Step-1

Given that (A+iB)(x+iy) = Ax+iBx+iAy-By where $i^2 = -1$. We have to use blocks to separate the real part from the imaginary part that multiplies i

Step-2

Since by block multiplication from $\begin{bmatrix} A & -B \\ iB & iA \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix}$ we get

Real part is
$$(A - B) \binom{x}{y} = (Ax - By)$$