

## Caring for a loved one with Alzheimer's?

## You don't have to go through it alone.

More than one million family members and friends are caring for nearly 380,000 New Yorkers living with Alzheimer's disease or other dementias. If you are one of them, you don't have to go through it alone. The Alzheimer's Caregiver Support Initiative is here to help.

The Alzheimer's Caregiver Support Initiative is a New York state grant-funded effort to help alleviate the financial and emotional burden of caregivers like you. Together, Eddy Alzheimer's Services and its grant partners, Catholic Charities Senior & Caregiver Support Services, and the Alzheimer's Association of Northeastern New York, provide a wide range of free support and respite services for caregivers across a 10-county\* region, including:

- Care & family consultation
- Education
- Support groups
- Respite care
- Alzheimer's Volunteer Care Teams

Our services are free. To learn how the Alzheimer's Caregiver Support Initiative can help, please call us at (518) 238-4164.

\*Serving Albany, Columbia, Delaware, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, and Schoharie counties.



alzheimer's % association®

Northeastern New York Chapter



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