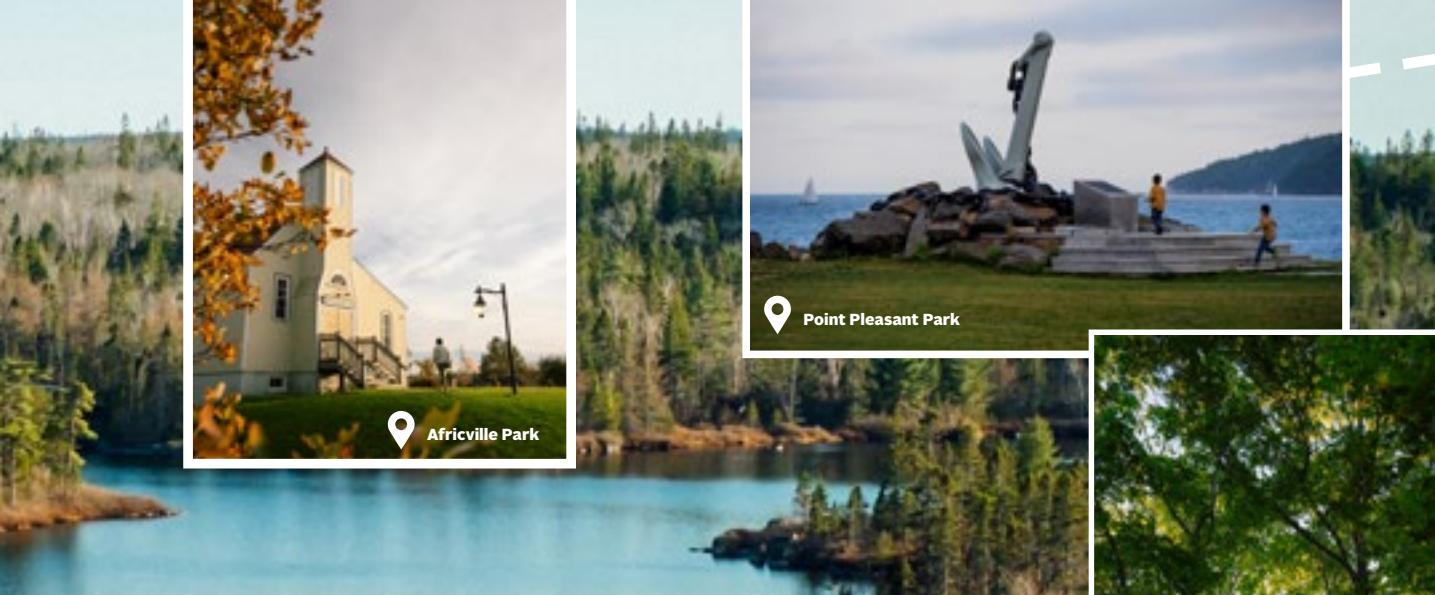
Trail Connects To Frog Pond Trail Via Dingle Road.

The Dingle Tower is open to the public from 8am to 10pm daily. Anyone who can climb all the way up the stairs to the top of the tower will be rewarded with beautiful 360-degree views of Sir Sandford Fleming Park and the North West Arm.

Can you spot the two giant bronze lions guarding the entrance to the Dingle Tower?

Dingle Tower





SEAVIEW TRAIL AT AFRICVILLE PARK

North End Halifax 🐾 🏡

TYPE: Looping pathway through Africville National Historic Site

LENGTH: 1 KM

TRAILHEAD: Access from parking lot off of the service road leading under the MacKay Bridge from Barrington Street

SURFACE: Gravel

FEATURES: Local History, Waterfront Views, Interpretive Panels That Tell The Stories Of Africville, Replica Of The Original Seaview United Baptist Church (Now Home To The Africville Museum)

Africville National Historic Site of Canada is a site of remembrance for Halifax's African Canadian community. The park was once the location of a historic Black community, before its residents were forcibly evicted from their homes in the 1960s to make way for industrial development.

POINT PLEASANT PARK TRAILS

Downtown Halifax 🚶 🚻 🚴

TYPE: Park loop along waterfront and through woods, joined by criss-crossing wooded trails

LENGTH: 3.4 KM (perimeter loop), with 39 KM of trails throughout the park

TRAILHEAD: Parking lots at the end of Point Pleasant Drive and Tower Road

SURFACE: Crusher Dust, Wood Chips, Partially Paved

FEATURES: Waterfront Trail, Off-Leash Dog Walking Areas, Preserved Military Fortifications, Ocean Views, Picnic Tables, Benches

POINT PLEASANT PARK IS OPEN 5AM-MIDNIGHT

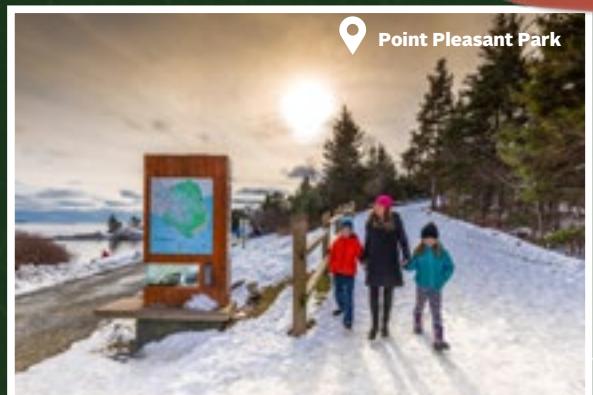


Point Pleasant Park

Remember to respect these natural areas:
keep dogs leashed and pack out all garbage.



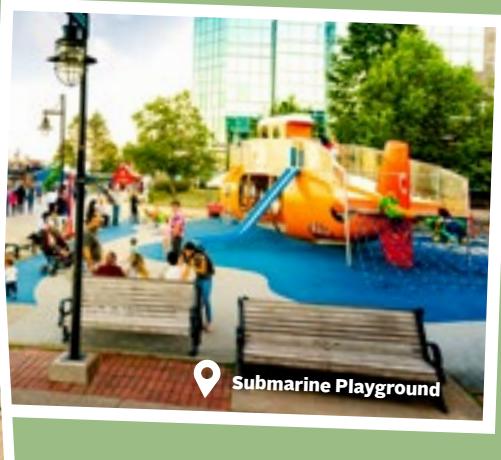
North West Arm



Point Pleasant Park



10 Must Play PLAYGROUNDS



BONUS PLAYGROUND

Halifax Common Playground*

Central Halifax

FEATURES: Nature Playground With Accessible Features | Custom Spider Climber | Kiddie Bug Riders | Woodpecker Towers

NEARBY: Splash Pad & Outdoor Pool* | Green Space | Tennis Courts | Skate Park | Emera Oval

*To be completed summer 2023



1 DeWolf Park Playground on the Bedford Waterfront

Bedford-Sackville

FEATURES: Rubberized Surfaces | Ship Design | Waterfront Location

NEARBY: Boardwalk | Picnic Area | Public Washrooms

2 Dingle Playground at Sir Sandford Fleming Park

West End Halifax

FEATURES: Log Tower Natural Playground | Senior & Junior Play Zones | Musical Instruments | Waterfront Location

NEARBY: Dingle Tower | Walking Trails & Seawall Walkway | Green Space | Picnic Area | Boat Launch | Public Washrooms

3 Fort Needham Memorial Park Playground

North End Halifax

FEATURES: Natural Playground with Accessible Features | Wooden Cannon | Lookout Tower | Spider Web Climber | Swings

NEARBY: Picnic Area | Off-Leash Dog Park | Halifax Explosion Memorial Bell Tower | Sports Field | Walking Trails | Hydrostone Market

4 Grand Lake Oakfield Playground

Airport Area

FEATURES: Tree House Design | Climbing Tires | Rope Climber | Swings | Little Kids Structure

NEARBY: Sports Fields | Picnic Area | Walking Trails | Shubenacadie Grand Lake| Oakfield & Laurie Provincial Parks

5 Isleville Playground

North End Halifax

FEATURES: Sand Box | Interactive Games | Tube Slide | Swings

NEARBY: Splash Pad | Picnic Area | Green Space

6 Kiwanis Playground at Ferry Terminal Park

Dartmouth-Cole Harbour

FEATURES: Rubberized Surfaces | Rope Climbing | Carousel | Waterfront Location

NEARBY: Alderney Ferry Terminal | Waterfront Trail | Public Washrooms

7 Submarine Playground on the Halifax Waterfront

Downtown Halifax

FEATURES: Rubberized Surfaces | Waterfront Location | Interactive Submarine | Rope Climber | Accessible Features

NEARBY: The Discovery Centre | The Wave | Maritime Museum Of The Atlantic | Visitor Information Centre | Salt Yard

8 Sullivan's Pond Lake Banook Playground

Dartmouth-Cole Harbour

FEATURES: Lookout Tower | Spider Web Climber | Swings | Monkey Bars | Lakefront Location

NEARBY: Picnic Area | Walking Trails | Sullivan's Pond (Home of the Sullivan's Pond Geese) | Birch Cove Park Beach

9 Upper Musquodoboit Wooden Playground

Musquodoboit Valley

FEATURES: Castle Design | Wooden Tower | Rope Climber | Puppet Theatre

NEARBY: Musquodoboit Trailway | Musquodoboit River

10 Westmount Inclusive Playground Park

West End Halifax

FEATURES: Rubberized Surfaces | Accessible Features | Wheelchair Challenge Course | Ramps | Accessible Swings | Musical Instruments | Climbable Fire Truck

NEARBY: Splash Pad | Tennis Courts | Picnic Area | Green Space



Best Saltwater Beaches FOR FAMILIES

Find out why Nova Scotia is known as *Canada's Ocean Playground!*



Martinique Beach

EASTERN SHORE BEACHES

Clam Harbour Beach



Eastern Shore

Drive from Downtown Halifax: 75 min

Features Long Sandy Beach | Walking Trails | Picnic Area | Vault Toilets | Supervised Swimming (July-August, weekends only)

Great for: Building sandcastles

Lawrencetown Beach



Eastern Shore

Drive from Downtown Halifax: 35 min

Features Sandy/Rocky Beach | Parking | Amazing Views

Great for: Surfing | Older Kids



Martinique Beach



Eastern Shore

Drive from Downtown Halifax: 55 min

Features: Long Sandy Beach | Change Rooms | Picnic Area | Boat Launch | Vault Toilets

Great for: Swimming, surfing, beachcombing, bird watching With 5 km of white sand, Martinique Beach is Nova Scotia's longest sandy beach!

Rainbow Haven Beach



Eastern Shore

Drive from Downtown Halifax: 30 min

Features: Sandy Beach | Supervised Swimming (July-August) | Picnic Area | Change Rooms | Flush Toilets

Great for: Families | Flying Kites



LEGEND

- Accessible Features
- Free
- Pet Friendly
- Hiking Trails



PEGGY'S COVE AREA BEACHES

Crystal Crescent Beach

Peggy's Cove Coastal Region

Drive from Downtown Halifax: 35-40 min

Features: 3 White Sand Beaches | Walking Trails | Vault Toilets

Great for: Bird watching

Queensland Beach

Peggy's Cove Coastal Region

Drive from Downtown Halifax: 40 min

Features: Sandy Beach | Supervised Swimming (July-August) | Picnic Area | Change Rooms | Toilets | Nearby Canteen

Great for: Families



Crystal Crescent Beach

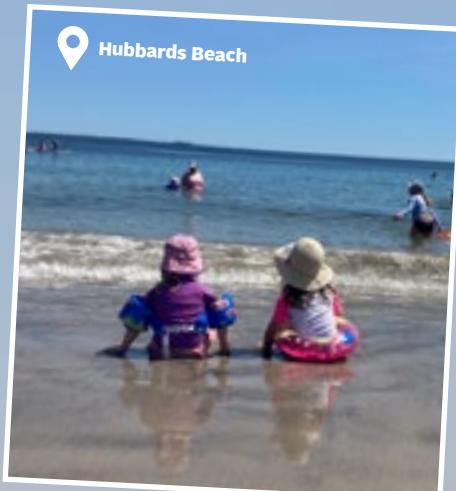
Hubbards Beach

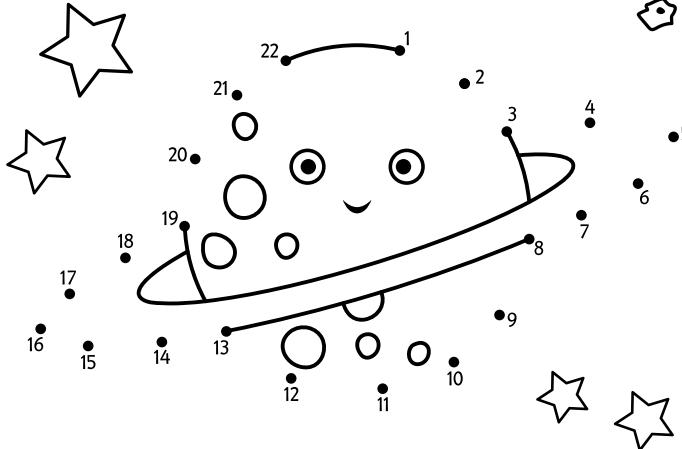
Peggy's Cove Coastal Region

Drive from Downtown Halifax: 45 min

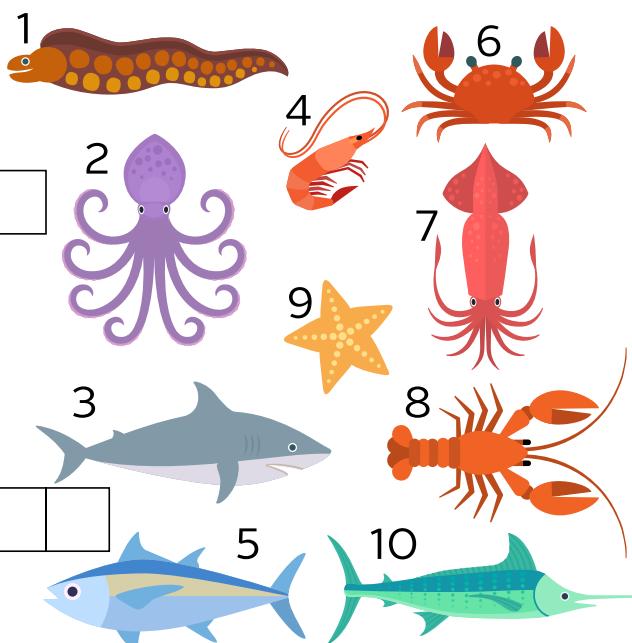
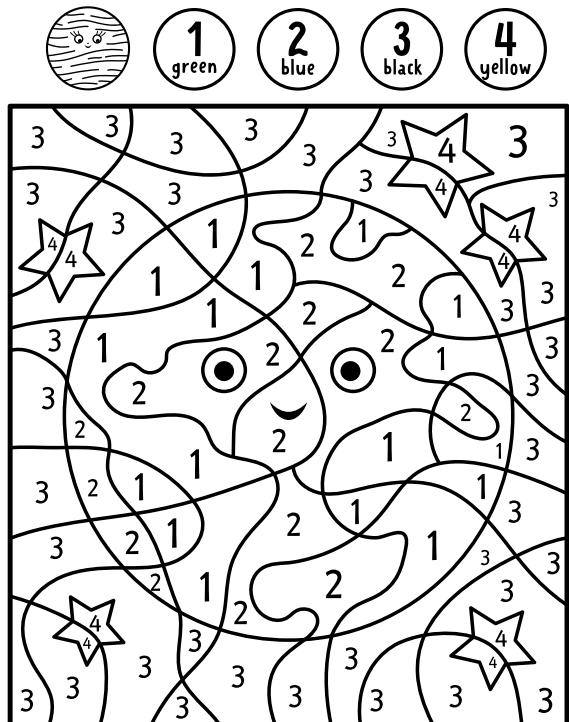
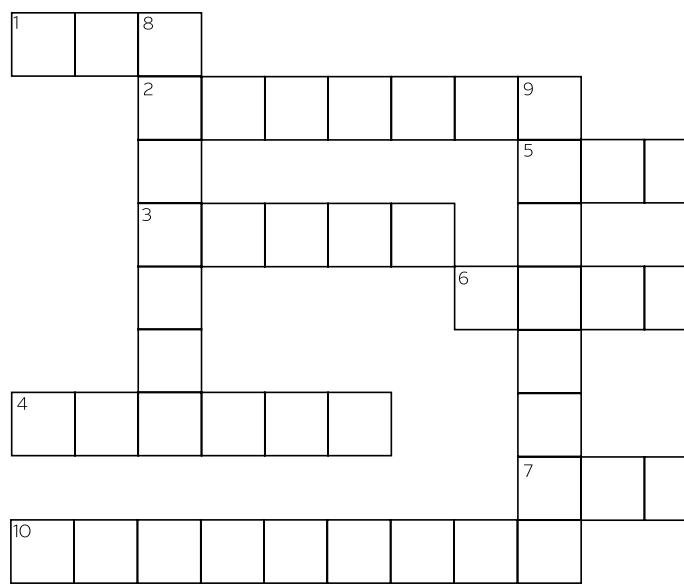
Features: Sandy Beach | Floating Dock | Change Rooms | Toilets | Showers | \$10 Parking Fee | Nearby Canteen

Great for: Families





Sea Creature Crossword



Across: 1. Eel, 2. Octopus, 3. Shark, 4. Shrimp, 5. Tuna, 6. Crab, 7. Squid, 10. Swordfish
 Down: 8. Lobster, 9. Starfish



**Explore the wonders of space, our oceans, & beyond
at Atlantic Canada's Premier Science Centre**

thediscoverycentre.ca | 1215 Lower Water St. | Halifax, NS





Shirley's Splash Pad



Sackville Sports Stadium

Summer SPLASH PADS

Sizzling summer days call for splash and spray play!

Bayers Westwood Splash Pad

West End Halifax

Cole Harbour Splash Pad

Dartmouth-Cole Harbour

George Dixon Centre Splash Pad

North End Halifax

NEW! Halifax Common Splash Pad*

Downtown Halifax

*Expected To Reopen In 2023

Isleville Splash Pad

North End Halifax

Sackville Splash Pad

Bedford-Sackville

Shirley's Splash Pad

Dartmouth-Cole Harbour

Westmount School Splash Pad

West End Halifax



Bedford Outdoor Pool

Outdoor POOLS

Bedford Outdoor Pool

Bedford-Sackville

Supervised Swimming | Open Swim | Lane Swim | Tot Pool | Change | Showers

Cole Harbour Outdoor Pool

Dartmouth-Cole Harbour

Supervised Swimming | Splash Pad | Lane Swim | Open Swim

NEW! Halifax Common Aquatic Facility

Central Halifax

Once complete, the aquatics facility will include a big outdoor pool, splash pad, playground, and a year-round pavilion with a community room, kitchenette, and stage for performers. The new facility is expected to open to the public in summer 2023.

Indoor POOLS

Canada Games Centre

Bedford-Sackville

Shallow Tots Pool | Sprinklers | Diving Boards | Water Slides | Hot Tub

Captain William Spry Community Centre

Peggy's Cove Coastal Region

Wave Pool | Slide | Climbing Wall



Cole Harbour Place

Dartmouth-Cole Harbour

Slide | Pads For Babies & Toddlers

East Hants Aquatic Centre

Musquodoboit Valley

Shallow Tots Pool | Waterslide | Climbing Wall



Sackville Sports Stadium

Bedford-Sackville

Shallow Tots Pool | Small Slide | Mushroom Shower | Rope Swing

Zatzman Sportsplex

Dartmouth-Cole Harbour

Shallow Tots Pool | Waterslide | Splash Pad | Tarzan Rope



Kid-Approved INDOOR ACTIVITIES & ATTRACTIONS

It doesn't have to be a rainy or snowy day to check out these awesome indoor attractions!

Africville Museum

North End Halifax

Visit the land where the people of Africville lived, worked, and raised their families for over a hundred years before being forcibly relocated to make way for industrial development in the 1960s. The Seaview United Baptist Church was rebuilt and opened in 2012 as the Africville Museum, a place where locals and visitors can learn the story of Africville and recognize the contribution of the community to Canadian and African diasporic history.

 **FREE ADMISSION FOR KIDS 5 AND UNDER**

.....

Art Gallery of Nova Scotia

Downtown Halifax 

Atlantic Canada's biggest art museum has a permanent collection with more than 18,000 pieces of art! Kids will love seeing the famous painted house of Nova Scotian folk artist, Maud Lewis, and the whimsical clay pieces in the Folk/Funk exhibition.

 **FREE ADMISSION FOR KIDS 5 AND UNDER**

.....

Atlantic Canada Aviation Museum*

Airport Area 

This airport-adjacent museum is dedicated to the preservation of Canada's rich civilian and military aviation history. Kids will love the enormous collection of aircraft, weapons, and engines, the flight simulators, and hundreds of aviation artifacts.

***Limited winter hours. See website for details.**

ADMISSION BY DONATION

.....

Canadian Museum of Immigration at Pier 21

Downtown Halifax 

This national museum was once the gateway to Canada for over one million immigrants between 1928 and 1971. Kids will love exploring the replica ship's cabin, playing dress-up in period costumes, and seeing the luggage that immigrating children would have carried with them to Canada.

 **FREE ADMISSION FOR KIDS 5 AND UNDER**

.....

Discovery Centre

Downtown Halifax 

With four floors of interactive hands-on learning experiences, the Discovery Centre brings science, technology, engineering, arts, and math to life for kids of all ages. Young kids will love the RBC Someday Street immersive play area and older kids will love diving into the Innovation Lab on the lower level. Don't miss the live star shows in the immersive Dome Theatre!

 **FREE ADMISSION FOR KIDS 2 AND UNDER**

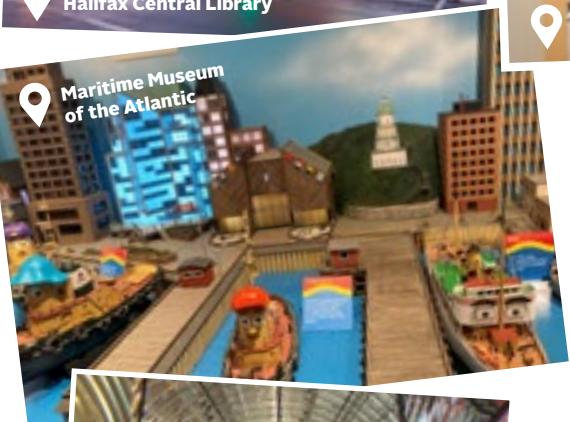
LEGEND

 Accessible Features

 Free



Halifax Central Library



Maritime Museum of the Atlantic



Museum of Natural History



Neptune Theatre



Putting Edge Halifax

Halifax Central Library

Downtown Halifax

The Halifax Central Library offers a variety of kid-friendly spaces. Aside from a vast children's book collection, there are LEGO® tables, puppet theatres, board games, dollhouses, and many more great ways to keep kids entertained for hours.

Maritime Museum of the Atlantic

Downtown Halifax

Visit the oldest and largest maritime museum in Canada to explore Nova Scotia's rich seafaring history, from piracy to shipwrecks, small crafts, and naval history.

 FREE ADMISSION FOR KIDS 5 AND UNDER

Museum of Natural History

Downtown Halifax

This kid-friendly museum features galleries on archeology, geology, mammals, aquatic life, as well as an exhibit with numerous live specimens native to Nova Scotia. And don't forget to say hi to Gus, the Museum of Natural History's 100-year-old Gopher Tortoise.

 FREE ADMISSION FOR KIDS 5 AND UNDER

Neptune Theatre

Downtown Halifax

Enjoy live theatre performances year-round at Neptune Theatre. Each season, Neptune offers a selection of kid-friendly shows as well as annual favourites like Dickens' A Christmas Carol. They also offer Pay What You Can Performances on the first Tuesday of each performance, sponsored by Bell Aliant.

Putting Edge Halifax

Bedford-Sackville

This is a black-light lit 18-hole mini-golf course (make sure to wear white so you glow!) with themes like the ocean, jungle, and outer space.

Halifax's Most Kid-Friendly PUBLIC LIBRARIES

Aside from extensive children's book selections, you'll find these libraries feature plenty of fun, interactive activities for kids of all ages.

Alderney Gate Public Library

Dartmouth-Cole Harbour

Youth Space On The Second Floor | Events & Activities For Kids

Halifax Central Library

Downtown Halifax

Media Studios | X-Box & Ps4 Games | Lego Tables | Board Games | Cafe & Rooftop Patio

Keshen Goodman Public Library

Bedford-Sackville

Cozy Cafe With A Fireplace | ipads | Chromebooks | Ps4 | Lego Tables | Crafts

Sackville Public Library

Bedford-Sackville

Dedicated Area For Youth & Families | ipads | Chromebooks | Gaming Consoles



Woodlawn Public Library

Dartmouth-Cole Harbour

Dedicated Space For Kids & Teens | ipads | Chromebooks | Gaming Consoles

WORD SEARCH

A	W	E	S	E	R	L	F	B	N	J	A
C	O	N	N	E	C	T	I	O	N	S	X
F	S	C	O	M	M	U	N	I	T	Y	M
A	A	H	A	L	I	F	A	X	R	F	W
C	U	M	R	G	H	I	O	L	E	I	K
T	T	T	I	S	E	C	F	R	N	C	O
I	I	J	H	L	O	T	P	M	E	T	O
V	H	O	B	O	R	R	O	W	W	I	B
I	C	U	S	H	R	E	I	F	A	O	B
T	F	T	S	B	O	N	S	O	W	N	Y
I	L	I	B	R	A	R	I	A	N	B	D
E	C	D	I	R	E	A	D	I	N	G	A
S	D	I	C	T	I	O	N	A	R	Y	F

Community
Dictionary
Borrow

Author
Book
Activities

Renew
Fiction
Librarian

Connections
Halifax
Reading

Awesome Indoor PLAYGROUNDS & PLAY PLACES

Run wild at one of these awesome indoor play places!

Beyond! Indoor Play

Musquodoboit Valley

For kids up to 12 years old

Slides | Tunnels | Soft Play Area For Babies & Toddlers



Get Air Trampoline Park

Get Air Trampoline Park

Dartmouth-Cole Harbour

All ages | kids under 10 must be accompanied by an adult

Trampolines | Dodgeball | Ninja Activities | Kiddie Court

(For Jumpers Under 46 Inches Tall) | Foam Pit | Slamball

Slackline | Fidget Ladder | Massage Chairs



The Kids Fun Factory

Ice Patch Hollow Indoor Playground

Bedford-Sackville

For kids up to 12 years old

Ball-Blaster Arena | Spider Climbing Tower | Wave Slides | Soft Climbing Wall | Zero-Gravity Ball Table | Ball Pool | Dedicated Toddler Area | Cafe



Ice Patch Hollow Indoor Playground

The Kids Fun Factory

Dartmouth-Cole Harbour

For kids up to 13 years old

Slides | Tunnels | Ball Pit | Ball Guns | Zero Gravity Machine |

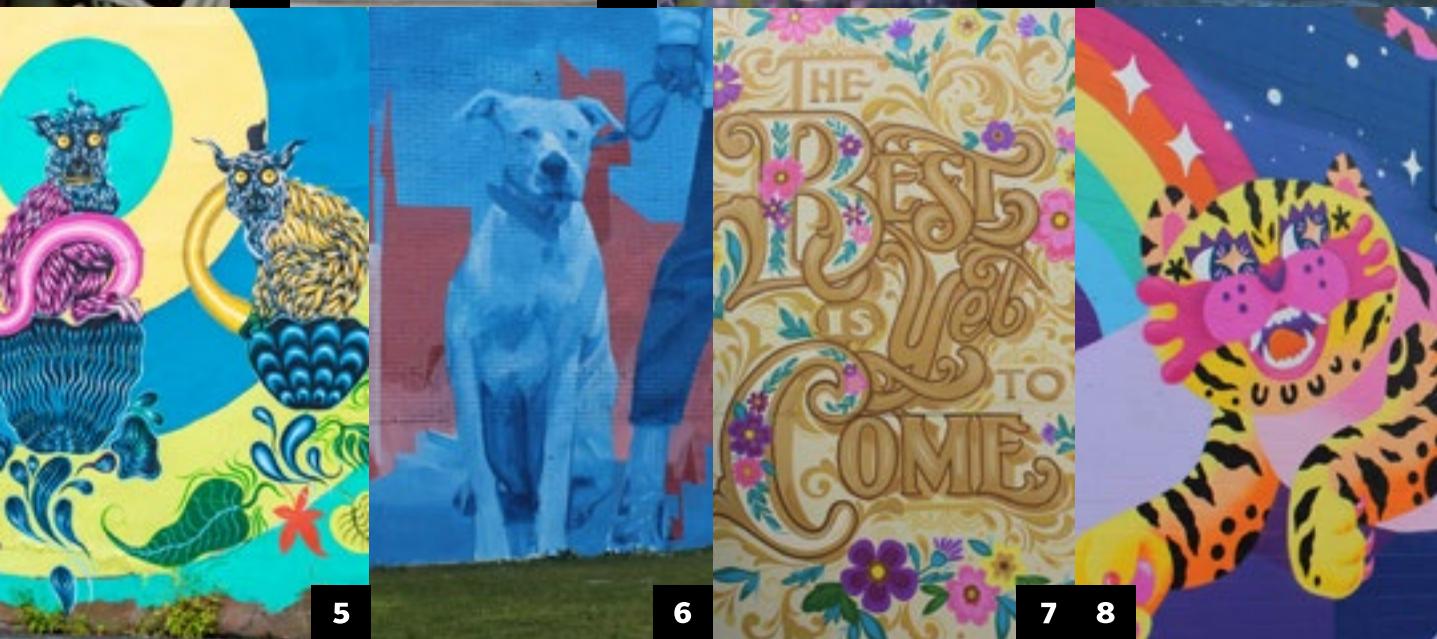
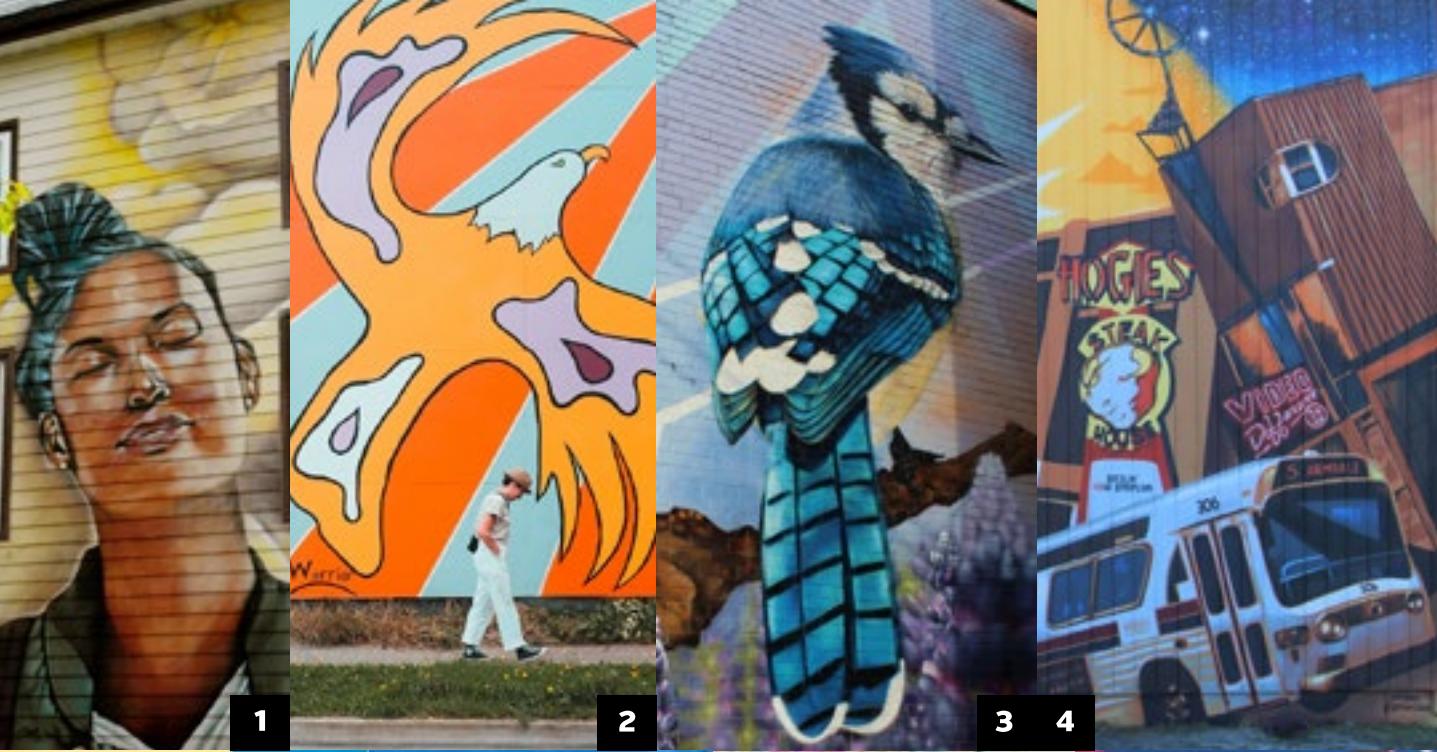
Ball Fountain | Soft Play Area For Babies & Toddlers |

Virtual Reality

Playdium

Dartmouth-Cole Harbour

Arcade Games | Virtual Reality | Bowling | Eating Area





kid-approved SHOPPING

Agricola Street Books
North End Halifax

Brain Candy Toys
Bedford-Sackville

**Cape and Cowl
Comics and Collectibles**
Bedford-Sackville

The Deck Box
Downtown Halifax

**Discovery Shop
(Discovery Centre)**
Downtown Halifax

Flora James Shop
Downtown Halifax

Fluffy Bottom Babies
Bedford-Sackville

Monster Comic Lounge
North End Halifax

**Nurtured Products
for Parenting**
North End Halifax

Royal Diaperer
Bedford-Sackville

**Strange Adventures
Comics & Curiosities**
Downtown Halifax | Dartmouth-Cole Harbour

Twiggz
*Dartmouth-Cole Harbour |
West End Halifax*

Woozles Children's Bookstore
West End Halifax



<<<<< Halifax Mural Scavenger Hunt

How many of these murals can you spot around Halifax?

- | | | | | | |
|--|---|--|--|--|--|
| | 1. Marisa
30 Portland St, Dartmouth | | 4. Memories of Quinpool
6311 Quinpool Rd | | 7. The Best is Yet To Come
6100 Quinpool Rd |
| | 2. Warrior
Agricola St / Willow St | | 5. Victoria, Roman Goddess of Victory
1221 Barrington St | | 8. Rainbow Tiger
6260 Quinpool Rd |
| | 3. Blue Jay and Lupins
6432 Quinpool Rd | | 6. Dog Mural
Pepperell St/Seldon St | | 9. There's No Place Like Home
6408 Quinpool Rd |
| | | | | | 10. Salt Yard
Halifax Waterfront |



Halifax Journal

MY ADVENTURES IN HALIFAX

1. What is your favourite thing to do in Halifax and why?

Draw a picture here.

2. Where did you stay in Halifax? Did you like it?

3. What was the coolest thing you saw in Halifax?

4. What was the most delicious thing you ate in Halifax? What about the weirdest thing you ate?

Draw what you ate here.

5. If you could do one thing in Halifax again, what would it be and why?

Sensory Accessible HALIFAX

Sensory Friendly Sundays At The Museum Of Natural History

Every Sunday you can enjoy all the Museum of Natural History has to offer, with reduced lighting, reduced sound, sensory maps, and social narratives. Presented by Autism Nova Scotia and the Museum of Natural History.

Halifax Public Libraries Autism Tool Kits

The Halifax Public Libraries have worked with Autism Nova Scotia to create sensory friendly Autism Tool Kits, available at every Halifax Public Libraries branch.

Sensory-Accessible Concerts By Cecilia Concerts

This series of classical music concerts is specifically designed to be welcoming, friendly, and accessible for neurodiverse community members of all ages and their families. Concerts are open to the public free of charge on select Sunday afternoons at the Halifax Central Library's Paul O'Regan Hall. Learn more at ceciliacconcerts.ca.

Relaxed Performances At Neptune Theatre

Neptune Theatre offers relaxed performances, designed to welcome audience members who would benefit from a more relaxed environment, including those with sensory sensitivities, learning differences, autism spectrum disorder, and first-time theatregoers. Learn more at neptunetheatre.com/visit/accessibility.

The Trainyard's Quiet Space

The Trainyard General Store offers a quiet space in the back of their shop for grown-ups who wish to feed, change or cuddle their little ones in a private place, or for anyone in need of a sensory break.

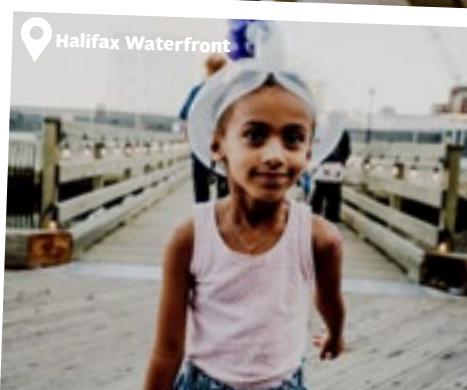
Access 2 Card Program

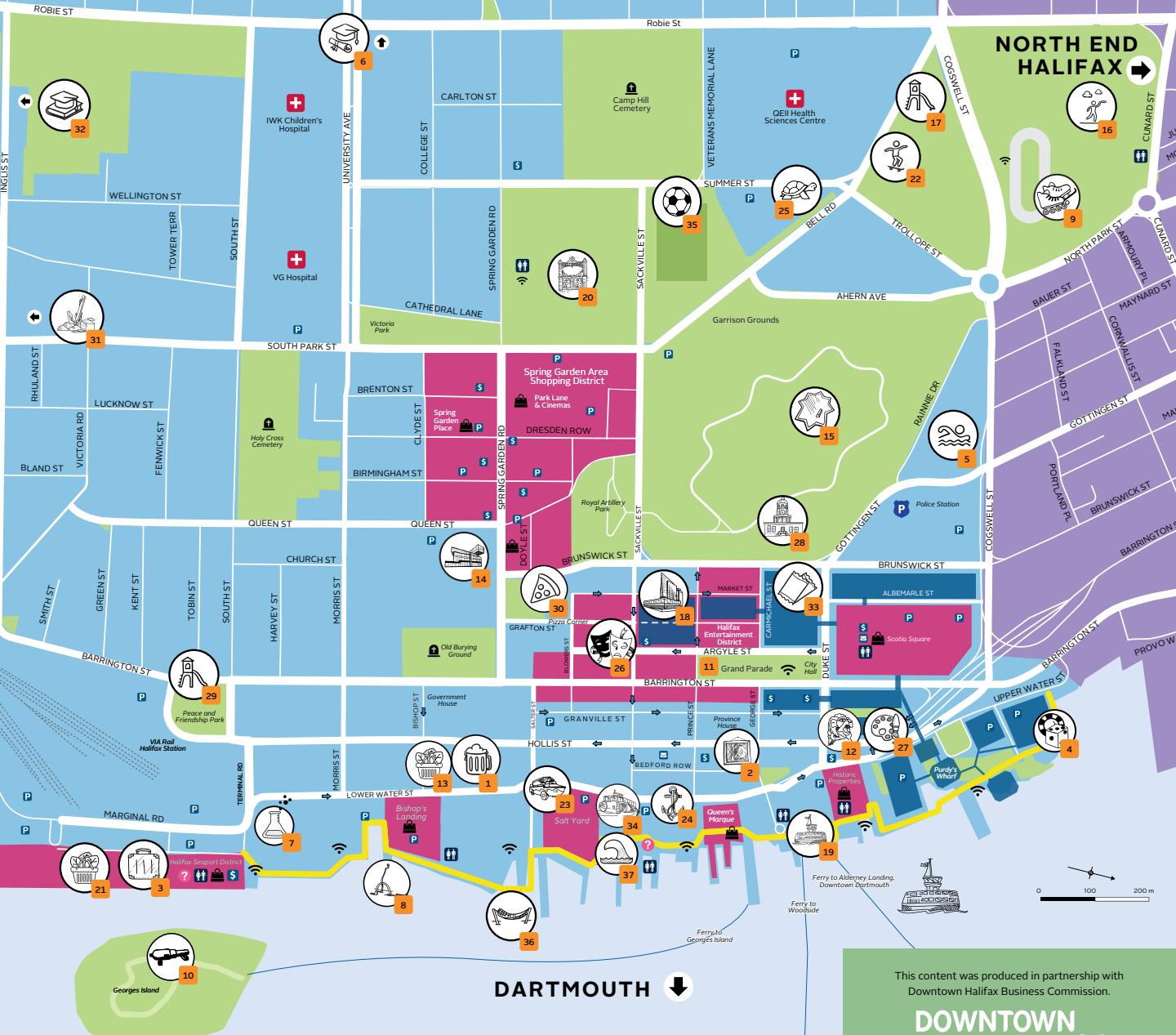
The Easter Seals Canada Access 2 Card program offers free admission for the companion of those visitors with permanent disabilities who require the assistance of a support person at hundreds of participating entertainment, cultural and recreational venues across Canada.

Access 2 participants in Halifax include:

- Art Gallery of Nova Scotia
- Canada Games Centre
- Canadian Museum of Immigration at Pier 21
- Discovery Centre
- Halifax Jazz Festival
- HRM Recreation and Pools
- Maritime Museum of the Atlantic
- Museum of Natural History
- Neptune Theatre

For more info check out: access2card.ca/participating-venues





MAJOR ATTRACTIONS & VENUES

- 1 Alexander Keith's Brewery
- 2 Art Gallery of Nova Scotia
- 3 Canadian Museum of Immigration at Pier 21
- 4 Casino Nova Scotia
- 5 Centennial Pool
- 6 Dalhousie University and University of King's College
- 7 Discovery Centre
- 8 'Drunken' Lampposts
- 9 Emera Oval
- 10 Georges Island National Historic Site
- 11 Grand Parade
- 12 Granville Mall Area
- 13 Halifax Brewery Farmers' Market
- 14 Halifax Central Library
- 15 Halifax Citadel National Historic Site & Army Museum
- 16 Halifax Common
- 17 Halifax Common Playground
- 18 Halifax Convention Centre
- 19 Halifax Ferry Terminal
- 20 Halifax Public Gardens
- 21 Halifax Seaport Farmers' Market
- 22 Halifax Skatepark
- 23 Harbour Hopper Tours
- 24 Maritime Museum of the Atlantic
- 25 Museum of Natural History
- 26 Neptune Theatre
- 27 Nova Scotia College of Art and Design (NSCAD)
- 28 Old Town Clock
- 29 Peace and Friendship Park & Playground
- 30 Pizza Corner
- 31 Point Pleasant Park
- 32 Saint Mary's University
- 33 Scotiabank Centre
- 34 Submarine Playground
- 35 Wanderers Grounds
- 36 Waterfront Hammocks
- 37 The Wave

- This content was produced in partnership with
Downtown Halifax Business Commission.
- DOWNTOWN HALIFAX**
- #downtownhalifax f downtownhalifax
downtownhalifax downtownhalifax.ca
- Halifax Harbourwalk
 - Shopping Districts
 - North End Halifax
 - Visitor Information Centre
 - Free Public WiFi

**DISCOVER
HALIFAX**
[DISCOVERHALIFAXNS.COM](http://discoverhalifaxns.com)