

Ingredients – Bread (Brown/White) etc., Peanut butter, Jam/Jelly (as per liking), optional – butter and oil of choice.

1. Select Bread of your choice.

White, Brown, Honey-Oats, Rye etc.

2. Select Sandwich type

- a. Open faced
- b. Folded
- c. Normal

3. Select Jelly Type

Strawberry, Grape, Kiwi, etc.

4. Select bread preparation – toast/grill/plain

- a. Grill bread with - peanut oil, plain butter, salted butter, etc.
- b. Toast – plain or butter

5. Apply peanut butter

With the help of a butter-spreader or a knife, apply an even layer of peanut butter on one face of the bread.

6. Apply Jelly

With the help of the butter-spreader or knife, apply an even layer of jelly or jam of selected.

7. Prepare for serving

- a. If open faced – Put the prepared PB&J slice on a serving dish and serve.
- b. If folded – Fold the bread slice and serve in a dish.
- c. Else if Normal – top the prepared PB&J with another bread-slice of similar preparation and serve in a dish.

8. Its ready!! Have a munch and enjoy!!

Illustrative process diagram -

