Ingredients – Bread (Brown/White) etc., Peanut butter, Jam/Jelly (as per liking), optional – butter and oil of choice.

1. Select Bread of your choice.

White, Brown, Honey-Oats, Rye etc.

1. Select Sandwich type
   1. Open faced
   2. Folded
   3. Normal
2. Select Jelly Type

Strawberry, Grape, Kiwi, etc.

1. Select bread preparation – toast/grill/plain
   1. Grill bread with - peanut oil, plain butter, salted butter, etc.
   2. Toast – plain or butter
2. Apply peanut butter

With the help of a butter-spreader or a knife, apply an even layer of peanut butter on one face of the bread.

1. Apply Jelly

With the help of the butter-spreader or knife, apply an even layer of jelly or jam of selected.

1. Prepare for serving
   1. If open faced – Put the prepared PB&J slice on a serving dish and serve.
   2. If folded – Fold the bread slice and serve in a dish.
   3. Else if Normal – top the prepared PB&J with another bread-slice of similar preparation and serve in a dish.
2. Its ready!! Have a munch and enjoy!!

Note: Illustrative diagram on next page

Illustrative process diagram -

