Step-1

Orthogonal Matrix: If matrix A is skew-symmetric then e^{At} is an orthogonal matrix.

Skew symmetric: If transpose of matrix $A^{(A^T)}$ is equal to negative of matrix A, then matrix A is skew-symmetric.

In a conservative system following are observed:

$$A^{T} = -A$$

$$\left(e^{At}\right)^{T} = e^{-At}$$

$$\left\|e^{At}u(0)\right\| = \left\|u(0)\right\|$$

Step-2

Consider the skew-symmetric equation:

$$\frac{du}{dt} = Au$$

$$= \begin{bmatrix} 0 & c & -b \\ -c & 0 & a \\ b & -a & 0 \end{bmatrix} \begin{bmatrix} u_1 \\ u_2 \\ u_3 \end{bmatrix}$$

Step-3

(a) Compute u_1', u_2', u_3' and confirm the following:

$$u_1u_1' + u_2u_2' + u_3u_3' = 0$$

Calculate the following from the skew-symmetric equation

$$u_1' = cu_2 - bu_3$$

 $u_2' = -cu_1 + au_3$
 $u_3' = bu_1 - au_2$

Step-4

Now,

$$u_{1}u_{1}' = cu_{2}u_{1} - bu_{3}u_{1}$$

$$u_{2}u_{2}' = -cu_{1}u_{2} + au_{3}u_{2}$$

$$u_{3}u_{3}' = bu_{1}u_{3} - au_{2}u_{3}$$

$$u_{1}u_{1}' + u_{2}u_{2}' + u_{3}u_{3}' = 0$$

Therefore,
$$u_1u_1' + u_2u_2' + u_3u_3' = 0$$

Step-5

(b) Evaluate the length of $u_1^2 + u_2^2 + u_3^2$.

Length of $u_1^2 + u_2^2 + u_3^2$ can be written as $\|u(t)\|^2$. Now,

$$||u(t)||^2 = u_1^2 + u_2^2 + u_3^2$$

Differentiate the following:

$$\frac{d\|u(t)\|^2}{dt} = 2u_1u_1' + 2u_2u_2' + 2u_3u_3'$$

Substitute the above result, to get derivate of $\|u(t)\|^2$ equal to zero. This shows that $\|u(t)\|^2$ is constant.

Step-6

Recall that $u(t) = e^{At}u(0)$, then

$$||u(t)||^2 = ||e^{At}u(0)||^2$$
$$= ||u(0)||^2$$
$$= \text{constant}$$

Therefore, $\overline{\left\|u(t)\right\|^2 = \left\|u(0)\right\|^2}$

Step-7

(c) Find the Eigen values of matrix A.

To calculate the Eigen values do the following calculations;

$$A - \lambda I = \begin{bmatrix} 0 - \lambda & c & -b \\ -c & 0 - \lambda & a \\ b & -a & 0 - \lambda \end{bmatrix}$$
$$\det(A - \lambda I) = 0$$

$$\det(A - \lambda I) = 0$$

$$(-\lambda)^3 - \lambda(a^2 + b^2 + c^2) = 0$$

$$-\lambda \left(\lambda^2 + \left(a^2 + b^2 + c^2\right)\right) = 0$$

After solving following values are obtained:

$$\lambda_1 = 0$$

$$\lambda_2 = \sqrt{\left(a^2 + b^2 + c^2\right)}$$

$$\lambda_3 = -\sqrt{\left(a^2 + b^2 + c^2\right)}$$

Step-8

Therefore, Eigen values are $0, \pm \sqrt{\left(a^2 + b^2 + c^2\right)}$