

Step-1

We need to choose the value of θ , so that the matrix $R = PAP^{-1}$ will be triangular.

Consider

$$\begin{aligned} PA &= \begin{bmatrix} \cos \theta & -\sin \theta \\ \sin \theta & \cos \theta \end{bmatrix} \begin{bmatrix} 1 & -1 \\ 3 & 5 \end{bmatrix} \\ &= \begin{bmatrix} \cos \theta - 3 \sin \theta & -\cos \theta - 5 \sin \theta \\ \sin \theta + 3 \cos \theta & -\sin \theta + 5 \cos \theta \end{bmatrix} \end{aligned}$$

Step-2

Now, when $P = \begin{bmatrix} \cos \theta & -\sin \theta \\ \sin \theta & \cos \theta \end{bmatrix}$, we have $P^{-1} = \begin{bmatrix} \cos \theta & \sin \theta \\ -\sin \theta & \cos \theta \end{bmatrix}$.

Thus,

$$\begin{aligned} R &= PAP^{-1} \\ &= \begin{bmatrix} \cos \theta - 3 \sin \theta & -\cos \theta - 5 \sin \theta \\ \sin \theta + 3 \cos \theta & -\sin \theta + 5 \cos \theta \end{bmatrix} \begin{bmatrix} \cos \theta & \sin \theta \\ -\sin \theta & \cos \theta \end{bmatrix} \\ &= \begin{bmatrix} \cos^2 \theta - 2 \sin \theta \cos \theta + 5 \sin^2 \theta & -4 \sin \theta \cos \theta - 3 \sin^2 \theta - \cos^2 \theta \\ -4 \sin \theta \cos \theta + 3 \cos^2 \theta + \sin^2 \theta & \sin^2 \theta + 2 \sin \theta \cos \theta + 5 \cos^2 \theta \end{bmatrix} \end{aligned}$$

Step-3

Since, R has to be triangular, we want $-4 \sin \theta \cos \theta + 3 \cos^2 \theta + \sin^2 \theta = 0$.

Consider

$$\begin{aligned} -4 \sin \theta \cos \theta + 3 \cos^2 \theta + \sin^2 \theta &= 0 \\ -4 \sin \theta \sqrt{1 - \sin^2 \theta} + 2 \cos^2 \theta + 1 &= 0 \\ -4 \sin \theta \sqrt{1 - \sin^2 \theta} + 2(1 - \sin^2 \theta) + 1 &= 0 \\ 3 - 2 \sin^2 \theta - 4 \sin \theta \sqrt{1 - \sin^2 \theta} &= 0 \end{aligned}$$

Step-4

Let $x = \sin \theta$. Therefore,

$$\begin{aligned}
3 - 2x^2 - 4x\sqrt{1-x^2} &= 0 \\
3 - 2x^2 &= 4x\sqrt{1-x^2} \\
\frac{3-2x^2}{4x} &= \sqrt{1-x^2} \\
\frac{9-12x^2+4x^4}{16x^2} &= 1-x^2
\end{aligned}$$

Cross multiply and simplify:

$$\begin{aligned}
9 - 12x^2 + 4x^4 &= 16x^2(1-x^2) \\
&= 16x^2 - 16x^4 \\
20x^4 - 28x^2 + 9 &= 0
\end{aligned}$$

Step-5

The equation $20x^4 - 28x^2 + 9 = 0$ is quadratic in x^2 . Its roots are given by,

$$\begin{aligned}
x^2 &= \frac{28 \pm \sqrt{784 - 720}}{40} \\
&= \frac{28 \pm 8}{40} \\
&= \frac{9}{10} \text{ or } \frac{1}{2}
\end{aligned}$$

Step-6

Therefore, $\sin^2 \theta = \frac{9}{10}$ or $\frac{1}{2}$. Therefore, $\cos^2 \theta = \frac{1}{10}$ or $\frac{1}{2}$ respectively.

Let $\sin \theta = \frac{1}{\sqrt{2}}$ and $\cos \theta = \frac{1}{\sqrt{2}}$. Thus, $\theta = 45^\circ$.

For this value of, we get

$$\begin{aligned}
R &= \begin{bmatrix} \frac{1}{2} - 2\left(\frac{1}{2}\right) + 5\left(\frac{1}{2}\right) & -4\left(\frac{1}{2}\right) - 3\left(\frac{1}{2}\right) - \frac{1}{2} \\ -4\left(\frac{1}{2}\right) + 3\left(\frac{1}{2}\right) + \frac{1}{2} & \frac{1}{2} + 2\left(\frac{1}{2}\right) + 5\left(\frac{1}{2}\right) \end{bmatrix} \\
&= \begin{bmatrix} 2 & -4 \\ 0 & 4 \end{bmatrix}
\end{aligned}$$

Step-7

The eigenvalues of R can be obtained by solving $\det(R - \lambda I) = 0$.

This gives

$$\begin{vmatrix} 2-\lambda & -4 \\ 0 & 4-\lambda \end{vmatrix} = 0$$

$$(2-\lambda)(4-\lambda) = 0$$

Therefore, $\lambda = 2$ and $\lambda = 4$.