

Serving a 10-County Region

The Alzheimer's Caregiver Support Initiative is a New York statewide initiative. Together, Eddy Alzheimer's Services and its grant partners serve the estimated 40,000 caregivers in 10 counties, including:

- Albany
- Columbia
- Delaware
- Fulton
- Greene
- Montgomery
- Rensselaer
- Saratoga
- Schenectady
- Schoharie

If you're caring for someone with Alzheimer's disease, you don't have to go through it alone. Our services are free. To learn how the Alzheimer's Caregiver Support Initiative can help you, please call us at (518) 238-4164.



There are more than 1 million family members and friends caring for the nearly 380,000 New Yorkers living with Alzheimer's disease and other dementias. **The Alzheimer's Caregiver Support Initiative is a New York state** grant funded effort which seeks to alleviate the financial and emotional burden placed on these caregivers.

alzheimer's  association®

Northeastern New York Chapter

www.alz.org/northeasternny

 Eddy Alzheimer's
Services

ST PETER'S HEALTH PARTNERS

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A Member of Trinity Health

ALZHEIMER'S CAREGIVER SUPPORT INITIATIVE



 Eddy Alzheimer's
Services

ST PETER'S HEALTH PARTNERS

About the Alzheimer's Caregiver Support Initiative

Together **Eddy Alzheimer's Services** and its grant partner, the **Alzheimer's Association of Northeastern New York**, provide a wide range of free support and respite services for caregivers across a 10-county region, including:

- Care consultation
- Family consultation
- Education
- Support groups
- Respite care
- Alzheimer's care teams

Care Consultation

Specially trained social workers serve as care navigators who meet with caregivers of persons diagnosed with Alzheimer's and other dementias to develop a personalized plan to help them find needed resources, services, and community connections. In addition, they periodically check in with caregivers and reassess the plan as needed.

Family Consultation

Family consultations are facilitated by care navigators and provide a forum for caregivers and family members to come together to discuss areas of common concern, and work collaboratively to develop strategies to address these concerns.

Education

Education and training programs are designed to help caregivers understand the progression of Alzheimer's disease and prepare them for their evolving roles as a caregiver. Programs may include: behavior management strategies and interventions, coping skills, and caregiver wellness.



Support Groups

Caregiver support groups are designed to provide emotional support, information, resources, and a platform for caregivers to share strategies and lessons learned with other caregivers.

Respite

Caregiving for someone with Alzheimer's disease or other dementias is often a full-time and exhausting role. Respite care provides temporary relief from the stresses associated with caregiving.

Respite services may include:

- In-home respite
- Adult day program
- Facility-based care such as an assisted living residence or nursing home

Alzheimer's Care Teams

Alzheimer's care teams are groups of volunteers, usually consisting of four to 12 members, who provide valuable non-medical assistance, support, and companionship to individuals with Alzheimer's disease and other dementias and their families. Team members receive training and ongoing support through Eddy Alzheimer's Services. Care team members may provide the following services:

- Assistance with transportation
- Meal preparation
- Offer medication reminders
- Run errands
- Brief respite visits

About the Grant Partners

Eddy Alzheimer's Services

The Eddy, an affiliate of St. Peter's Health Partners, is a comprehensive continuum of health care, supportive housing, and community services that reaches 22 counties and serves more than 40,000 people yearly. The Eddy started offering services for individuals with Alzheimer's and their caregivers in the 1980s. Today, Eddy Alzheimer's Services offers a comprehensive range of memory care services, including care management, education, and outreach support, as well as compassionate care for individuals living and coping with memory loss.

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The Alzheimer's Association - Northeastern New York Chapter

The Northeastern New York Chapter of the Alzheimer's Association serves a 17-county area in the northeastern most corner of New York state. Its mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Additionally, the association offers education, information, and referral services, as well as support for caregivers.

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