## Step-1

Given that A = R + iS is a Hermitian matrix.

We have to verify that the real matrices *R* and *S* are symmetric or not.

## Step-2

Now

$$A^{H} = A$$

$$\Rightarrow (R + iS) = (R + iS)^{H}$$

$$= R^{H} - iS^{H}$$

Since *R*, *S* are real matrices.

$$\operatorname{So} R^H = R^T \text{ and } S^H = S^T$$

$$\Rightarrow R = R^T \text{ and } S = -S^T$$

Hence *R* is symmetric and *S* is skew-symmetric.