

Eating and drinking

A

Talking about types of food

In each of these conversations, useful collocations are in bold.

Tom: Kids eat far too much **junk food**.

Nelly: Yeah, but it's hard to get them to eat **nourishing meals**¹. They think they're boring.
¹ meals which make you healthy and strong

Fran: Have you tried the new supermarket yet?

Jim: Yes. The **fresh produce**² is excellent, and they have a big **organic food** section.

Fran: Mm, yes. I actually think their **ready meals**³ are good too.

² foods produced from farming, e.g. dairy produce, agricultural produce; pronounced /'prɒdju:s/

³ meals already prepared or which just need to be heated quickly before eating

Liam: I can't believe **food additives**⁴ are good for our long-term health.

Todd: No, and I think **processed foods**⁵ in general are probably bad for us, not to mention **GM foods**⁶!

⁴ substances added to food to improve its taste or appearance or to preserve it

⁵ foods which are changed or treated as part of an industrial operation

⁶ genetically modified foods

Gail: The restaurant was leaving **perishable food**⁷ lying round outside the fridge, and some people got **food poisoning** so the authorities closed it down.

Terry: Oh dear.

⁷ food which goes bad quickly, e.g. cheese, fish

B

Eating and drinking

Look at this information on eating out for visitors to a town. Note the collocations in bold.



Whether it's a **light meal** or a **substantial**¹ **meal** you're looking for, whether you want a **slap-up meal**², a **gourmet**³ **meal** or just tasty, **home-cooked food**, there's something for everyone in the Old Port restaurant area. Enjoy good food in a pleasant setting.

¹ large ² unusually large and good ³ high-quality

Jane and Ron are in the Old Port restaurant area looking for somewhere to eat.

Jane: Let's find a café and **have a quick snack**. And I could really do with a **refreshing drink**.

Ron: I'm **dying of hunger**! I need a **square meal**.

Jane: I know you have a **healthy appetite**, but you had a **hearty breakfast** only three hours ago! Well, how about having a **soft drink** and a bag of crisps now, and a proper lunch later?

Ron: Crisps will only **spoil your appetite**. Look, this restaurant looks good and the **set menu** is **reasonably priced**. Let's go in.



ERROR WARNING

We say **international food/cuisine**, NOT ~~world-wide~~ food/cuisine. A Chinese/Mexican/French **meal** is what you eat in a restaurant. When referring in general to the food of a country or culture we say Chinese/Mexican/French **food/cooking/cuisine**.

Exercises

23.1 Match the words on the left with their collocations on the right.

- | | |
|---------|-----------|
| 1 set | additives |
| 2 food | food |
| 3 junk | produce |
| 4 ready | menu |
| 5 fresh | meals |

23.2 Complete these sentences using the collocations from exercise 23.1 to fill the gaps.

- such as artificial flavours and colouring can cause allergies.
- may be unhealthy, but it's quick and easy and fills you up.
- People who don't have much time to cook often buy from the supermarket.
- It's always better to buy instead of canned or frozen foods.
- The is usually cheaper than ordering dishes separately in a restaurant.

23.3 Read these remarks by different people, then answer the questions.

- Richard: I've got some cheese and milk. Is there a fridge here I could put them in?
 Archie: I feel so hungry! I can't believe it!
 Polly: I've been sick and my stomach is aching. Must be something I ate.
 Ken: No matter how much I eat, I always want more.
 Suzie: All these vegetables have been grown without any chemicals at all.
 Nina: I always enjoy my food and look forward to it.

	name
1 Who has organic food?	
2 Who has an insatiable appetite?	
3 Who has perishable food?	
4 Who has a healthy appetite?	
5 Who has food poisoning?	
6 Who is dying of hunger?	

23.4 Replace the underlined words with suitable collocations from the opposite page.

- Foods which are changed or treated as part of an industrial operation may damage our health in the long term.
- Some people always have three full, satisfying meals a day, but I prefer a large breakfast and then a small meal around midday and a more sizeable meal in the evening.
- There are some overpriced restaurants in the city centre, but down at the beach, there are some nice, not too expensively priced ones.
- On my birthday my parents took me out for a big, good meal. They wanted to go for a very high quality meal but I said I'd prefer something more ordinary.
- Iced tea is a drink that cools you and makes you feel less tired on a hot day, and is probably better for you than non-alcoholic drinks such as cola or lemonade.
- Let me take you out to dinner on your birthday. Or would you prefer a meal prepared at home? I could make dinner for you at my place.

- 21.3** 1 Examples could be a wedding, the birth of a healthy child, a degree ceremony, a birthday or other celebration.
 2 a/the happy couple
 3 lasting happiness
 4 emotional **impact**
 5 I was worried sick

Follow up

The Cambridge University Press website dictionary search will show you *keep your temper, quick temper, be in a bad/foul temper*, then if you click again on *temper (BEHAVIOUR)*, you will find *have a real temper, even-tempered* and *bad-tempered*.

Unit 22

- 22.1** 1 fully-furnished accommodation 4 a studio flat
 2 short-let accommodation 5 off-road parking
 3 a residential area 6 a fully-fitted kitchen
- 22.2** 1 We want to turn our garage into a granny flat.
 2 Jill has invited me to her house-warming party.
 3 Next week I have to move out of my flat.
 4 Karl makes a business out of doing up old houses.
 5 Our bedroom overlooks the garden.
 6 Our house needs to be completely refurbished.
 7 I hope that one day I'll have a place of my own.
 8 The bank can help if you want to take out a mortgage.
- 22.3** 1 We live on a busy road, but we're lucky because we have off-road **parking**.
 2 Gemma has moved **out of** her old flat and has now got a new place in Walville Street.
 3 We're building an **extension** to our house which will give us a bigger kitchen.
 4 The flat is **fully** furnished, which is good because I have no furniture of my own.
 5 She had to **take out** a big mortgage as the house was very expensive.
 6 There is no **affordable** housing for young people in this area; prices are ridiculously high.
 7 New people have **moved** into the house next door. I haven't met them yet.
 8 It's a very **spacious** apartment with a huge living room and a big kitchen.
 9 The flat is **available** to rent from the first of March onwards.
 10 My brother and his wife live in a **draughty** old cottage.
- 22.4** Your dream home could be waiting for you at Highdale Cottages. All cottages have a view of the River Marn. Ideal for anyone seeking a **second home** in the area.
 Telephone 3340251 for appointments to view
- 22.5** 1 ... welcome her home. 4 ... make yourself at home.
 2 ... leave home / move out. 5 ... feel homesick.
 3 ... feel at home.

Unit 23

- 23.1** 1 set menu 4 ready meals
 2 food additives 5 fresh produce (**Fresh food** is also a possible collocation.)
 3 junk food
- 23.2** 1 Food additives 4 fresh produce
 2 Junk food 5 set menu
 3 ready meals

- 23.3** 1 Suzie 4 Nina
2 Ken 5 Polly
3 Richard 6 Archie

- 23.4** 1 **Processed foods** may damage our health in the long term.
2 Some people always have three **square meals** a day, but I prefer a **hearty breakfast** and then a **light meal** around midday and a more **substantial meal** in the evening.
3 There are some overpriced restaurants in the city centre, but down at the beach, there are some nice, **reasonably priced** ones.
4 On my birthday my parents took me out for a **slap-up meal**. They wanted to go for a **gourmet meal** but I said I'd prefer something more ordinary.
5 Ice tea is a **refreshing drink** on a hot day, and is probably better for you than **soft drinks** such as cola or lemonade.
6 Let me take you out to dinner on your birthday. Or would you prefer a **home-cooked meal**? I could make dinner for you at my place.

Unit 24

- 24.1** Matthew: Have you read that new book that has just **come out** about Ireland?
Lorna: No, I don't go to bookshops and I don't read **book reviews**. What's it about?
Matthew: Well, it **deals with** the Irish War of Independence. It's very authentic and it manages to **capture the atmosphere** of Ireland at the beginning of the 20th century.
Lorna: Is it just historical facts, then?
Matthew: No, the **central characters** are two brothers who have different opinions about the war and this divides their family. In the **opening chapters** they're happy and do everything together, but by the **closing chapter** they have become enemies.
Lorna: Mm, it sounds a bit depressing to me.
Matthew: Well, it certainly doesn't **have a happy ending**, but I liked it, and it's **highly recommended** by all the critics.
Lorna: So, a book with a pleasant **beginning** and a sad **end(ing)**. Not for me, I'm afraid. I prefer the opposite.

- 24.2** Across Down
3 absorbed 1 cameo
5 engrossed 2 nominated
6 stage 4 effects
7 lead

- 24.3** full house
bedtime reading
box-office hit
big screen
female lead

- 24.4** 1 film 3 book/magazine/article
2 (library) book 4 reading

Unit 25

- 25.1** 1 The band's last CD was a **massive/big hit**.
2 There are some great **up-tempo** numbers on this new CD.
3 The band has a **huge** following of dedicated fans.
4 Music was **blasting out from** a CD player when I entered the house.
5 She gave a **virtuoso** performance of Heder's violin concerto last night.