Table 1: Environmental variables used in the analysis. Variables in **bold** were retained after Variance Inflation Factor (VIF) analyses and were included in the linear models. Variables in *italics* were used for the Principal Component Analysis (PCA)

Data	Variable	Source	Resolution(m)	Units
USGS Yearly median Bottom Shear Stress Stratification from 1996-2007 Seasonal Range of SST Average SST Benthic Silicate	Year.median strat sst.rg sst.avg sil	$USGS(SFS-SMD)^3$ $CoML^1$ $CoML^1$ $CoML^1$ $CoML^1$	3500 2500 972 972 6000	Pa $none$ $^{\circ}C$ $^{\circ}C$ $^{\dagger}M$
Sediment Grain size (CONMAP) Sand Seasonal Range of Benthic Salinity 1996-2007 Benthic Salinity 1996-2007 Benthic Phosphate 1996-2007	$egin{array}{l} { m Sed} \ { m sal.} rg \ { m sal.} avg \ { m phos.} avg \end{array}$	$USGS(CONMAP)^2$ $CoML^1$ $CoML^1$ $CoML^1$ $CoML^1$	- 6000 6000 6000	$\begin{array}{c} \textbf{none} \\ \% \\ psu \\ psu \\ \mu M \end{array}$
Benthic Nitrate 1996-2007 Mud Average K490 USGS Median of Bottom Shear Stress Benthic Complexity	nit.avg Mud k490.avg gmaine complexity	$CoML^1$ $CoML^1$ $CoML^1$ $USGS(SFS-SMD)^3$ $CoML^1$	40000 6000 8000 3500 397	\mathfrak{t}^M % none Pa \circ
Slope Depth Aspect Seasonal Range of Sea Surface Chlorophyll Average Sea Surface Chlorophyll	$egin{aligned} & ext{slope} \ & ext{\it Dep} \ & ext{\it comlaspect} \ & ext{\it chl.rg} \ & ext{\it Chl} \end{aligned}$	$egin{array}{c} CoML^1 \ CoML^1 \ CoML^1 \ CoML^1 \ \end{array}$	397 397 397 1119 855	$\begin{matrix} \circ \\ m \\ \circ \\ mg \times m^{-3} \\ mg \times m^{-3} \end{matrix}$
Benthic Current Stress with Wind and Tidal Influences Benthic Current Stress with only tidal influence	botstr.wt botstr.t	$CoML^1$ $CoML^1$	952 3800	$\begin{array}{c} N\times m^{-2} \\ N\times m^{-2} \end{array}$

 $^{^{1}}$ CoML obtained from http://waves-vagues.dfo-mpo.gc.ca/Library/342505.pdf 2

 $^{^2~\}mathrm{USGS}(\mathrm{CONMAP})~\mathrm{obtained~from~https://woodshole.er.usgs.gov/openfile/of 2005-1001/htmldocs/datacatalog.htm}$

³ USGS(SFS-SMD) obtained from https://woodshole.er.usgs.gov/project-pages/mobility/gmaine.html