Step-1

Given quadratic is $z = 4x^2 + 12xy + cy^2.$

Comparing with $ax^2 + 2bxy + cy^2$,

So, $a = 4,\ 2b = 12,\ c = c.$

For saddle point the condition is,

$ac - b^2 < 0$

$\Rightarrow (4)(c) - (6)^2 < 0$

$\Rightarrow 4c - 36 < 0$

$\Rightarrow c < 9$

Thus if $\boxed{c > 9}$, $4x^2 + 12xy + cy^2$ is positive definite and hence graph of z is a bowl.

Step-2

If $c < 9,$

$z = 4x^2 + 12xy + cy^2$

$= (2x + 3y)^2$

Thus if $\boxed{c = 9}$, then the graph of z is a trough staying at zero on this line $2x + 3y = 0.$