

Hydration Reminder

Author:

Problem Statement

Many people forget to drink water even though it's essential and suffer from dehydration. Our solution is to make an app that lets users customize times of the reminders; these reminders will remind app users to drink water.

Who is experiencing the problem?

The target market of this app are old people who may forget to drink water, athletes because they have to drink lots of water, and people who are just busy and need a reminder.

What is the problem?

People are not drinking enough water.

Where does the problem present itself?

Why does it matter?

People need to drink more water because it's necessary and to not suffer from dehydration.