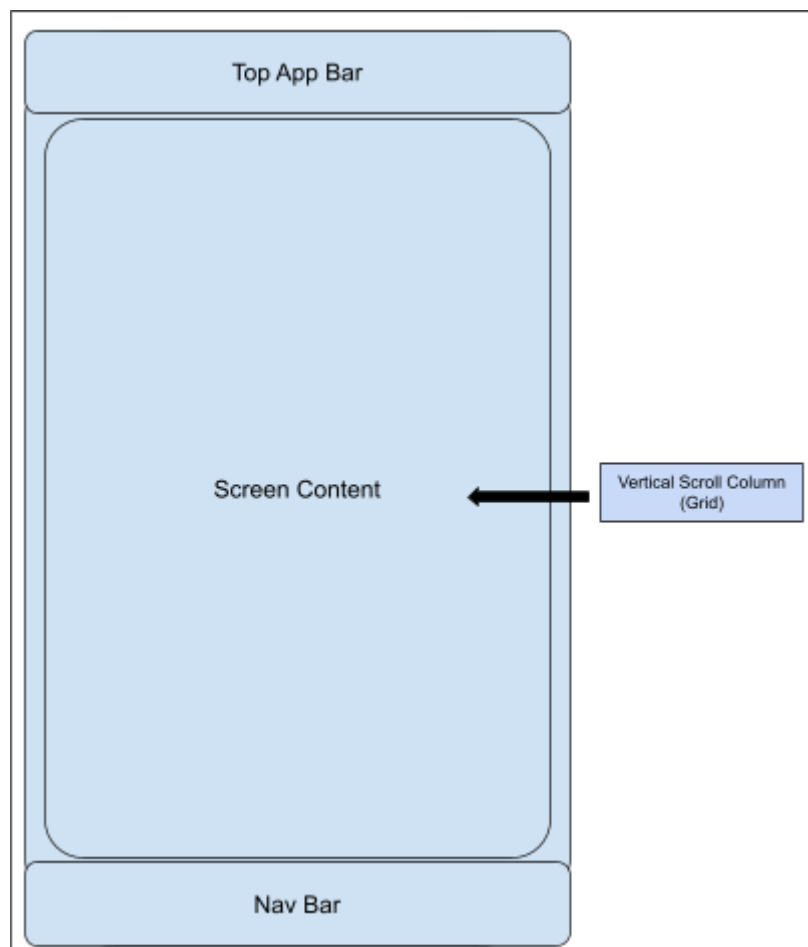


UI Infrastructure for Main Screens

Mock Up image for all the main screens. Main Screens being ID'ed as all screens that can be navigated to from the nav bar within one user action.



Top App Bar: Simple top app bar that will include app logo, name and button for settings pop-up

Screen Content: This is where the content for each of the main screens will be displayed.

- [Home](#)
- Nutrition
- Activity
- Events
- Productivity

Nav Bar: This will display icons horizontally across the screen for each main screen and highlight the current screen icon with focus.

Home