# Resolution for the Proposal for A Minor in Community Action Psychology

- WHEREAS, the Psychology Department proposed a Minor in Community Action Psychology, and
- **WHEREAS**, the proposed Minor would help students develop applied research skills in studying mental health and individual and community well-being, and
- **WHEREAS**, the proposed Minor would prepare students for a wide range of careers such as nonprofit leadership, program management and planning, evaluation and assessment, policy development, advocacy and consultation, health and human services, and education, and
- **WHEREAS**, the emphasis of a community-based approach and the focus on social inequality and social change in the proposed Minor are closely aligned with social justice mission of the College, and
- **WHEREAS**, the proposed five-course curriculum consists of courses offered by Psychology, Politics, Economics & Law, Professional Studies, Public Health, and Sociology, and
- **WHEREAS**, all Academic Departments that would contribute a course/courses expressed their support for the proposed Minor, and
- **WHEREAS**, the proposed Minor is built on existing courses and thus requires no additional resources,
- **THEREFORE, BE IT RESOLVED** that the Faculty Senate approve the proposed **Minor in Community Action Psychology**.

Submitted by Curriculum and Academic Planning Committee (CAP), May 21, 2021

The Proposal approved by CAP on May 21, 2021

#### [CAP Membership]

Tejas Bouklas, Svetlana Jovic, Yu Lei, Matthew Lippert, Anissa Wicktor Lynch, Sheyi Oladipo, Dana Sinclair, Kerry Weir, and Ryoko Yamamoto (Chair)

The Proposal approved by the Faculty Senate by unanimous consent on 5/28/2021.

## **CAP Proposal Statement: Minor in Community Action Psychology**

 Minor: Community Action Psychology Housing Department: Psychology

2. Purpose: Community Action Psychology is an interdisciplinary minor offered by the Psychology Department that equips students to promote individual and community well-being through action and research. Through courses that emphasize lived experience in an ecological context, analyze the causes and consequences of social inequality, explore social change efforts, and apply theories and evidence to real world social issues, the curriculum provides foundational knowledge and skills to build more equitable and just community-based settings, programs, and policies.

The goal of the Community Action Psychology minor is to expand pathways and preparation for students interested in pursuing careers in promoting individual well-being, empowerment, and mental health within community-based settings. Students will learn how to apply research to analyze and address social problems at multiple levels of analysis in a broad range of settings. This minor expands options for students who are interested in a community-based approach to mental health and well-being, while supporting the Department's and the College's missions to promote social justice and equip students to become agents of social change.

This minor provides valuable preparation for students interested in pursuing careers in nonprofit leadership, program management, program planning, evaluation and assessment, policy development, advocacy, consultation, health and human services, community-engaged research, human resources, education settings, and corporate settings dealing with community affairs and outreach.

- 3. Demand: The Community Action Psychology minor expands the College's current offerings by emphasizing research with a focus on mental health and individual well-being. It also makes a unique contribution to the Department by having a more applied and less individualistic focus than the current tracks in Psychology. This fills a gap in between these areas, as it were, and expands what we offer to students and the types of careers to which they are exposed. We believe there will be a strong demand for this minor.
- 4. Curriculum: All courses included in the minor are existing courses, but assembled in a manner to support four different domains: foundations, social inequality, social change, and an applied learning capstone. New courses that were just developed for the psychology major's Social Psychology domain (Peace, Violence, & Conflict Resolution; Prevention, Promotion, & Program Evaluation; Peer Support & Community Mental Health) and Diversity & Social Justice domain (Psychology of Socioeconomic Inequality; Psychology of Ethnicity; Sexual Identities & LGBTQ+ Psychology) are also included in this minor.

- 5. **Instruction**: Courses for the minor are taught by the following full-time faculty members:
  - a. Psychology: Drs. Sarah Kamens, Melissa Kiner, Ashlee Lien, Erin Toolis, & Lisa Whitten & contingent faculty
  - b. Politics, Economics & Law: Dr. Carolyn Cocca & contingent faculty
  - c. Professional Studies: Contingent faculty members
  - d. Public Health: Drs. Rahwa Haile, Chris Hartmann, Martha Livingston, & Sarah Smith
  - e. Sociology: Drs. Jillian Crocker, Keisha Goode, Laura Limonic, Diana Papademas, Ryoko Yamamoto, Gilda Zwerman & contingent faculty
- 6. **Resources**: All courses contributed to the minor exist in the latest edition of the catalog. It is possible that demand for courses included in the minor could increase, which would require additional sections to be offered for certain courses.
- 7. **Administration**: The minor will be managed by the Psychology Department, with Drs. Melissa Kiner, Ashlee Lien, Erin Toolis, and Lisa Whitten serving as faculty advisors.

## **Community Action Psychology Minor**

**Sponsoring Department: Psychology** 

Faculty Advisors: Melissa Kiner, Ashlee Lien, Erin Toolis, Lisa Whitten

Community Action Psychology is an interdisciplinary minor offered by the Psychology Department that equips students to promote individual and community well-being through action and research. Through courses that emphasize lived experience in an ecological context, analyze the causes and consequences of social inequality, explore social change efforts, and apply theories and evidence to real world social issues, the curriculum provides foundational knowledge and skills to build more equitable and just community-based settings, programs, and policies.

The goal of the Community Action Psychology minor is to expand pathways and preparation for students interested in pursuing careers in promoting individual well-being, empowerment, and mental health within community-based settings. Students will learn how to apply research to analyze and address social problems at multiple levels of analysis in a broad range of settings. This minor expands options for students who are interested in a community-based approach to mental health and well-being, while supporting the Department's and the College's missions to promote social justice and equip students to become agents of social change.

This minor provides valuable preparation for students interested in pursuing careers in nonprofit leadership, program management, program planning, evaluation and assessment, policy development, advocacy, consultation, health and human services, community-engaged research, human resources, education settings, and corporate settings dealing with community affairs and outreach.

#### Requirements for the Minor in Community Action Psychology

Five courses (18-20 credits) are required for the minor. Only ONE of the courses required for a student's major may count for this minor. Courses will be distributed between the foundational, social inequality, social change, and capstone domains with the distribution indicated below. Additional courses may be considered with prior approval from an advisor in the minor.

#### • Foundational Course: Select ONE from the group below

Students will be able to explain how macro- and micro-contextual influences – including historical, cultural, ecological, community, institutional, and interpersonal context – mutually shape individuals' well-being, thoughts, and behavior.

- PY3510 Social Psychology
- PY3530 Community Psychology
- o **PY4510** Ecological Context: Theories & Applications
- SY4400 Social Psychology

### Social Inequality: Select ONE from the group below

Students will be able to value diverse worldviews and identities, develop an awareness of one's own social positionality, think critically about how systems of power and

oppression operate in society and shape lived experience, and analyze the causes and consequences of social inequalities.

- o CR 3117 Policing Bodies
- o CR 4000 Gender, Crime and Justice
- PE 3750 Politics of Race and Class
- **PE 4450** The Politics of Gender and Sexuality
- PE 4610 Political Power and Social Class
- PH 2900 Black Lives Matter
- o PH 3600 Introduction to the Social Determinants of Health
- o PH 4750 Aging and Social Policy
- o PH 4930 Immigrant and Refugee Health
- o PY 3710 Psychology and Social Justice
- PY 3760 Psychology of Socioeconomic Inequality
- PY 4730 Psychology of Peoples of African Descent
- o PY 4740 Psychology of Ethnicity
- PY 4760 Sexual Identities & LGBTQ+ Psychology
- SY 3280 Social Inequality
- SY 3750 Medical Sociology
- SY 3800 Race & Ethnicity
- o SY4500 Global Sociology
- o SY 4830 Gender & Society
- SY 4850 Urban and Suburban Sociology

#### Social Change: Select TWO from the group below

Students will be able to identify and understand how relevant macro- and micro-level change efforts are used to promote social justice.

- o IR 3140 Unions and Public Policy
- o PH 4600 Health Program Planning and Evaluation
- o PH 4800 Epidemiology
- o PH 4890 Environmental Justice
- o PY 4350 Peace, Violence, & Conflict Resolution
- o PY 4530 Prevention, Promotion, & Program Evaluation
- o PY 4570 Peer Support & Community Mental Health
- PS 3625 Nonprofit Stewardship and Development
- PS 3675 Intro to Social Entrepreneurship
- SY 3700 Social Movements
- SY 4600 Social Programs, Planning and Policy

## Capstone: Select ONE from the group below

Students will conduct an applied research project to use empirical and theoretical social scientific literature to address real-world social issues.

- PY5510 Senior Seminar in Social Psychology
- PY5710 Senior Seminar in Diversity & Social Justice