

WADI Compliance with safety standards

This is a declaration informing you of the rules established for safe diving practice. These practices have been compiled for your review and acknowledgement in an effort to improve your diving comfort and safety. Your signature on This statement is necessary to prove that you are aware of these safety rules. Read and discuss this statement before you sign it. If you are a minor, this form must be signed by a parent or guardian.

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	I,, and I understand that as a diver, I must:	
L.	Maintain both physical and mental fitness for diving. Avoid scuba diving while under the influence of alcohol	
	or hazardous substances. Maintain proficiency in diving skills, meant to improve them through continuing	
	education and revisiting them in controlled conditions after a period of diving inactivity, and refer to my	
	course materials to remain current and refresh myself on relevant knowledge.	

- 2. Be knowledgeable of my dive locations. If not, obtain a formal scuba diving orientation from a local expert. If diving conditions are worse than what I've experienced, postpone diving or choose a different site. Engage in diving activities only commensurate with my training and experience. Do not engage in cave or technical diving unless I have received specific training.
- 3. Utilise complete, well-maintained, and trustworthy gear that I am familiar with; inspect it for proper fit and operation prior to each dive. Deny non-certified diver's use of my apparatus. When scuba diving, always use a buoyancy compensator and a submersible pressure gauge. Recognise the need for an alternative breathing source and a low-pressure buoyancy compensator inflation system.
- 4. Pay close attention to dive briefings and instructions, and heed the guidance of those supervising my scuba diving activities. Recognise that additional training is required for participation in speciality diving activities in other geographic regions and after a six-month period of inactivity.
- 5. Abide by the buddy system during every dive. My buddy and I plan dives, including communications, procedures for reuniting in the event of separation, and emergency procedures.
- 6. Be proficient in dive computer and dive table utilisation. Make every dive, not decompression dive, and permit a safety margin. Possess the ability to monitor depth and time while submerged. Limit the utmost depth to my training and experience level. Ascend after every dive at a maximum rate of 18 meters/60 feet per minute, even slower (Recommended no more than 9 meters per minute). Adhere to a safety stop for at least three minutes, typically 5 meters/16 feet deep.
- 7. Maintain appropriate buoyancy. Adjust surface weighting for neutral buoyancy with no air in my buoyancy compensator. Maintain neutral buoyancy while submerged. Be buoyant for swimming and resting on the surface. Have an accessible weight system for simple removal and establish buoyancy when diving in distress.
- 8. Diving requires appropriate breathing. Never hold your breath or omit breaths while using compressed air or breathing gas, and avoid excessive hyperventilation when performing breath-hold diving. Avoid overexertion while diving activities and dive within my capabilities.
- 9. Utilise a boat, float, or other support station on the surface whenever possible.
- 10. Know and comply with local diving laws and regulations, such as fish, game, and dive flag laws. Local signs of immersion. Respect the environment and act in a responsible way to preserve it on land and water. I have read the preceding statements, and my queries have been satisfactorily addressed. I am aware of the significance and goals of these established practices. I am aware that they are for my safety and well-being and that neglecting to adhere to them could put me in danger while scuba diving.

Participant's Signature	Day/Month/Year
Signature of Parent or Guardian	Day/Month/Year