2019 Community Benefit Report

St Peter's Health Partners

A Member of Trinity Health

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Dear Friends,

We are pleased to present the 2019 St. Peter's Health Partners Community Benefit Report. It includes highlights of just a few of the many ways we provided the communities we serve with the care they needed.

The mission of St. Peter's Health Partners is to "serve together in the spirit of the gospel as a compassionate and transforming healing presence within our communities." As such, we include a focus on community health and well-being as a key pillar of our integrated, people-centered health system to improve the health of the entire population, especially the needy and vulnerable.

St. Peter's Health Partners strives to be a leader in optimizing wellness and equity and eliminating disparities in our communities by leveraging resources and partnerships; focusing on those who are poor and vulnerable; and addressing the social influencers of health.

We are truly grateful for the opportunity we've been given to provide compassionate care and dedicated stewardship to individuals in the Capital Region and beyond.

James Reed, MD Katherine DeRosa

About St. Peter's Health Partners

People-centered, integrated care is at the heart of St. Peter's Health Partners (SPHP). Our breadth of services across the continuum of care uniquely positions us to be the region's leader for quality, efficiency, and innovation in delivering compassionate health care and senior services.

ABOUT US

12,000
Employees

175
Locations

6
Counties

OUR SERVICES

- Advanced Medical Care
- Inpatient Acute Care and Rehabilitation
- Outpatient Rehabilitation
- Urgent Care
- Primary and Specialty Physician Practices
- Adult Day Programs
- Alzheimer's Services
- Enriched Housing/Adult Homes
- Home Care
- Hospice
- Independent Senior Living
- Nursing Homes
- PACE (Program of All-Inclusive Care for the Elderly)

OUR MISSION

We, St. Peter's Health Partners and Trinity Health, serve together in the spirit of the gospel as a compassionate and transforming healing presence within our communities. Founded in community-based legacies of compassionate healing, we provide the highest quality comprehensive continuum of integrated health care, supportive housing and community services, especially for the needy and vulnerable.

CORE VALUES

Reverence – We honor the sacredness and dignity of every person.

Commitment to Those Who are Poor – We stand with and serve those who are poor, especially the most vulnerable.

Justice – We foster right relationships to promote the common good, including sustainability of Earth.

Stewardship – We honor our heritage and hold ourselves accountable for the human, financial, and natural resources entrusted to our care.

Integrity – We are faithful to who we say we are.

We're Leading the Way to Healthier Communities

In fiscal year 2019, SPHP provided more than $79.8 million in total community benefits. These efforts included preventive services; community partnerships; the preparation of future health care professionals; uncompensated care, research and clinical trials; programs that impact well-being and health status; and efforts to meet the health needs of the uninsured, low-income and other vulnerable populations.

2019 COMMUNITY BENEFIT SUMMARY

355,354
Total Persons Served

Impacting Health Through Youth Initiatives

JOURNEY THROUGH THE BODY©

Celebrating its 20th year, Journey Through the Body is the area's largest and most popular annual kids' health education exhibit, featuring 23 exhibits staffed by 800 volunteers. This annual FREE hands-on health education event is designed to educate children and their parents about select parts of the human body and to learn about their functions, components, strengths and limitations, and ways to lead an active, healthy lifestyle.

CREATING HEALTHY SCHOOLS AND COMMUNITIES

The Creating Healthy Schools and Communities grant helps designated school districts in the greater Capital Region by tailoring wellness policies to meet the unfunded federal and state regulations. This helps ensure districts have the resources they need to successfully implement such policies, and in doing so, combat childhood obesity.

FARM-TO-TABLE INITIATIVE

In April, students and community members came together to build six new garden beds at Watervliet Elementary School. The garden beds were funded through a Creating Healthy Schools and Communities grant. Once harvested, the produce was used in the school's cafeteria and given to students to share with their families.

NEW PLAYGROUND AT GIFFEN ELEMENTARY SCHOOL

The ribbon was cut in October on a new playground at Giffen Memorial Elementary School in Albany's South End. St. Peter's Health Partner's Community Health Programs awarded a Creating Healthy Schools and Communities grant to support the project, and Trinity Health supported the playground through its Community Health & Well-Being initiative.

SOCCER FOR SUCCESS

Led by the Troy Boys & Girls Club, the program was made possible by a gift from SPHP and a grant from the U.S. Soccer Foundation. The grants were used to offer the U.S. Soccer Foundation's Soccer for Success after-school mentoring program at select Boys & Girls Clubs throughout the Capital Region. The free program targets children from kindergarten through eighth grade, and aims to teach kids the fundamentals of soccer, as well as help them establish healthy habits and develop critical life skills.

DENTAL VAN

The truck, dubbed the "Care Mobile," provides free dental health care to unserved and underserved children in local elementary and middle schools. Operated through a partnership between the Ronald McDonald House Charities of the Capital Region and St. Peter's Health Partners, the Care Mobile is now in its 13th year of community service.

Fostering Infant Nutrition

BABY CAFÉ

In late-August, SPHP celebrated the opening of its newest Baby Café in Schenectady. The café is the second baby café in Schenectady and the fourth in the Capital Region. All are sponsored through a grant held by SPHP Community Health Programs and provide pregnant and breastfeeding mothers a comfortable environment to learn more about breastfeeding.

WORLD BREASTFEEDING WEEK

In August, St. Peter's Hospital hosted a breastfeeding education display in its main lobby providing vital information for colleagues and visitors about nursing during natural disasters, tips on healthy snacks for picky toddlers, and question and answer sessions with lactation staff.

BABY-FRIENDLY DESIGNATION

As the first hospital in the Capital Region to receive Baby-Friendly designation, St. Peter's Hospital has set the bar high when it comes to encouraging new mothers to breastfeed. Considered the gold standard in maternity care, the Baby-Friendly designation means that St. Peter's offers an optimal-level of care for breastfeeding mothers and their babies.

Screenings

CANCER

Mammography Screening Days

St. Peter's Health Partners encouraged female colleagues and their spouses, over the age of 40, to get screened for breast cancer during its free fall mammography days. Uninsured or underinsured colleagues were encouraged to participate.

SINCE THE PROGRAM STARTED IN 2017

200	2	39%	49%
Colleagues screened	Early stage cancers detected	2017 Mammo. rate	2019 Mammo. rate

Prostate Cancer Screening

In September, SPHP hosted a free screening, including a prostate-specific Antigen (PSA) blood test and physical exam for men 50-75 years old; 40 years or older and with a family history of prostate cancer; or 40 years or older and of African American descent.

CARDIOVASCULAR DISEASE

Cardiac and Vascular Screenings

St. Peter's Health Partners cardiac & vascular services conducted a variety of cardiovascular screenings, including full-lipid profile and glucose, blood pressure screenings, BMI, pulmonary function testing, and provided educational sessions and ongoing support to help individuals lead a healthier lifestyle.

Diabetes Prevention Program

St. Peter's Health Partners offers a FREE, 16-week PreventT2 lifestyle change program helping individuals make lasting changes to prevent type 2 diabetes. The program is funded through a five-year CDC grant awarded to Trinity Health. Highlights of the program include:

- A CDC-approved curriculum
- Teaching skills needed to lose weight, be more physically active, and manage stress
- A trained-lifestyle coach to guide participants
- Support from other participants with the same goals
- Follow-up meetings to help participants maintain a healthy lifestyle

FY 2019

142
Participants

12
Sessions

5.2 - 9.2%
Average group weight loss

200
Minutes weekly physical activity

Tobacco Cessation

Capital District Tobacco Free Communities

Capital District Tobacco-Free Communities (CDTFC), a grant-funded program of SPHP, is a non-profit partnership of people and organizations from Albany, Rensselaer and Schenectady counties and a Community Partner of the New York State Tobacco Control Program. Through community action and advocacy, CDTFC works to eliminate exposure to secondhand smoke, decrease the social acceptability of tobacco use, promote tobacco cessation, and prevent the initiation of tobacco use among youth and young adults.

SMOKE-FREE MOVIE SCREENING

In February, CDTFC hosted a smoke-free movie night at the Schenectady County Public Library to raise awareness of the dangers of tobacco use and the impact of the tobacco imagery shown in films.

KICK BUTTS DAY

The Columbia High School Students Against Destructive Decisions (SADD) club teamed up with CDTFC in March to celebrate national Kick Butts Day. SADD club members educated staff and students on tobacco marketing, encouraged their peers to sign the "We've Seen Enough" tobacco marketing poster and pledge to be tobacco/vape free.

SEEN ENOUGH TOBACCO DAY

In October, CDTFC partnered with the Troy Boys & Girls Club to host the first annual Seen Enough Tobacco Day event. Nearly 40 adults, teens, and children that attended the event received education on the harmful effects of using tobacco products.

THE BUTT STOPS HERE

To help individuals quit smoking, SPHP offers the award-winning The Butt Stops Here program. The group-supported program meets weekly and is led by a St. Peter's Health Partners facilitator.

Combating Food Insecurity

FOOD DRIVE

In July, SPHP, The City of Albany, The Food Pantries for the Capital District, and KeyBank joined forces to launch a collaborative city-wide food drive. SPHP collected more than 20,000 pounds of food.

HEALTHY COOKING CLASSES

St. Peter's Health Partners provided funds for healthy cooking classes, taught by educators from Capital Roots, for participants of Girls, Inc. Located in Albany, Girls, Inc. is committed to helping girls build skills for a responsible, confident, and self-sufficient adulthood. Educators taught participants about a variety of nutrition topics, including how to prepare a healthy meal, snack, or beverage. In addition, each participant received a bag of ingredients and recipe cards so that she could prepare the food at home with her family.

A Healing Presence

SERVING THE HOMELESS

Led by the Interfaith Partnership for the Homeless and housed in Samaritan Hospital's, St. Mary's campus in Troy, The Sister Mavis Jewel Medical Respite Program provides short-term respite care for homeless individuals who are discharged from the hospital and require recuperative care beyond what can be provided in a traditional shelter setting.

ST. JOHN'S BIBLE

St. Peter's Health Partners hosted two Heritage Edition volumes of The Saint John's Bible, the first hand-scribed bible in 500 years, as part of a year-long celebration – "Year with The Saint John's Bible." The presence of the Bible, with its beautiful illuminations and calligraphy, served to enhance the healing environment in our common spaces. St. Peter's has also prepared several illuminations on special paper that could be taken into a patient or resident room, providing inspiration in our patient care spaces and residences.

For more information,
please contact Melissa.Zapotocki@sphp.com

ST PETER'S HEALTH PARTNERS

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