## **IOT BASED HEALTH MONITORING SYSTEM FOR FAMILY**

## **Available Systems:**

- System uses pulse rate sensor to sense pulse rate and LM35 sensor to sense temperature with Arduino as processing unit.
- ThinkSpeak is cloud system used to analyze the data
- System diagnosis type 1 diabetes using glucose sensor with Arduino as processing unit
- System analyze the blood pressure from the heart rate sensor and this information is transmitted to a web server

## **Disadvantages:**

- Combined system is more reliable
- Individual systems are cost ineffective
- Arduino cannot in cooperate all sensors
- Customer satisfaction is less.

## Reference:

- 1. <a href="https://circuitdigest.com/microcontroller-projects/iot-based-patient-monitoring-system-using-esp8266-and-arduino">https://circuitdigest.com/microcontroller-projects/iot-based-patient-monitoring-system-using-esp8266-and-arduino</a>
- 2. <a href="https://create.arduino.cc/projecthub/170406/diabetes-diagnosis-and-management-0d5291">https://create.arduino.cc/projecthub/170406/diabetes-diagnosis-and-management-0d5291</a>
- 3. <a href="https://www.researchgate.net/publication/330884604">https://www.researchgate.net/publication/330884604</a> Systolic blood p
  <a href="mailto:ressure-measurement-from-heart-rate-using-lot">ressure-measurement-from-heart-rate-using-lot</a>