gradient_descent

June 3, 2025

1 Gradient Descent Method

© 2025, Aayush Raj Regmi

- **Gradient descent** is an optimization algorithm used to minimize a function by iteratively moving towards the steepest direction.
- It is widely used in machine learning and deep learning for training models.

1.1 Optimization Algorithm We Learn't so far

• Ordinary Least Squares (OLS)

Question: 1. What is the main goal of OLS?

- 2. What does it minimize?
- 3. How does it work?

1.2 Question:

How many iterations does OLS require to converge?

1.3 Gradient Descent Algorithm

1.3.1 Why use Gradient Descent if we have OLS?

- Remember if you put in the values of X and y in the normal equation and perform some finite number of operations, you will get the optimal values of the parameters in a single iteration.
- OLS is an non-iterative approach for optimization
- The inverse operation, $(X^TX)^{-1}$ is computationally very expensive
- The time complexity of this operation increases significantly with the increase in number of features.
- So for a large dataset with a large number of features, OLS becomes computationally expensive and infeasible.

1.3.2 But how does Gradient Descent Work?

Step 1: Initialize the value of x randomly

Step 2: Calculate the gradient of f(x) with respect to x ie. $\frac{\partial f(x)}{\partial x}$

Step 3: Update x as:

$$x := x - \alpha \frac{\partial \ f(x)}{\partial \ x}$$

where, α is the **learning rate** and ':=' is assignment operator

Step 4: Repeat steps 1, 2 and 3 until the value of f(x) converges to the minimum value.

As the function approaches the minimum point, its gradient approaches zero and so the updates don't change x much. At the minimum point of the function, $\frac{\partial f(x)}{\partial x} \cong 0$ and the solution converges at that point after certain number of iterations.

```
[174]: import matplotlib.pyplot as plt import plotly.express as px

plt.style.use('seaborn-v0_8') # Use a valid style
```

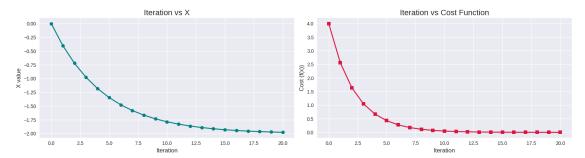
```
[175]: history = dict()
       def gradient_descent(
           f, df, x0, learning rate=0.01, tolerance=1e-6, max_iterations=1000
       ):
           Perform gradient descent to minimize the function f.
           Parameters:
           - f: The function to minimize.
           - df: The derivative of the function f.
           - x0: Initial guess for the minimum.
           - learning rate: Step size for each iteration.
           - tolerance: Threshold for convergence.
           - max_iterations: Maximum number of iterations.
           Returns:
           - x: The estimated minimum point.
           x = x0
           history["x"] = [x0]
           history["iterations"] = [0]
           history["cost"] = [f(x0)]
           for i in range(max_iterations):
               grad = df(x)
```

```
x_new = x - learning_rate * grad
              history["x"].append(x_new)
              history["iterations"].append(i+1)
              history["cost"].append(f(x_new))
               if abs(x_new - x) < tolerance:</pre>
                   break
               # print(f"Iteration {i}: (Initial) X = {x:.6f}")
              x = x new
          return x, i
[176]: def f(x):
          return x**2 + 4*x + 4 # Example function
      def df(x):
          return 2*x + 4 # Derivative of the function
[177]: x0 = 0  # Initial quess
      minimum, iteration = gradient_descent(f, df, x0, learning_rate=0.1, __
        →max iterations=20)
      print(f"The minimum point is at Iteration {iteration}: x = {minimum}")
      fig, axes = plt.subplots(1, 2, figsize=(16, 5))
       # Plot: Iteration vs X
      axes[0].plot(history['iterations'], history['x'], color='teal', marker='o', __
        →linewidth=2)
      axes[0].set_title("Iteration vs X", fontsize=16)
      axes[0].set xlabel("Iteration", fontsize=12)
      axes[0].set_ylabel("X value", fontsize=12)
      axes[0].grid(True)
      # Plot: Iteration vs Cost
      axes[1].plot(history['iterations'], history['cost'], color='crimson', __
        axes[1].set_title("Iteration vs Cost Function", fontsize=16)
      axes[1].set xlabel("Iteration", fontsize=12)
      axes[1].set_ylabel("Cost (f(x))", fontsize=12)
      axes[1].grid(True)
      plt.suptitle("Gradient Descent Convergence Plots", fontsize=18,

¬fontweight='bold')
      plt.tight_layout(rect=[0, 0, 1, 0.95])
      plt.show()
```

The minimum point is at Iteration 19: x = -1.976941569907863

Gradient Descent Convergence Plots



```
[178]: from plotly.subplots import make_subplots
       import plotly.graph_objects as go
       fig = make_subplots(
           rows=1, cols=2, subplot_titles=("Iteration vs X", "Iteration vs Cost")
       fig.add_trace(
           go.Scatter(x=history["iterations"], y=history["x"], mode="lines+markers", u

¬name="X"),
           row=1,
           col=1,
       fig.add_trace(
           go.Scatter(
               x=history["iterations"], y=history["cost"], mode="lines+markers", ___

¬name="Cost"
           ),
           row=1,
           col=2,
       fig.update_layout(title_text="Gradient Descent Progress", width=1400, __
        ⇔height=600)
       fig.show()
```

1.4 Key Takeaways

- Gradient of the cost function w.r.t each of the parameters can be derived easily using calculus.
- The parameters are updated iteratively using their corresponding gradients.
- When the dataset is large with a large number of features, Gradient descent is preferred instead of OLS of the function.

 $\ \, \odot$ 2025, Aayush Raj Regmi