

# **FINANCIAL PEACE**

## *University*

# MEMBER WORKBOOK

4<sup>TH</sup> EDITION



**THIS BOOK BELONGS TO**

**START DATE**  
**THE DAY YOU DECIDED TO CHANGE**

MONTH

DAY

YEAR



# We've all done stupid. I did stupid with zeros on the end.

I started from nothing. But by the time I was 26, I had a net worth of a little over a million dollars. And then it all came crashing down.

The short story? I had a lot of debt. And it caused me to lose everything. That was the bottom for me.

You might be on your way to the bottom. You might already be there. Or maybe you were the smart one who didn't borrow money at all. No matter where you are, you can always do better.

And you're not alone.

I discovered God's and Grandma's ways of handling money and learned that the only way to change my situation was to change the guy in my mirror. So, I changed. It was a long, painful process, but it worked. And it will work for you too.

For three decades, nearly 10 million people have found success with the same proven plan that you're about to follow. Stick with us, stay focused, and follow each step, and I promise, you *will* change your life.

If you'll live like no one else now, later you can live and give like no one else.

You got this! It's game on.

A handwritten signature in black ink that reads "Jim Rohn". The signature is fluid and cursive, with a large, stylized "J" at the beginning.

# THE 7 BABY STEPS

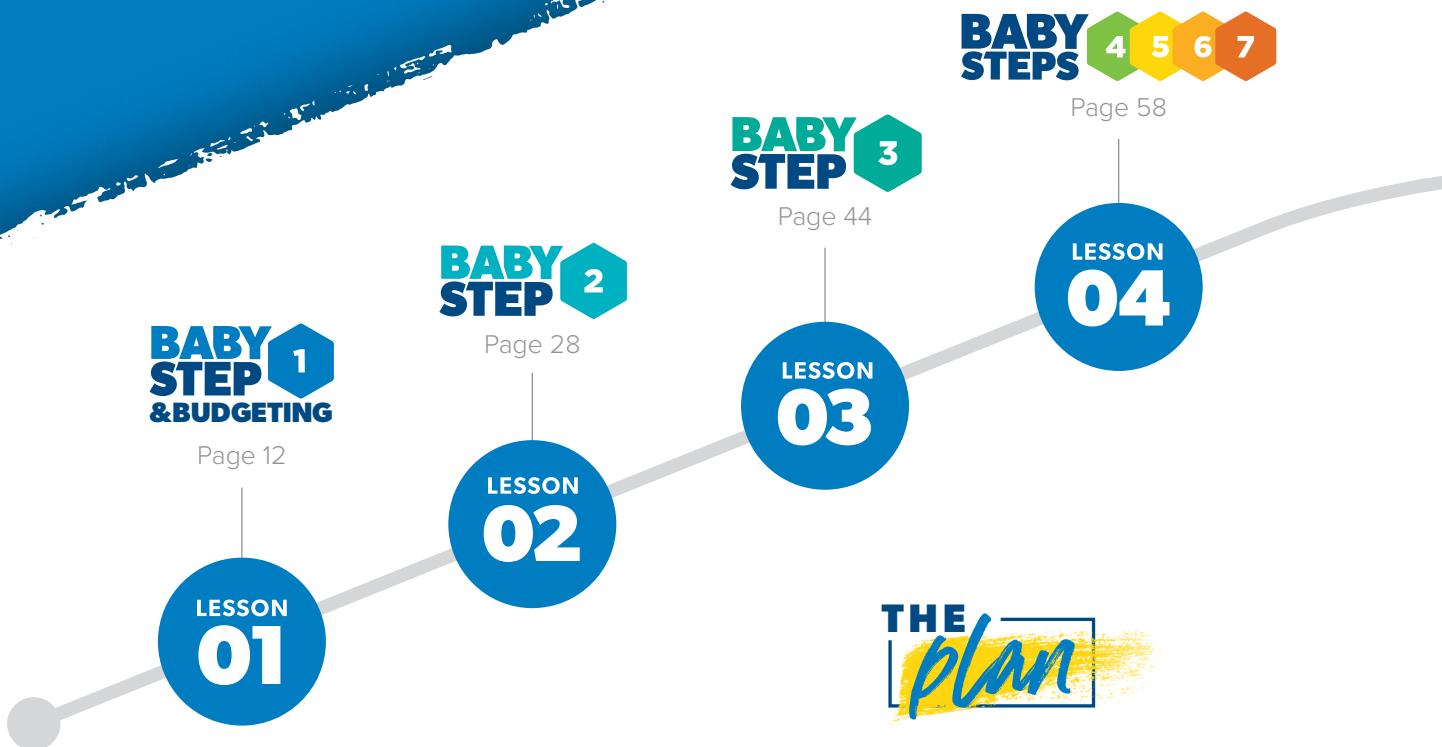
## OUR *Proven* PLAN

If you want to win with money, you can't do what you've always done. You need a plan that works. That's why Dave created the 7 Baby Steps. It's a clear path to know where you are and where you're headed next. This isn't a get-rich-quick scheme, and you haven't won the lottery. But if you follow each step—in order and with great focus and intentionality—you will change your life.

- 1**  
**BABY STEP 1**  
**Save \$1,000 for Your Starter Emergency Fund**
- 2**  
**BABY STEP 2**  
**Pay Off All Debt (Except the House) Using the Debt Snowball**
- 3**  
**BABY STEP 3**  
**Save 3–6 Months of Expenses in a Fully Funded Emergency Fund**
- 4**  
**BABY STEP 4**  
**Invest 15% of Your Household Income in Retirement**
- 5**  
**BABY STEP 5**  
**Save for Your Children's College Fund**
- 6**  
**BABY STEP 6**  
**Pay Off Your Home Early**
- 7**  
**BABY STEP 7**  
**Build Wealth and Give**

# COURSE OVERVIEW

You've learned the Baby Steps, but that's not the whole course! You've got nine video lessons ahead of you. The first four will walk you through our proven plan, the 7 Baby Steps. And the last five lessons will teach you how to tackle life on the plan. Let's break it down.



**Lessons 1–4** walk you through the 7 Baby Steps. This is your proven plan to win with money. In these lessons, you'll learn how to do more than just treat the symptoms of your money problem. You'll get to the root of the problem: your behavior!

## WISE SPENDING

Page 76

## BUILDING WEALTH

Page 100

## OUTRAGEOUS GENEROSITY

Page 126

LESSON  
**05**

LESSON  
**06**

LESSON  
**07**

LESSON  
**08**

LESSON  
**09**

## UNDERSTANDING INSURANCE

Page 86

## BUYING & SELLING YOUR HOME

Page 112



Lessons 5–9 keep you on track with the Baby Steps. Learn to navigate spending, insurance, real estate and investing so you don't ruin your progress! And protect yourself and your money so you can start fighting for the things you want.

# MEET THE Team

Whether you've done stupid with zeros on the end or you're just trying to do a little better, we know that money is a big deal in your life. You may feel ashamed. You may feel stressed. Or you might be a little unsure of what to do with your money.

That's why we have a team who's been where you are right now. They know how to win with money, and they'll help you get there too.

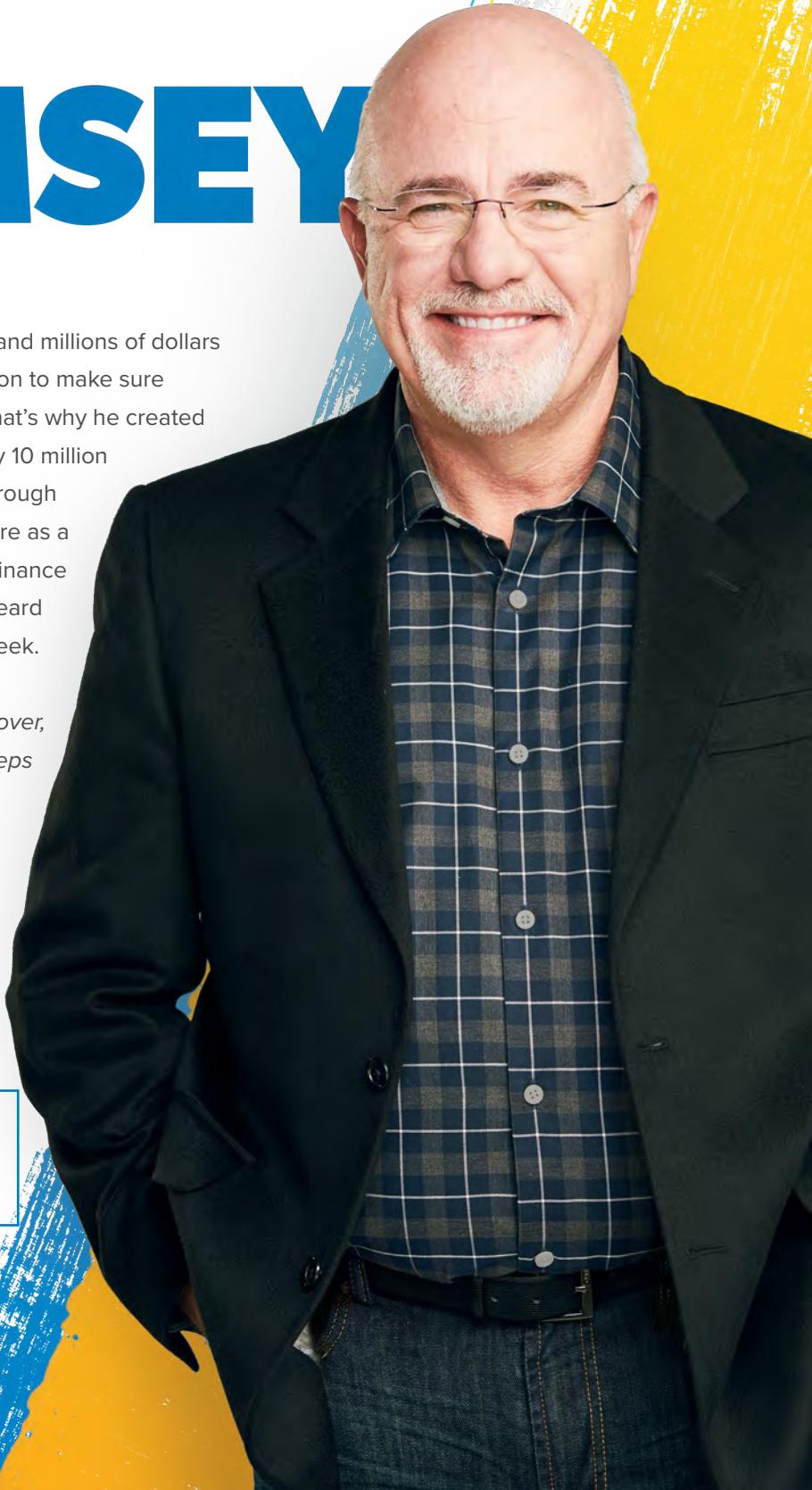
Dave Ramsey, Rachel Cruze, George Kamel and Dr. John Delony are all Ramsey Personalities and America's trusted authorities on the most important areas of your life, including money! Their #1 bestselling books, podcasts and shows have helped change the lives of millions of people. And starting today, they're going to help you change yours.



# Dave RAMSEY

After battling his way out of bankruptcy and millions of dollars in debt, Dave Ramsey started on a mission to make sure other people discovered the way out. That's why he created *Financial Peace University*. Today, nearly 10 million people have experienced life-change through this course. And he's helped millions more as a #1 national bestselling author, personal finance expert and host of *The Ramsey Show*, heard by more than 18 million listeners each week. He's authored eight national bestselling books, including *The Total Money Makeover*, *EntreLeadership*, and his latest, *Baby Steps Millionaires*. He also serves as CEO for Ramsey Solutions. Since 1992, Dave has helped people regain control of their money, build wealth, and enhance their lives. His biblical, commonsense advice is for anyone ready to win with money.

“Live like no one else so later you can live and **GIVE** like no one else.”



# John DELONY

Dr. John Delony is a national bestselling author, mental health and wellness expert, host of *The Dr. John Delony Show* and co-host of *The Ramsey Show*. He holds two PhDs—one in counseling and the other in higher education. Before joining Ramsey Solutions, John spent nearly two decades working as a senior leader at multiple universities, a professor and researcher, and a crisis responder. Now, as a Ramsey Personality, he teaches people how to reclaim their lives from the madness of the modern world. He's authored two books, including his latest, *Own Your Past, Change Your Future: A Not-So-Complicated Approach to Relationships, Mental Health, and Wellness*. John's goal is to help you navigate tough decisions, improve your relationships, and believe you're worthy of being well.

**FRIENDS** are your  
emergency fund  
for life."

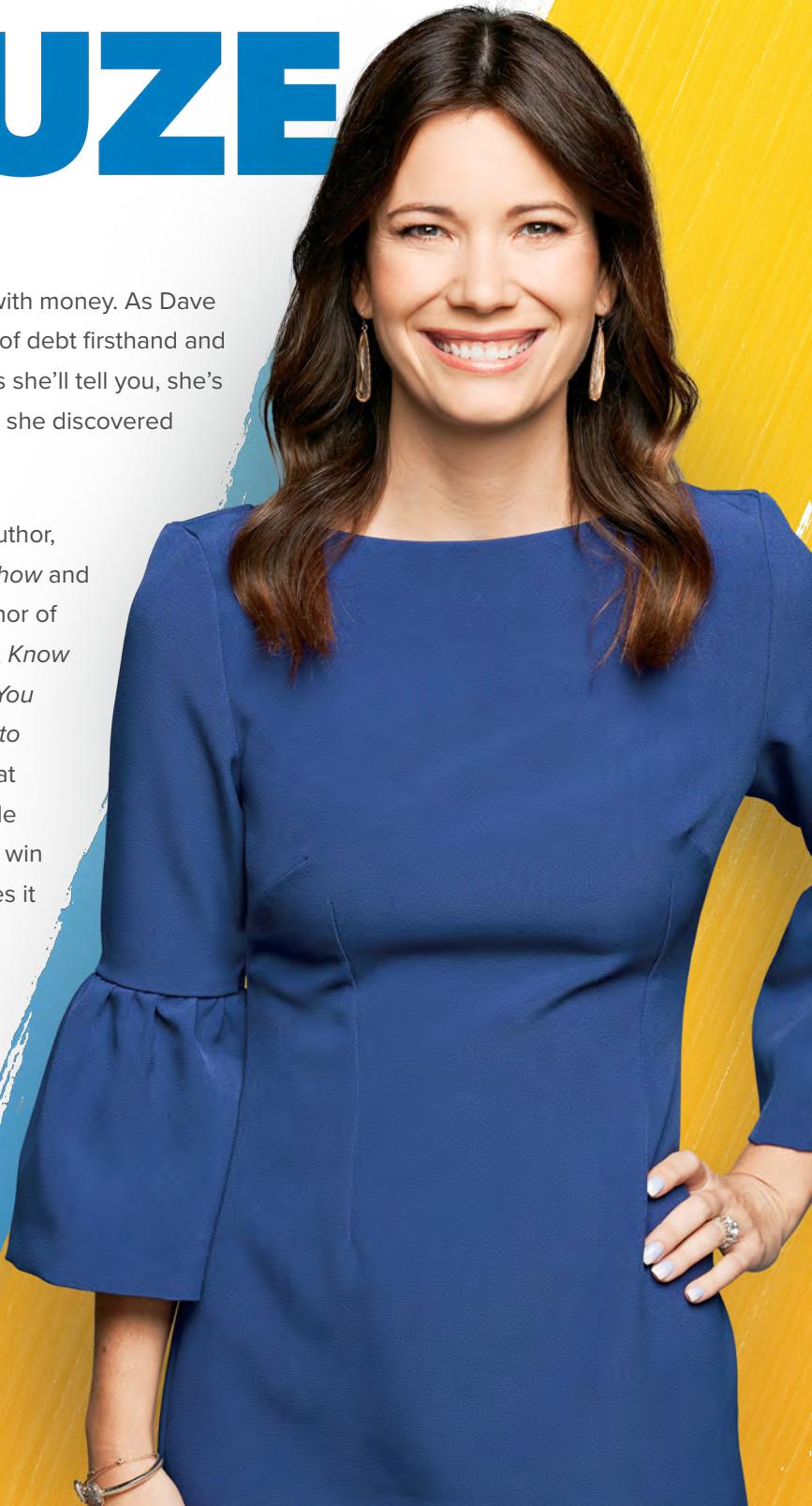


# Rachel CRUZE

Rachel Cruze grew up learning how to win with money. As Dave Ramsey's daughter, she's seen the dangers of debt firsthand and understands the power of budgeting. But, as she'll tell you, she's a natural spender and hated budgeting until she discovered what a budget can really do!

Rachel is a #1 New York Times bestselling author, financial expert, host of *The Rachel Cruze Show* and co-host of *The Ramsey Show*. She's the author of three bestselling books, including her latest, *Know Yourself, Know Your Money: Discover WHY You Handle Money the Way You Do, and WHAT to Do About It!* Since 2010, Rachel has served at Ramsey Solutions, where she teaches people how to avoid debt, save money, budget and win with money at any stage of life. And she does it all with a dose of fun! Rachel is an energetic and thought-provoking speaker who travels the country teaching thousands of people how to live a life they love.

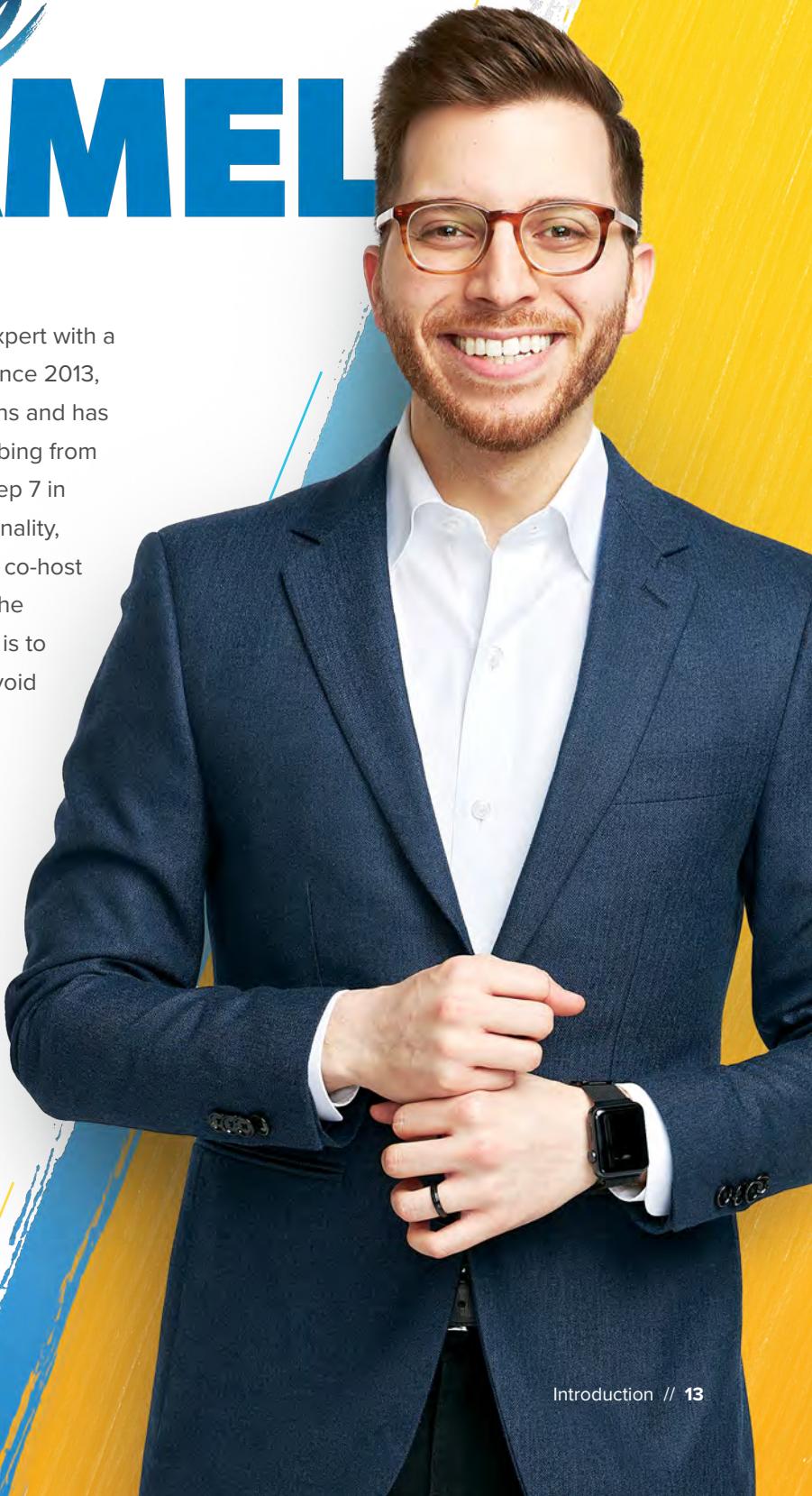
**“A budget doesn’t LIMIT your freedom. A budget gives you freedom.”**



# George KAMEL

George Kamel is a personal finance expert with a countercultural approach to money. Since 2013, George has served at Ramsey Solutions and has faithfully walked the Baby Steps—climbing from \$40,000 in consumer debt to Baby Step 7 in eight years. Today, as a Ramsey Personality, George is the host of *The Fine Print*, a co-host of *The Ramsey Show*, a speaker and the friend who has your back. His mission is to help people spend less, save more, avoid consumer traps, and have some good laughs along the way.

**If you follow  
the TRENDS,  
you will fall for  
the traps."**





**A budget gives you  
PERMISSION to spend.**

— RACHEL CRUZE



”

LESSON 1

# BABY STEP 1 & BUDGETING

## KEY POINTS

- ✓ The 7 Baby Steps focus on changing your behavior toward money through a proven, step-by-step plan.
- ✓ Baby Step 1 is saving \$1,000 for your starter emergency fund.
- ✓ A zero-based budget is the tool that helps you take control of your money.

# BABY STEP

1

## Save \$1,000 for Your Starter Emergency Fund

Your first goal is to save \$1,000 for your starter emergency fund as fast as you possibly can. You have to make saving a priority. Focus all of your energy on getting this Baby Step done—fast! An emergency is going to happen, so you have to be ready when it hits. We're talking no credit cards, but real cash in the bank to cover it.

**LESSON 1 //****BABY STEP 1**

**GUIDE**  
Dave Ramsey



**GUIDE**  
Rachel Cruze

**BABY STEP 1**

Save \_\_\_\_\_ for your starter emergency fund.

If you will live like no one else now, later you can live and \_\_\_\_\_ like no one else.



**No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.**

— HEBREWS 12:11 (NIV)

**BUDGETING**

A budget is simply a \_\_\_\_\_ for your money.

A zero-based budget means that your income minus your expenses equals \_\_\_\_\_.

The \_\_\_\_\_ feels controlled by the budget.

The \_\_\_\_\_ enjoys doing the budget.

**ANSWER KEY**

\$1,000  
Give  
Plan  
Zero  
Free Spirit  
Nerd

---

**LESSON 1 //**  
BUDGETING

In the Budget Committee \_\_\_\_\_, you'll meet with your spouse to review next month's budget.

The budget gives you \_\_\_\_\_ you never knew you had.

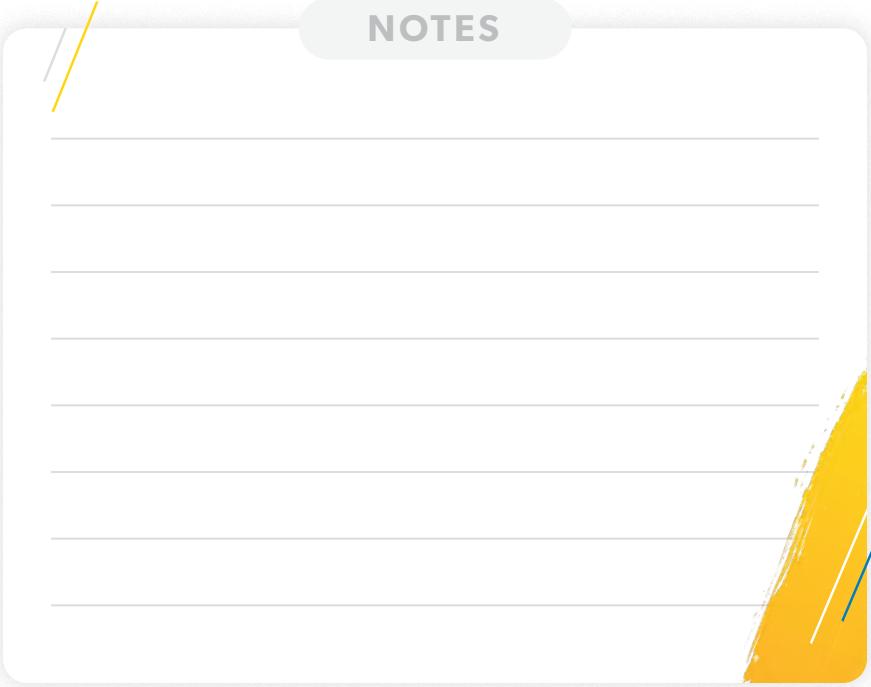


**Suppose one of you wants to build a tower. Won't you first sit down and estimate the *cost* to see if you have enough money to *complete* it?**

— LUKE 14:28 (NIV)

---

**NOTES**



**ANSWER KEY**

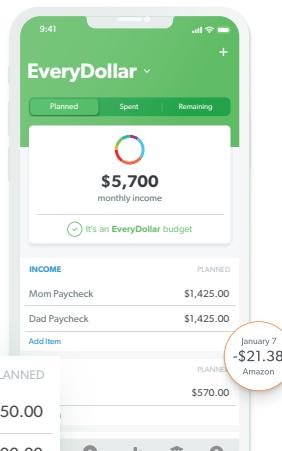
Meeting  
Control

## LESSON 1 //

### BUDGETING

#### BUDGET WITH **EVERYDOLLAR**

Ready to take control of your money and start making progress toward your Baby Step goal? In the Action Steps, you'll create your own zero-based budget with the premium version of EveryDollar! Great news—you get this free as part of your Ramsey+ membership!



HOUSING	PLANNED
Mortgage/Rent	\$1,250.00
Electric	\$100.00
Water	\$60.00
Natural Gas	\$30.00
<a href="#">Add Item</a>	

You'll have a one-Minute Takeaway at the end of every lesson! Wait here until the video ends.



## WHAT TO DO:

Take this fun quiz to figure out if you're more of a Nerd or a Free Spirit! If you're married, this will help you identify your role in the Budget Committee Meeting. If you're single, this will help you determine your strengths in creating your budget, and where you'll need some accountability.

# NERD & *Free Spirit* QUIZ

**PERSON 1****A    B****PICK THE ONE THAT SOUNDS  
MOST LIKE YOU****PERSON 2****A    B**

A: You're prepared for Tax Day months in advance.

B: *Tax Day? That's in October, right?*

A: Rules are important and should always be followed.

B: *Rules are more like suggestions.*

A: You are always on time. Always.

B: *You show up "on time," give or take 15 minutes.*

A: You make a plan for each day of your vacation.

B: *Vacations are more fun with no schedule.*

A: You read the introductions of books.

They're in there for a reason!

B: *You skip introductions—only chapters count.*A: Your life's motto: "A place for everything  
and everything in its place."B: *You live by the phrase, "It'll all work out!"*

A: You organize your shirts by color. Doesn't everyone?

B: *You're doing good just to get your shirts off the floor.*

A: You can't wait to create your EveryDollar budget!

B: *You're considering faking an illness for the  
Budget Committee Meeting.*

<input type="text"/>	<input type="text"/>
<b>A</b>	<b>B</b>

**TOTAL YOUR SCORES AND  
CIRCLE THE HIGHEST ONE**

<input type="text"/>	<input type="text"/>
<b>A</b>	<b>B</b>

## IF YOU HAD A HIGH SCORE OF: **A**

### SCORE

#### **4-5: NERD-ish**

You have a pretty good idea of how much money is in your account.

#### **6-7: Nerd**

Budgets are for awesome people.

#### **8: Ultra Nerd**

You canceled your plans with friends so you could start drafting next month's budget.

## IF YOU HAD A HIGH SCORE OF: **B**

### SCORE

#### **4-5: Free Spirit-ish**

You've got a budget somewhere. You could find it if you needed to.

#### **6-7: Free Spirit**

Budgets are for boring people.

#### **8: Ultra Free Spirit**

Budgets are like putting on a straitjacket. Why would you ever do that to yourself?

# OFFICIAL RULES OF THE **BUDGET COMMITTEE** MEETING



### **FOR THE NERD**

1. Create the budget.
2. Thank the Free Spirit for being there!
3. Show the budget to the Free Spirit. Then be quiet.



### **FOR THE FREE SPIRIT**

1. Come to the Budget Committee Meeting.
2. Be realistic and don't use the phrase "whatever you want."
3. Have an opinion and change something.

**WHAT TO DO:**

Fill out your estimated monthly expenses for the following categories. Then add up the total for all categories.

# SEE WHAT YOU'RE Spending

Now that you know whether you're more of a Nerd or a Free Spirit, it's time to take the first step into budgeting. Don't panic—this first step is simple!

## THE BUDGET IS YOUR MAP FOR THE MONTH

Rachel taught you how to create a zero-based budget with EveryDollar. But to get to where you want to go, you have to know where you are.

It's just like driving: If you don't know your starting point, it's impossible to get to your destination! That's why you do a **Quick-Start Budget**.

## IT'S TIME TO FILL OUT THE QUICK-START BUDGET

This activity is a simple way to put pen to paper and get you thinking about how much you're currently spending in each category, each month. You'll notice there are a few categories missing, like income and debt. That's okay! Remember, this is just your starting point.

*Free Spirits.*

make sure there's fun in the budget!

*Nerds,*

this is where you get to work with numbers!

### STEP 1

Write down what you're spending for the month in each item of each category. If you don't know exact numbers, just make your best guess!

### STEP 2

Add up each item in each category and write the TOTAL at the bottom.

### STEP 3

Add up the numbers in all of the TOTAL boxes and write that number in the TOTAL FOR ALL CATEGORIES box.

# YOUR QUICK-START BUDGET

Follow Steps 1–3 on the previous page to list and add up your monthly expenses.

## Heart icon GIVING

Planned

Church

\$

Charity

\$

**TOTAL**

\$

## Fork and spoon icon FOOD

Planned

Groceries

\$

Restaurants

\$

**TOTAL**

\$

## T-shirt icon PERSONAL

Planned

Clothing

\$

Phone

\$

Fun Money

\$

Gifts

\$

**TOTAL**

\$

## Truck icon TRANSPORTATION

Planned

Auto Insurance

\$

Gas

\$

Maintenance

\$

**TOTAL**

\$

## House icon HOUSING

Planned

Mortgage/Rent

\$

Utilities

\$

**TOTAL**

\$

**TOTAL FOR ALL CATEGORIES** \$

Remember, this total does  
not include every category  
that will be in your  
monthly budget—just a few  
of the big ones!



# Great Start!

You've taken the first step to creating your monthly budget. In the Action Steps, you'll create a zero-based budget with EveryDollar—just like Rachel showed you!

# DISCUSSION

This is where change happens—in a safe space where you can talk about real life. This is where you *start* connecting with other people and *stop* believing you're in this alone. Whether you're taking this class online or in person, be honest with your answers and remember to encourage one another!



Think about a time when an emergency stressed you out. How would a starter emergency fund have made that a *stress-free* emergency?



What are some categories that you think might bust your budget? What can you do to keep those categories under control?



Cashing out your budget can help you stay ahead of problem categories. Which categories could you use cash for to help you stick to your budget?



Based on your results from the Nerd & Free Spirit Quiz, what strengths can you bring to the Budget Committee Meeting?

# ACTION STEPS

Personal finance is 80% behavior. It's only 20% head knowledge.

So, it's time to live out what you just learned! Complete each of the Action Steps before the next lesson. (If you're married, do this with your spouse.) You got this!

## SET UP YOUR RAMSEY+ MEMBERSHIP

Your **Ramsey+ membership** is the one-stop shop for everything you need to win with money—tools, education, custom recommendations, financial coaching and more!

Be sure to answer every question that pops up in your membership—your answers help us personalize your plan and give you a great picture of where you stand today.

## CREATE A BUDGET WITH EVERYDOLLAR

Your Quick-Start Budget was a great way to get the hang of budgeting. Now you'll create a zero-based budget with **EveryDollar**. Married couples, don't forget the Budget Committee Meeting. And singles, show your budget to your accountability partner. If you need extra guidance, watch the budgeting videos in your membership!

## SAVE MONEY IN BABY STEP 1

It's time to draw a line in the sand! If you're on Baby Step 1, see how much money you can save in just one week and then track your savings progress in **Ramsey+**. If you've already got your \$1,000, well done! Move on to the next Action Step.

## COMPLETE YOUR FINANCIAL SNAPSHOT

If you're in a class, fill out the Financial Snapshot card found in this lesson and turn it in to your coordinator at the start of Lesson 2.

## READ “THE POWERFUL ZERO-BASED BUDGET” ON THE NEXT PAGE

Want a quick refresher on how to easily make a zero-based budget with **EveryDollar**? Read on!

# THE Powerful ZERO-BASED BUDGET

Whether you're on Baby Step 1 or 7, you need a budget. It's your map for every month. And it puts you in control of your money.

Want to pay off debt? *You need a budget.* Want to build your emergency fund? *You need a budget.* Already investing? You're not off the hook—you *still need a budget.* And not just any budget—that's right, a zero-based budget.

A zero-based budget simply means your income minus your expenses equals zero. One more time: Your income minus everything else equals zero. That means you give every dollar a job to do—every month. *Hint: That's why we named our tool EveryDollar.* Make a plan on purpose for every dollar, every month!

- 1 START WITH YOUR INCOME**
- 2 LIST ALL YOUR EXPENSES**
- 3 SUBTRACT EXPENSES FROM INCOME**
- 4 TRACK YOUR EXPENSES**
- 5 BE FLEXIBLE!**

# HOW TO DO A MONTHLY BUDGET

## 1 START WITH YOUR INCOME

Write down all the income you expect for the month.

### INCOME

Paycheck	\$3,500
----------	---------

## 3 SUBTRACT EXPENSES FROM INCOME

If your income minus your expenses equals zero, you did it! You've just made a zero-based budget. If it doesn't, you've got some work to do! Adjust some categories and get to zero.

### INCOME

### - EXPENSES

= \$0

## 2 LIST ALL YOUR EXPENSES

This is *everything* going out this month, from giving to groceries to miscellaneous!

### EXPENSES

Giving	\$350
Saving	\$450
Rent	\$875
Utilities	\$350
Groceries/Restaurants	\$525
Transportation	\$350
Insurance	\$500
Miscellaneous	\$100

## 4 TRACK YOUR EXPENSES

Track your expenses every day during the month to make sure you're sticking to your budget. If you're overspending, make adjustments in your categories and then learn to say no!

## 5 BE FLEXIBLE!

Planning for payments shows you just how much debt steals your income! Let's say you have a car payment of \$325 and a student loan payment of \$150. You need to include those debts in your budget and adjust other categories to account for those expenses. Remember, your income minus *everything else* has to equal zero.

### DEBTS

Car Payment	\$325
Student Loan	\$150

### EXPENSES

Saving	\$200
Groceries/Restaurants	\$300

Updated Totals

# BABY STEP 1

As soon as you get \$1,000 in the bank, come back to this page and mark the date you officially knocked out Baby Step 1!

🎯 GOAL

\$1,000

📅 DATE COMPLETED

\_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MONTH DAY YEAR

*This is the*  
**EASIEST**  
*and the*  
**HARDEST**  
**STEP**

“

Your income is your  
most **POWERFUL**  
wealth-building **TOOL.**

— DAVE RAMSEY

”

LESSON 2

# BABY STEP 2

## KEY POINTS

- ✓ Baby Step 2 is paying off all debt (except the house) using the debt snowball.
- ✓ Debt is not a tool used to build wealth, and payments don't have to be a way of life.
- ✓ It takes gazelle intensity to get out of debt.

# BABY STEP

2

## Pay Off All Debt (Except the House) Using the Debt Snowball

You've got \$1,000 in the bank, and you're ready for Baby Step 2: paying off all your debt except your house using the debt snowball! Attack the smallest debt first while making minimum payments on the others. Once you pay off the first one, you'll move to the next smallest debt, taking your freed-up money, newfound motivation and momentum with you—until you pay off the last, largest debt!

**LESSON 2 //****BABY STEP 2**

GUIDE

Dave Ramsey

**BABY STEP 2**

Pay off all \_\_\_\_\_ (except the house) using the debt snowball.



**The rich *rule* over the poor, and the  
borrower is *slave* to the lender.**

— PROVERBS 22:7 (NIV)

**MYTHS & TRUTHS**

**MYTH:** I need a credit card to rent a car and make purchases online.

**TRUTH:** You can do both of these things with a \_\_\_\_\_ card.

**MYTH:** Car payments are a way of life. You can't live without a car payment.

**TRUTH:** You can stay away from car payments by paying cash for reliable used cars.

**MYTH:** I need to take out a credit card to build up my credit score.

**TRUTH:** The FICO score is an “I love \_\_\_\_\_” score.

**ANSWER KEY**

Debt  
Debit  
Debt

---

LESSON 2 //  
MYTHS & TRUTHS

|||||

**MYTH:** I pay my credit card off every month. And I can earn points and airline miles.

**TRUTH:** When you use a credit card instead of cash, you actually spend \_\_\_\_\_ because you don't feel it.

---

**MYTH:** A credit card is more secure than a debit card.

**TRUTH:** Debit cards and credit cards have the \_\_\_\_\_ amount of protection.

---

**MYTH:** My teenager needs a credit card to learn how to be responsible with money.

**TRUTH:** More students drop out of school because of \_\_\_\_\_ trouble than for academic failure.

---

**MYTH:** Leasing a car is smart. You should always lease things that go down in value. There are tax advantages.

**TRUTH:** Consumer Reports and a good calculator will tell you that a car \_\_\_\_\_ is the most expensive way to operate and finance a vehicle.

---

**MYTH:** I can get a good deal on a new car.

**TRUTH:** A new car loses \_\_\_\_\_% of its value in the first five years.

ANSWER KEY  
More  
Same  
Financial  
Lease  
60

---

## LESSON 2 //

### MYTHS & TRUTHS

**MYTH:** A home equity loan is a good option for consolidation and a great substitute for an emergency fund.

**TRUTH:** You don't go into debt when you're in the middle of an emergency. You'll make the emergency a \_\_\_\_\_.

---

**MYTH:** Debt consolidation is smart. It saves interest and gets you a smaller payment.

**TRUTH:** Debt consolidation does nothing to change the \_\_\_\_\_ that got you into debt. So, many who do it actually end up with more debt.

---

**MYTH:** Cosigning a loan is okay if I'm helping a friend or relative.

**TRUTH:** The bank requires a cosigner because the person isn't likely to \_\_\_\_\_.

---

**MYTH:** You can't go to college without taking out student loans.

**TRUTH:** \_\_\_\_\_% of millionaires with a college degree never took out student loans.

### ANSWER KEY

Crisis  
Behavior  
Repay  
68

---

**LESSON 2 //**  
MYTHS & TRUTHS

## BIGGEST MYTH OF ALL

**MYTH:** Debt is a tool and should be used to create prosperity.

**TRUTH:** Debt is proof that the borrower is \_\_\_\_\_ to the lender.



**Give no sleep to your eyes, nor  
slumber to your eyelids. Deliver  
yourself like a gazelle from the  
hand of the hunter, and like a bird  
from the hand of the fowler.**

— PROVERBS 6:4–5 (NKJV)

---

NOTES

**ANSWER KEY**

Slave

**LESSON 2 //****DEBT SNOWBALL****HOW TO GET OUT OF DEBT**

- Quit borrowing more \_\_\_\_\_!
- You must \_\_\_\_\_ money.
- \_\_\_\_\_ something.
- Take a part-time \_\_\_\_\_.
- \_\_\_\_\_ really works.

**DEBT SNOWBALL**

List your debts smallest to largest. Make minimum payments on all of them and attack the smallest one with a vengeance.

**ANSWER KEY**

Money  
Save  
Sell  
Job  
Prayer

# IT'S TIME FOR A PLASECTOMY



Remember, your situation will never change until you do! So, grab the scissors and slash your lifeline to stupid. You're done with debt and you're never going back, which means you're done with credit cards. That's right. It's time for a plasectomy.

We get it. This step is hard. But debt has taken too much from you already. And it's the biggest thief of your financial future. So, get the cards out of your life and start attacking debt with a vengeance! Goodbye, credit cards. Hello, freedom.

Whether you cut them up in your class or at home on your own, **write down the card information first!** Once you pay them off, you'll have to call and cancel each account.



	CREDIT CARD NAME	PLASECTOMY DATE	CANCEL DATE
1	<input type="text"/>	<input type="text"/>	<input type="text"/>
2	<input type="text"/>	<input type="text"/>	<input type="text"/>
3	<input type="text"/>	<input type="text"/>	<input type="text"/>
4	<input type="text"/>	<input type="text"/>	<input type="text"/>
5	<input type="text"/>	<input type="text"/>	<input type="text"/>
6	<input type="text"/>	<input type="text"/>	<input type="text"/>
7	<input type="text"/>	<input type="text"/>	<input type="text"/>

# HOW TO CLOSE OUT YOUR CREDIT CARDS

The plasectomy is a mental and physical sign that you're done with debt—forever. *No more. No way. No how.* But there are **three steps** to breaking up with your credit cards for good!



## 1 PAY OFF THE BALANCE

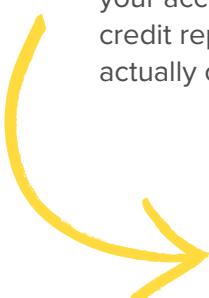
Go ahead and cut up the cards. But before you can cancel the accounts, you'll need to pay off the balance. No matter how much you have to pay off, just list the payments in your debt snowball and attack them with gazelle intensity one by one!

## 2 CALL THE CREDIT CARD COMPANY

Once you pay off the balance, call the credit card company and say, “I’m calling to close my account.” Spoiler alert: They’re going to say whatever they can think of to keep you from leaving. Don’t fall for their gimmicks or counteroffers. Just repeat, “I’m calling to close my account.” Be firm, and remember, you’re *done* with debt.

## 3 GET IT IN WRITING

When you call to cancel your account, keep a record of the conversation’s details. You’ll want written proof from the company that your account is clear and closed. It’s also a good idea to check your credit report later in the year to verify that these accounts are actually closed.



# DISCUSSION

Whether you're in a class or online, be honest with your answers and remember to encourage one another!



Look over the list of myths and truths Dave covered in the video. Which myths have fooled you in the past? How can you make sure you don't get duped again?



What fears or concerns do you have about living without credit cards?



Proverbs 22:7 says that “the borrower is slave to the lender” (NIV). What would your life look like if you were totally debt-free? What could you do that you can’t afford to do now?



Dave says, “You can wander into debt, but you can’t wander out.” You’ll have to make some tough decisions and sacrifices moving forward. What’s one area you can cut back—or cut out—to reach your money goals?



You need serious passion and motivation to get out of debt. What’s one thing you can do to kick-start and keep up your gazelle intensity?

# ACTION STEPS

It's time to live out what you just learned! Complete each of the Action Steps before the next lesson.

## CUT UP YOUR CREDIT CARDS

If you didn't do it as part of the Activity, gather the family, grab scissors, and host a plasectomy party! This is when you decide to stop the crazy cycle of debt—so celebrate! Just remember that you'll also need to call each credit card company and close the accounts once and for all.

## FILL OUT YOUR DEBT SNOWBALL

If you have any non-mortgage debts, list them in your debt snowball in **Ramsey+**. We'll help you sort your debts from smallest to largest so you can start attacking the first one right away. Make sure you track your payoff progress in **Ramsey+** so you always know how close you are to your debt-free date! Don't have any debt? Head to the next Action Step!

## GET GAZELLE INTENSE

If you're in Baby Step 1, 2 or 3, it's time to get intense—this is a “whatever it takes” mentality! That means you pause investing, sell the second TV, ban restaurants, and work overtime. A couple years of intense sacrifice is worth a lifetime of freedom.

## TRACK YOUR TRANSACTIONS IN EVERYDOLLAR

Actually using your budget is the only way it will work for you! Stay on budget by tracking your transactions and dragging them into the right categories. That's how you'll see exactly how much you've spent in each category you budgeted for! **Pro tip:** Connect your bank to **EveryDollar** so your transactions show up in your budget automatically.

## READ “THE DEBT SNOWBALL” ON THE NEXT PAGE

Need a reminder on how the debt snowball works? Check out how this method is the fastest way to get rid of debt!

# THE DEBT Snowball

**What could you do if you didn't owe anyone your paycheck?** That means no student loans, no credit card bills, no car payments—no debt. With the **debt snowball**, you'll pay off the smallest debt first and work your way up to the largest. *But wait.* Doesn't it make sense mathematically to pay off the debt with the highest interest rate first? Maybe. But if you'd been paying attention to math, you wouldn't be in debt. It's time to pay attention to your behavior. Enter the debt snowball.



## 1 LIST YOUR DEBTS FROM SMALLEST TO LARGEST

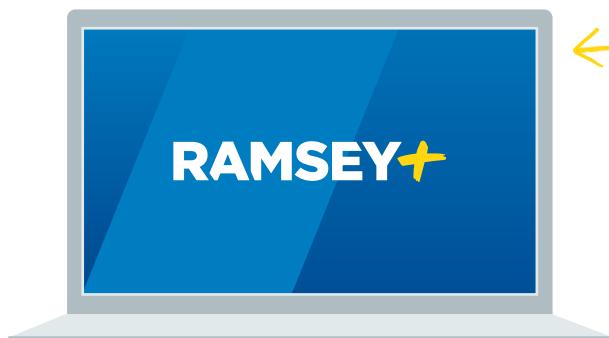
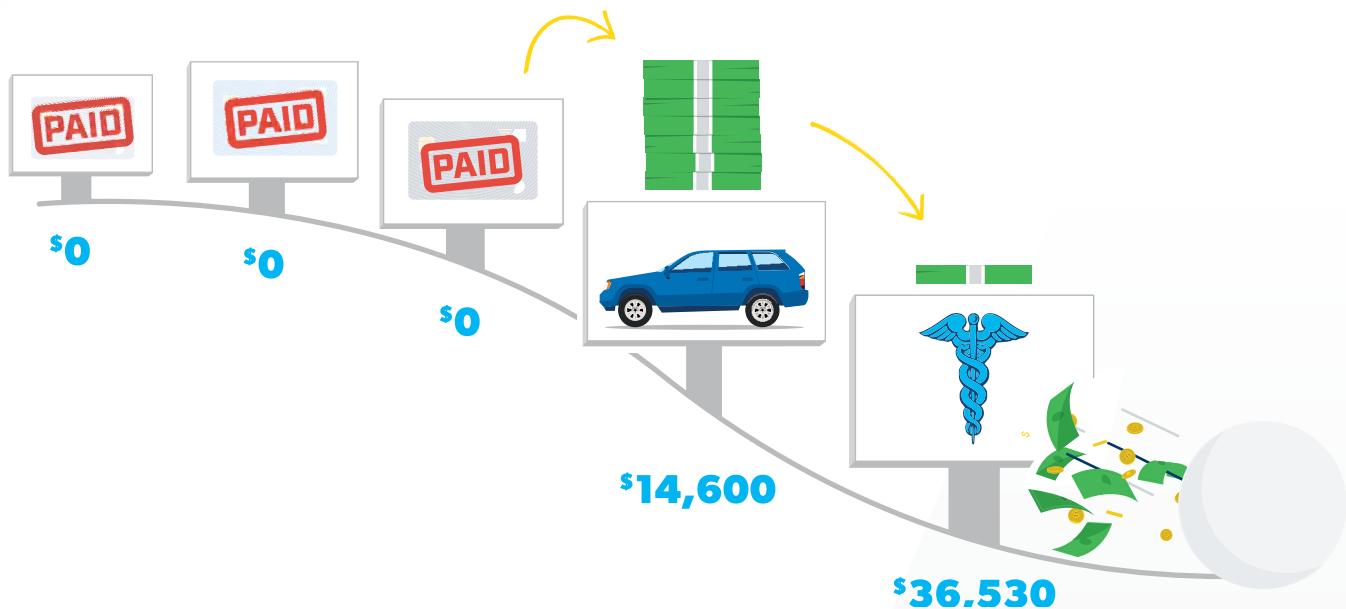
Don't worry about the interest rates! Seriously—smallest to largest.

## 2 ATTACK THE SMALLEST DEBT WITH A VENGEANCE

Make minimum payments on all your other debts while you pay off the smallest debt as fast as you can!

### 3 REPEAT THIS METHOD AS YOU PLOW YOUR WAY THROUGH EACH DEBT

Once that debt is gone, take its payment and apply it to the next-smallest debt. The more you pay off, the more your freed-up money grows and gets thrown onto the next debt—like a snowball rolling downhill.



#### TRACK YOUR PROGRESS IN RAMSEY+

Complete your debt snowball and track your progress as you pay off debt!

# BABY STEP 2

Take the total number from your debt snowball and write it below. Then, once you pay off that very last debt, celebrate and come back to this page to mark the day you became debt-free.

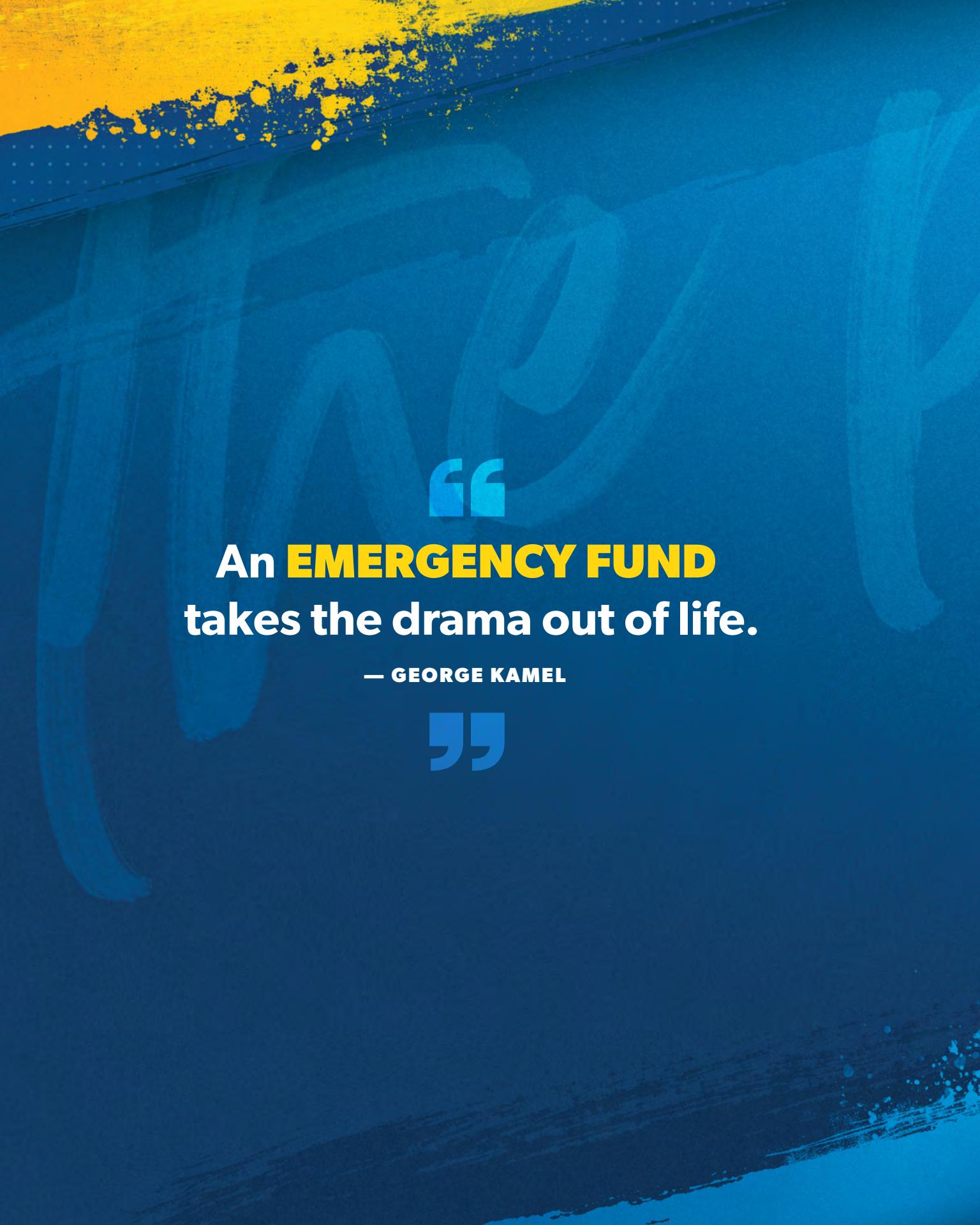
🎯 **GOAL**



📅 **DATE COMPLETED**

MONTH / DAY / YEAR

**YOU CAN**  
*Wander* **INTO**  
**DEBT**  
**BUT YOU *Can't***  
**WANDER**  
**OUT**



“  
An **EMERGENCY FUND**  
takes the drama out of life.

— GEORGE KAMEL

”

LESSON 3

# BABY STEP 3

## KEY POINTS

- ✓ Baby Step 3 is saving 3–6 months of expenses in a fully funded emergency fund.
- ✓ The emergency fund is Murphy repellent. It keeps you from living in fear of the next emergency.
- ✓ Your emergency fund is insurance, not an investment! It prevents you from going back into debt.

# BABY STEP

3

## Save 3–6 Months of Expenses in a Fully Funded Emergency Fund

Baby Step 3 is all about building your full emergency fund with 3–6 months of expenses. After the momentum and intensity of Baby Step 2, it's easy to let your foot off the gas. Don't let that happen! Keep your intensity through Baby Step 3. In the same way your \$1,000 starter emergency fund kept you from going into debt because of emergency expenses, your fully funded emergency fund will protect you when life's bigger surprises hit.

**LESSON 3 //****SAVING****GUIDE****Rachel Cruze****SAVING**

**“Debt steals your future.  
Saving secures it.”**

— RACHEL CRUZE

Nearly 80% of Americans live paycheck to paycheck. They use \_\_\_\_\_ to cover emergencies.

The emergency fund gives you \_\_\_\_\_ to cover emergencies so you stay out of debt.

You can save money if it's your \_\_\_\_\_.



**The wise man saves for the  
future, but the foolish man  
spends whatever he gets.**

— PROVERBS 21:20 (TLB)

**ANSWER KEY**

- Debt
- Cash
- Priority
- Cure
- Gratitude

The \_\_\_\_\_ for comparison is contentment.

\_\_\_\_\_ will lead you to contentment.

---

## LESSON 3 //

SAVING



GUIDE

George Kamel



I am not saying this because I am  
in need, for I have learned  
to be content whatever  
the circumstances.

— PHILIPPIANS 4:11 (NIV)

---

• • •

---

### BABY STEP 3

Save \_\_\_\_\_ months of expenses in a fully funded emergency fund.

Murphy's Law states: Anything that can go wrong \_\_\_\_\_ go wrong.

Save \_\_\_\_\_ months of expenses if you fall into any of these categories:

- You're married but have a single-income household.
- You're a single parent.
- You or your spouse is self-employed, work on commission, or have a highly irregular income.
- Your job is seasonal.
- You or someone in your household is chronically ill.

### ANSWER KEY

3–6

Will

Six



For *wisdom* provides protection,  
just as *money* provides protection.

— ECCLESIASTES 7:12 (NET)

Save at least \_\_\_\_\_ months of expenses if you fall into either of these categories:

- You're single with no dependents and a stable income.
- You're married and have two incomes, both of which are stable.

An emergency fund is \_\_\_\_\_. It's not an investment.

When you use your emergency fund, \_\_\_\_\_ it back up.



**ANSWER KEY**

Three  
Insurance  
Build

# Stay GAZELLE INTENSE

Let's look at two couples. We'll call them Brian & Heather and Ashton & Kelsey.

Both couples were gazelle intense and made extreme sacrifices to pay off their debt. They're finally debt-free! Baby Step 2—check! They take a few weeks to breathe and celebrate before they dive into Baby Step 3.

But now, they're ready to get their **fully funded emergency fund** up and running! They look at their current savings and expenses and decide on their emergency fund goal.

## HERE ARE THEIR Numbers

**\$1,000**



**CURRENT  
EMERGENCY FUND**

**\$2,000**



**CURRENT  
MONTHLY EXPENSES**

**\$12,000**



**FULLY FUNDED  
EMERGENCY FUND  
GOAL**

Both couples are single-income households and need a six-month emergency fund!



## HOW TO SAVE FOR BABY STEP 3

With \$1,000 already in the bank from Baby Step 1, how many months will it take each couple to reach their \$12,000 goal?

**BRIAN & HEATHER**



**ASHTON & KELSEY**



Brian & Heather continue celebrating and let off the gas. They only put **\$300 per month** into their emergency fund.

Ashton & Kelsey stay gazelle intense and put the **\$1,000 per month** that was going toward debt right into their emergency fund.

MONTHS

MONTHS

Moral of the story? **Don't let off the gas!** Take what you were throwing at debt and save it in your fully funded emergency fund. Keep up your gazelle intensity through Baby Step 3!

### Respond to the following questions:



1 Remember to stay gazelle intense in Baby Step 3. But what's the one way you'll celebrate being debt-free before you kick it back into high gear?



2 If these couples asked you about investing or paying off their mortgage before completing Baby Step 3, what advice would you give them? Why?

# DISCUSSION

Whether you're taking this class online or in person, be honest with your answers and remember to encourage one another!



By now, you've seen and experienced the power of the debt snowball. How can its momentum help you knock out your emergency fund? Why is that important to know?



When have you wished you had Murphy repellent in your life? How would a fully funded emergency fund have turned that crisis into a simple inconvenience?



In building your emergency fund, consider the suggested savings range of 3–6 months of expenses. Which amount makes the most sense for your life and gives you the most peace?



Once you're debt-free, it can be tempting to let your foot off the gas and taper off the intensity. But we want you to move through the first three Baby Steps as fast as you can! What are some practical things you can do to maintain your gazelle intensity in Baby Step 3?

# ACTION STEPS

It's time to live out what you just learned! Complete each of the Action Steps before the next lesson.

## **CALCULATE YOUR BABY STEP 3 GOAL**

It's time to protect yourself from Murphy! Before you can save 3–6 months of expenses, you need to figure out how much you need to save. First, determine if you need three or six months of expenses saved. (Look back at the lesson for a quick reminder.) Second, multiply that number by how much you spend on essential expenses each month. And just like that, you've got your Baby Step 3 goal.

## **OPEN A SEPARATE ACCOUNT**

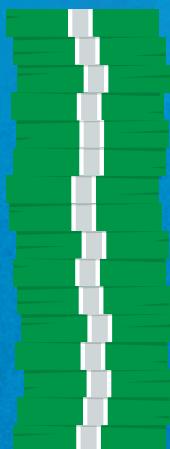
No matter which Baby Step you're on, make sure your emergency fund is in a separate account from your checking account! It needs to be easy for you to get to, but not too easy to spend from. Here are some options: a savings account connected to your checking account, a money market account that comes with a debit card or check-writing privileges, or an online bank where you can transfer money quickly and directly to your checking account.

## **TRACK YOUR TRANSACTIONS IN EVERYDOLLAR**

Make sure you're sticking to the budget you set by tracking your transactions. If you connected your bank to **EveryDollar**, this takes minutes—just drag and drop the transactions into the right budget lines, and you're done. **Pro tip:** This is also a great time to make any edits to your budget lines and see where you're accidentally overspending.

## **READ “EXACTLY HOW MUCH DO YOU SAVE FOR BABY STEP 3?” ON THE NEXT PAGE**

Want to see a real example of how to calculate your Baby Step 3 goal? Check out the next page!



# EXACTLY HOW MUCH DO YOU SAVE FOR **BABY STEP 3?**

Remember the budget Rachel created in Lesson 1? Our example couple was budgeting for the very first time so they could cut expenses and save \$1,000 ASAP. Well, guess what? It's been two years, and they just made their final debt payment (cue the confetti!). Now, they're ready to start saving their fully funded emergency fund in Baby Step 3!

How will they figure out the exact number they need to save? With the same three easy steps you'll follow:

- 1 DETERMINE** if you (and your spouse, if you're married) need three or six months of expenses saved.
- 2 GET YOUR BUDGET OUT** and add up how much you're spending on giving and essential expenses each month. (FYI, EveryDollar totals this for you!)
- 3 MULTIPLY** your answer for #1 by your total for #2.

**THAT'S YOUR BABY STEP 3**  
*Savings Goal!*

## INCOME

Paychecks	\$5,700
Side Hustle	\$600

## EXPENSES

Giving	\$630
Mortgage/Rent	\$1,250
Electric	\$100
Water	\$60
Natural Gas	\$30
Transportation	\$250
Groceries	\$600
Miscellaneous	\$201
Mom Fun Money	\$50
Dad Fun Money	\$50
Haircuts	\$40
Christmas	\$25
Birthdays	\$25
Childcare	\$700
Cell Phones	\$70
Internet	\$60
Clothing	\$50
Ramsey+ Membership	\$11
Media/Music	\$35
Doctor Visits	\$40
Insurance	\$100
Student Loan	\$1,923

  
\$4,377  
Spent

Let's follow along with our example couple to see how they walk through each step.

- 1 Both Mom and Dad have stable jobs, so according to George, they should save **three months** of expenses.
- 2 They take out their EveryDollar budget and see that last month, they spent \$4,377. (Remember, debt will no longer come out of their paychecks, so they don't need to plan for it in their expenses.) Then, they talk through items they won't need every month, like haircuts and new clothes. So, they look at what they spent on average over the last three months and land on **\$4,200**.
- 3 Finally, they get out their calculator and punch in  $3 \times 4,200 = \$12,600$ .

## THEIR BABY STEP 3 SAVINGS GOAL IS **\$11,600**

Since they already have \$1,000 in their emergency fund from Baby Step 1, they need to save **\$11,600** to get it fully funded.

Now they ask, "How fast can we save \$11,600 to finish Baby Step 3?"

Great news! Since they got gazelle intense in Baby Step 2 by living on a budget and working a side hustle, they were able to pay **\$1,923** toward debt last month.

If they keep up their intensity, they can save \$1,923 per month (since they aren't sending it to Sallie Mae anymore), and they'll be done with Baby Step 3 in **six months**. (P.S. The math on that is: \$11,600 savings goal ÷ \$1,923 payment = 6 months!)

*They're done  
with debt!*

# BABY STEP 3

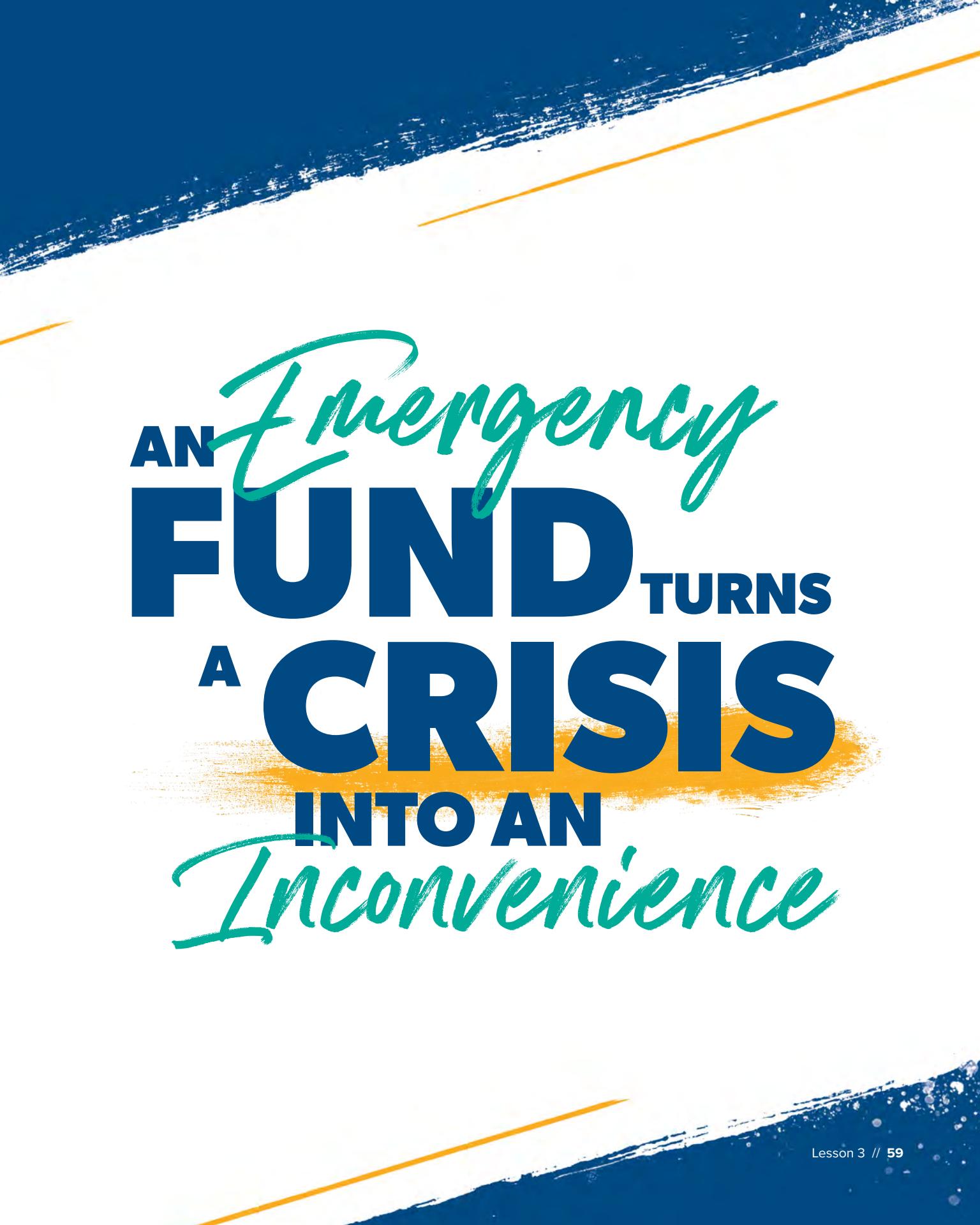
Write your Baby Step 3 goal below and bookmark this page.  
On the day you save your last dollar in Baby Step 3, you'll see  
how all your hard work paid off!

🎯 **GOAL**

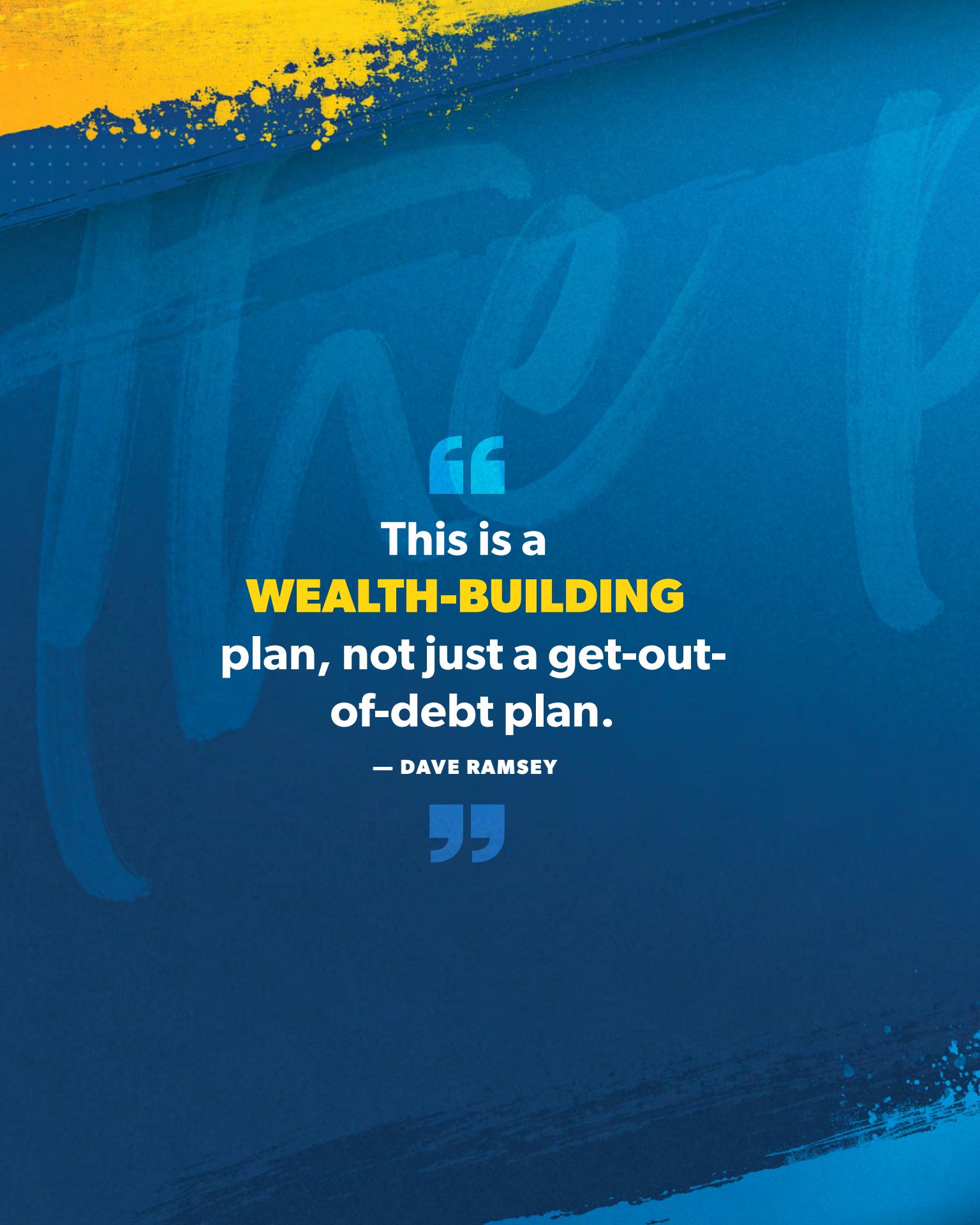


📅 **DATE COMPLETED**

\_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MONTH DAY YEAR



# AN *Emergency* **FUND** TURNS A **CRISIS** **INTO AN** *Inconvenience*



“  
This is a  
**WEALTH-BUILDING**  
**plan, not just a get-out-**  
**of-debt plan.**

— DAVE RAMSEY

”

LESSON 4

# BABY STEPS



## KEY POINTS

- ✓ Baby Step 4 is to invest 15% of your household income in retirement.
- ✓ Baby Step 5 is to save for your children's college fund.
- ✓ Baby Step 6 is to pay off your home early.
- ✓ Baby Step 7 is to build wealth and give.
- ✓ You'll do Baby Steps 4–6 in order, but at the same time. Then, Baby Step 7 is where you'll have the most fun!

# BABY STEP



4

## Invest 15% of Your Household Income in Retirement

You've finished paying for the past—now it's time to start paying for your future! On Baby Step 4, you'll invest 15% of your household income into tax-advantaged accounts for retirement. There is no quick-fix, snap-your-fingers way to build wealth, but you *can* become a Baby Steps Millionaire. The key is to start investing early and consistently, letting compound interest work its magic!

---

## LESSON 4 //

### BABY STEP 4



GUIDE

Dave Ramsey

When you follow the Baby Steps over time, you \_\_\_\_\_ become a Baby Steps Millionaire.

## MILLIONAIRE MYTHS & TRUTHS

**MYTH:** Millionaires inherit their wealth.

**TRUTH:** 89% of millionaires are not millionaires because of inheritance. In fact, 79% received \_\_\_\_\_ inheritance.

---

**MYTH:** Millionaires have high salaries.

**TRUTH:** 33% of millionaires \_\_\_\_\_ earned more than \$100,000 in any single working year of their career.



**A faithful man will abound with blessings, but he who hastens to be rich will not go unpunished.**

— PROVERBS 28:20 (NKJV)

---



**MYTH:** Millionaires follow a get-rich-quick method.

**TRUTH:** \_\_\_\_\_% of millionaires attribute regular, consistent investing in retirement plans over a long period of time as a reason for their success.

### ANSWER KEY

Will  
Zero  
Never  
79

---

**LESSON 4 //**  
BABY STEP 4

**MYTH:** Millionaires take risks when investing and play the stock market.

**TRUTH:** \_\_\_\_\_% of millionaires reached millionaire status through their employer-sponsored retirement plan.

---

 **Wealth gained *hastily* will dwindle, but whoever gathers *little by little* will increase it.**

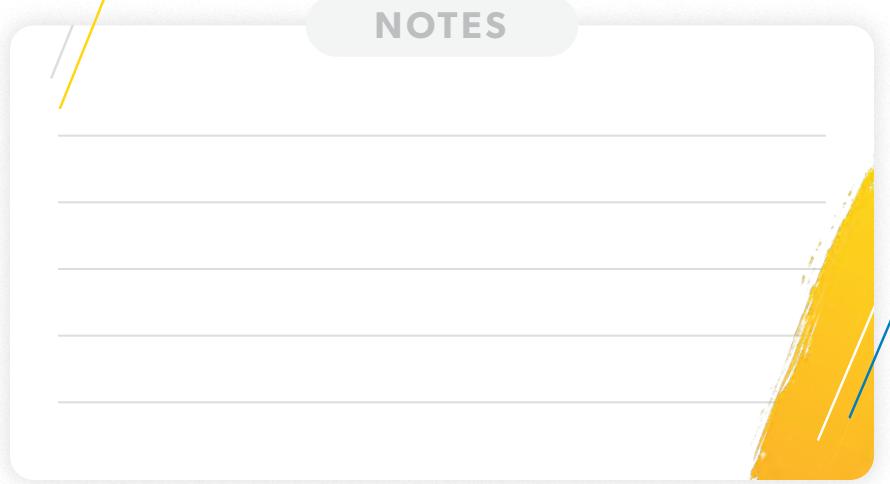
— PROVERBS 13:11 (ESV)

---

**MYTH:** Millionaires get the best rate of return on their investments.

**TRUTH:** Rates of return, asset allocation and expense ratios on investments only account for \_\_\_\_\_% or less of a millionaire's success.

**NOTES**



**ANSWER KEY**

80  
20

---

## LESSON 4 //

### BABY STEP 4

### BABY STEP 4

Baby Step 4 is to invest \_\_\_\_\_% of your household income in retirement.

Investing \$\_\_\_\_\_ every month from age 25 to age 65 (at an 11% rate of return) gets you to \$1.3 million.

Have a \_\_\_\_\_ meeting with your spouse. If you're single, talk with your accountability partner.

The secret to becoming a Baby Steps Millionaire is \_\_\_\_\_ you can do it.

Numbers change when \_\_\_\_\_ do.

### NOTES

#### ANSWER KEY

15  
150  
Dream  
Believing  
People

# The Story of **JACK & BLAKE** AND THE POWER OF COMPOUND GROWTH



## JACK

At age 21, Jack decided to invest \$2,400 every year (\$200 per month) for nine years. Then, at age 30, Jack stopped putting money into his investments. So all together, he put a total of \$21,600 into his investment funds, then left them alone.

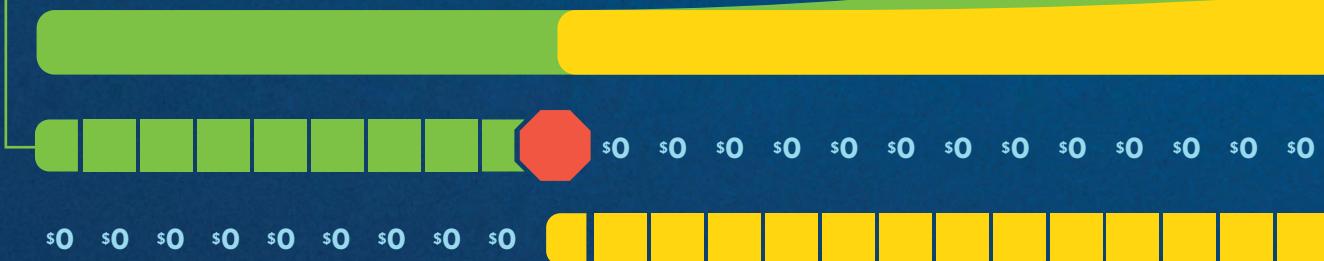


## BLAKE

Blake didn't start investing until age 30—nine years after Jack got started. And just like Jack, Blake put \$2,400 into his investment funds every year—but he invested 29 more years than Jack. Blake invested a total of \$91,200 over 38 years.

At age 67, Jack and Blake decided to compare their investment accounts. Who do you think had more? Jack, with his total of \$21,600 invested over nine years, or Blake, who invested \$91,200 over 38 years? Check this out:

- Jack starts investing money at 21 years old.



- Blake starts investing money at 30 years old.

**JACK**

Total invested over 9 years:

**\$21,600**

Return:

**\$2,547,150***He never caught up!***BLAKE**

Total invested over 38 years:

**\$91,200**

Return:

**\$1,483,033**

\$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$0



• • • • • 50 • • • • • • • 60 • • • • • 67

Blake invests \$2,400 a year through  
age 67—almost his entire life.

THE MORAL OF THE STORY IS

# START EARLY!

# BABY STEP



5

## Save for Your Children's College Fund

By this step, you've paid off all your debt except the house and you've started saving for retirement. Now it's time to save for your children's college expenses using an Education Savings Account (ESA) or a 529 plan. Help your children go to college the right way—without debt. It *can* be done!

**LESSON 4 //****BABY STEP 5**

**GUIDE**  
Rachel Cruze

**BABY STEP 5**

Save for your children's \_\_\_\_\_ fund.

You have two options for college savings—an \_\_\_\_\_ and a \_\_\_\_\_ plan.



**Train up a child in the way he  
should go, and when he is old  
he will not depart from it.**

— PROVERBS 22:6 (NKJV)

• • •

**Three ways to go to college debt-free:**

1. Select an \_\_\_\_\_ school.
2. \_\_\_\_\_ for things like scholarships, grants and work study.
3. Get a \_\_\_\_\_.

**“College is a blessing, not  
an entitlement.”**

— RACHEL CRUZE

**ANSWER KEY**

College  
ESA  
529  
Affordable  
Apply  
Job

# BABY STEP



6

## Pay Off Your Home Early

Baby Step 6 is the big one! There's only one more thing standing in the way of your complete freedom from debt—your mortgage. This part of paying off debt is a little more like a marathon. But any extra money you can put toward your mortgage will help save you tens of thousands of dollars in interest. And the grass will truly feel different under your feet once it's yours.

**LESSON 4 //****BABY STEP 6**

GUIDE

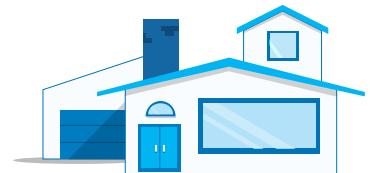
Dave Ramsey

**BABY STEP 6**

Pay off your home \_\_\_\_\_.

100% of foreclosures occur on a home with  
a \_\_\_\_\_.

# *Should you PAY OFF YOUR HOME EARLY?*

**INTEREST VS. TAXES**

The interest you pay on your mortgage is deductible on your taxes. Are you saving more money by taking this deduction or should you just pay the taxes? Let's take a look.

**MORTGAGE INTEREST**

$$\$200K \times 5\% = \$10,000$$

MORTGAGE AMOUNT

INTEREST RATE

ANNUAL INTEREST PAID

**TAXES WITH PAID HOME**

$$\$10K \times 22\% = \$2,200$$

TAXABLE AMOUNT

TAX BRACKET

TAXES PAID

**SO, WHAT MAKES MORE SENSE ...**

**PAYING \$10,000 TO A BANK OR  
PAYING \$2,200 TO THE IRS?**

**ANSWER KEY**

Early  
Mortgage

# BABY STEP



7

## Build Wealth and Give

You know what people with no debt and no payments can do? Anything they want! Now you can truly live and give like no one else by building wealth, becoming insanely generous, and changing your family tree. Your focus and sacrifice got you here. You made it. You lived like no one else, and now you get to *live and give* like no one else!

---

## LESSON 4 //

### BABY STEP 7



GUIDE

Dave Ramsey

## BABY STEP 7

Build wealth and be outrageously \_\_\_\_\_ !

Giving is possibly the most \_\_\_\_\_ you will ever have with money.



**Each of you should *give* what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a *cheerful giver*.**

— 2 CORINTHIANS 9:7 (NIV)

---

• • •

---



### ANSWER KEY

Generous  
Fun



# Dream FOR YOUR FUTURE

You wake up to silence and sun. There's no alarm clock ringing in your ear. In fact, there's no clock in your bedroom at all. You reach for your phone out of habit and put it back on your nightstand before rolling over in bed. **There's a lot you used to do that you don't have to do anymore.**

You don't check your **inbox**—you couldn't, even if you wanted to. You retired years ago, long before your coworkers.

You don't check **social media** when you first wake up. You quit the comparison game back when you learned the power of contentment. Plus, you're living your dream. You don't want someone else's life—you love yours.

You don't check your **bank account**. You know how much you have . . . you even know your net worth. You hit seven figures when you became a Baby Steps Millionaire.

You don't check a list of what you must do. You get to list what you want to do. **So, what do you want to do?**



## WHAT'S YOUR DREAM RETIREMENT?

Get specific! Want to travel? Write where you want to go. Want to live closer to your kids? Jot down what your dream home looks like. Want to start a business? Put it on paper!

---

---

---

---

---



## IT'S TIME TO LIVE AND GIVE LIKE NO ONE ELSE

Picture this: You're living your dream retirement! You're traveling the way you always wanted. You're spending more time with your kids—and maybe even your grandkids. You own your home. And it's not just any house on the block. It's your dream home.

You've worked hard for years and years to get to where you are today. And it was all worth it.

### YOU'RE ON BABY STEP 7!

Now you get to have some serious fun with money.



You just heard Dave tell the story of his friend who took his entire family on a cruise. **How will you have fun spending your money?**

---

---

---



You also heard Dave tell the story of this same friend taking his entire family to give bikes away to kids in need. **How will you have fun giving your money?**

---

---

---

# DISCUSSION

Whether you're in a class or online, be honest with your answers and remember to encourage one another!



Before this lesson, did you believe it was possible for you to become a millionaire? How has this lesson changed the way you think about building wealth and dreaming about your future?



If you're a parent, how do you feel about investing for retirement before saving for your children's college fund? Based on the ages of your kids, what is your plan to send them to college debt-free?



If you're currently paying a mortgage each month, how would paying off your home early change your life? What would you be able to do that you can't do now?



When is a time that generosity has impacted your life? Were you the giver or the receiver?

# ACTION STEPS

It's time to live out what you just learned! Complete each of the Action Steps before the next lesson.

## SCHEDULE A BUDGET COMMITTEE MEETING

You're coming up on your next budgeting cycle! Remember, it takes three months to get the budget right, so stick with it. If you're married, schedule your next Budget Committee Meeting. Singles, don't forget to review your budget with your accountability partner. And keep tracking your transactions!

## MAKE SURE GIVING IS AT THE TOP OF YOUR BUDGET

When you hold money with an open hand—not a clenched fist—you're able to give generously *and* receive graciously. No matter which Baby Step you're on, giving is your priority, whether that's a tithe to your church or contributions to charity.

## KNOW YOUR NET WORTH

Your net worth is what you own (assets) minus what you owe (liabilities). It's an overall measure of wealth. Use the Net Worth Calculator in **Ramsey+** to see where you stand today!

## CONTACT A SMARTVESTOR PRO

If you're done with Baby Step 3, check out our list of SmartVestor Pros near you in **Ramsey+**. These investing professionals will help you invest the right way for you and learn how to save for your kids' college.

## READ “IN ORDER, BUT AT THE SAME TIME” ON THE NEXT PAGE

The Baby Steps work when you do them in order. But Baby Steps 4–6 are done at the same time! We know that sounds confusing, but this Deep Dive tells you exactly what we mean.

# BABY STEPS



## IN ORDER, BUT AT THE SAME TIME

You do Baby Steps 1, 2 and 3 one at a time. Check. You do Baby Steps 4, 5 and 6 at the same time. *What?*

Baby Steps 1, 2 and 3 require laser focus and gazelle intensity—and they each have a specific dollar goal. After Baby Step 3, however, the plan changes gears. You'll do Baby Steps 4, 5 and 6 in order, but at the same time.

*Here's what we mean:*

### Meet the Campbells.

This average American family has a household income of \$5,000 per month. They used the debt snowball to put \$1,500 a month toward paying off all their debt. Then they used the *same* gazelle intensity and saved \$1,500 a month to finish their emergency fund.

The Campbells celebrate! They get to ease up on their intensity some, but they're ready to attack **Baby Steps 4, 5 and 6—in order, but at the same time.**

## IF THEY SET ASIDE \$1,000 FOR THESE BABY STEPS, WATCH WHAT WOULD HAPPEN:

### 1 START BABY STEP 4

The Campbells save 15% of their gross income in retirement. So, they open a Roth 401(k) and start investing \$750 every month.



### 2 START BABY STEP 5

They open an ESA for their 3-year-old and contribute \$166 per month. (That's the ESA contribution limit as of 2022.)



### 3 START BABY STEP 6

The Campbells still have \$84! They go ahead and add it to their mortgage payment knowing they could find more money in the budget to throw at their home if they wanted to.



There you have it. Baby Steps 4, 5 and 6—**IN ORDER, BUT AT THE SAME TIME.**

“

**Make sure what you BUY  
aligns with the person  
you WANT to be.**

— GEORGE KAMEL

”

LESSON 5

# WISE SPENDING

## KEY POINTS

- ✓ There are a million marketing tactics trying to go after your money and bust your budget.
- ✓ When you spend wisely, you can have power over purchases.
- ✓ More stuff won't make you more complete.

---

LESSON 5 //  
WISE SPENDING



GUIDE  
Dr. John Delony

When faced with a threat, our brain generally responds in one of three ways: fight, flight or \_\_\_\_\_.

Our brains are constantly asking \_\_\_\_\_ questions:

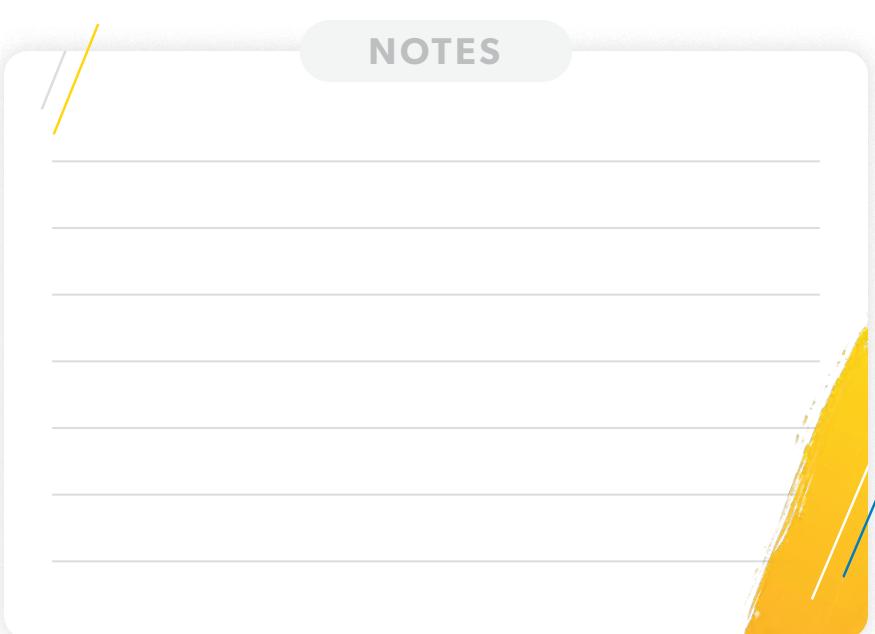
1. Am I safe?
2. Do I belong?
3. Does it feel good?

Marketers and neuroscientists know you better than \_\_\_\_\_ do.

You're more likely to buy something when you're \_\_\_\_\_.

You can take your \_\_\_\_\_ back.

NOTES

A large, rounded rectangular area for notes. It features a yellow border on the left and right sides. On the right side, there is a yellow triangular graphic with blue lines extending from its base. The word "NOTES" is centered at the top of this area in a light gray, sans-serif font.

ANSWER KEY

Freeze  
Three  
You  
Afraid  
Power

---

LESSON 5 //  
WISE SPENDING



GUIDE  
George Kamel

## 6 WAYS COMPANIES GO AFTER OUR MONEY

### 1. Personal Selling

Salespeople are trained to convince you to \_\_\_\_\_.

### 2. Product Placement

Companies \_\_\_\_\_ to have their products placed strategically.

### 3. Brand Association

The products you buy tell a \_\_\_\_\_ about you.

### 4. Sales and Promotions

Never spend just to \_\_\_\_\_.

### 5. Convenient Payment Methods

Making a purchase has become so easy that spending money is \_\_\_\_\_.

### 6. Financing

When you \_\_\_\_\_, you're asking, "How much down? How much a month?" Wise spenders ask, "How much?"

#### ANSWER KEY

Buy  
Pay  
Story  
Save  
Painless  
Finance

“Don’t let discounts  
drive decisions.”

— GEORGE KAMEL

---

**LESSON 5 //**  
WISE SPENDING

## GEORGE'S SMART SPENDER GUIDE

### Self-Awareness

Will this add \_\_\_\_\_ to my life?

### Motive

Am I buying this for the \_\_\_\_\_ reason?

### Affordability

Is this in my \_\_\_\_\_?

### Research

Is this the \_\_\_\_\_ option, retailer and price?

### Timing

Is \_\_\_\_\_ the time to buy it?

You can't \_\_\_\_\_ your way into a meaningful life.

### ANSWER KEY

Value  
Right  
Budget  
Best  
Now  
Spend



# TIME TO GET HONEST WITH Yourself

We've all bought something we didn't need with money we didn't plan to spend—or worse, with money we didn't have. In this Activity, we've listed the six common ways companies go after our money. It's time to get honest with yourself: Think about a time when these methods have influenced you to make a purchase, and fill out the chart. If you're married, share your answers with your spouse.

Marketing Method	Have these methods influenced you to make a purchase? Yes or no? Explain your answer.
Personal Selling	(Y) (N) _____ _____
Product Placement	(Y) (N) _____ _____
Brand Association	(Y) (N) _____ _____
Sales and Promotions	(Y) (N) _____ _____
Convenient Payment Methods	(Y) (N) _____ _____
Financing	(Y) (N) _____ _____

### Respond to the following question:



Marketing isn't evil (except financing—that's always a bad idea), but to be a wise spender, you need to see when it's happening and think before you spend! What did this Activity reveal about your spending habits?

# DISCUSSION

Whether you're taking the class online or in person, be honest with your answers and remember to encourage one another!



When was the last time you made an emotional purchase (from stress, fear, sadness, distraction, etc.)? What was it (tacos, shoes, concert tickets, matching sweaters for you and your dog, etc.)?



What's a moment when comparison crept in and affected your spending?



What's the worst impulse purchase you've ever made? Why was it so bad? How would you do things differently next time?



Can you think of the last targeted ad you got? What was it for? Did it influence you to make a purchase?



How can you get into the habit of walking through George's SMART Spender method rather than making an emotional or impulse purchase?

# ACTION STEPS

It's time to live out what you just learned! Complete each of the Action Steps before the next lesson.

## **CREATE YOUR SECOND BUDGET WITH EVERYDOLLAR**

You wrapped up your first month of budgeting—that's a huge accomplishment! Don't get hung up on how many mistakes you made or if you feel like your first budget didn't work. It usually takes three months of budgeting for things to really click. So, learn from your first budget and go create your second budget with EveryDollar.

## **TRACK YOUR TRANSACTIONS IN EVERYDOLLAR**

Stick to the budget you create by tracking your transactions every week. Remember, when your bank is connected to EveryDollar, this is a super simple process—just drag and drop your transactions into the right categories and you're done!

## **COMMIT TO CASH**

Use George's SMART Spender guide, follow your budget, and commit to cash so you aren't racking up payments every time you want to buy something. Bottom line? Don't buy anything you can't afford. Don't Afterpay for it—actually pay for it. This week, commit to ditching credit cards and payment plans!

## **READ "HOW TO BE A SMART SPENDER" ON THE NEXT PAGE**

Overspending, impulse spending and unwise spending are some of the biggest traps for buyers! Now that you've learned about George's SMART Spender guide, it's time to see how you'd use this guide in action.

# HOW TO BE A *Smart* SPENDER

**It's Saturday**, and for Jordan, that means no work and no big to-dos! She's up for a little shopping and has her eye on an air fryer and a new smartphone.

Jordan's ready to snag a deal (or two), but she also learned from George and wants to be a wise spender—there's no reason to bust her budget or derail her plan for items she wants but doesn't need. So, she does a quick online search for the two items she wants and walks herself through the **SMART Spender questions** from this lesson.

Let's step into her thinking and see if she decides it's wise to buy either of these two items!



## AIR FRYER

### S SELF-AWARENESS

**Will this add value to my life?**

Yes. I'm trying to cook more at home to save money, and this will help me meal prep faster, with less mess and stress.

### M MOTIVE

**Am I buying this for the right reason?**

Hm. I did think about getting one because several friends at work mentioned how great air fryers are. But I'm not trying to be like them. I really want this time-saving, money-saving tool for what it is!

### A AFFORDABILITY

**Is this in my budget?**

Yes! I've been saving for more kitchen appliances, and I've got enough to pay in full!

## R RESEARCH

### Is this the best option, retailer and price?

It is. I narrowed down which kind I wanted, and after a quick search of other sales today, I discovered that this one is the best price.

## T TIMING

### Is now the time to buy it?

Yup. I've been watching prices for about a month, and this is the best deal I've seen.

**Decision:** Jordan clicks Add to Cart. And she's guilt-free in her purchase and excited to start making crispy chicken nuggets.

Next up, Jordan pulls up the page for the new smartphone she's been eyeing. Let's see if this is a wise purchase.

# NEW SMARTPHONE

## S SELF-AWARENESS

### Will this add value to my life?

Well, yeah. Sort of. I'd get a better camera and faster internet! Plus, they brought back my favorite color.

*Jordan could probably stop here and decide this is not the wisest purchase for her right now, but she asks every question just to be sure!*

## M MOTIVE

### Am I buying this for the right reason?

To be honest, probably not. My phone works well. The battery is good. I just want the new one because there is a new one. And my friends all got this one.

## A AFFORDABILITY

### Is this in my budget?

It would be a stretch. Maybe I could cut back on my Miscellaneous category or groceries, but that feels risky. I could say no to the air fryer, but I'd still be short and things would be tight.

*If Jordan hadn't already said no to this purchase, she definitely should now! Never prioritize a want over a need, like groceries! But let's keep going and see what happens.*

## R RESEARCH

### Is this the best option, retailer and price?

Yes. It's a great price for this version of the phone.

## T TIMING

### Is now the time to buy it?

It's on sale, but I don't need one right now. I have a perfectly good smartphone.

**Decision:** Jordan doesn't buy the smartphone. She's a little disappointed at first. But she didn't budget for it, and she realizes it doesn't matter what her friends do with their money. She's doing what's best for her, and she's proud of her wise spending. Jordan's a SMART spender!



**“**

**Insurance PROTECTS  
the things that will  
make you wealthy.**

— DAVE RAMSEY

**”**

LESSON 6

# UNDERSTANDING INSURANCE

## KEY POINTS

- ✓ The purpose of insurance is simply to transfer risk—this is your defensive game plan.
- ✓ There are eight types of insurance you actually need.
- ✓ No exceptions and no excuses—everyone 18 or older needs a written will.

---

**LESSON 6 //**  
UNDERSTANDING  
INSURANCE



GUIDE  
**Dave Ramsey**

**ANSWER KEY**

Risk  
High  
Full

## THE ROLE OF INSURANCE

The purpose of insurance is to transfer \_\_\_\_\_ that we can't handle ourselves.

## INSURANCES TO AVOID

- Credit life insurance and credit disability insurance on debt you owe
- Mortgage life insurance
- Double indemnity for accidental death
- Cancer insurance
- Prepaid burial insurance
- Return of premium
- Waiver of premium
- Dental and vision insurance

## AUTO INSURANCE

If you have a full emergency fund in place, think \_\_\_\_\_ deductibles.

For \_\_\_\_\_ coverage on your auto insurance, you want three things: collision, comprehensive and liability.

## LESSON 6 //

### UNDERSTANDING INSURANCE

## HOMEOWNERS AND RENTERS INSURANCE

You want enough \_\_\_\_\_ insurance to:

- Rebuild your home (extended dwelling coverage)
- Replace your stuff (personal property)
- Cover injuries and damages that happen on your property (liability)
- Reimburse your living expenses after the loss of an insured home (additional living expenses)

If you're renting, \_\_\_\_\_ get renters insurance.

### NOTES

#### ANSWER KEY

Homeowners  
Always

---

LESSON 6 //  
UNDERSTANDING  
INSURANCE

## UMBRELLA POLICY

You need an \_\_\_\_\_ policy if you have a net worth of at least half a million dollars.

## HEALTH INSURANCE

With a traditional health insurance plan, \_\_\_\_\_ your deductible and/or coinsurance amount to bring your premiums down.

A Health Savings Account (HSA) works with a high-deductible health plan, and you can pay for medical expenses \_\_\_\_\_ - \_\_\_\_\_.

## LONG-TERM DISABILITY INSURANCE

Long-term disability insurance \_\_\_\_\_ lost income if you're unable to work for a long period of time due to an illness or injury.

Find a policy that covers 60–70% of your annual \_\_\_\_\_.

**“People who win with money have a good offense and a good defense.”**

— DAVE RAMSEY

### ANSWER KEY

Umbrella  
Raise  
Tax-free  
Covers  
Income

---

**LESSON 6 //**  
UNDERSTANDING  
INSURANCE

## LONG-TERM CARE INSURANCE

\_\_\_\_\_ - \_\_\_\_\_ care insurance covers assisted living care, in-home care and nursing home care.

Long-term care insurance is an absolute must if you are \_\_\_\_\_ years old or older.

## IDENTITY THEFT PROTECTION

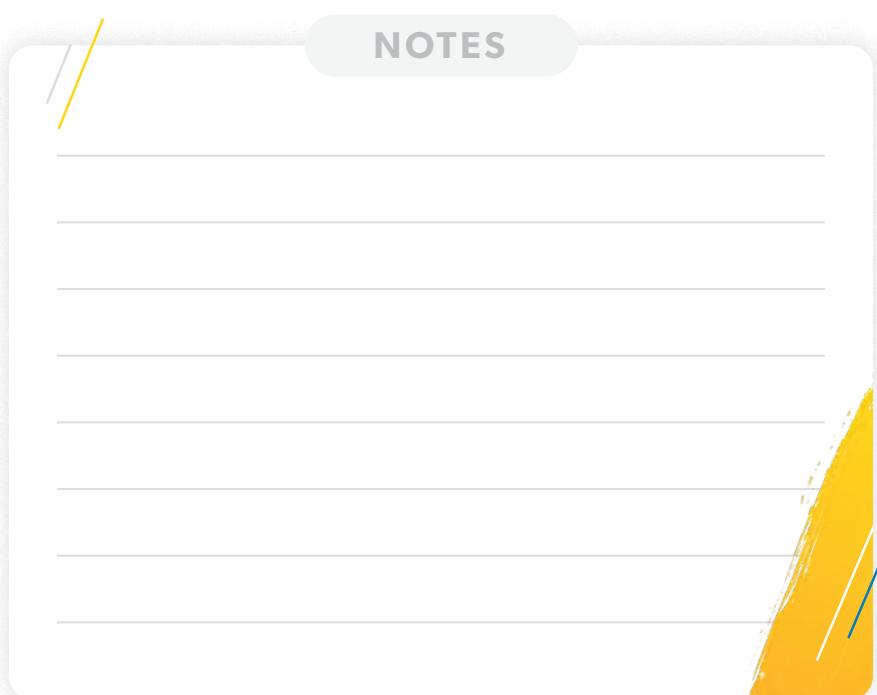
Good ID theft protection includes \_\_\_\_\_ services that assign a counselor to clean up the mess.

## WILLS

Everyone 18 or older needs a \_\_\_\_\_.

**ANSWER KEY**

Long-term  
60  
Restoration  
Will



---

**LESSON 6 //**  
UNDERSTANDING  
INSURANCE

## LIFE INSURANCE

Life insurance replaces income that's lost due to \_\_\_\_\_.

\_\_\_\_\_ life insurance is the only life insurance you should buy.

**“Cash value life insurance is the payday lender of the middle class.”**

— DAVE RAMSEY

\_\_\_\_\_ use life insurance as an investment.

Insurance is not a Baby Step. It's part of your \_\_\_\_\_.



### ANSWER KEY

Death  
Term  
Never  
Budget

LESSON 6 //

UNDERSTANDING  
INSURANCE

# WHOLE vs. TERM

## *Life Insurance*

Here's an example:

Joe is 30 years old and has \$180 budgeted per month to spend on life insurance.

	BAD	BETTER	BEST
	WHOLE LIFE	20-YEAR TERM	20-YEAR TERM
COVERAGE	\$250,000	\$250,000	\$500,000
PREMIUM	\$180/MO	\$13/MO	\$20/MO
INVESTMENTS	?	\$167/MO	\$160/MO
	<b>INVESTMENT VALUES</b>		
AT AGE 50	\$24,000	\$144,561	\$138,501
AT AGE 70	\$65,000	\$1,436,222	\$1,376,019

Always buy a policy that covers 10–12 times your annual income before taxes!

# BUY THE RIGHT Coverage

Whether you drive a nice car or a beater, you want to make sure you're covered in case life decides to hit you . . . or your car. This is not the time to go cheap on your insurance policy! Work through Luke's scenario to find out why.

## ON HIS WAY TO WORK, LUKE HITS A CAR.

The driver of the other car experiences **\$30,000** in injury costs and the passenger experiences **\$75,000** in injury costs. Luke totals his car and the **\$50,000** car of the other driver. For each of the coverage options below, determine how much Luke will have to pay *after* his insurance pays their portion.

### COVERAGE OPTION #1

To save some money up front, Luke *skimps* on insurance (bad idea, Luke!) and gets the state minimum 25/50/15 liability policy.

#### STATE MINIMUM COVERAGE LIMITS

**25k**

**50k**

**15k**

25/50/15	DRIVER	PASSENGER	DRIVER'S CAR
TOTAL COST OF ACCIDENT	\$ 30,000	\$ 75,000	\$ 50,000
25/50/15 INSURANCE PAYS	Maxes at \$50K -\$ 25,000	-\$ 25,000	-\$ 15,000
LUKE PAYS	= \$ 5,000	= \$ 50,000	= \$ 35,000
<b>LUKE HAS TO PAY:</b>			\$

And this doesn't even include the cost to replace his own car!

## COVERAGE OPTION #2

Luke watched *Financial Peace University* and knows so much more about auto insurance than he did before. Then he met with a RamseyTrusted provider to learn about the best coverage option for him. Here's what he decided on:

### GOOD COVERAGE LIMITS FOR LUKE

**100k // 300k // 100k**

#### Covers Injuries to Individuals

The maximum amount (in thousands of dollars) **per person** that will be covered

#### Covers the Total of All Injuries to People

The maximum amount (in thousands of dollars) **per accident** that will be covered

#### Covers Damage to Property

The maximum amount (in thousands of dollars) **per accident** that will be covered

Now, work the same scenario, but this time, Luke has a good **100/300/100** insurance policy.

100/300/100	DRIVER	PASSENGER	DRIVER'S CAR
TOTAL COST OF ACCIDENT	\$ 30,000	\$ 75,000	\$ 50,000
100/300/100 INSURANCE PAYS	- \$ <input type="text"/>	- \$ <input type="text"/>	- \$ <input type="text"/>
LUKE PAYS	= \$ <input type="text"/>	= \$ <input type="text"/>	= \$ <input type="text"/>
LUKE HAS TO PAY: \$ <input type="text"/>			

(of course, he still has to replace his own car.)

Respond to the following question:



How did this Activity help you understand the importance of getting the right coverage?

# DISCUSSION

Whether you're taking the class online or in person, be honest with your answers and remember to encourage one another!



When have you let the *cost* of insurance dictate how *much* insurance you get in a certain policy? How does this lesson challenge you to think differently?



How do you see your fully funded emergency fund fitting into your insurance plan? How can you make sure you have the right balance between the two?



Everyone 18 or older needs a written will. Do you have a will? If not, what has been holding you back from getting one?



Can you imagine building wealth to the point where you can self-insure? Why or why not? How have the Baby Steps moved you closer to making that a reality?

# ACTION STEPS

It's time to live out what you just learned! Complete each of the Action Steps before the next lesson.

## **REVIEW ALL OF YOUR COVERAGE**

Take our Coverage Checkup in **Ramsey+** to see where you need to make adjustments to your insurance plan. We'll give you a prioritized list of what to add, drop or change. This includes your will! Then we'll connect you with the service providers we recommend to knock out each item on the list!

## **CONNECT WITH A RAMSEYTRUSTED PROVIDER**

After working through this lesson, if you already know you're missing insurance items or you're ready to get quotes for the best rates and coverage for you, then connect with one of our RamseyTrusted providers in **Ramsey+**.

## **TRACK YOUR TRANSACTIONS IN EVERYDOLLAR**

Are you sensing a pattern? That's right, you need to be tracking your transactions every single week. This is the best way to make sure you're spending and saving according to the budget you created.

## **READ “TERM LIFE INSURANCE—THE WAY TO GO” ON THE NEXT PAGE**

We're not too big on whole life insurance. In fact, we hate it. But you should get term life insurance ASAP. Read on to learn what kind of coverage you need, and get it in place today!

# Term life **INSURANCE**

---

## THE WAY TO GO

Life insurance provides security, protection and peace of mind for your family should the unthinkable happen.

So, if someone depends on your income, you need life insurance. Plain and simple. And don't wait to get this done—do it today.

### **WHOLE LIFE VS. TERM LIFE INSURANCE**

Your two main options for life insurance are whole life coverage and term life. But which is better? The first is a total rip-off. The second is an inexpensive, safe plan to protect your family.

- 1 Whole life insurance** is more expensive and includes a “savings” plan with a terrible return. Basically, it tries to double up as an investment account and does a lousy job of it. With term life, you’ll pay a fraction of the price. Then you can simply invest the difference you would have paid for whole life insurance—like Dave explained.
- 2 Term life insurance** is the easiest and least expensive way to protect your family after you’re gone. Simply put, here’s how it works: If you (or your spouse) die at any time during this term, your beneficiaries will receive a payout from the policy.

## **HOW LONG DO I NEED COVERAGE?**

Dave's general rule is to buy based on when your kids will be heading off to college and living on their own. Typical terms are 10, 15, 20 or 30 years.

**We recommend a 15- or 20-year term.**

For example, if you have a newborn in the house, then pick up a 20-year plan. If you have a 10-year-old, a 15-year plan would be a better option for you.

## **HOW MUCH COVERAGE DO I NEED?**

If you're getting a policy through work, we can almost guarantee it's not offering you enough coverage.

**Always have a policy that covers 10–12 times your annual pretax income.**

Say you're making \$50,000 a year. That means you need at least \$500,000 in coverage. That replaces your salary for your family if something happens to you.

And one quick note: Don't forget to get term life insurance for both spouses, even if one of you stays at home with the kids. Why? Because if the stay-at-home parent was gone, replacing that childcare and home upkeep would be expensive!

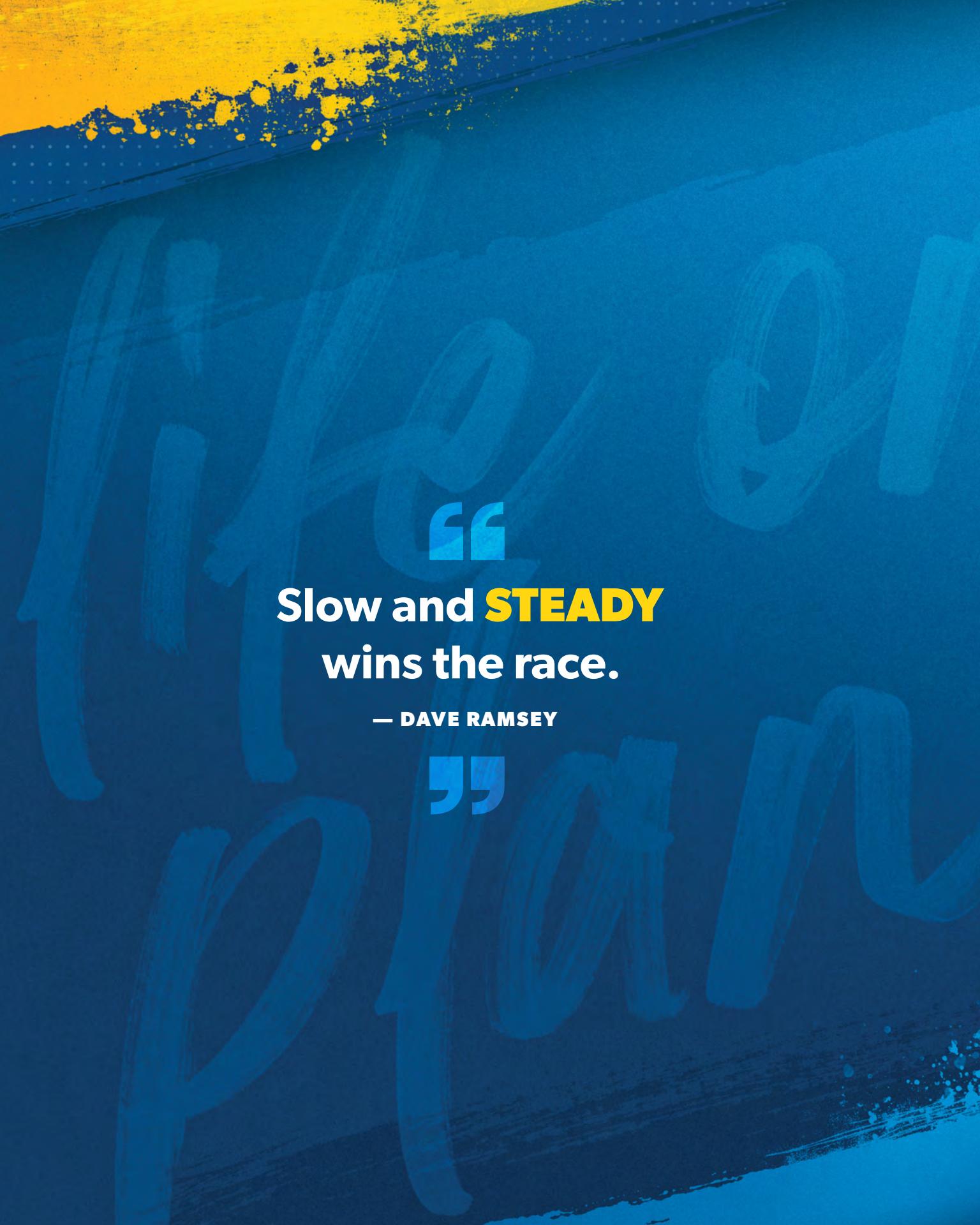
*Get the Right Coverage Today!*

Look, this stuff isn't easy to think about. But life is precious!

And the cost of not having a plan in place for the unthinkable is much higher than the cost of term life insurance. You need to keep your loved ones protected.

*Let us help!*

The ideal time to buy life insurance is now—before you need it. If you're ready to take the next step, connect with one of our **RamseyTrusted providers** in **Ramsey+** today!



**“Slow and STEADY  
wins the race.**

— DAVE RAMSEY

LESSON 7

# BUILDING WEALTH

## KEY POINTS

- ✓ When you follow the Baby Steps and invest 15% of your income over time, you will become a Baby Steps Millionaire!
- ✓ Lower your risk by diversifying your investments across four types of mutual funds.
- ✓ Keep it simple and never invest in things you don't understand.

---

**LESSON 7 //**  
BUILDING WEALTH



**GUIDE**  
**Dave Ramsey**

God gave \_\_\_\_\_ the ability to build wealth.

Baby Step 4 is to invest \_\_\_\_\_ % of your household income in retirement.

The 401(k), IRA, 403(b) and 457 are tax-\_\_\_\_\_ plans.

The Roth 401(k), Roth IRA, Roth 403(b) and Roth 457 are after-tax plans and grow tax-\_\_\_\_\_.



**But remember the LORD your God, for it is he who gives you the ability to produce wealth.**

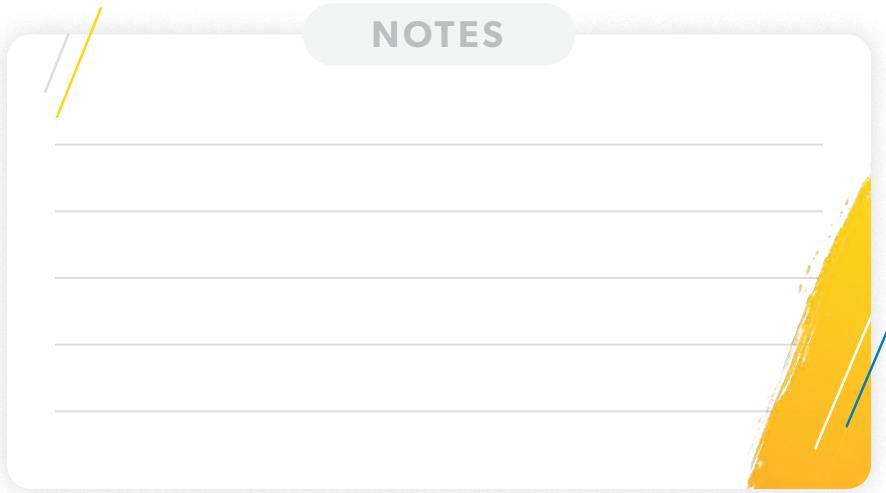
— DEUTERONOMY 8:18 (NIV)

---

**ANSWER KEY**

You  
15  
Deferred  
Free

**NOTES**



A white rectangular area representing a notebook page. It features a yellow double-lined border. On the left side, there are two slanted lines: a light gray one pointing up and a yellow one pointing down. On the right side, there is a large yellow triangle pointing upwards, with a blue line extending from its base. The page contains four horizontal lines for writing notes.

LESSON 7 //  
BUILDING WEALTH

\_\_\_\_\_ beats Roth. Roth beats traditional.

\_\_\_\_\_ funds allow investors to pool their money together to invest.

Your return comes when the \_\_\_\_\_ of the fund increases.

## A COUPLE IN THEIR 30s READY TO *Invest 15%*

### HERE'S THE SCENARIO:

\$60K Household Income	\$750 Per Month (\$9,000/Year)	30 YEARS From Age 35–65	11% Growth Rate
---------------------------	-----------------------------------	----------------------------	--------------------

	BEST	BETTER	GOOD
	ROTH 401(k) WITH MATCH	ROTH IRA	TRADITIONAL 401(k)
3% MATCH	\$421,000	\$0	\$0
CONTRIBUTION & GROWTH	\$2,103,000	\$2,103,000	\$2,103,000
TOTAL AT 65	<b>\$2,524,000</b>	<b>\$2,103,000</b>	<b>\$2,103,000</b>
TOTAL TAXES PAID	\$105,000	\$0	\$526,000
<b>TOTAL NET</b>	<b>\$2,419,000</b>	<b>\$2,103,000</b>	<b>\$1,577,000</b>

### ANSWER KEY

Match  
Mutual  
Value

HOW TO INVEST

# 15% OF YOUR INCOME

If your company offers a Roth 401(k) with a match and good mutual fund options:

- Invest the entire 15% in that plan.

If your company offers a traditional 401(k) with a match:

- Invest an amount equal to the match.
- Next, invest up to the limit in a Roth IRA.
- If you have a higher income and hit the Roth IRA limit before you've invested 15% of your income, go back to the 401(k) and finish your investing there.

NOTES



**LESSON 7 //****BUILDING WEALTH**

Diversification lowers \_\_\_\_\_.

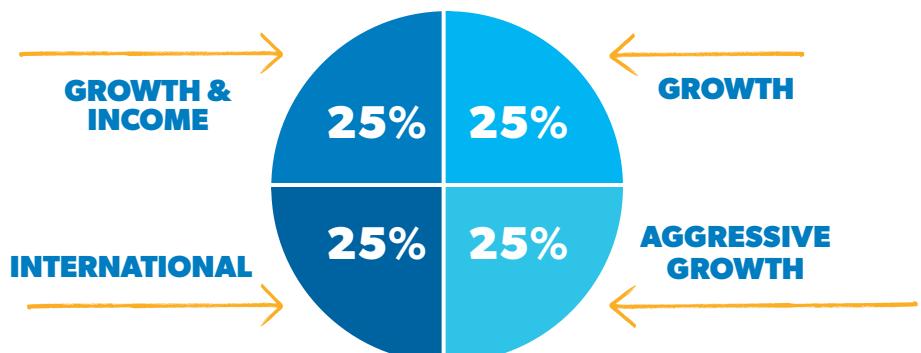
Diversify across \_\_\_\_\_ types of mutual funds: growth and income, growth, aggressive growth and international.



*Give portions to seven, yes to  
eight, for you do not know what  
disaster may come upon the land.*

— ECCLESIASTES 11:2 (NIV84)

## DIVERSIFY ACROSS *4 Types* OF MUTUAL FUNDS

**ANSWER KEY**

Risk  
Four

LESSON 7 //  
BUILDING WEALTH

Never \_\_\_\_\_ on your retirement plan.

Never \_\_\_\_\_ in something you don't understand.



**Lazy hands make for poverty, but  
diligent hands bring wealth.**

— PROVERBS 10:4 (NIV)



**ANSWER KEY**

Borrow  
Invest

# WHAT COULD YOUR MONEY Turn Into?

Your most powerful wealth-building tool is your income—until your investments start earning more than you do. That's why you want to get to **Baby Step 4** as fast as you can!

Take your current monthly gross income (what you make before taxes) and calculate how much you would invest if you were on Baby Step 4 right now.

## ON BABY STEP 4, I WOULD NEED TO INVEST:

$$\$ \quad \times \quad .15 = \quad \text{MONTHLY CONTRIBUTION}$$

MONTHLY GROSS INCOME      15%      MONTHLY CONTRIBUTION

Before the next lesson, you'll go to **Ramsey+** to see exactly what your monthly investment could look like in **20, 30 and 40 years** at an 11% rate of return!

For now, check out the table below to get ballpark numbers.

MONTHLY CONTRIBUTION	20 YEARS	30 YEARS	40 YEARS
\$700	\$605,946	\$1,963,163	\$6,020,088
\$800	\$692,510	\$2,243,615	\$6,880,101
\$900	\$779,074	\$2,524,068	\$7,740,116

### Respond to the following questions:



What comes to mind when you see what your monthly investment could turn into?



How do you feel knowing that if your income increases, you'll get to invest even *more* each month?

# DISCUSSION

Whether you're taking this class online or in person, be honest with your answers and remember to encourage one another!



Are you on track or off track to reach your retirement goals? How has this lesson helped you feel more confident in your future?



Which tax-advantaged plans are available to you today? What's the first step you're going to take to figure out where and how you need to invest?



Building wealth is the key to creating a legacy that will outlive you. What comes to mind when you think about the kind of legacy you want to leave?



After watching this lesson, do you believe that investing in mutual funds over a long period of time is the best way to build wealth?

# ACTION STEPS

It's time to live out what you just learned! Complete each of the Action Steps before the next lesson.

## **SEE WHAT YOUR INVESTMENT WILL BECOME**

In the Activity, you calculated 15% of your monthly gross income that will go into retirement savings. Ready to see what that number could become in 20, 30 and 40 years? Use **Ramsey+** to find out!

## **IF YOU'RE IN BABY STEPS 1–3 . . .**

Focus all your energy and extra money on saving an emergency fund or paying off debt—remember, you're not investing while you're gazelle intense! But if you have any retirement investments with a former employer, connect with a SmartVestor Pro in **Ramsey+** to learn how to do a rollover.

## **IF YOU'RE IN BABY STEPS 4–7 . . .**

You just learned the ins and outs of investing—you want to keep your risk low and your reward high! If you're in Baby Steps 4–7, go to **Ramsey+** to connect with a SmartVestor Pro in your area and start investing the right way.

## **TRACK YOUR TRANSACTIONS IN EVERYDOLLAR**

You know what to do. Get your budget up to date by tracking your transactions! This is also a great time to adjust any categories you need to.

## **READ “WHAT’S THE DEAL WITH CRYPTOCURRENCY?” ON THE NEXT PAGE**

Investing isn't one-size-fits-all, but there are definitely some things everyone should avoid as part of their strategy. Read on for a crash course on the latest trend: cryptocurrency.

# WHAT'S THE *Deal* WITH CRYPTOCURRENCY?

**IT'S ALL THE RAGE,** but that doesn't make cryptocurrency a good investment strategy. In fact, get-rich-quick schemes never are! Remember the story of the tortoise and the hare? When it comes to a solid wealth-building strategy, slow and

steady *always* wins the race. But what exactly is cryptocurrency, and how does it work? In this Deep Dive, we'll help you get a better understanding of crypto and take a look at three of the latest harebrained digital money schemes out there.

**Cryptocurrencies** are digital assets people use for investing and making online purchases. You exchange real currency, like dollars, to buy "coins" or "tokens" of a certain kind of cryptocurrency.

And they're decentralized, meaning no government or bank controls how they're made, exchanged or what their value is. So, they're super unstable. On any given day, their value may swing way up, only to come plunging back down. Plus, cryptocurrencies have an unproven rate of return (aka they lack data and credibility), making them a pretty lousy long-term investment plan.

## BITCOIN WHAT ?

Started in 2009, Bitcoin is now one of the most popular cryptocurrencies. Bitcoin users exchange their digital "coins" for goods and services or trade them for cash.

## RISKS !

Can you say "volatile"? Like gold, bitcoins are only worth what people are willing to pay or exchange for them. So, there's no basis for a bitcoin's value—it's completely unregulated! And the lack of a consistent pricing tool is one of the major reasons we see huge swings in a bitcoin's worth. Sure, it sounds great to have your money grow by 300% in a year, but how will you feel when the bottom drops out? And based on past performance and volatility, it most likely will.

Also, there's just too much mystery here. Transactions are anonymous and the creator has an alias with no known identity. (Is it a person? A company? No one knows.)

## DOGEICOIN WHAT ?

Dogecoin (pronounced "dohj-coin") is a kind of digital money that started



out in 2013 as a joke based off of a meme of a Shiba Inu dog. Oh, we're serious. You can't make this up.

## RISKS ▲

First of all, we're talking about investing your hard-earned money in something inspired by a dog meme . . . a dog meme.

Secondly, if Bitcoin is unreliable, Dogecoin is worse. It's unstable and unpredictable. At one point, Dogecoin hit \$0.4252, but by the next morning, it was down 22% at \$0.3248. So, a lot can change in one day—especially if investors decide to get out while the gettin's good. And yeah, Elon Musk said this was his favorite type of cryptocurrency, but he's got money to burn. Unless you do too, skip it.

## NFTs WHAT?

An NFT is basically a digital collector's item, and it stands for *non-fungible token*, which

is one of the weirdest terms we've ever heard. So, what's it mean? Well, a dollar bill is fungible—meaning a \$1 bill holds the same value as another \$1 bill. It's a one-for-one trade. But if something is non-fungible, it's unique all on its own—like a baseball card, Pokémon cards or a piece of artwork. Speaking of . . . NFT art is one of the most common ways to collect NFTs.

## RISKS ▲

NFT art is digital artwork that only exists in a digital world on the *blockchain* (which is like a digital ledger where ownership is recorded). So, even though anyone can copy anything on the internet a million times over, there's only one true digital owner of it (whatever *it* is), and the NFT proves that.

Here's the craziest part: Unlike Pokémon cards or a literal piece of art, NFTs don't exist in real life! They're all digital. So, even though you pay for something, all you get to show for it is your one-of-a-kind digital token called an NFT. But hey, you have digital ownership and bragging rights (but no copyrights) to some obscure artwork on the internet! Congratulations?

## IT COMES DOWN TO THIS:

If you're on Baby Step 4 and have 15% of your income invested in mutual funds with a history of strong performance *and* you want to spend some of your budgeted fun money playing with cryptocurrency—go for it. But the key word here is *playing* . . . or maybe *gambling*. Because you need to be ready and willing to lose it. Yes, some people have gotten rich with cryptocurrency. Just like some people have gotten rich at



the blackjack table. That doesn't mean you should risk your retirement and your future security on a gamble.

Long story short? Don't invest in crypto. These are high-risk gambles, not sound investment strategies.

Instead, connect with a **SmartVestor Pro in Ramsey+** and start investing the right way for the long haul—slow and steady.

“

The grass at your house  
feels **DIFFERENT** when  
you own it.

— DAVE RAMSEY

”

LESSON 8

# BUYING & SELLING YOUR HOME

## KEY POINTS

- ✓ A house is the largest financial investment you will ever make.
- ✓ Here's your home-buying plan: a 15-year fixed-rate mortgage with at least a 10% down payment and monthly payments that are no more than 25% of your take-home pay.
- ✓ When you pay off your home, you're 100% debt-free!

---

## LESSON 8 //

BUYING & SELLING  
YOUR HOME



GUIDE

Dave Ramsey

## BENEFITS OF HOMEOWNERSHIP

It's a steady \_\_\_\_\_ plan.

Your home grows virtually \_\_\_\_-\_\_\_\_.

*The National Study of Millionaires* reveals that one of the two most important milestones for the typical millionaire is that their home is paid off \_\_\_\_\_.

## SAVE YOUR DOWN PAYMENT

If you get a mortgage, get a \_\_\_\_-year fixed-rate loan.

## GET PREAPPROVED FOR A MORTGAGE

Your mortgage payments, including HOA fees, insurance and taxes, should be no more than \_\_\_\_% of your take-home pay.

\_\_\_\_\_ any of these mortgage options:

- Adjustable-rate mortgage (ARM)
- Interest-only mortgage
- Reverse mortgage
- Subprime mortgage
- Balloon mortgage
- United States Department of Agriculture/Rural Housing Service (USDA/RHS) mortgage
- Accelerated or biweekly payoff programs
- Any mortgage with a prepayment penalty

## ANSWER KEY

Growth  
Tax-free  
Early  
15  
25  
Avoid

**LESSON 8 //****BUYING & SELLING  
YOUR HOME**

Overall, a conventional loan is the \_\_\_\_\_ way to finance your home. These are typically Fannie Mae (FNMA) and are privately insured against default.

An FHA loan is backed by the Federal Housing Association and is often for first-time home buyers. It's insured by the U.S. Department of Housing and Urban Development (HUD) and is more expensive than a conventional loan.

A VA loan is backed by the Department of Veterans Affairs and allows veterans to buy a home with virtually no down payment. These loans have a high funding fee and are also more expensive than a conventional loan.

**FIND A REAL ESTATE AGENT**

Make sure you \_\_\_\_\_ at least three real estate agents.

**NOTES****ANSWER KEY**

Best  
Interview

---

## LESSON 8 //

### BUYING & SELLING YOUR HOME

## GO HOUSE HUNTING

Buy in the \_\_\_\_\_ price range of the neighborhood.

Homes appreciate in good neighborhoods and  
are \_\_\_\_\_ based on three things: location,  
location, location.

Buy bargains by overlooking things that can be \_\_\_\_\_,  
like bad landscaping and ugly carpet or wallpaper.

Always buy a home that is or can be attractive from the street  
and has a good \_\_\_\_\_ plan.



**As for me and my house,  
we will serve the Lord.**

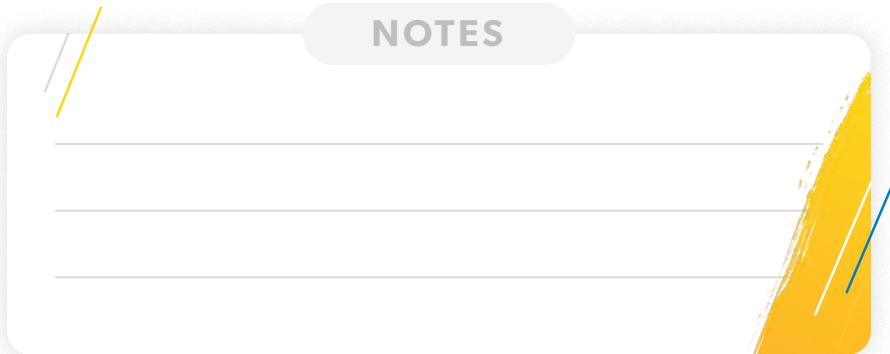
— JOSHUA 24:15 (ESV)

---

### ANSWER KEY

Bottom  
Priced  
Fixed  
Floor

### NOTES

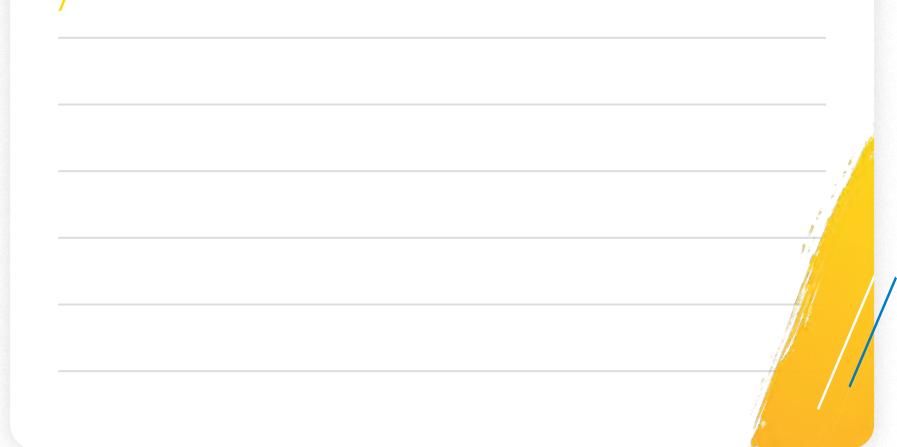


---

## LESSON 8 //

### BUYING & SELLING YOUR HOME

#### NOTES



## SUBMIT AN OFFER

You'll make an offer and make an earnest money deposit—this is 1–3% of the offer amount.

## MEET CONTINGENCIES UNDER CONTRACT

When you buy property that's not a subdivision lot, always get a \_\_\_\_\_ survey.

Always have a professional home \_\_\_\_\_.

\_\_\_\_\_ insurance insures you against an unclean title when your property ownership is called into question.

#### ANSWER KEY

Land  
Inspection  
Title

## CLOSE ON YOUR HOME

On average, you'll pay 3–4% of the purchase price of your home in closing fees.

---

**LESSON 8 //**  
BUYING & SELLING  
YOUR HOME

## SELLING YOUR HOME

Have your agent do a detailed comparative \_\_\_\_\_ analysis (CMA) to accurately price your home.

Think like a \_\_\_\_\_ and make over your home like a model home.

**“100% of foreclosures happen on homes with a mortgage.”**

— DAVE RAMSEY



One-Minute  
**TAKEAWAY**

### ANSWER KEY

Market  
Retailer

# HOME THE THE RIGHT WAY

Drew & Amy and Charles & Misty each put **20%** down on a **\$225,000** home at a **4%** annual interest rate.

\$225,000 HOME	DREW & AMY	CHARLES & MISTY
MORTGAGE (FIXED)	30-YEAR	15-YEAR
PAYMENT (MONTHLY)	\$859	\$1,331
TOTAL AFTER 30 YEARS	\$309,364	\$239,658 AFTER 15 YEARS

WHILE DREW & AMY PAY LESS IN THE SHORT TERM,  
HOW MUCH MORE DO THEY PAY OVERALL?

\$ \_\_\_\_\_

(Hint: \$309,364 - \$239,658)

Respond to the following questions:



Based on this example, would you rather be Drew & Amy or Charles & Misty? Why?



Charles & Misty will save more money than Drew & Amy, and they'll pay off their home 15 years sooner! How does this make you feel about your current or future mortgage situation?

# DISCUSSION

Whether you're taking the class online or in person, be honest with your answers and remember to encourage one another!



When you picture your dream home, what do you see? What parts of your home stand out, and why are they important to you?



Based on what you've learned from Dave, how do you know if you have too much house?



Based on your answer to the last question, do you need to make any adjustments to your housing situation? If so, what? Refinance? Downsize? Throw more money at your mortgage?



If you're a homeowner, think about life without a mortgage. What could you do with the extra money that's currently going toward payments? If you're renting, how do you feel about owning a home someday? How could you save up for one?

# ACTION STEPS

It's time to live out what you just learned! Complete each of the Action Steps before the next lesson.

## SEE HOW FAST YOU CAN PAY OFF A HOUSE

Whether or not you're currently a homeowner, head over to **Ramsey+** to discover how quickly you could pay off a home (maybe the one you're in right now!) in Baby Step 6 by making extra payments on your mortgage.

## IF YOU'RE IN BABY STEP 3B . . .

First, discover how much house you can afford in **Ramsey+**. Then, as you save more and more toward your down payment goal, track your progress in your membership. Finally, when you're ready to buy a home, connect with a local real estate agent who is RamseyTrusted.

## SCHEDULE A BUDGET COMMITTEE MEETING

You're coming up on your next budgeting cycle, so it's time for another Budget Committee Meeting. For your next budget, pay close attention to how much you're paying toward housing each month. Do you have too much house? And don't forget to track your transactions in **EveryDollar**.

## COMPLETE YOUR FINANCIAL SNAPSHOT

If you're in a class, fill out your second Financial Snapshot card (page 129) and turn it in to your coordinator at the start of Lesson 9. Then celebrate your progress!

## READ “PMI: NECESSARY OR NOT?” ON THE NEXT PAGE

This Deep Dive shares a little more about why you should avoid private mortgage insurance and how to get rid of it once and for all.

# PMI: NECESSARY *or Not?*

We're going to save you \$10,000 before this article ends. Ready?

You've worked the Baby Steps, done your research, and kept an eye on the housing market. You're ready to buy a home. If you can't put 100% down, you'll move through a mortgage approval process where you may encounter **private mortgage insurance (PMI)**.

Hold on a second. You might be asking yourself, *Was this on the list of the eight insurances I need to have?* We're glad you asked. The answer is no. And here's why.

## AT A GLANCE

**PMI = PRIVATE MORTGAGE INSURANCE**

**IF YOU PUT 20% DOWN, YOU AVOID IT**

**RATES RANGE FROM 0.5–1.5% OF HOME LOAN AMOUNTS**



## WHAT IS PMI?

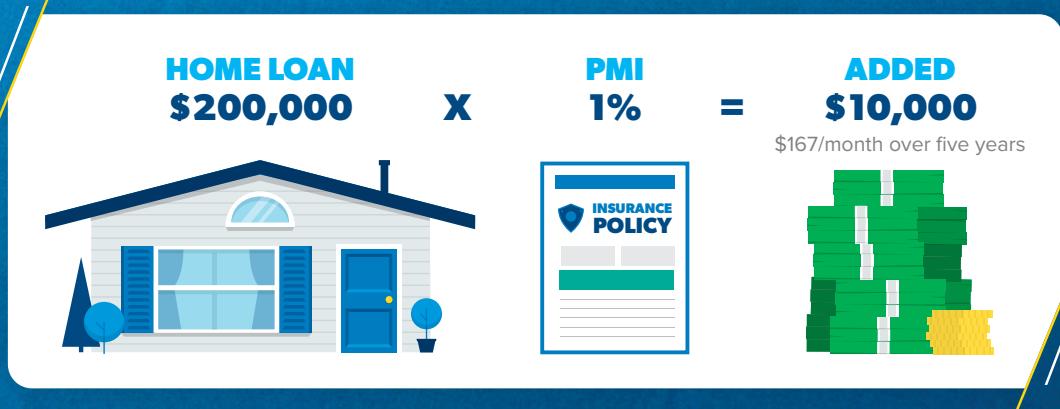
PMI protects the lender. You're about to borrow a lot of money, and your lender wants to make sure they get their money back if you can't make the payments and end up in foreclosure. Every year, there are between 500,000 and 1.5 million home foreclosures, so you can understand why lenders want insurance. **PMI protects their investment.**

But here's the catch: You're the one who will be paying the insurance premiums—not them.

## HOW MUCH DOES PMI COST?

PMI rates can range anywhere from 0.5–1.5% or more of your loan amount. For this example, let's use a 1% PMI rate and a \$200,000 home loan amount.

At 1%, your PMI would be \$2,000 per year—that's an extra \$166.67 per month added to your mortgage payment. After five years, PMI has added **\$10,000** to the cost of your home. (There's that \$10,000 you can save yourself.)



## HOW CAN I AVOID PMI?

The easiest way to avoid PMI is to put at least **20% down** on your home. That completely eliminates PMI. If you *don't* put 20% down, PMI will be added to your loan automatically! You won't be able to get rid of it until you've paid down your loan enough to have 20–25% equity in your home. Basically, your loan-to-value amount has to be less than 80%.

## HAVE A PLAN AND USE A PROFESSIONAL

If you're going to buy a home and get a mortgage, stick to this plan: Find a real estate agent you trust and get a 15-year fixed-rate mortgage with at least 10% down (though 20% is best), and make sure the total payments (including PMI) are no more than 25% of your take-home pay.

*Let us help!*

**Ready to find a real estate agent you trust?**

Go to **Ramsey+** to find a real estate agent who is RamseyTrusted. They'll help walk you through the home-buying process.

**“When you **LIVE** like no one else, later you can live and  
**GIVE** like no one else.**

— DAVE RAMSEY

LESSON 9

# OUTRAGEOUS GENEROSITY

## KEY POINTS

- ✓ If we all became outrageously generous, we could completely change the landscape of America.
- ✓ God is a giver, and because we're made in His image, we are designed to be generous!
- ✓ God owns it all. We are just managers of His money.

---

## LESSON 9 //

OUTRAGEOUS  
GENEROSITY



GUIDE

Dave Ramsey

## TRUE FINANCIAL PEACE

The \_\_\_\_\_ in financial peace comes from  
outrageous generosity.

**“You cannot *shake hands*  
with a clenched fist.”**

— INDIRA GANDHI

## GIVING CHANGES YOU

We are happiest and most fulfilled when serving  
and \_\_\_\_\_.



**A generous person will  
*prosper; whoever refreshes*  
others will be *refreshed*.**

— PROVERBS 11:25 (NIV)

---

• • •

---

## GENEROSITY COULD CHANGE AMERICA

If “we the people” increased our giving a \_\_\_\_\_ percentage  
points, we could do things like eradicate domestic hunger,  
fund adoption from foster care, and build hospitals.

### ANSWER KEY

Peace  
Giving  
Few

---

## LESSON 9 //

OUTRAGEOUS  
GENEROSITY

## WHY GOD TELLS US TO GIVE

The more generous you become, the more you're becoming who God \_\_\_\_\_ you to be.



You shall truly *tithe* all the increase of your grain that the field produces *year by year*.

— DEUTERONOMY 14:22 (NKJV)

---

• • •

---

### NOTES

### ANSWER KEY

Made

---

## LESSON 9 //

OUTRAGEOUS  
GENEROSITY

## TITHES AND OFFERINGS

The tithe is a \_\_\_\_\_ of your increase.

The Bible says to give your tithe off the \_\_\_\_\_ (firstfruits).

The tithe goes to your local \_\_\_\_\_.

Offerings are above the tithe and are freely given from \_\_\_\_\_.

## OWNERS AND MANAGERS

God owns it all. We are just asset \_\_\_\_\_ for the Lord.

---

The *earth* is the LORD's, and the *fulness* thereof.

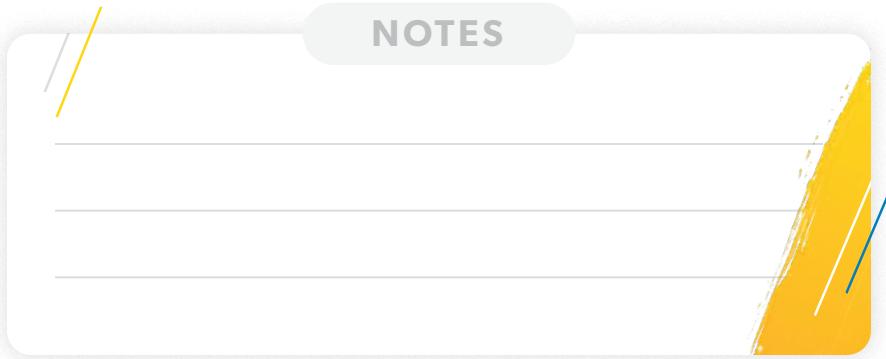
— PSALM 24:1 (KJV)

---

### ANSWER KEY

Tenth  
Top  
Church  
Surplus  
Managers

### NOTES



---

## LESSON 9 //

OUTRAGEOUS  
GENEROSITY

### DEBT FREEDOM

The Bible calls sin “debt,” but Jesus already paid that debt.

The only thing you have to do to become debt-free is accept the gift.



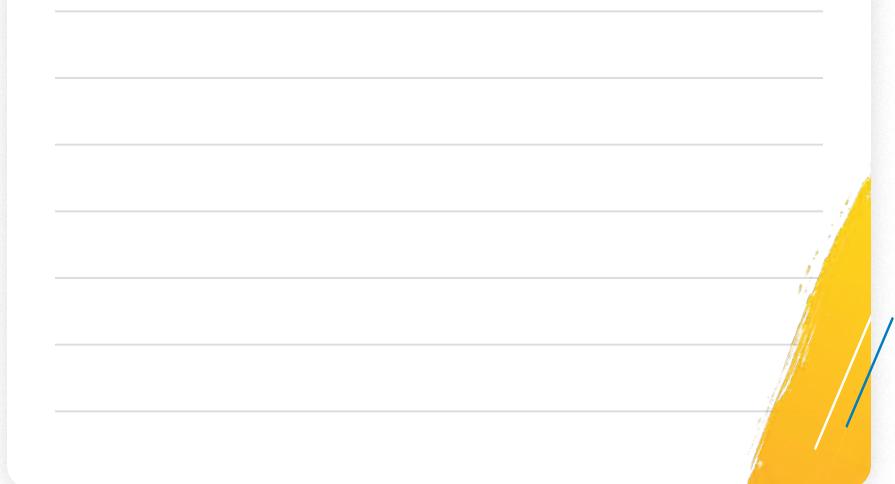
**For God so *loved* the world that He  
gave His only begotten Son, that  
whoever *believes* in Him should not  
perish but have *everlasting life.***

— JOHN 3:16 (NKJV)

---

• • •

---



# Give to look more LIKE GOD

Giving changes you. We're not trying to be mushy or corny—it's a fact. You see, God is the ultimate giver. And when we give, we start to look more like Him.

**1 Chronicles 29:14 (NIV) says, “Everything comes from you, and we have given you only what comes from your hand.”**

Everything we have comes from God. He owns it all! When He asks us to give, it's not because He needs our money. **His goal is not to reshape economics. His goal is to reshape our hearts.**

When you give your money, your time and your talents to help and love other people, it doesn't change them as much as it changes you! And God's all about changing you. That's what this whole journey toward financial peace is about—changing you.

Remember, the *peace* in financial peace comes from outrageous generosity!

## YOU SHOULD *always* BE A GIVER



In Baby Steps 1–3, you might only be giving a tithe to your local church.



In Baby Steps 4–6, you may have a little room in your budget to start giving offerings.



By the time you hit Baby Step 7, you're giving from your surplus with outrageous generosity!

# WAYS YOU CAN START GIVING

Jot down ideas about how you can start giving your money, time and talents today—no matter which Baby Step you're on!



## MONEY

Budget a tithe (10% of your income off the top) to your local church.

Give a 100% (or more!) tip at a restaurant.

---

---

---



## TIME

Volunteer to mentor a child in your community.

Sign up to serve at a local nonprofit or ministry you're passionate about.

---

---

---



## TALENTS

Lend your skills and volunteer to help build a home.

Put your mechanical talents to work and help fix your neighbor's car.

---

---

---

# DISCUSSION

Whether you're taking this class online or in person, be honest with your answers and remember to encourage one another!



Remember, no matter where you are in the Baby Steps, giving should be the priority in your budget! How has this lesson helped you better understand the reason this is so important?



Giving is the most fun you can have with money! How have you had fun with giving in the past? What's one way you want to be outrageously generous in the future?



What keeps you from giving as much as you'd like to give? How does this lesson help you work through that hang-up?



Whether you have a little or a lot, God owns it all! How does His ownership of everything affect the way you think about what He's given you to manage?

# ACTION STEPS

It's time to live out what you just learned! Complete each of the Action Steps below.

## GRATITUDE LEADS YOU TO CONTENTMENT

Whether you're on Baby Step 1 or 7, God has given you something to manage. Instead of chasing what's next, stop to practice **contentment** and thank God for what He's given you. In the space below, write three things you're thankful for!

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## LOOK BACK AND THEN CHARGE AHEAD

No matter where you are in the Baby Steps, your life should already look different than it did before you started. In the space below, list the top three things you've learned and then list your *why*—**the reason you refuse to quit**. This is why you won't give up when things get tough and why you'll live like no one else so later you can live and give like no one else.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

I will NOT give up, because \_\_\_\_\_  
\_\_\_\_\_

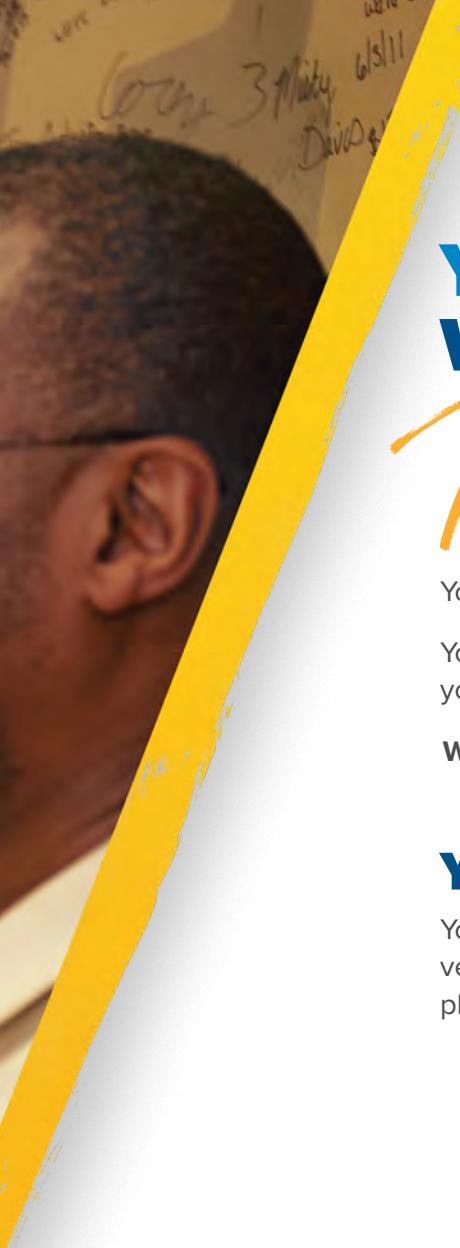
## STAY PLUGGED IN TO YOUR RAMSEY+ MEMBERSHIP

Want to stay on track with your goals? Every week, track transactions in **EveryDollar**, use the other tools available to you, watch videos, connect with a coach, and more!

THIS IS  
JUST  
THE

*Beginning*





## YOUR STORY BEGAN WITH ONE DECISION—

# To Change

You already took the most difficult step in your journey—the first one.

You've made it to where you are right now, and you *can* get to where you want to go next! And we're here to help.

**With Ramsey+, you'll build the habits you need to win with money.**

## YOUR RAMSEY+ MEMBERSHIP

You have full access to exclusive courses and tools, the premium version of EveryDollar, financial coaches, custom recommendations, plus benefits like free livestreams, audiobooks and more!

Attacking debt on Baby Step 2? Complete your **debt snowball** and track your payoff progress.

Need to talk through an obstacle you're facing? Reach out to one of our **financial coaches**.

Ready to take your budget to the next level? Connect your bank to EveryDollar and watch the **Budgeting That Actually Works** course.

Want a refresher on mutual funds? Rewatch a lesson and find a **SmartVestor Pro** to start investing in Baby Step 4.

When you work the plan, the plan works for you!

Go use everything available to you in your **Ramsey+ membership**, and keep your momentum moving forward.

*You got this.*

# STAY MOTIVATED ON *Your Journey*

Build wealth, strengthen your relationships, and reach your goals with more from our Ramsey Team.



## SHOWS

Subscribe to the Ramsey Network and follow our shows on radio, podcast and YouTube.  
[ramseysolutions.com/shows](http://ramseysolutions.com/shows)



## EVENTS

Hear from our Ramsey Team in person! Reserve your seat at one of our upcoming live events.  
[ramseysolutions.com/events](http://ramseysolutions.com/events)



## BOOKS

Dive deeper with one (or all) of our bestselling books about money, mental health and work that matters.  
[ramseysolutions.com/store/books](http://ramseysolutions.com/store/books)



# *Change lives* AS A **FINANCIAL PEACE UNIVERSITY COORDINATOR**

The two biggest reasons people become *Financial Peace University* coordinators are to stay motivated on their plan and to help others win with money! When you lead a *Financial Peace University* class, you get the opportunity to help others who are exactly where you started—people who are stressed, overwhelmed and ready to make a change.

And you don't need to be out of debt or have any special training to lead a class. If you want to share *Financial Peace University* with others, then you're the perfect person to become a coordinator!

**In fact, we make it easy to lead a class on your schedule.**



## **YOU PICK THE TIME**

Classes meet once a week for each lesson—at a time that works best for you.



## **YOU PICK THE DATE**

Classes meet year-round. We'll help you set a date that's convenient for your schedule.



## **YOU PICK THE PLACE**

Your class can meet at a church, local community center or at your home.

*Spread hope!*

Visit [ramsey.link/leadfpu](http://ramsey.link/leadfpu) to connect with someone from our team about starting and leading a class.

Spread hope to people right in your community and change lives as a *Financial Peace University* coordinator.

# BUDGET FORMS & KEY TERMS

(More fun stuff!)

This image shows a vertical financial planning sheet with a yellow-to-blue gradient background. The sheet is organized into several sections:

- vitamins**: A section with three empty boxes.
- Doctor Visits**: A section with three empty boxes, one of which contains the value **\$5**.
- INSURANCE**: A section with five categories: Health Insurance, Life Insurance, Auto Insurance, Homeowner/Renter, and Identity Theft. Each category has an associated box labeled "When" and "Plann". The values are \$8, \$11, \$8, and \$11 respectively.
- DEBT**: A section with seven categories: Car Payment, Credit Card 1, Credit Card 2, Credit Card 3, Student Loan, Medical Bill, and Personal Loan. Each category has an associated box labeled "When" and "Plann". The values are \$31, \$15, \$41, \$41, \$41, and \$41.
- TRANSPORTATION**: A section with four categories: Maintenance, Fuel, Food, and Other. Each category has an associated box labeled "When" and "Plann". The values are \$20, \$45, \$50, and \$50.
- Remaining**: A section with three empty boxes.

At the bottom left, there is a section for **Pay Period Dates** with a box containing **7/1**. On the right side, there is a large blue area with a yellow-to-blue gradient border.

## **BUDGETING FORMS**

Building new budgeting habits is a lot easier with the right tools. That's why we created **EveryDollar**—so you can easily make a plan for your money every month.

If you need a little extra guidance for budgeting weekly or budgeting for irregular income, the following forms will help you out! Read through the step-by-step instructions on these example forms, then go to **Ramsey+** to print out blank versions of these forms to fill out yourself.

Hey, Nerds!

If you love pen-and-paper planning, you can find more forms—including extra budgeting forms—in **Ramsey+**.

# How to Set Up Your Quick-Start Budget

Getting everything on paper first is super helpful. Then, we suggest downloading EveryDollar to help you keep up with your budget all month.

**Pro tip:** Before you start, open up your online bank account or grab your bank statements to help as you start filling out these numbers.

## 1 List your income.

In the Planned column for income, list out each paycheck (and any side hustles) coming in this month. Add that up. This is how much money you have to work with this month!

INCOME	PLANNED
Paycheck 1	\$2,150
Paycheck 2	\$2,150
<b>TOTAL</b>	<b>\$4,300</b>

## 2 List your expenses.

Plan for everything you're spending money on this month.

You'll see lots of common budget categories and lines. Skip any you don't need. As you go, add the planned amounts inside each box.

HOUSING	PLANNED
Rent/Mortgage	
HOA Fees	
<b>TOTAL</b>	
FOOD	PLANNED
Groceries	\$600
Restaurants	\$50
<b>TOTAL</b>	<b>\$650</b>
TRANSPORTATION/GAS	PLANNED
<b>TOTAL</b>	<b>\$430</b>

## 3 Subtract your expenses from your income.

This should equal zero. If you've got money left over, put it toward your debt or other money goals. If you've got a negative number, lower your planned totals or cut extras until you get zero.

## 4 Track your expenses (all month long).

How do you stay on top of your spending? Track. Your. Transactions. That means you're tracking everything that happens with your money all month long.

## 5 Make a new budget (before the month begins).

Your budget won't change too much from month to month, but no two months are exactly the same. So, create a new budget every single month! Don't forget month-specific expenses (like holidays or seasonal purchases).

# Quick-Start Budget

## INCOME

Paycheck 1

PLANNED

Paycheck 2

\$

**TOTAL**

\$

## GIVING

PLANNED

**TOTAL**

\$

## SAVING

PLANNED

**TOTAL**

\$

## FOOD

PLANNED

Groceries

\$

Restaurants

\$

**TOTAL**

\$

## UTILITIES

PLANNED

Water

\$

Electricity

\$

**TOTAL**

\$

## HOUSING

PLANNED

Rent/Mortgage

\$

HOA Fees

\$

**TOTAL**

\$

## TRANSPORTATION/GAS

PLANNED

**TOTAL**

\$

## INSURANCE

PLANNED

Health

\$

Auto

\$

Renters

\$

Term Life

\$

**TOTAL**

\$

## DEBT

PLANNED

Credit Cards

\$

Student Loans

\$

Car Payments

\$

Medical

\$

**TOTAL**

\$

## FUN MONEY

PLANNED

**TOTAL**

\$

## MISCELLANEOUS

PLANNED

**TOTAL**

\$

## TOTAL INCOME

\$

## TOTAL EXPENSES

\$

### Your Goal Every Month:

Total Income - Total Expenses = \$0

Need a blank form?

Download EveryDollar, plug in your numbers, and make budgeting way easier month to month.



## DIRECTIONS FOR

# Allocated Spending

# Planning

If you want to budget based on your pay period rather than the month, this form is for you! The four columns on this form represent the four weeks in a given month. If you're married, combine both of your incomes and then follow the steps below to allocate your spending.

### 1 Fill out your pay period dates and list your income.

Your **pay period dates** are how long you go between paychecks. (For example, if you get paid on the 1st and 15th, your pay periods for July would be 7/1 to 7/14 and 7/15 to 7/29.)

Pay Period Dates

7/1 TO 7/14

Pay Period Income

\$2,500

Your **pay period income** is how much you make during that time. (So, if you take home \$5,000 a month, but half of that each pay period, your pay period income is \$2,500.)

### 2 List your expenses—thinking about due dates as you go.

Use your online bank account or copies of your bills to list your expenses in the Planned columns based on when they're due.

Start with essentials, then extras. As you go, keep a running total of how much of your income is left in the Remaining column.

This is the trickiest step. Make sure you're covering the bills that are due during each pay period and dividing up other expenses, like groceries and gasoline, across pay periods.

#### HOUSING

Planned Remaining

Mortgage/Rent

\$1,000 \$1,250

Water

\$50 \$1,200

### 3 Plan for each category on the list until you hit zero.

Plan for each category on the list until the Remaining column hits **zero**. When that happens, you're done budgeting for that pay period!

### 4 Track your expenses (all month long).

If you've planned for every category and still have money left over in the Remaining column, **go back and adjust an area**, such as savings or giving, so that you spend every single dollar. **Every dollar needs a job to do!**

### 5 Make a new budget (before the month begins).

And don't forget month-specific expenses (like holidays or seasonal purchases).

Pro tip: Keep an extra \$100-300 in your checking account as a buffer.

# Allocated Spending

Pay Period Dates

7/1 TO 7/14

7/15 TO 7/29

TO

TO

Pay Period Income

\$2,500

\$2,500

## ♥ GIVING

Income - Church = Remaining Income to budget this pay period

Planned Remaining

Planned Remaining

Planned Remaining

Planned Remaining

Church

\$250

\$2,250

\$250

\$2,250

Charity

Subtract the next Planned amount to get your next Remaining balance.

## wallet SAVINGS

Planned Remaining

Planned Remaining

Planned Remaining

Planned Remaining

Emergency Fund

## house HOUSING

Mortgage/Rent

Planned Remaining

\$1,000

\$1,250

Planned Remaining

Planned Remaining

Planned Remaining

Water

Planned Remaining

\$50

\$1,200

Planned Remaining

Planned Remaining

Planned Remaining

Natural Gas

Planned Remaining

Planned Remaining

\$35

\$2,215

Planned Remaining

Planned Remaining

Electricity

Planned Remaining

Planned Remaining

\$100

\$2,115

Planned Remaining

Planned Remaining

Cable/Internet

Planned Remaining

Planned Remaining

\$40

\$2,075

Planned Remaining

Planned Remaining

Trash

Planned Remaining

Planned Remaining

Planned Remaining

Planned Remaining

Need a blank form?

We've provided an example form on the next couple pages to help! **To get a blank form, use the QR code.**



update QR CODE and the pdf that it points to.

Pay Period Dates

7/1 TO 7/14

7/15 TO 7/29

TO

TO

**TRANSPORTATION**

	Planned	Remaining	Planned	Remaining	Planned	Remaining	Planned	Remaining
Gas	\$100	\$1,100	\$100	\$1,975				
Maintenance								

**FOOD**

	Planned	Remaining	Planned	Remaining	Planned	Remaining	Planned	Remaining
Groceries	\$320	\$780	\$320	\$1,655				
Restaurants								

**PERSONAL**

	Planned	Remaining	Planned	Remaining	Planned	Remaining	Planned	Remaining
Clothing			\$100	\$1,555				
Phone			\$150	\$1,405				
Fun Money	\$30	\$750	\$40	\$1,365				
Hair/Cosmetics	\$60	\$690						
Subscriptions			\$10	\$1,355				

**LIFESTYLE**

	Planned	Remaining	Planned	Remaining	Planned	Remaining	Planned	Remaining
Pet Care			\$40	\$1,315				
Childcare								
Entertainment								
Miscellaneous	\$50	\$640	\$150	\$1,165				

Pay Period Dates

7/1 TO 7/14

7/15 TO 7/29

TO

TO

**HEALTH**

Gym

Planned

Remaining

Planned

Remaining

Planned

Remaining

Planned

Remaining

Medicine/Vitamins

Doctor Visits

\$50

\$590

\$50

\$1,115

**INSURANCE**

Health Insurance

Planned

Remaining

Planned

Remaining

Planned

Remaining

Planned

Remaining

Life Insurance

\$400

\$715

Auto Insurance

\$90

\$500

Homeowners/Renters

\$20

\$480

Identity Theft

**DEBT**

When Remaining equals zero, you're done budgeting for this pay period!

Car Payment

Planned

Remaining

Planned

Remaining

Planned

Remaining

Planned

Remaining

\$480

\$0

Credit Card 1

\$150

\$525

Credit Card 2

\$60

\$465

Credit Card 3

Student Loan

\$400

\$65

Medical Bill

\$65

\$0

Personal Loan

# Irregular Income Budget Planning

If you've got an irregular income, plan low. What's the lowest irregular paycheck you've gotten in the last few months?

\$ \_\_\_\_\_

Use that when planning your income. You can adjust later if you make more or less! Also, always cover needs before the extras.

You. Got. This.

## 1 List your planned income.

In the Planned column for income, list out each paycheck coming in this month. For the irregular paychecks, go with that lowest amount you wrote above.

INCOME	PLANNED
Paycheck 1	\$2,150
Paycheck 2	\$2,150
<b>TOTAL</b>	<b>\$4,300</b>

## 2 List your planned expenses.

Use your online bank account or statements to plan what you're paying for this month.

You'll see lots of common budget categories and lines. Fill in only the ones you use, or rename lines if needed.

Note: You might have to skip some extras (or plan low) for now. If you make more than planned, see step 5.

### HOUSING

PLANNED
Rent/Mortgage \$1,075
HOA Fees \$50

### TOT FOOD

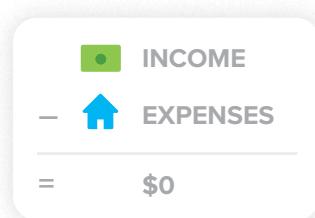
PLANNED
Groceries \$600
Restaurants \$50

### TRANSPORTATION/GAS

PLANNED
<b>TOTAL</b> \$430

### 3 Subtract expenses from your income.

This should equal zero. If you've got money left over, put it toward your debt or other money goals. If you've got a negative number, lower your planned totals or cut extras until you get zero.



### 4 Track your expenses (all month long).

Track (and subtract) every expense you make in the Spent column so you don't overspend.

### 5 Make adjustments on payday.

When your paychecks come in, put the amount under the Actual column.

If you made more than planned, go to the Adjustments column and add that money to lines you skipped or planned low. If you make less than planned, subtract money from a nonessential line.

The image displays two budget adjustment tables. The top table is for Income, showing two entries: Paycheck 1 at \$2,150 and Paycheck 2 at \$2,150, with an adjustment of -\$50 written next to the second entry. The bottom table is for Food, showing three entries: Groceries at \$600 with an adjustment of -\$50, Restaurants at \$50 with an adjustment of \$, and a Total of \$650 with an adjustment of \$600. A yellow arrow points from the adjustment value in the Income table to the adjustment column in the Food table.

	INCOME	PLANNED	ADJUSTMENTS ±
Paycheck 1	\$2,150		\$
Paycheck 2	\$2,150		-\$50

	FOOD	PLANNED	ADJUSTMENTS ±
Groceries	\$600		-\$50
Restaurants	\$50		\$
<b>TOTAL</b>	<b>\$650</b>		<b>\$600</b>

### 6 Make a new budget (before the month begins).

And don't forget month-specific expenses (like holidays or seasonal purchases).

# Irregular Income Budget

## INCOME

	PLANNED	ADJUSTMENTS ±	ACTUAL
Paycheck 1	\$	\$	\$
Paycheck 2	\$	\$	\$
Paycheck 3	\$	\$	\$
Paycheck 4	\$	\$	\$
<b>TOTAL</b>	\$	\$	\$

## GIVING

	PLANNED	ADJUSTMENTS ±	SPENT
<b>TOTAL</b>	\$	\$	\$

## SAVING

	PLANNED	ADJUSTMENTS ±	SPENT
<b>TOTAL</b>	\$	\$	\$

## FOOD

	PLANNED	ADJUSTMENTS ±	SPENT
Groceries	\$	\$	\$
Restaurants	\$	\$	\$
<b>TOTAL</b>	\$	\$	\$

## UTILITIES

	PLANNED	ADJUSTMENTS ±	SPENT
Water	\$	\$	\$
Electricity	\$	\$	\$
<b>TOTAL</b>	\$	\$	\$

## HOUSING

	PLANNED	ADJUSTMENTS ±	SPENT
Rent/Mortgage	\$	\$	\$
HOA Fees	\$	\$	\$
<b>TOTAL</b>	\$	\$	\$

TRANSPORTATION/GAS	PLANNED	ADJUSTMENTS ±	SPENT
TOTAL	\$	\$	\$

INSURANCE	PLANNED	ADJUSTMENTS ±	SPENT
Health	\$	\$	\$
Auto	\$	\$	\$
Homeowners/Renters	\$	\$	\$
Term Life	\$	\$	\$
TOTAL	\$	\$	\$

DEBT	PLANNED	ADJUSTMENTS ±	SPENT
Credit Cards	\$	\$	\$
Student Loans	\$	\$	\$
Car Payments	\$	\$	\$
Medical	\$	\$	\$
TOTAL	\$	\$	\$

FUN MONEY	PLANNED	ADJUSTMENTS ±	SPENT
TOTAL	\$	\$	\$

MISCELLANEOUS	PLANNED	ADJUSTMENTS ±	SPENT
TOTAL	\$	\$	\$

*What's Next?*

Download EveryDollar, plug in your numbers, and make budgeting way easier month to month.



**TOTAL INCOME:**

\$

**TOTAL EXPENSES:**

\$

**Your Goal Every Month:**

Total Income - Total Expenses = \$0

# Key Terms

Money shouldn't be complicated. **We make it simple.** Here's a breakdown of the words and phrases used in the last nine lessons in a way that's easy to understand.

## SAVING & BUDGETING

**Baby Steps:** Dave Ramsey's proven seven-step path for winning with money.

**Budget:** A monthly plan, either on paper or digital, that puts every dollar you make into a specific category.

**Four Walls:** The most basic expenses you need to cover to keep your family going: your food, your utilities, your shelter and your transportation.

**Money Market Mutual Fund:** Basically, a savings account you can open with a mutual fund company instead of a bank; it usually earns a little more interest than a bank savings account thanks to short-term mutual fund investments.

**Sinking Fund:** Setting aside money over time so you can buy something with cash—for example, saving \$400 a month for 10 months to buy a \$4,000 car.

**Zero-Based Budget:** A monthly budget that puts every dollar you earn into specific categories—so when your income is subtracted from your expenses, you come up with zero.

## DEBT

**Annual Percentage Rate (APR):** The amount that borrowed money costs you each year; the APR includes your interest rate and other related fees you have to pay on a loan.

**Debt Snowball:** A list of all debts (except your house) from smallest to largest. You'll make minimum payments on all of them while you attack the smallest debt with a vengeance. Once that debt is gone, take that payment and apply it to the second-smallest debt. Keep this going until you've paid off the last, largest debt.

**FICO Score:** A number used to evaluate your “credit worthiness”; it’s really an “I love debt” score that’s based on your debt history, how much debt you currently have, how long you’ve been in debt, new debt, and the kind of debt you have.

**Interest Rate:** An extra percentage you pay to a lender for money you borrow.

**Introductory Rate:** A marketing tool that offers a lower-than-normal interest rate during the early stages of a loan; it’s a rate designed to attract new customers, and it almost always goes up over time.

**Navient:** A student loan service that split off from Sallie Mae in 2013.

**Sallie Mae:** Originally a government program known as the Student Loan Marketing Association (SLMA), it's still the largest private student loan lender in the country.

## SPENDING

**Brand Recognition:** A marketing term that measures just how aware customers are of particular brands.

**Buyer's Remorse:** Feeling of doubt or regret about a purchase soon after making it.

**Financing:** Using debt to buy something; it can also refer to the attractive terms and conditions companies use to market what they want you to buy with debt.

**Impulse Purchase:** Buying something without thinking about the bigger picture.

## INSURANCE

**Cash Value Life Insurance:** Basically, a permanent life insurance policy (as opposed to a term policy) that charges high premiums and puts money in a savings account with low return rates; also referred to as whole life, universal life and variable life. Never buy this kind of life insurance.

**Claim:** The paperwork you send to an insurance company when you want them to cover a loss.

**Coverage:** The amount of protection you get from an insurance company when you suffer a loss.

**Deductible:** The money you pay out of pocket before insurance benefits kick in.

**Health Savings Account (HSA):** A tax-free savings account that sets aside money for medical expenses.

**Liability:** The amount of your financial obligation when you're found at fault in an accident.

**Policy:** In insurance, a contract that explains what is covered and what is not.

**Premium:** The regular payment you make to an insurance company to ensure coverage; it can be a monthly, quarterly or annual payment.

**Stop Loss:** For insurance, the maximum amount of out-of-pocket expenses you pay each year.

**Term Life Insurance:** Life insurance that remains in force for a certain period (a term); if someone depends on your income, you need term life insurance.

## **INVESTING**

**401(k):** A retirement savings plan through a business where employees set aside tax-deferred income from each paycheck.

**401(k) Match:** A company benefit where an employer “matches” a percentage of what an employee sets aside for retirement.

**403(b):** A tax-favored retirement plan for public school and nonprofit employees.

**Compound Interest:** Interest that gets paid on both the money you put in (your principal) and on the interest you’ve already earned.

**Direct Transfer:** Moving the money from one tax-deferred retirement plan into another approved plan; because none of the money goes to you, there are no immediate tax liabilities or penalties. Also known as a *rollover*. Often used when moving from one company to another.

**Diversification:** Spreading money across different kinds of investments to minimize risk.

**Individual Retirement Arrangement (IRA):** A tax-deferred plan where workers can save some of their income for retirement; as the plan’s value grows, the money isn’t taxed until it’s taken out.

**Liquidity:** A measure of how easy it is to get to your money from an account; the easier the access, the more liquid it is.

**Mutual Fund:** An investing tool where a group of people combine their money to create a fund of several different stocks.

**Risk:** The level of uncertainty about the potential returns on an investment.

**Rollover:** See Direct Transfer.

**Roth 401(k):** An employer-sponsored retirement plan funded with after-tax money; since taxes have already been paid, the account grows tax-free.

**Roth IRA:** A personal retirement account that grows tax-free because it’s funded with after-tax dollars.

**Share:** How much an individual investor owns in a publicly traded company.

## **MORTGAGE**

**Adjustable-Rate Mortgage (ARM):** A mortgage where the interest rate changes—usually going up—periodically; this allows banks to transfer risk to consumers through higher interest rates.

**Comparative Market Analysis (CMA):** The estimated value of property based on what similar properties in the area have sold for.

**Curb Appeal:** How nice a house looks to someone passing by.

**Equity:** How much of your property you own compared to how much you still owe on it; usually seen in terms of how much of a mortgage amount you've actually paid.

**Fannie Mae (FNMA):** The Federal National Mortgage Association; a privately owned company that deals in mortgages.

**Fixed Rate:** An interest rate that never changes over time; considered a much better option than an adjustable rate.

**Inflation Hedge:** An asset that increases in value over time and counters a rising inflation rate.

**Mortgage:** A loan arrangement made for buying real estate; the property serves as collateral for the loan.

**Multiple Listing Service (MLS):** A computer program used by real estate agents to search updated property listings.

**Principal:** For investments, the original amount of money put in the investment; for loans, the actual payoff amount of a loan, not including interest or other fees.

**Private Mortgage Insurance (PMI):** Insurance that protects a lender from a borrower who defaults on a mortgage; usually required when the borrower has paid less than 20% of the mortgage value.

## GIVING

**Firstfruits:** The first produce gathered during a harvest, typically given as an offering to God in the Bible.

**Great Misunderstanding:** The mistaken belief that you get more by holding tightly to what you have instead of keeping an open hand.

**Offering:** A gift given above and beyond the tithe; freewill gifts given without a sense of obligation or expectation.

**Stewardship:** The act of managing the resources God has given each of us for His glory.

**Tithe:** A gift of the first 10% of one's income given to the local church.

“  
There is ultimately only one  
**way to *FINANCIAL PEACE*,**  
and that is to **walk daily**  
**with the *PRINCE OF PEACE*,**  
**CHRIST JESUS.**

”

— DAVE RAMSEY

© 2022 Lampo Licensing, LLC. 1011 Reams Fleming Blvd., Franklin, TN 37064

All rights reserved. No portion of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—electronic, mechanical, photocopy, recording, scanning, or other—except for brief quotations in critical reviews or articles, without the prior written permission of the publisher.

This publication is designed to provide accurate and authoritative information with regard to the subject matter covered. It is sold with the understanding that the publisher is not engaged in rendering legal, accounting or other professional advice. If legal advice or other expert professional assistance is required, the services of a competent professional person should be sought.

From a Declaration of Principles jointly adopted by a Committee of the American Bar Association and a Committee of Publishers and Associations

Scripture quotations marked (ESV) are taken from the ESV® Bible (*The Holy Bible, English Standard Version®*). Copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

Scripture quotations marked (KJV) are taken from the King James Version of the Bible.

Scripture quotations marked (NIV) are taken from The Holy Bible, New International Version®, NIV®. Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.™ Used by permission of Zondervan. All rights reserved worldwide, www.zondervan.com. The “NIV” and “New International Version” are trademarks registered in the United States Patent and Trademark Office by Biblica, Inc.™

Scripture quotations marked (NKJV) are taken from the New King James Version®. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved.

Scripture quotations marked (TLB) are taken from The Living Bible. Copyright © 1971. Used by permission of Tyndale House Publishers, Carol Stream, Illinois 60188. All rights reserved.

For more information, please visit our website at [ramseysolutions.com](http://ramseysolutions.com).

